

	<p style="text-align: center;">New Jersey YMCA Y Bronze South State Championship Hosted by Hunterdon County YMCA</p>
<u>Date of Meet:</u>	Saturday & Sunday, February 12-13, 2011
<u>Location/Facility:</u>	Raritan Bay Area YMCA 365 New Brunswick Avenue Perth Amboy, NJ 08861 The Raritan Bay Area YMCA has a new 10-lane competitive pool with Colorado timing system and spectator balcony seating. The minimum depth of the pool is 5 ½ feet.
<u>Meet Director:</u>	Steve Lyons slyons@embarqmail.com
<u>Meet Referee:</u>	Bart Fellin bjfellin@comcast.net
<u>Meet Marshal:</u>	Bob VanKirk robert.vankirk@verizon.net
<u>Entry Coordinator:</u>	Bud Rimbault. brimbault@ridgewoodym.org , 201.444.5600 x319 &
<u>Entry Deadline:</u>	Entry Deadline Date: Tuesday, February 1, 2011 All entries must be either MM or TM entries. Email entries are preferred, send to brimbault@ridgewoodym.org . See procedures in Entries section below. For postal mail, send to: Bud Rimbault, 112 Oak Street, Ridgewood, NJ 07450 <ul style="list-style-type: none"> • Team entries will not be considered as accepted unless the waiver and entry fees have been received. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the Meet Committee. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes could include: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits. • To conform to Sanction Guidelines.
<u>Internet Website Posting:</u>	Website address: http://www.hcyswim.com or http://www.njymcaswim.org Pre-Meet Information posted on website <ul style="list-style-type: none"> • Meet Information will be posted on the website • Downloadable Hy-Tek Events list (HYV.file) will be posted on the website • Updated meet schedule • Warm-up Schedule and Team Warm-up Assignments • Timing assignments Post-Meet Information posted on website <ul style="list-style-type: none"> • Downloadable Results (CL.2 file) • Downloadable Meet Back-up (Backup.zip File)
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches must be certified YMCA Coaches • Coaches must show coaching card for entrance to facility. • Coaches must have coaching card visible at all times while on deck. • Coaches must have a visible coach's card when entering hospitality area..
<u>Swimmer Eligibility:</u>	YMCA of the USA Rules For Eligibility shall apply <ul style="list-style-type: none"> • The swimmer must have been a member of his/her YMCA in good standing for at least 90 days prior to the date of the championship and entitled to full privilege membership activities. • The swimmer must be an amateur and must not have represented another YMCA or another swimming organization in open or closed competition 90 days prior to February 12, 2011. A swimmer may represent their high school in high school competition. • The swimmer must have represented his/her YMCA in closed competition on at least three

	<p>occasions on separate days during the four (4) month period prior to Saturday, February 12, 2011.</p> <ul style="list-style-type: none"> Any swimmer who has 4 or more Silver of 4 or more Y State times may not enter the Y Bronze Championship. <p>Individual and Relay Limits:</p> <ul style="list-style-type: none"> Swimmers will be restricted to entering three (3) individual age group events and one (1) relay event per day, with a maximum of eight (8) events for the Meet. There are no restrictions on the number of entries per team in individual or relay events. <p>Age at Meet:</p> <ul style="list-style-type: none"> Age for this meet is calculated as of : December 1st 2010
<u>Meet Format:</u>	<ul style="list-style-type: none"> This meet will be run in accordance with 2010 USA Swimming Rules. All protests regarding Technical Rules will be adjudicated by the meet referee. This meet will be run as a timed final meet. The first event will be pre-seeded. All remaining individual events for this meet will be deck seeded with coaches checking in/scratching all swimmers. Swimmers will be marshaled for their events in the gym and escorted to the blocks.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> The building will open at 6:30 AM This meet will have three sessions each day.

MEET SCHEDULE

Session	Building Opens	Warm-up Starts	Scratches Due	Coaches Meeting	Officials Meeting	Meet Starts
9+10 – Sessions 1 & 4	6:30AM	7:00 AM	7:30 AM	8:00 AM	7:30 AM	8:15 AM
11+12 – Sessions 2 & 5		TBA	30 minutes after start of warm-up	As needed	45 minutes before the start of the session	TBA
13+Up – Sessions 3 & 6		TBA	30 minutes after start of warm-up	As needed	45 minutes before the start of the session	TBA

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> Warm-ups will be run under provisions of the New Jersey Swimming Warm-up and Safety Guidelines as outlined below. All swimmers are entitled to a fair and comparable warm-up. All teams will be afforded the same opportunity for warm-ups. <p>Entry into Pool:</p> <ul style="list-style-type: none"> All swimmers must enter the pool from the starting end of the pool, right side of the lane, feet-first entry. <p>Host Team Monitoring Warm-ups.</p> <ul style="list-style-type: none"> Uniformed and designated meet marshals will monitor warm-ups. All general warm-up lanes will swim in a counterclockwise direction. <p>Warm-up Schedules.</p> <ul style="list-style-type: none"> The warm-up sessions will be three 25 minute warm-ups with ten minutes of sprints at the end of the final session. Warm-up assignments will be e-mailed and posted at: www.hcyswim.com and http://www.njymcaswim.org.
<u>Entry Times:</u>	<ul style="list-style-type: none"> There are qualifying times for some events in this meet. All entry times must be in short course yards. Times submitted must have been achieved since January 1st, 2010.
<u>Check-In:</u>	<ul style="list-style-type: none"> All check-in sheets must be turned into the scoring table 30 minutes after the start of warm-up. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle.

	<ul style="list-style-type: none"> Failure to follow this procedure will result in the swimmer(s) being scratched from the session.
<u>Starts:</u>	The host club will determine if 'Fly-over'/'Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information.
<u>Scoring:</u>	This meet will be scored. Results from this meet will be merged with the North Bronze Championship to determine age group and team winners.
<u>Missed Events:</u>	Swimmers who miss their heat or event but are present and ready to swim will be accommodated according to the following guidelines: (i) if there are additional heats of the same event with open lanes, the swimmer will be permitted to swim in the open lane, (ii) if there are no open lanes in the remaining heats of an event and there are open lanes in the next event or subsequent events, then the swimmer will be permitted to swim their event in the open lane of the next event or subsequent events, (iii) extra heats will not be created for swimmers missing their heat and event. A missed event will count as one of the swimmer's two swims for the session.
<u>Awards:</u>	<ul style="list-style-type: none"> Ribbons will be awarded for places 1 through 16 in each individual and relay event. Coaches will pick up all team and individual awards at the end of the meet from the awards desk. Awards will not be sent or mailed to teams after the meet.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> Individual Entry Fee: \$4.00 Relay Entry Fee: \$16.00 Facility Fee: \$4.00 per athlete Make checks payable to: Ridgewood YMCA Host club has the right to scratch teams/swimmers for lack of payment of entry fees.
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> Admission will be \$5.00. Those attending both sessions only need to pay admission once, Children 8 and under are free. Cost of Program will be \$5.00.
<u>Entries:</u>	<ul style="list-style-type: none"> Team entries should be submitted by E-mail to jcaswell@hcymca.com All entries must be Hy-Tek program entries as an attached file to an email. The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an email response within 48 hours, assume that your email has not been received. It then becomes the emailer's responsibility to make sure that the host club's meet entry coordinator receives the email. If you do not receive an email response, you must contact the entry coordinator by email or phone or mail in your entries. (see Entry Coordinator Section above for contact information) An Entry Summary with a signed YMCA Swimming waiver and a check must accompany or follow each mailed entry. Accuracy of seed times is essential. Incomplete entries will not be accepted. Deck entries will not be accepted. No phone or faxed entries will be accepted. Team entries will be emailed to each participating club so the club may proof their entries for the meet.
<u>Results:</u>	<ul style="list-style-type: none"> Results will be available on the host club website. Participating teams will have results emailed to them.
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> The host club will provide a single timer in each lane throughout the meet. The host club will email all club entry confirmations back to the participating clubs. The host club will create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be emailed to all participating clubs and posted on the website: http://www.hcyswim.com no later than 1 week before the meet. The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be emailed to all participating clubs and posted on the website: http://www.hcyswim.com no later than 1 week before the meet. Water shall be made available to all Coaches, Officials and Volunteers throughout the competition Food will be made available to all Coaches, Officials and Volunteers unable to leave the premises during the competition.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> Participating clubs must help with timing assignments. Timing assignments will be emailed to participating clubs and posted on the swim meet website: http://www.hcyswim.com 1 week prior to the meet. Timers must supply their own watch for timing. Teams may opt to switch timers throughout each session, but may not opt to vacate their timing assignment prior to the completion of the session. <i>Participating club parents must stay off the pool deck except for those in timing</i>

	<i>assignments.</i>
<u>Officials:</u>	<ul style="list-style-type: none"> Swimming Officials will be selected from participating teams. Each participating team is required to submit the name of at least one currently certified official per session to the Meet Referee, Bart Fellin, bjfellin@comcast.net. Only those Officials who are able to work the entire session should be submitted. Please state if the Official is YMCA Level 1 or 2. Those Officials selected will be contacted directly prior to the Championship. Current YMCA certification is required for all officials and the Meet Referee may check cards. The standard white uniform must be worn by all officials. Officials will be required to work the entire session and will receive free admission and a championship official's shirt. The host club can guarantee only those officials registering with the Meet Referee in advance of the meet will receive shirts.
<u>Concessions:</u>	Concessions will be available throughout the meet.
<u>Vendor:</u>	Metro Swim Shop will be selling swimming equipment and clothing during the meet. Northwest Designs will be onsite selling 2011 Bronze Championship T-Shirts.
<u>Spectator Areas:</u>	<p>The spectator area is above the pool, and spectators are encouraged to visit the area only during races in which their swimmers are participating. Coolers, folding chairs, and strollers are not permitted in the spectator area and pool area. Spectators and swimmers will not be allowed to save seats in the spectator area.</p> <p>When not in the spectator area above the pool, the space in the gym should be used as the staging area for swimmers and associated spectators.</p>
<u>Directions:</u>	<p><u>From West:</u> Follow I-287 South past NJ Turnpike into US-440 North. Take the NJ-184 exit towards Perth Amboy/Amboy Ave. Continue straight through light and turn right at second light onto Amboy Ave. Follow Amboy Ave. to end, which is the entrance to Raritan Bay YMCA.</p> <p><u>From North:</u> Take Garden State Parkway South to US-9 exit to I-287/Woodbridge/Perth Amboy/US-440. Take New Brunswick Ave. exit and turn left onto New Brunswick Ave. Stay on New Brunswick Ave. for approx. 1 mile. YMCA is on right.</p> <p><u>From South:</u> Take NJ Turnpike to Exit 10 I287/US 440. Follow signs to US-440. Take the NJ-184 exit towards Perth Amboy/Amboy Ave. Continue straight through light and turn right at second light onto Amboy Ave. Follow Amboy Ave. to end, which is the entrance to Raritan Bay YMCA.</p>
<u>Order of Events:</u>	The order of events is on the next page.

2011 NEW JERSEY STATE YMCA BRONZE CHAMPIONSHIPS

Saturday, February 6th

SESSION 1: Warm up 7:00 AM

Meet Starts: 8:15 AM

Girls Event	Not Faster Than	Not Slower Than	Event	Not Faster Than	Not Slower Than	Boys Event
1	3:17.60	3:29.99	9/10 200 IM	3:19.00	3:29.99	2
3	34.90	--	9/10 50 Free	35.50	--	4
5	1:43.00	--	9/10 100 Fly	1:45.10	--	6
7	46.70	--	9/10 50 Breast	49.00	--	8
9	1:31.50	--	9/10 100 Back	1:36.20	--	10
11	--	--	9/10 200 Medley Relay	--	--	12

Saturday, February 6th

SESSION 2: Warm up: TBA

Meet Starts: TBA

Girls Event	Not Faster Than	Not Slower Than	Events	Not Faster Than	Not Slower Than	Boys Event
13	2:50.40	3:16.99	11/12 200 IM	3:01.80	3:22.99	14
15	30.30	--	11/12 50 Free	31.30	--	16
17	1:26.00	--	11/12 100 Fly	1:33.00	--	18
19	41.30	--	11/12 50 Breast	44.30	--	20
21	1:18.90	--	11/12 100 Back	1:23.10	--	22
23	--	--	11/12 200 Medley Relay	--	--	24

Saturday, February 6th

SESSION 3: Warm-up: TBA

Meet Starts: TBA

Girls Event	Not Faster Than	Not Slower Than	Event	Not Faster Than	Not Slower Than	Boys Event
25	1:14.40	--	13/14 100 Fly	1:13.30	--	26
27	1:11.00	--	15/18 100 Fly	1:02.30	--	28
29	28.20	--	13/14 50 Free	27.30	--	30
31	27.60	--	15/18 50 Free	25.10	--	32
33	3:03.70	3:23.99	13/14 200 Breast	2:58.00	3:18.99	34
35	3:00.00	3:20.99	15/18 200 Breast	2:47.00	3:07.99	36
37	1:12.30	--	13/14 100 Back	1:11.60	--	38
39	1:10.30	--	15/18 100 Back	1:06.30	--	40
41	2:16.80	2:36.99	13/14 200 Free	2:13.70	2:33.99	42
43	2:13.00	2:33.99	15/18 200 Free	2:02.00	2:22.99	44
45	--	--	13/14 200 Medley Relay	N/A	N/A	46
47	--	--	15/18 200 Medley Relay	N/A	N/A	48

2011 NEW JERSEY STATE YMCA BRONZE CHAMPIONSHIPS

Sunday, February 7th

SESSION 4: Warm up: 7:00 AM

Meet Starts: 8:15AM

Girls Event	Not Faster Than	Not Slower Than	Events	Not Faster Than	Not Slower Than	Boys Event
49	1:28.30	--	9/10 100 IM	1:31.80	--	50
51	41.90	--	9/10 50 Fly	44.90	--	52
53	1:19.30	--	9/10 100 Free	1:21.40	--	54
55	41.50	--	9/10 50 Back	43.30	--	56
57	1:44.90	--	9/10 100 Breast	1:49.90	--	58
59	--	--	9/10 200 Free Relay	--	--	60

Sunday, February 7th

SESSION 5: Warm up: TBA

Meet Starts: TBA

Girls Event	Not Faster Than	Not Slower Than	Events	Not Faster Than	Not Slower Than	Boys Event
61	1:17.50	--	11/12 100 IM	1:20.80	--	62
63	35.60	--	11/12 50 Fly	37.90	--	64
65	1:07.40	--	11/12 100 Free	1:10.00	--	66
67	36.60	--	11/12 50 Back	37.70	--	68
69	1:29.40	--	11/12 100 Breast	1:36.60	--	70
71	--	--	11/12 200 Free Relay	--	--	72

Sunday, February 7th

SESSION 6: Warm-up: TBA

Meet Starts: TBA

Girls Event	Not Faster Than	Not Slower Than	Events	Not Faster Than	Not Slower Than	Boys Event
73	1:22.70	--	13/14 100 Breast	1:21.60	--	74
75	1:22.00	--	15/18 100 Breast	1:13.90	--	76
77	2:36.80	2:56.99	13/14 200 Back	2:40.00	3:00.99	78
79	2:32.80	2:52.99	15/18 200 Back	2:29.00	2:49.99	80
81	1:02.10	--	13/14 100 Free	59.60	--	82
83	1:00.00	--	15/18 100 Free	54.70	--	84
85	2:55.00	3:15.99	13/14 200 Fly	2:55.00	3:15.99	86
87	2:43.30	3:03.99	15/18 200 Fly	2:34.00	2:54.99	88
89	2:36.50	2:56.99	13/14 200 IM	2:28.80	2:48.99	90
91	2:31.70	2:51.99	15/18 200 IM	2:21.90	2:41.99	92
93	--	--	13/14 200 Free Relay	--	--	94
95	--	--	15/18 200 Free Relay	--	--	96

**N.J. YMCA Bronze South STATE CHAMPIONSHIP
FEBURARY 12-13, 2011**

RECAP OF ENTRY

Name of YMCA: _____

Address: _____

Coach: _____

Phone

Email

TEAM FEE:

TOTAL INDIVIDUAL EVENTS: _____ x \$4.00 = _____

TOTAL RELAYS: _____ x \$16.00 = _____

TOTAL SWIMMERS: _____ x \$4.00 = _____

TOTAL FEE: _____ \$ _____

**Make checks payable to: HCY Swim Team and mail to:
Jon Caswell
144 W Woodschurch Rd
Flemington, NJ 08822**

**N.J. STATE CHAMPIONSHIP ENTRIES WILL NOT BE ACCEPTED WITHOUT THIS SECTION COMPLETED.
(PLEASE RETURN TO THE ENTRY COORDINATOR WITH YOUR ENTRIES)**

TIMERS

1.	6.	11.
2.	7.	12.
3.	8.	13.
4.	9.	14.
5.	10.	15.

Team Contact for Timers _____

Telephone No. _____ Email _____

Officials Application
2011 N.J. YMCA Bronze South State Championship
February 12-13, 2011

Please list your team's YMCA officials who are willing to assist in the running of the Championship.
The Meet Referee will review the list and make assignments prior to the meet.

Team Name: _____

Official's Name	Email	Certification Level (1 or 2)

Team Contact for Officials _____

Telephone No. _____ Email _____

**2011 New Jersey YMCA
Bronze South State Swimming Championship
Meet Entries Cover Form**

Please complete this form in its entirety. The Competition Committee and Meet Director will use this form if there are questions or clarifications needed in your team's entries. This form must be submitted with all entries whether you submit an electronic entry with accompanying hard copy, or if you submit hand-written entry forms.

I hereby certify that swimmers listed on the electronic entry and/or entry forms have fulfilled the East Field (South Division) Committee Meet Requirements and that the seed times are verifiable.

Team Name: _____

Coach's Name: _____

Telephone: (day) _____ (night) _____ (email) _____

Preparer's Name: _____ Telephone: _____

Signatures:

Coach: _____ Date: _____

YMCA Executive Director: _____ Date: _____

WAIVER

In consideration of the acceptance of our association entry, we on behalf of our association entered herein and its associated entities (collectively "participants"), hereby waive and release any and all claims against Hunterdon County YMCA, Raritan Bay Area YMCA, the YMCA of the USA and their officers, agents, employees, volunteers and assigns, for any injury, expenses, or damages, to participant's officers, agents, employees and assigns while present at, or en route to or from, said meet, or to property on the premises of the event unless caused by, or due to the negligence of Hunterdon County YMCA or its officers, agents, employees, volunteers and assigns.

Head Coach/Competitive Aquatic Director:

Signed _____ Date _____

CEO/Executive Director:

Signed _____ Date _____

The coaches listed below will be responsible for all their swimmers as named on the NJ YMCA South Bronze State Championship entry sheets.

1. _____

2. _____

3. _____

Team Entry will not be processed unless this form is completed and signed in its entirety.