

<u>Name of Meet</u>	<p style="text-align: center;">NEW JERSEY SWIMMING'S Senior State Championships 2011 @ THE COLLEGE OF NEW JERSEY</p> <p style="text-align: center;">Hosted by Bayonne Mermaids Starfish, Eastern Express, and Scarlet Aquatic Club</p>
<u>Meet Sanction #:</u>	Sanction by New Jersey Swimming: NJS#021111SC
<u>Date of Meet:</u>	Friday, Saturday, and Sunday, February 11 th , 12 th , 13 th , 2011
<u>Location:</u>	The College of New Jersey Aquatic Center, located in Packer Hall is off of I-95S, Route 31S, Exit 4, take 31S (Pennington Road) to the entrance of the college. The pool opened in 1987 as one of the finest indoor aquatics facilities in the northeast. The main pool measures 25 yards and has eight competition lanes featuring Omega timing and a warm-up pool; the starting blocks are in the deep end of the pool off the new bulkhead. The depth at the starting blocks is 6.5 feet and the depth at the turn end is 4 feet.
<u>Meet Director:</u>	Ellen W. Mace, 604 Paxson Avenue, Mercerville, NJ 08619, 609.588.0988, entries1@juno.com
<u>Meet Referee:</u>	Jill Christen mailto:jcchristenbeach@comcast.net
<u>Meet Marshall</u>	Gray Jones, grey.jones@filearning.com , 609.466.9000
<u>Entry Coordinator:</u>	BE Smartt, Inc. 604 Paxson Avenue, Mercerville, NJ 08619, 609.558.0988, entries1@juno.com
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> • Team entries will not be considered as <u>accepted</u> unless the waiver and entry fees have been received. • Entry Deadline Date: Friday, January 28th, 2011 • Mail Entries to: Ellen W. Mace, % BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 or email entries1@juno.com • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> • It is not necessary to use overnight or express mail to send hard copy and check which are sent in support of an e-mailed entry.
	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be:</p> <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) to condense sessions and 4) eliminate relays.</p>
<u>Internet Website Posting:</u>	Meet Information, Warm-up Assignments, Timing Assignments will be e-mailed and posted at www.besmarttinc.com and www.njswim.org no later than one week prior to the meet.
<u>Meet Requirement Statement:</u>	This meet qualifies, as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team. A swimmer who participated in 1 long course meet and 3 short course meets from Sept 1 thru Aug 1 will also be eligible for New Jersey National Championship Reimbursement and for the New jersey LC Zone Championship Team..

<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches “on the deck” must be members of USA Swimming. • Coaches must have coaching card visible at all times while on deck. • Coaches must have a visible coach’s card when entering hospitality area or when asking for food at concessions.
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> • All swimmers must be members of USA Swimming to enter and compete in this meet. • All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events including relays. • This is a New Jersey Swimming Championship Meet; only New Jersey Swimming athletes may enter and compete in this meet. • All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. • All Unattached swimmers must be listed on the team’s official waiver entry form. • New Jersey Swimming only allows swimmers to compete in 3 individual events per day. • A participant in the Junior State Championship is ineligible to participate in the Senior State Championship.
<u>Meet Entry Amendment Process</u>	<p>Coaches will be permitted to amend in their meet entries for this meet. The process shall be as follows:</p> <ol style="list-style-type: none"> 1) Coaches may send an updated hvv.entry file by email to the Meet Coordinator on Monday, January 31 that updates entries that reflect competition held the weekend of January 29 & January 30. No other updates/amendments will be accepted. 2) Coaches need to reconcile entry fees with Meet Director prior to the start of 1st session the team competes within the meet.
<u>Swimmers Unaccompanied by a USAS Certified Coach:</u>	<p>Any swimmer entered into this meet that is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • USA swimming rules 207.12.6D and 207.12.6E will be enforced with regards to no shows at finals for the top 16 finishers in preliminaries. • This meet will be run as a prelim and final meet with consolations and final heats with the exception of the 1000 Free (fastest heats at the beginning of Finals on Sunday) and the 1650 Free (Friday Only) which will be timed final events. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.

Meet Schedule:

Friday, February 11th, 2011	<u>Building will not open until 4:00 PM</u>	
Session #1 – 1650 Freestyle	Warm-up: 4:15-5:15 p.m.	Meet Starts: 5:20 p.m.
Saturday, February 12th, 2011	<u>Building will not open until 6:55 AM</u>	
Session #2 - Saturday Prelims	Warm-up: 7:00	Meet Starts: TBA
Session #3 - Saturday Finals	Warm-up: TBA	Meet Starts: TBA
Sunday, February 13th, 2011	<u>Building will not open until 6:55 AM</u>	
Session #4 – Sunday Prelims	Warm-up: 7:00	Meet Starts: TBA
Session #5 -- 1000 Freestyle	TBA	TBA
Session #6 – Finals	Warm-up: TBA	Meet Starts: TBA

*** Timing assignments will be e-mailed one week prior to the start of the meet.**

<u>Warm-up Procedures:</u>	<p>New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. • Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. <p>Entry Into Pool:</p> <ul style="list-style-type: none"> • All swimmers must enter the pool from the starting end of the pool. <p>Host Team Monitoring Warm-ups.</p> <ul style="list-style-type: none"> • New Jersey Swimming officials will monitor warm-ups. <p>All general warm-up lanes will swim in a counterclockwise direction.</p> <ul style="list-style-type: none"> • Warm-up schedules will be e-mailed no later than 1 week before the meet and posted at www.besmartinc.com. • Warm-up for the 1000 and 1650 Freestyle will be in the diving well (main as well if time permits)
<u>Entry Times:</u>	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards. • All entry times must meet the minimum standard for Senior States as approved by NJ Swimming.
<u>Check-In:</u>	<ul style="list-style-type: none"> • All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure will result in the swimmer(s) being scratched from the session. • All distance events will require a positive check-in; check-in sheets will be available during the prelim session for the 1000 freestyle
<u>Starts:</u>	<ul style="list-style-type: none"> • 'Fly-over' or 'Over-the-top' starts will be used if necessary during prelims •
<u>Distance Events</u>	<ul style="list-style-type: none"> • The 1650/1000 Freestyle events will be run fastest to slowest. • The 1650/1000 Freestyle events will alternate girls and boys. Heats will be combined to consolidate a heat if necessary. • <u>The 1650/1000 Freestyle events will be limited to the fastest 32 swimmers entered in each event.</u> Any swimmer who does not make the cut will be refunded their entry fee or can enter another event, providing they have the necessary qualifying time-Please note that the 1650 free is run on a separate day and a swimmer can only compete in 3 events per day. • Swimmers must have their own timer and person to count.
<u>Scoring:</u>	Team scoring will be kept. 8 Lane Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

<u>Awards:</u>	<ul style="list-style-type: none"> • <u>MEDALS</u> will be awarded to the top 8 individuals in each event.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> • Individual Entry Fee: \$5.00 • Individual Entry Fee for timed final events: \$4.00 (1000 and 1650 Free) • Make checks payable to: Scarlet Aquatic Club
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> • Admission will be \$7.00 for prelims. • Admission for finals will be \$4.00. Heat sheets will be available at finals one to a family, while the supply lasts. • Cost of the three-day program will be \$10.00.
<u>Entries:</u>	<ul style="list-style-type: none"> • In accordance with NJS policy, team entries may be submitted by E-mail to: entries1@juno.com • All entries must be Hy-Tek meet manager or team manager format. • The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries. • An Entry Summary with a signed NJ Swimming waiver and a check must be submitted by the start of competition on Saturday, February 12th, 2011. • Accuracy of seed times is essential. • Deck entries will not be accepted. No phone or fax entries will be accepted.
<u>Results:</u>	<ul style="list-style-type: none"> • Results will be sent via email; they will also be available at www.besmarttinc.com and www.njswim.org
<u>Host Club Responsibilities:</u>	<p>The host club responsibilities:</p> <ul style="list-style-type: none"> • The host club will provide a single timer in each lane through out the meet. • The host club will have stopwatches available for volunteers helping to time. • The host club will e-mail all club entries back to the participating clubs. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than one week before the meet. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than one week before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> • Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs one week prior to the meet. • Participating club parents must stay off the pool deck except for timing assignments. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Concessions:</u>	Food and Beverages will be available.
<u>Vendor:</u>	A swim vendor will be on-site
<u>Directions:</u>	The College of New Jersey is off of I-95S, Route 31S, Exit 4, take 31S (Pennington Road) to the entrance of the college. Please use lots 3, 4, or 5 for parking; they are to the right of the Pennington Road entrance to the college.

SENIOR STATE CHAMPIONSHIPS 2011

Order of Events and Qualifying Times

	Event	No Slower than
Session 1; Friday PM--All 1650's		
Finals	1 Girls 1650 Freestyle	19:30.09
Finals	2 Boys 1650 Freestyle	19:00.09

Fastest to slowest; alternating girls, then boys

Swimmers provide their own timer & someone to count laps

Session 2: Saturday AM-- Prelims		
Prelims	3 Girls 500 Freestyle	5:42.89
Prelims	4 Boys 500 Freestyle	5:22.89
Prelims	5 Girls 100 Breaststroke	1:17.39
Prelims	6 Boys 100 Breaststroke	1:10.89
Prelims	7 Girls 200 Backstroke	2:26.49
Prelims	8 Boys 200 Backstroke	2:15.79
Prelims	9 Girls 100 Freestyle	58.19
Prelims	10 Boys 100 Freestyle	53.29
Prelims	11 Girls 400 IM	5:05.39
Prelims	12 Boys 400 IM	4:43.89
Prelims	13 Girls 100 Butterfly	1:05.69
Prelims	14 Boys 100 Butterfly	1:02.29

Top 16 (2 heats) will qualify for finals.

The USA Swimming Scratch Rule will be in effect.

Events will be swum in this order at FINALS

Session4: Sunday AM--Prelims		
Prelims	17 Girls 50 Freestyle	26.69
Prelims	18 Boys 50 Freestyle	24.29
Prelims	19 Girls 200 Breaststroke	2:45.19
Prelims	20 Boys 200 Breaststroke	2:32.69
Prelims	21 Girls 100 Backstroke	1:07.09
Prelims	22 Boys 100 Backstroke	1:03.09
Prelims	23 Girls 200 Freestyle	2:07.19
Prelims	24 Boys 200 Freestyle	1:56.29
Prelims	25 Girls 200 IM	2:23.69
Prelims	26 Boys 200 IM	2:18.89
Prelims	27 Girls 200 Butterfly	2:28.49
Prelims	28 Boys 200 Butterfly	2:19.69

Top 16 will qualify for finals.

The USA Swimming Scratch Rule will be in effect.

Events will be swum in this order at FINALS, after the 1000's

Session 5: Following Sunday Prelims		
Finals-S	15 Girls 1000 Freestyle	12:10.39
Finals-S	16 Boys 1000 Freestyle	11:36.39

Fastest heat of girls and boys will swim in FINALS

Fastest to slowest; alternating girls, then boys

Swimmers provide their own timer & someone to count laps

BMS, EEX and SAC are hosting...
NEW JERSEY SWIMMING'S
SENIOR STATE CHAMPIONSHIPS 2011
February 11th, 12th and 13th, 2011
*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against New Jersey Swimming, The College of New Jersey, Bayonne Mermaids Starfish, Express Sports, Scarlet Aquatic Club and BE Smartt, Inc. and their staff for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Results will be sent via email and available at www.besmarttinc.com

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ENTRY FEE _____ Individual Event Entries @ \$5.00 = __\$_____

_____ Individual Event Timed Finals Entries @ \$4.00 =\$_____

SUMMARY: **TOTAL ENTRY FEES =** __\$_____

MAKE CHECKS PAYABLE TO: SCARLET AQUATIC CLUB

**New Jersey Swimming, Inc
Meet Verification Form**

Club Name _____ Club Code _____

Coach's Name _____ Phone # _____

E-Mails' Address _____

Final Results Mailed to: _____

Address _____



**NEW JERSEY
SWIMMING**

I hereby certify that all swimmers and coaches listed on the Master Entry Sheet or hard copy for the NJS Senior States Championship to be held on February 11th, 12th, &* 13th, 2011 at TCNJ are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ **Date** _____
(Signature can be photocopied)

Article 302.4 of the United States Swimming Rules and regulations.

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

UNATTACHED SWIMMERS:

- (1) _____ (2) _____
- (3) _____ (4) _____
- (5) _____ (6) _____
- (7) _____