| Name of Meet       | NEW JERSEY SWIMMING'S  |
|--------------------|--|
| INAMINE OF MICEL   |  |
|                    | SHORT COURSE 13-14 & 15-19 'SILVER/BRONZE'   |
|                    | CHAMPIONSHIPS - 2009   |
|                    | Co-Hosted by Elite Swim Club & Morris County Swim Club   |
|                    | Amended 01-29-09   |
| Meet Sanction #:   | New Jersey Swimming Sanction # NJS# 031409SC   |
| Date of Meet:      | Saturday and Sunday, March 14-15, 2009   |
| Location:          | The pool is located in the Sonny Werblin Recreation Center on the Busch Campus   |
|                    | at Rutgers University in Piscataway, New Jersey. The Center's main number is   |
|                    | 732-445-0460; (this number is for emergencies only). All calls regarding this meet   |
|                    | should be directed to the Meet Director.   |
|                    | • There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The |
|                    | remaining seating is bleacher style.   |
|                    | remaining seating to bleather style.   |
| Meet Director:     | Bill Deatly, Meet Director, 32 Prospect Street, Summit, NJ 07901   |
|                    | Phone: 908-273-6542  |
|                    | E-mail: eliteswimclubnj@comcast.net  |
| Meet Referee:      | Moya Chew-Lai 973-635-1206 Moya Chew-Lai@prudential.com  |
| Meet Marshal:      | Brandy Deatly: brando32@comcast.net  |
| Entry Coordinator: | Bill Deatly, Meet Director, 32 Prospect Street, Summit, NJ 07901   |
|                    | Phone: 908-273-6542 E-mail: eliteswimclubnj@comcast.net Ok to call during the day-please call before 10:00 pm  |
| Meet Requirement   | This meet qualifies, as "one" of the three required short course meets to be eligible for  |
| Statement:         | the New Jersey SC Zone Championship Team or for New Jersey National  |
|                    | Championship Reimbursement.  |
| Internet Posting:  | All meet information will be posted at: <a href="http://www.eliteswimclub.org/">http://www.eliteswimclub.org/</a> &  |
|                    | http://www.besmarttinc.com/ in addition to NJ Swimming's website of  |
|                    | http://www.njswim.org/   |
| Entry Deadline:    | No deck entries will be accepted.  |
| Entry Deadline.    | Entries must be received, (by e-mail or regular mail) no later than 6:00 p.m.  |
|                    | on Wednesday March 4, 2009.  |
|                    | Please mail entries and fees to Bill Deatly, Meet Director,  |
|                    | 32 Prospect Street, Summit, NJ 07901   |
|                    | Phone: 908-273-6542 E-mail: eliteswimclubnj@comcast.net  |
|                    | E-Mail entries will be posted on the Meet Website: <a href="http://www.eliteswimclub.org/">http://www.eliteswimclub.org/</a> &                               |
|                    | http://www.besmarttinc.com/  |
|                    | If a team does not see their team entries on the Meet Website, then your entries were not received. Please contact Meet Entry Coordinator by email.          |
|                    | <ul> <li>Not waiving signature of receipt on Express Mail may delay receipt.</li> </ul>  |
|                    | Entries will be considered accepted when Meet Director receives entries, hard  |
|                    | copies of waiver and meet verification and payment.  |
|                    | The host club has the right to scratch swimmers and/or teams whose entry fees  |
|                    | and waiver forms have not been received prior to start of the meet.  |
|                    | NO FAX OR PHONE ENTRIES WILL BE ACCEPTED.  |
| Entries:           | In accordance with NJS policy, team entries may be submitted by E-mail to:   |
|                    | eliteswimclubnj@comcast.net  |
|                    | All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an a mail.  |
|                    | <ul> <li>attached file to an e-mail.</li> <li>The meet entry coordinator will respond to e-mails entries within 48 hours. If you</li> </ul>                  |
|                    | do not receive an e-mail response within 48 hours, assume that your email has not  |
|                    | been received. It then becomes the e-mailer's responsibility to make sure that the   |
|                    | host club's meet entry coordinator receives the e-mail. If you do not receive an e-  |
|                    | mail response, you must contact the entry coordinator by email or phone or mail in   |
|                    | your entries.  |
|                    | An Entry Summary with a signed NJ Swimming waiver and a check must   |
|                    | accompany or follow each mailed entry.   |
|                    | Accuracy of seed times is essential. Incomplete entries will not be accepted.  |

#### Deck entries will not be accepted. No phone or faxed entries will be accepted. Meet Format The host club has the right to change the format of the meet with the approval of the Waiver: administrative chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes would be: To allow more swimmers to swim. To conform to facility capacity limits or for facility safety concerns. To condense the meet into smaller time frames. Rutgers has put a time limit (approx 7:30 pm each day) on this meet. Format may need to be altered to adhere to this restriction. Possible meet format alterations may be a reduction of the number of entries per swimmer (total of 5 swims, or 4 swims per swimmer for the entire meet) or elimination of relays. **Amending Entries** Coaches will be permitted to amend inaccuracies in their meet entries for this meet. The Entry Coordinator is Bill Deatly, e-mail: eliteswimclubnj@comcast.net The Process: process shall be as follows: 1. The Host Team will enter each team into meet database as the entries are received. 2. The entries for each team will be e-mailed to that team and posted on the 13-19 SilverBronze Champs webpage: <a href="http://www.eliteswimclub.org/">http://www.eliteswimclub.org/</a> www.besmarttinc.com 3. Upon receipt of the entry list for their team, the coach will be expected to proof the entries for their team. The coach must respond to the email, either indicating that the entries are accepted as is or amending as explained below. 4. After the entry deadline (March 4, 2009) has passed, should a swimmer be missing from the entry list or if a swimmer is missing from an event, then the coach can enter the swimmer through the following process: The coach needs to make a list of the missing entry information: swimmer's name, USA-S number, event number and entry time. The list of the missing swimmers and their events are then to be e-mailed to the Host Team Entry Coordinator (e-mail: eliteswimclubni@comcast.net) no later than 9:00 PM on the Wednesday (February 27) before the start of the meet. Please do not email a Hy-Tek file. The entry fee for all events entered in this manner will be \$10.00 per event and payable before the start of the meet. Should the entry fee not be paid, then the swimmer(s) will not be permitted to swim in the amended event(s) in the meet. Official website for the 13-19 Silver/Bronze SC Championships 2007 is: Internet Website http://www.eliteswimclub.org/. Duplication information will be posted on BeSmartt's Posting: website: <a href="http://www.besmarttinc.com/">http://www.besmarttinc.com/</a> & New Jersey Swimming's website: http://www.njswim.org/ **Pre-Meet Information:** Meet Information Hy-Tek Meet Events (HYV File) Relay Eligibility Meet Info for Team Manager Team Entry Status Distance Event Information Warm-up Assignments **Timing Assignments Post-Meet Information:** Final Results by sessions Hy-Tek Meet Manager Back-up Hy-Tek C-File Results Coaches Eligibility: All coaches "on the deck" must be members of USA Swimming. Coaches must show coaching card for entrance to facility. Coaches must have a visible coach's card when entering hospitality area. Swimmer All swimmers must be members of USA Swimming to enter and compete in this Eligibility: meet. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays.

This is a New Jersey Swimming Championship Meet; only New Jersey Swimming athletes may enter and compete in this meet. **Unattached Swimmers.** Before a transfer swimmer can represent their new USA Swimming club as an attached member, 120 days must have elapsed since they last represented another USA Swimming club in USA Swimming competition. (See rule 203.3). Swimmers are to use an UN- (New Team Alpha Code) as their team affiliation until the 120 day period has elapsed. All Unattached swimmers must be listed on the team's official waiver entry form. Age Groups that will be offered. There will be only 13-14 and 15-19 Events. All swimmers must have times slower than the current New Jersey Gold Time There are "bottom cut" standards for all 200's, the 400 IM, and the 500/1000 & 1650 freestyle events **Individual and Relay Limits:** New Jersey Swimming allows swimmers to compete in 3 individual events per day. Swimmers may enter as many events as they qualify for but must scratch down to 3 events prior to the start of the session. If a swimmer is not scratched down to three events, then 'first three entered events that swam' will then be considered as the three events entered. Swimmers may compete in one (1) relay per session. Age at Meet: Age for this meet is: Saturday, March 14, 2009 Meet Format: This meet will use both ends of the pool. See Special Meet Format (below). This meet will be run in accordance to current USA Swimming Rules. This meet will be run as a time final meet. How seeding will be done. This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their Relays will be run as the first event of each session and will be pre-seeded. Special Meet Due to expected volume of swimmers at this meet (based upon previous years Format: entries), the meet will be run as follows: Odd Heat Pool/ All events will be swum in both pools simultaneously. **Even Heat Pool** The pools will be divided into "Odd Heat Pool- Scoreboard Pool" & "Even Heat Pool-Dive Pool:. Thus, event 1 heat 1 will be swum in the scoreboard pool while event 1 heat 2 will be swum in the dive pool, virtually simultaneously. Heat 1 of an event will not begin until all heats of the previous event have completed. This format will be run for all 6 sessions. If necessary, the Meet Director will arrange for short (5-10 minute) breaks between events to give swimmers rest between events. Meet Schedule: The building will not open before 7:00 a.m. for swimmers and 7:15 a.m. for spectators. This meet will have three sessions per day.

#### Meet Schedule

| Saturday, Ma | arch 14, 2009                           | Warm-up   | Start     |
|--------------|---|-----------|-----------|
| Session 1    | 13-14 Girls Events (including distance) | 7:15 a.m. | 8:20 a.m. |
| Session 2    | 15-19 Girls Events (including distance) | TBA       | TBA       |
| Session 3    | 13-19 Boys Events (including distance)  | TBA       | TBA       |
| Sunday, Mar  | ch 15, 2009                             | Warm-up   | Start     |
| Session 4    | 13-14 Girls Events (including distance) | 7:15 a.m. | 8:20 a.m. |
| Session 5    | 15-19 Girls Events (including distance) | TBA       | TBA       |
| Session 6    | 13-19 Boys Events (including distance)  | TBA       | TBA       |

| Warm-up<br>Procedures: | <ul> <li>All teams will be given a minimum of thirty minutes of warm-ups.</li> <li>Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.</li> <li>Entry Into Pool: <ul> <li>All swimmers must enter the pool from the starting end of the pool.</li> </ul> </li> <li>Host Team Monitoring Warm-ups.</li> <li>The warm-ups will be monitored by the Elite Swim Club &amp; Morris County Swim Club meet marshals.</li> <li>All general warm-up lanes will swim in a counterclockwise direction.</li> <li>Warm-up Schedules.</li> <li>The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be specific assigned lanes for each team.</li> </ul>  |
|------------------------|--|
| Entry Times:           | <ul> <li>New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.</li> <li>All entry times must be slower than the New Jersey Short Course Yards Gold Time</li> </ul>   |
|                        | <ul> <li>Standards.</li> <li>There are "bottom cut" times for all 200 yard events. Entry times for these events must be faster than these "bottom cut" times</li> </ul>  |
|                        | <ul> <li>There are "bottom cut" times for the 500 free, 1000 free, 1650 free &amp; 400 IM which equal the Silver qualifying times. Entry times for these events must be faster than the Silver qualifying times.</li> <li>All entry times must be in short course yards.</li> </ul>  |
| Check-In:              | <ul> <li>All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle.</li> <li>Since Distance Events will be swum within each main session, coaches are requested to be particularly accurate with their scratch sheets with regards to the distance events.</li> </ul>  |
| Starts:                | The Meet Time Line will determine if 'Fly-over'/'Over-the-top' starts will be used. If there is a need to slow down the meet and at the discretion of the meet referee, and meet a start of the pool.  |
| Distance Events:       | <ul> <li>swimmers will be allowed to get out of the pool.</li> <li>All Distance Events will be swum slowest to fastest.</li> <li>Swimmers for the 500 yd. Freestyle, 1000 yard Freestyle &amp; the 1650 yd Freestyle must provide their own counter. Host Clubs &amp; assigned team timers will time these events.</li> <li>The Boys 13-14 &amp; Boys 15-19 1000 yd free and 1650 yd free will be swum as a single combined event but will be scored as separate age groups.</li> </ul>  |
| Heat Limited Events:   | None anticipated at this time, although there are bottom cut times (see below)   |
| Relays:                | <ul> <li>All relays MUST HAVE THE CORRECT FOUR NAMES LISTED AND THE CORRECT ORDER for that relay to be eligible.</li> <li>Coaches must turn in relay cards prior to that relay swimming listing correct swimmer's names and correct order.</li> <li>In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Gold time in the stroke and distance that the swimmer will swim in that relay. For the 13-14 and 15-19 200 Medley relay events, since there is no Gold time for the 50 Back, 50 Breast and 50 Fly, the swimmer's 100 time in these strokes will be used to determine relay eligibility. For example, a swimmer with a gold time in the 100 fly prior to the meet cannot swim the butterfly leg of a 200 yd medley relay.</li> <li>If a team doesn't have enough eligible swimmers to complete in a relay, then that</li> </ul> |

|                    | relay must be scratched and may not be swum with an ineligible swimmer.                               |
|--------------------|---|
|                    | Any relay team in violation of this requirement will be disqualified and the                          |
|                    | information will be turned over to New Jersey Swimming for possible penalties and                     |
|                    | fines. (See the NJS Policy Manual for list of fines)  |
|                    | The Meet Referee and/or the meet jury will handle any protest of relay swimmers                       |
|                    | during the meet. New Jersey Swimming will handle any protest of relay swimmers                        |
|                    | after the meet. (See NJ Swimming verification form.)  |
|                    | Relays will be pre-seeded. Teams are to report directly to the blocks.                                |
| Scoring:           | Team Scoring will not be kept.  |
| Awards:            | <ul> <li>Medals will be awarded for the top 3 relays in each relay event.</li> </ul>                  |
|                    | <ul> <li>Medals will be awarded for the top 8 swimmers in both the Bronze and Silver</li> </ul>       |
|                    | categories in each individual event that is of 200 yards or less.                                     |
|                    | • For the Silver Only individual events (400IM & 500, 1000, 1650 Free), medals will                   |
|                    | be awarded to the top 8 swimmers overall.   |
| Entry Fees:        | Individual Entry Fee: \$4.00  |
|                    | Relay Entry Fee: \$8.00   |
|                    | Make checks payable to: Elite Swim Club   |
| Admissions and     | <ul> <li>Admission will be \$6.00 per session.</li> </ul>   |
| Programs:          | <ul> <li>Cost of Program will be \$12.00 for the entire meet.</li> </ul>                              |
|                    | Heat Sheets will be provided to those who have purchased a program (as soon as                        |
|                    | they can be printed)  |
| Results:           | All Teams will be asked on the meet Summary whether they want results mailed or                       |
|                    | e-mailed.   |
|                    | <ul> <li>Printed results can be ordered from the scoring table for a cost of \$15.00</li> </ul>       |
| Host Clubs         | The host clubs will provide a single timer in each lane through out the meet.                         |
| Responsibilities:  | <ul> <li>The host clubs will have stopwatches available for volunteers helping to time.</li> </ul>    |
|                    | The host clubs will e-mail all club entries and exception reports back to the                         |
|                    | participating clubs.  |
|                    | The host clubs will create a warm-up schedule that will be fair and equal to all                      |
|                    | teams. This warm-up schedule will be e-mailed to all participating clubs no later                     |
|                    | than 72 hours before the meet.  |
|                    | The host clubs will create timing assignments that are fair and equitable with as                     |
|                    | many teams participating as possible. These timing assignments will be e-mailed                       |
|                    | to all participating clubs no later than 72 hours before the meet.                                    |
| Participating Club | Participating clubs must help with timing assignments. Timing assignments will be                     |
| Responsibilities:  | e-mailed to participating clubs 72-hours prior to the meet.   |
|                    | <ul> <li>Participating club parents must stay off the pool deck except for timing</li> </ul>          |
|                    | assignments.  |
|                    | <ul> <li>Participating clubs should help with officiating whenever possible. List the club</li> </ul> |
|                    | contact for club officials on the meet summary.   |
| Concessions:       | Rutgers University will provide refreshments throughout the meet.                                     |
| <u>Vendor:</u>     | A Swimming Supply Vendor will be at this meet.  |
| Hotels:            | <ul> <li>Brunswick Hilton, Three Center Drive, East Brunswick, NJ 732-828-2001</li> </ul>             |
|                    | <ul> <li>Days Inn-South Plainfield, 2989 Hamilton Boulevard, South Plainfield, NJ</li> </ul>          |
|                    | • 732-753-2600  |
|                    | <ul> <li>Embassy Suite (closest to pool) 212 Centennial Ave, Piscataway, NJ</li> </ul>                |
|                    | • 732-980-0500  |
|                    | <ul> <li>Holiday Inn-Somerset, 195 Davidson Avenue, Somerset, NJ 732-356-1700</li> </ul>              |
| <u>Directions:</u> | • From the NJ Turnpike, North or South - Take Exit 9-New Brunswick and pay                            |
|                    | toll. Follow signs for Route 18 North-New Brunswick. Proceed along Route 18                           |
|                    | North, crossing the Raritan River on the John Lynch Bridge, approximately 3.7                         |
|                    | miles. Proceed through the light at the end of the bridge. Proceed along Metlars                      |
|                    | Lane approximately 2/10 of a mile and turn left onto Brett Road. Stay on Brett                        |
|                    | Road to Lot 64. Park in Lot 64 except during Rutgers school hours when security                       |
|                    | guards will direct you to designated parking lots.  |
|                    | From the Garden State Parkway traveling south -Follow Parkway South to Exit                           |
|                    | 129-New Jersey Turnpike. Travel South on the New Jersey Turnpike to Exit 9-                           |
|                    | New Brunswick. Follow directions from above.  |
|                    | • From the Garden State Parkway traveling north –Follow Parkway North to Exit                         |
| i l                | 105-Route 18. Take Route 18 North and follow directions from above.                                   |

- From the Route 287 traveling north -Take Route 287 North to the River Road Exit (Exit 9). Turn left upon exiting and follow River Road (514 Spur South) approximately 2 3/4 miles to Metlars Lane. Turn left onto Metlars Lane and follow directions from above.
- From the Route 287 traveling south -Take Route 287 South to Exit 9 (River Road) and bear to the right onto River Road (514 Spur South). Follow River Road approximately 2 3/4 miles to Metlars Lane. Turn left onto Metlars Lane and follow directions from above.
- From US Highway 1, north or south Take the exit for Route 18 North-New Brunswick and proceed from above.

## NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' CHAMPIONSHIPS SATURDAY AND SUNDAY, MARCH 14-15, 2009

### **SATURDAY - ORDER OF EVENTS**

• Relays are Pre-Seeded – It is imperative that the correct names and correct order are in the meet database.

<u>SESSION #1 – 13-14 Girls</u>: <u>Warm Up: 7:15 a.m.</u> (Split Warm-ups: two 30-minute warm-ups divided by teams. <u>Session Start Time: 8:20 a.m.</u>

| Event<br># | Silver Time<br>Standard: | Gold Time<br>Standard: | Age Group Event                        | "Faster Than Qualifying<br>Time" |
|------------|--------------------------|------------------------|--|----------------------------------|
| #1         | N/A                      | N/A                    | Girls 13-14 - 200 yd. Medley<br>Relay* | N/A                              |
| #2         | 20.21.69                 | 19.21.69               | Girls 13-14 -1650 yd. Freestyle        | 20.21.70                         |
| #3         | 1.13.59                  | 1.06.89                | Girls 13-14 – 100 yd. Backstroke       | N/A                              |
| #4         | 1:22.49                  | 1.15.29                | Girls 13-14 – 100 yd. Breaststroke     | N/A                              |
| #5         | 2.36.89                  | 2.23.29                | Girls 13-14 – 200 yd. Ind. Medley      | 2.47.50                          |
| #6         | 1:02.89                  | 57.89                  | Girls 13-14 – 100 yd. Freestyle        | N/A                              |
| #7         | 2.43.99                  | 2.28.59                | Girls 13-14 – 200 yd. Butterfly        | 2.56.10                          |
| #8         | 6.04.99                  | 5.37.59                | Girls 13-14 – 500 yd. Freestyle        | 6.05.00                          |

**SESSION #2 – 15-19 Girls** 

Warm Up: TBA Start Time: TBA

| Event<br># | Silver Time<br><u>Standard:</u> | Gold Time<br><u>Standard:</u> | Age Group Event                        | "Faster Than Qualifying<br>Time" |
|------------|---------------------------------|-------------------------------|--|----------------------------------|
| #9         | N/A                             | N/A                           | Girls 15-19 - 200 yd. Medley<br>Relay* | N/A                              |
| #10        | 20.08.99                        | 18.45.59                      | Girls 15-19 -1650 yd. Freestyle        | 20.09.00                         |
| #11        | 1.10.19                         | 1.03.99                       | Girls 15-19 – 100 yd. Backstroke       | N/A                              |
| #12        | 2.30.29                         | 2.16.39                       | Girls 15-19 – 200 yd. Ind. Medley      | 2.42.60                          |
| #13        | 1.19.39                         | 1.12.49                       | Girls 15-19 –100 yd. Breaststroke      | N/A                              |
| #14        | 1.01.09                         | 55.59                         | Girls 15-19 – 100 yd. Freestyle        | N/A                              |
| #15        | 2.38.79                         | 2.19.79                       | Girls 15-19 – 200 yd. Butterfly        | 2.53.10                          |
| #16        | 5.52.19                         | 5.20.69                       | Girls 15-19 – 500 yd. Freestyle        | 5.52.20                          |

<u>SESSION #3 – 13-14 & 15-19 Boys</u>: <u>Warm Up: TBA</u> <u>Start Time: TBA</u>

| Even<br>t # | Silver Time<br>Standard: | Gold Time<br>Standard: | Age Group<br>Event                 | "Faster Than Qualifying<br>Time" |
|-------------|--------------------------|------------------------|------------------------------------|----------------------------------|
| #17         | N/A                      | N/A                    | Boys 13-14 - 200 yd. Medley Relay* | N/A                              |
| #18         | N/A                      | N/A                    | Boys 15-19 - 200 yd. Medley Relay* | N/A                              |
| #19A        | 19.50.29                 | 18.50.29               | Boys 13-14 1650 yd. Freestyle      | 19.50.30                         |
| #19B        | 19.00.99                 | 18.00.99               | Boys 15-19 1650 yd. Freestyle      | 19.01.00                         |
| #20         | 1.11.59                  | 1.04.49                | Boys 13-14 – 100 yd. Backstroke    | N/A                              |
| #21         | 1.05.19                  | 58.79                  | Boys 15-19 – 100 yd. Backstroke    | N/A                              |
| #22         | 2.34.49                  | 2.18.99                | Boys 13-14 – 200 yd. Ind. Medley   | 2.46.90                          |
| #23         | 2.20.29                  | 2.06.99                | Boys 15-19 – 200 yd. Ind. Medley   | 2.36.10                          |
| #24         | 1.20.39                  | 1.12.79                | Boys 13-14 – 100 yd. Breaststroke  | N/A                              |
| #25         | 1.14.99                  | 1.05.79                | Boys 15-19 – 100 yd. Breaststroke  | N/A                              |
| #26         | 1.01.09                  | 54.89                  | Boys 13-14 – 100 yd. Freestyle     | N/A                              |
| #27         | 55.39                    | 50.39                  | Boys 15-19 – 100 yd. Freestyle     | N/A                              |
| #28         | 2.40.59                  | 2.22.69                | Boys 13-14 – 200 yd. Butterfly     | 2.55.90                          |
| #29         | 2.25.59                  | 2.12.49                | Boys 15-19 – 200 yd. Butterfly     | 2.41.00                          |
| #30         | 6.03.19                  | 5.28.19                | Boys 13-14 – 500 yd. Freestyle     | 6.03.20                          |
| #31         | 5.31.69                  | 5.02.59                | Boys 15-19 – 500 yd. Freestyle     | 5.31.70                          |

# NEW JERSEY SWIMMING 13-14 & 15-19 'SILVER/BRONZE' CHAMPIONSHIPS SATURDAY AND SUNDAY, MARCH 14-15, 2009

### **SUNDAY - ORDER OF EVENTS**

Relays are Pre-Seeded – It is imperative that the correct names and correct order are in the meet database.

<u>SESSION #1 – 13-14 Girls</u>: <u>Warm Up: 7:15 a.m.</u> (Split Warm-ups: two 30-minute warm-ups divided by teams. Session Start Time: 8:20 a.m.

|            | 00001011 0               | tart rillio. O.20 all  |                                       |                               |
|------------|--------------------------|------------------------|---------------------------------------|-------------------------------|
| Event<br># | Silver Time<br>Standard: | Gold Time<br>Standard: | Age Group Event                       | "Faster Than Qualifying Time" |
| #32        | N/A                      | N/A                    | Girls 13-14 - 200 yd. Free Relay*     | N/A                           |
| #33        | 5.39.69                  | 5.07.29                | Girls 13-14 400 yd. Individual Medley | 5.39.70                       |
| #34        | 28.99                    | 26.69                  | Girls 13-14 – 50 yd. Freestyle        | N/A                           |
| #35        | 12:22.29                 | 11:37.29               | Girls 13-14 – 1000 yd. Freestyle      | 12.22.30                      |
| #36        | 2:59.89                  | 2.43.69                | Girls 13-14 – 200 yd. Breaststroke    | 3.12.10                       |
| #37        | 1:13.79                  | 1.06.39                | Girls 13-14 – 100 yd. Butterfly       | N/A                           |
| #38        | 2:39.39                  | 2.22.29                | Girls 13-14 – 200 yd. Backstroke      | 2.48.10                       |
| #39        | 2.16.79                  | 2.06.19                | Girls 13-14 – 200 yd. Freestyle       | 2.24.40                       |

SESSION #2 - 15-19 Girls
Warm Up: TBA Start Time: TBA

| <u>Event</u> | Silver Time | Gold Time | Age Group Event                        | "Faster Than Qualifying |
|--------------|-------------|-----------|--|-------------------------|
| <u>#</u>     | Standard:   | Standard: |  | Time"                   |
| #40          | N/A         | N/A       | Girls 15-19 - 200 yd. Free Relay*      | N/A                     |
| #41          | 5.28.99     | 4.51.69   | Girls 15-19 –400 yd. Individual Medley | 5.29.00                 |
| #42          | 28.19       | 25.59     | Girls 15-19 – 50 yd. Freestyle         | N/A                     |
| #43          | 12.11.09    | 11.12.09  | Girls 15-19 – 1000 yd. Freestyle       | 12.11.10                |
| #44          | 1.09.89     | 1.01.79   | Girls 15-19 -100 yd. Butterfly         | N/A                     |
| #45          | 2.52.69     | 2.35.59   | Girls 15-19 – 200 yd. Breaststroke     | 3.09.90                 |
| #46          | 2.30.99     | 2.16.59   | Girls 15-19 – 200 yd. Backstroke       | 2.44.10                 |
| #47          | 2.11.49     | 2.00.39   | Girls 15-19 – 200 yd. Freestyle        | 2.20.20                 |

SESSION #3 - 13-14 & 15-19 Boys: Warm Up: TBA Start Time: TBA

| <u>Even</u> | Silver Time | Gold Time | Age Group                            | "Faster Than Qualifying |
|-------------|-------------|-----------|--------------------------------------|-------------------------|
| <u>t #</u>  | Standard:   | Standard: | <u>Event</u>                         | Time"                   |
| ".10        | N1/A        | 21/4      | D 40.44 000 1 E D 1 #                | 21/4                    |
| #48         | N/A         | N/A       | Boys 13-14 - 200 yd. Free Relay*     | N/A                     |
| #49         | N/A         | N/A       | Boys 15-19 - 200 yd. Free Relay*     | N/A                     |
| #50         | 5.34.29     | 4.59.49   | Boys 13-14 400 yd. Individual Medley | 5.34.30                 |
| #51         | 5.13.19     | 4.35.99   | Boys 15-19 400 yd. Individual Medley | 5.13.20                 |
| #52         | 27.99       | 25.19     | Boys 13-14 – 50 yd. Freestyle        | N/A                     |
| #53         | 25.39       | 23.09     | Boys 15-19 – 50 yd. Freestyle        | N/A                     |
| #54A        | 11.59.49    | 11.14.49  | Boys 13-14 – 1000 yd. Freestyle      | 11.59.50                |
| #54B        | 11.29.19    | 10.27.29  | Boys 15-19 – 1000 yd. Freestyle      | 11.29.20                |
| #55         | 1.10.99     | 1.03.99   | Boys 13-14 – 100 yd. Butterfly       | N/A                     |
| #56         | 1.05.59     | 56.39     | Boys 15-19 – 100 yd. Butterfly       | N/A                     |
| #57         | 2.55.89     | 2.38.39   | Boys 13-14 – 200 yd. Breaststroke    | 3.11.90                 |
| #58         | 2.42.59     | 2.25.49   | Boys 15-19 – 200 yd. Breaststroke    | 3.01.90                 |
| #59         | 2.35.69     | 2.19.89   | Boys 13-14 – 200 yd. Backstroke      | 2.47.90                 |
| #60         | 2.23.69     | 2.06.79   | Boys 15-19 – 200 yd. Backstroke      | 2.38.10                 |
| #61         | 2.14.89     | 2.00.79   | Boys 13-14 – 200 yd. Freestyle       | 2.23.90                 |
| #62         | 2.01.79     | 1.50.89   | Boys 15-19 – 200 yd. Freestyle       | 2.13.00                 |

### 13-14 & 15-19 'Silver/Bronze' Championships on March 14-15, 2009 Elite Swim Club & Morris County Swim Club

### **ENTRY SUMMARY**

| Team:   |                              | USA-S Club C  | ode: |
|---|------------------------------|---------------|------|
| Name(s) of Coach(es):   |                              |               |      |
|   |                              |               |      |
| e-mail address to send resul                                  | lts in lieu of regular maili | ng:           |      |
| Club Mailing Address:   |                              |               |      |
| (to mail final results)                                       |                              |               |      |
| Contact Person Regarding T                                    | hese Entries:                |               |      |
| Phone No.:  | Fax No.:                     |               |      |
| Email   |                              |               |      |
| Contact Person Regarding T (a parent, not a coach) Phone No.: |                              |               |      |
| Email   |                              |               |      |
| Entry Fee Sum   | nmary:                       |               |      |
| Number  | r of Individual Entries:     | x \$4.00= \$  |      |
| Number  | r of Relay Entries:          | x \$8.00= \$_ |      |
| Total E   | ntries & Fees:               |               | \$   |
| Check a   | amount:                      | \$            |      |

MAKE CHECKS PAYABLE TO: ELITE SWIM CLUB

# New Jersey Swimming Inc. Official Meet Verification Form

| Club Name:  | Club Code:   |
|---|--|
| Club E-Mail Address:  |  |
| Head Coaches Name:  |  |
| Club Address:   |  |
| SWIMINI<br>SWIMINI  | NEW JERSEY<br>SWIMMING   |
| •   | nes listed on the entry or hard copy with disk entries, for the <u>NJ</u> RONZE' CHAMPS to be held on <u>MARCH</u> 14-15, 2009 are registered  |
| listed and, unless otherwise noted, are not recruify that only swimmers that <b>DO NOT</b> have | States Swimming. All United States Swimming numbers are correctly required to swim unattached (UN) due to the 120-day transfer. I also re 'GOLD' times in that stroke and distance are entered in relays. I old time in that stroke and distance in a relay prior to or at the meet will |
|   | will be disqualified and the information will be turned over to New  |
| •   | deck access is limited to coaches and/or officials working the meet  |
| ,   | deck access is limited to coaches and/or officials working the meet  |
| and displaying their credentials.  Signature  | Date   |
| (Signature cannot be photo  |  |
| Article 302.4 of the USA Swimming Rules at  | nd regulations.  |
| member club's representative signing a doc  | cose a fine of up to <b>\$100 per event</b> against a member coach or a nument which indicates a swimmer is registered with United States not properly registered or eligible to compete for that club. This will be not the fines imposed.  |
| LIST ALL UNATTACHED SWIMMERS:   |  |
| Unattached Swimmer  |  |
| Unattached Swimmer  | , Unattached Swimmer   |
| Unattached Swimmer  | , Unattached Swimmer   |
| Unattached Swimmer  | Unattached Swimmer   |