



2012 Short Course Junior Olympic Championship and Time Trials
March 9-11, 2012
Meet Sanction #3453
Time Trial Sanction #3454

Bowling Green State University
Bowling Green, Ohio

2012 Ohio Short Course Junior Olympic Championships Event Information

March 9-11, 2012
Bowling Green State University Natatorium
Bowling Green, Ohio 43403

Sanctioned by USA Swimming through Ohio Swimming

This information is available on-line at <http://www.swimohio.com> and <http://bgscgators.com>

Important Facts About the Meet

- The competition is governed by the Age Group Committee of Ohio Swimming, Inc.
- **Entry Deadline: Thursday, March 1, 2012 at 5:00 P.M.** All paperwork and entry fees must be postmarked by **Friday, March 2, 2012.**
- Time Standards - All entries must be equal to or faster than Junior Olympic Time Standards.
- Entry times shall be in short course yards (Y), achieved since January 1, 2011. You may also enter in Long Course Meter (L), but these times will be seeded behind yard (Y) times, and must be equal to or faster than the 2011 LC Time Standards. No Converted Times will be accepted.
- **Entry Limits:** Swimmers may enter a maximum of **7 (seven) Individual Events** plus Relays.
- This meet is scored.
- Time Trials are open to all registered athlete members of Ohio Swimming, Inc. A current USA Swimming Membership Card **must** be shown for all athletes not already entered in the meet.
- There is no Admission Charge for Ohio LSC Championship Meets.
- Swimmers' and Coaches' Responsibility – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book. USA Swimming Rules and Regulations will govern the conduct of these championships.
- No swimmer will be allowed on deck without a coach member present. If home club coach is not planning to attend event, swimmer must be assigned a supervising coach (per USA Swimming Rule 202.3.2). If a swimmer arrives without a coach, he/she must find a willing coach at the facility to be able to participate in warm-up or competition.
- Accommodations for persons with disabilities may be arranged with advance notice.
- **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.**
- **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

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Meet Administration

Facility Address

1411 Ridge Street
BGSU-Student Recreation Center
Bowling Green, Ohio 43403
419.372.2711

Meet Referee

Bill Hopkins
Whopkins1@woh.rr.com

Meet Directors

Scott Sehmman/Joe Sobczak
P.O. Box 793
Bowling Green, Ohio 43402
419.353.1848
jaffeea@yahoo.com

Local Officials Coordinator

Bill Hopkins
Whopkins1@woh.rr.com
Joe Sobczak
cjandsto@buckeye-express.com

Entry Chair/OME Resource

Gary Layne/Erin Schwab
PO Box 793
Bowling Green, Ohio 43402
419.372.7476 / 513-673-3326
glayne@bgsu.edu / ohioswim@cinci.rr.com

Meeting Schedule

Friday, March 9
General/Coaches Meeting TBA

Friday, March 9

Officials' Meeting: 8:00 AM

All subsequent officials' briefings will be held 45 minutes prior to the start of each session

Age Group Committee Commission Representative

Carolyn Strunk
PO Box 793
Bowling Green, Ohio 43402
419.372.7480
cstrunk@bgsu.edu

Age Group Committee Chair

Dave Back
2372 Whitlock Place
Dayton, OH 45420
937.252.1177 home
937.271.0657 cell
swimdavidc@woh.rr.com

Meet Committee

- Age Group – Dave Back
- Meet Director – Scott Sehmman/Joe Sobczak
- Meet Referee – Bill Hopkins
- Coach – Theresa Fightmaster
- Athlete – TBD

Officials

All USA Swimming certified officials willing to volunteer should fill out and submit the Application to Officiate found on the Ohio Swimming website.

Official's uniform will be white over navy for all sessions. Shorts are permitted for Preliminaries. Long pants (men or women) or modest length skirts (women) will be worn for finals. White covered toe athletic or deck shoes for all sessions.

General Information

Heats Begin no earlier than
9:00am

Women's Events

101
103
105
107
109
111
113
115
117
119 *
121*
123*
125#

201 #
203 #
205 #
207
209
211
213
215
217
219 *
221
223 *
225
227
229 #
231 #

301 # #
303 # #
305 # #
307
309
311
313
315
317
319
321
323
325
327
329
331 # #
333 # #
335 **

Order of Events

Short Course Yards

Day 1 – Friday, March 9, 2012

10 & Under 50 Breaststroke
11-12 50 Breaststroke
13-14 100 Breaststroke
10 & Under 100 Backstroke
11-12 100 Backstroke
13-14 200 Backstroke
10 & Under 50 Butterfly
11-12 50 Butterfly
13-14 100 Butterfly
10 & Under 200 Freestyle
11-12 500 Freestyle
13-14 500 Freestyle
13-14 800 Freestyle Relay

Day 2 – Saturday, March 10, 2012

10 & Under 200 Freestyle Relay
11-12 400 Medley Relay
13-14 400 Medley Relay
10 & Under 100 Breaststroke
11-12 100 Breaststroke
13-14 200 Breaststroke
10 & Under 50 Freestyle
11-12 50 Freestyle
13-14 50 Freestyle
10 & Under 200 Individual Medley
11-12 100 Individual Medley
13-14 400 Individual Medley
11-12 200 Freestyle
13-14 200 Freestyle
11-12 200 Freestyle Relay
13-14 200 Freestyle Relay

Day 3 – Sunday, March 11, 2012

10 & Under 200 Medley Relay
11-12 200 Medley Relay
13-14 200 Medley Relay
10 & Under 100 Individual Medley
11-12 200 Individual Medley
13-14 200 Individual Medley
10 & Under 100 Freestyle
11-12 100 Freestyle
13-14 100 Freestyle
10 & Under 100 Butterfly
11-12 100 Butterfly
13-14 200 Butterfly
10 & Under 50 Backstroke
11-12 50 Backstroke
13-14 100 Backstroke
11-12 400 Freestyle Relay
13-14 400 Freestyle Relay
13-14 1650 Freestyle

Finals Begin 5:30 Fri/Sat
5:00 Sunday (tentative)

Men's Events

102
104
106
108
110
112
114
116
118
120 *
122*
124*
126#

202 #
204 #
206 #
208
210
212
214
216
218
220 *
222
224 *
226
228
230 #
232 #

302 # #
304 # #
306 # #
308
310
312
314
316
318
320
322
324
326
328
330
332 # #
334 # #
336 **

* Timed Final – Fastest 2 Heats at Night
girls and boys heats)

Timed Final – Fastest 1 Heat at Night

** Timed Final – Fastest 1 Heat at Night (Prelims swum fastest to slowest, alternating
Timed Final – All Relays in morning prelims

General Information (Continued)

Directions to the Pool

From South: I-75 north, Exit 181 (Bowling Green), head west (left) on Wooster Street, 3rd light make a right onto Mercer Road (Wendy's on left). Go approx ½ mile. 1st street on left is Ridge – turn here for drop-off to front entrance to SRC. 2nd street on left is Merry. Turn left and take to Lot #1 or Lot #12 for parking.

From North: I-75 south, Exit 181 (Bowling Green), head west (right) on Wooster Street, 2nd light make a right onto Mercer Road (Wendy's on left). Go approx ½ mile. 1st street on left is Ridge – turn here for drop-off to front entrance to SRC. 2nd street on left is Merry. Turn left and take to Lot #1 or Lot #12 for parking.

From West: Route 6 east, Bowling Green Road, follow into Bowling Green, turns into Wooster Street, follow to Mercer Road (Huntington Bank/McDonalds on right), make a left onto Mercer Road and follow above directions to parking.

From East: Route 6 west, Bowling Green Road, follow into Bowling Green, turns into Wooster Street, follow above directions 'From South' for parking.

Hotel Information

<http://www.cityofbowlinggreenohio.com> Click on the Convention and Visitors Bureau for hotels, restaurants, and a map of BG.

Information/Lost & Found

Information/Questions during the meet can be directed to the control desk located at the Student Recreation Center entrance. Lost & Found can be inquired about at the Pro Shop (found on deck level) or Lifeguard office.

Lockers

Day lockers will be available for use at the Student Recreation Center for use by athletes, coaches and officials. The locker room area may be used by properly credentialed individuals (athletes, coaches, officials). Personal locks may be used on clearly marked 'Daily Use Only' lockers. They must be removed at the end of each day or locks will be cut off and belongings bagged. There is a \$10 charge to have items returned to you (pro shop).

Medical Assistance

Medical assistance will be provided at the facility by lifeguards and Student Recreation Center employees.

Parking

BGSU is revising its parking policy. Please check the BGSC Meet host page and the OSI website for parking information after February 20th, 2012.

Concessions

Concessions will be available for spectators/participants behind the spectator bleachers on the west side of Cooper Pool. Athletes are required to wear shoes when leaving the pool deck.

Hospitality

Coaches' and Officials' hospitality will be available throughout the meet in the Student Recreation Center Youth and Family Room. It is located through the double doors across from the entrance to Cooper Pool and across the hallway.

Meet Warm up/Start Times:

Team lane assignments for warm-ups will be posted around the pool, online, and distributed.

Prelim Start times will be determined after entries are received, but will not start earlier than 9:00 am.

Finals: Warm up and start times to be announced after entries are received. Tentative start time is 5:30pm Friday and Saturday, 5:00 pm Sunday.

The Student Recreation Center will open to participants, coaches, and spectators 15 minutes prior to the start of warm-ups.

Timers

1650 Heats swimmers are required to provide their own timer and counter.

Championship host clubs are no longer permitted to require timers from all member clubs participating. The meet host is permitted to ASK for help with timers. If there are any teams who are willing to help provide timers, it would be much appreciated!

Site information

About the Facility

Cooper Pool is an 8-Lane 50-meter facility with a floating bulkhead that separates 10 competition lanes from a 6-Lane continuous warm up/warm down area. The competition pool depth is from 12-17 feet at the competition end. BGSU uses an Electronic timing system (Colorado System 6) with a 10-Lane scoreboard display. Bleacher seating for 1200 spectators overlooks Cooper Pool along the 25 yard and 50 meter course. No coolers or glass containers are permitted in the facility. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Team Banners

All team banners must conform to the 5' x 8' size limitation. Commercial logos on banners must not exceed 96 square inches. BGSU's Cooper Pool is a 'No Tape' facility. ONLY official team banners are permitted. All banners must be tied (rope or bungee cords), not taped, to the bottom of the spectator railings. Neither the facility nor the meet host is responsible for lost or stolen team banners.

Vendor

Kast-A-Way Swimwear will be available for your swim equipment needs. KAW will be taking pre-orders for a JO meet shirt approximately two weeks prior to the meet to be picked up on location. A limited number will be available to be purchased at the meet.

Entering the Meet

Entry Rules - General

- All contestants must be registered athletes of Ohio Swimming, Inc.
- Any Ohio LSC swimmer, 14 years and under, with a time faster than the Ohio Junior Olympic time standards, may enter the Junior Olympic Championships. (See Appendix A).
- By the act of entering this meet, each team and /or swimmer agrees to abide by USA Swimming Rules and Regulations.
- All swimmers must enter under a team affiliation or unattached. Those with a team affiliation must swim in an unattached status if switching swim clubs in the last 120 days prior to the Junior Olympic Championship meet.
- There shall be No Deck Entries at the Championship Meet. There will be no exception to the no deck entry policy except as:
EXCEPTION A: A swimmer who is either not entered or incorrectly entered by fault of the host club should be properly placed in the appropriate events.
EXCEPTION B: A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to 12 hours before the scheduled beginning of the event, provided he/she pays the appropriate entry fee plus a \$25.00 processing charge (per event) to host club.

Entry Rules – Individual Events

- Swimmers may swim a maximum of three individual events per day, plus relays.
- **Swimmers may enter a maximum of 7 (seven) Individual Events plus Relays**
- Short Course Yard (Y) times, or Long Course Meter (L) times, achieved since January 1, 2011 will be accepted. Long Course Meter (L) times will be seeded behind Short Course Yard Times (Y).
- All Entries must be equal to or faster than the Short Course Junior Olympic Time Standards, as listed in Appendix A, or equal to or faster than the 2011 Long Course Junior Olympic Time Standards, as listed on the OSI website.
- Age on the first day of the meet will determine the age group in which a swimmer is entered.
- A swimmer whose birthday occurs between the start of the Regional Meet and the start of the Short Course Junior Olympics meet may enter the appropriate events at the Junior Olympic meet for which he/she had the cut times in the younger age group by entering the Short Course Junior Olympic meet **AT THE CUT TIME** for the older age group.

Entry Rules – Relay Events

- All Relay entries must be equal to or faster than the Short Course Junior Olympic Time Standards, as listed in Appendix A, or equal to or faster than the 2011 Long Course Junior Olympic Time Standards, as listed on the OSI website.

- Only 3 Relays per team may be entered per event.
- Any swimmer may swim any stroke. Relays must be limited to swimmers entered in the meet.
- A swimmer competing unattached may not be a member of a relay team.

Entry Procedures

- Teams/Unattached individuals must enter the meet using the USA Swimming OME system: www.usaswimming.org/ome
- The following **must** be postmarked to the Entry Chair via US Mail or other courier service by March 2, 2012:
 - Membership Verification & Entry Summary Sheet (Appendix B) and/or the printed summary receipt from OME.
 - Check for the Total Entry Fees payable to **Bowling Green Swim Club.**
- Fax Entries - The meet does not accept faxed entries

Entry Fees

- Individual Events - \$7.00 per entry
- Relay Events - \$10.00 per entry
- Surcharge - \$2.00 per swimmer (Travel Fund/Site Selection Fund)
- Time Trials – same as Individual/Relay Events above
- Entry Fees for Age Group Championship Meets are established by the Age Group Committee, and ratified by the House of Delegates at the HOD Meeting.

Proof-of-Times Procedures

- All entry times will be validated through the OME system.

Championship Procedures

Rules

USA Swimming Rules and Regulations will govern the conduct of these Championships and will serve as the official guide for technical and procedural rules.

Membership Requirement

All swimmers, coaches, officials, and marshals should be prepared to show a current USA Swimming membership card.

All meet directors, referees, starters, marshals and stroke and turn judges serving in an official capacity in a sanctioned event must be members of USA Swimming. All persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

Warm-Up and Safety

The meet host will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored jointly by the Meet Director and Meet Referee (or their special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals.

Warm-up procedures may, at the discretion of the host team, be modified based on number of swimmers in the meet and other safety and logistical concerns.

Below are listed the Warm-up procedures that are to be used for the OSI championship meets.

TEAM SPECIFIC WARM-UP PROCEDURES

- a. Participating teams shall be assigned to specific lanes for the warm-up period based on number of participants.
- b. The coaches of the teams assigned to each lane shall determine the warm-up procedure for that lane.
- c. If coaches in a lane can not agree on a warm-up procedure, the session referee should be consulted and shall define that lane's procedure. The decision of the session referee will be final.
- d. Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.
- e. The timing of warm-ups may be by gender, by age group or any mixture in order to keep the number of swimmers warming-up as equal as possible.
- f. The host may choose to divide the warm-up by team and have an entire teams' athletes warm-up together. In this case, teams should be assigned "early" and "late" warm-up sessions on different days so that no team is advantaged over another.

Safety Guidelines

1. Coaches' Responsibilities. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 - a. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and at all practices.
 - b. Coaches should maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - c. Coaches should stand near starting end of the pool when starting swimmers on sprint or pace work.
2. Host Team Responsibilities
 - a. Marshaling
 1. A minimum of four (4) marshals, per pool, who report to and receive instructions from the Meet Referee and/or the Meet Director, shall be on deck during the entire warm-up session.
 2. Marshals shall be members of USA Swimming.
 3. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.
 4. In addition to four (4) Marshals required for pre-meet warm-up, one Marshal shall be assigned to each warm-up, warm down facility throughout the meet; which includes warm-up prior to meet, breaks during the meet, and during active competition.
 - a. Host team shall provide signs for each lane at both ends of the pool which indicate the designated use during the warm-up session.
 - b. Warm-up times and lane assignments shall be posted at several locations around the pool area, announced periodically and on a regular basis.
 - c. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 - d. Host team must supply a certified lifeguard on duty at all times.
3. Miscellaneous
 - a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks, and they must enter the pool feet first. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
 - b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - c. Swimmers are required to exit the pool upon completion of their warm-up period to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
 - d. Warm-up procedures shall be enforced for any breaks and/or any areas used for warm-up and warm-down during the competition.

Championship Procedures

Seeding

For these Championships, the seeding order is:

1. Short Course Yards (Y)
2. Long Course Meters (L)

Protest Procedures

All protests must be submitted in writing within 30 minutes following the contested race to the Meet Referee or his/her designee.

Scratch Procedures (NEW January 2012)

Any swimmer not appearing for a preliminary heat or a timed final event shall not be penalized; however, that event will still be counted against their 7 event maximum for the meet and their 3 event per day maximum. Any relay team that fails to appear for a pre-seeded relay event shall not be penalized.

Scratching from Finals:

1. Any swimmer qualifying for a consolation or championship final in an individual event who fails to compete in said final shall be barred from his/her next individual event, except as noted in paragraph B. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the consolation or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. The alternates shall not be penalized if unavailable to compete in the finals.
3. Where consolation finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the consolation and championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the consolation final has already been contested, the championship final shall be swum without reseeding for the empty lanes(s).
5. Failure to scratch consolation or championship finals according to the rules above shall result in a **\$50.00** penalty fee per event against the swimmer if the event is his/her last event of the meet. The penalty fee shall be billed to the club and paid to the host group member.

Relays and Relay Check-In Procedures

1. All relays are conducted on a timed final basis. Entry forms for all relays must be turned in prior to the relay forms deadline in order to be seeded. Each coach shall pick up relay entry forms from the mailbox in the hospitality room. He/she shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Computer Table for entry by the deadline; however, relay swim order may be changed up to the time of the swim.
2. Relay Forms Deadlines:

<u>Day</u>	<u>Event Name</u>	<u>Deadline</u>
Friday	800 Free Relay	9:30 AM Friday
Saturday	All Relays	6:00 PM Friday
Sunday	All Relays	6:00 PM Saturday

Swimming 1650 Freestyle In Prelims Procedures – The 1650 Freestyle is scheduled as the last event during prelims on Sunday morning, with the Top Eight swimmers to swim at night during finals. Any swimmer listed in the Top Eight, and wishes to swim the 1650 during prelims, must declare their intent no later than 15 minutes after the start of Prelims on Sunday morning to the Clerk of Course.

Finals Session Event Order

The order of the final events shall be the same as preliminary sessions, with the following exceptions:

- On Friday, the Top Heat of 800 Freestyle Relay will be swum as the first event in Finals.
- On Sunday, the Top Heat of 1650 Freestyle will be swum as the first event in Finals.

Scoring

- Individual Events:
 - A (Final) 20-17-16-15-14-13-12-11
 - B (Consolation) 9-7-6-5-4-3-2-1
- Relay Events:
 - A (Final) 40-34-32-30-28-26-24-22
 - B (Consolation) 18-14-12-10-8-6-4-2
- **Special note on scoring:** Teams may enter up to three relay teams as they have qualified, but only two relays per team event may score points and/or swim in the final heat.

Awards

- Individual Events:
 - Medals – Final Heat
 - Custom Ribbons – Consolation Heat
- Relay Events:
 - Medals – Places 1 – 3
 - Custom Ribbons – Places 4 – 8
- Outstanding Swimmer – An Outstanding Swimmer Award will be awarded for each gender to the swimmer who achieves the highest total of **Hv-tek Age Group Power Points**.
- Individual High Point Plaques – High point plaques will be awarded for each gender and age group who achieves the highest point total using standard scoring.
- Team High point plaques – High point plaques will be awarded for each gender and age group.
- Overall High Point Large and Small Team Awards shall be furnished by Ohio Swimming and presented to the first, second and third place teams at the Ohio LSC Championship meet.

Large Team – Small Team Definition

- To determine a small team, add the total number of 9-14 year old registered athletes as of February 1st. Divide this sum by the number of teams with 9-14 year old athletes eliminating any remainder. Teams whose number of 9-14 year old registered athletes is equal to or less than this number will be small teams.

Results

- Results will be posted to the meet website following each prelim and final session at <http://bgscgators.com>
- Final Results, Team Manager Results file, and Meet Manager Backup file will be posted to the meet website at <http://bgscgators.com> on Monday morning, March 14, 2011.

Time Trials

- Time Trials will be conducted following the preliminary sessions on Friday, Saturday, and Sunday sessions, time permitting.
- Time Trials are open to all registered athlete members of Ohio Swimming, Inc. A current USA Swimming Membership Card **must** be shown for all athletes not already entered in the meet.
- Signups for Time Trials each day will close one hour prior to the end of each preliminary session.
- The Meet Host reserves the right to limit Time Trial events over 400 yards to a specific day, based upon the preliminary session timelines.
- Time Trials are limited to individuals attempting to achieve a published National Cut (OSI Junior Olympic, Zone, Sectional, Junior National, US Open, or Senior National). Entry times for time trials should be within ½ second per 50 yards/meters of the published Time Standard. The Meet Referee and/or Meet Director have full discretion and authority to review Time Trial entries.
- Swimmers are limited to three individual events per day, including Time Trials. A declared false start is counted as one of these three individual events per day.

OHIO SWIMMING
2012 Short Course Junior Olympics
TIME STANDARDS

GIRLS				BOYS		
13-14	11-12	10-UNDER		10-UNDER	11-12	13-14
26.29	27.29	30.59	50 FREE	31.09	27.09	24.49
56.99	59.49	1:08.29	100 FREE	1:09.09	59.69	53.69
2:02.69	2:09.39	2:31.79	200 FREE	2:34.49	2:11.19	1:55.49
5:28.29	5:46.99		500 FREE		5:50.59	5:15.09
19:10.49			1650 FREE			18:30.29
	31.49	36.39	50 BACK	36.99	32.49	
1:03.69	1:07.89	1:18.09	100 BACK	1:20.49	1:09.19	1:01.59
2:17.39			200 BACK			2:11.29
	35.79	41.09	50 BREAST	42.79	36.09	
1:12.59	1:16.69	1:29.19	100 BREAST	1:33.09	1:19.79	1:08.99
2:37.69			200 BREAST			2:31.49
	29.79	34.29	50 FLY	35.89	30.59	
1:02.99	1:07.89	1:22.29	100 FLY	1:23.69	1:10.69	59.59
2:23.99			200 FLY			2:18.49
	1:07.99	1:17.99	100 IM	1:20.19	1:09.39	
2:19.29	2:26.59	2:50.59	200 IM	2:56.29	2:28.59	2:12.69
4:54.69			400 IM			4:42.59
1:47.13	1:53.30	2:10.49	200 FR. RELAY	2:14.89	1:56.99	1:41.19
3:55.38	4:11.29		400 FR. RELAY		4:27.69	3:46.09
8:35.49			800 FR. RELAY			8:11.09
1:59.68	2:08.01	2:29.38	200 M. RELAY	2:36.89	2:16.89	1:55.29
4:22.59	4:39.55		400 M. RELAY		4:56.79	4:12.09

10-03-2011 – approved by House of Delegates

Entries accepted for Short Course Yards (Y) or Long Course Meters (L) achieved since 1/1/11
 Meet will be seeded in YL order

**USA SWIMMING
Ohio Swimming Inc. Membership Verification**

Meet Name: Ohio LSC Short Course Junior Olympics Championship

Location: Bowling Green State University

Date March 9-11, 2012

PLEASE RETURN THIS FORM WITH YOUR ENTRY FORMS

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

TEAM: _____

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____

=====

**2012 Short Course Junior Olympics Championship
ENTRY SUMMARY SHEET**

TEAM: _____ CODE _____

TEAM CONTACT: _____

DAYTIME PHONE: _____ EVENING PHONE: _____

Email Address: _____

_____ SWIMMERS AT: \$2.00 = _____ (Travel Fund & Championship Facilities
Site Selection Surcharges)

_____ INDIVIDUAL EVENTS AT: \$7.00 = _____

_____ RELAY EVENTS AT: \$10.00 = _____

TOTAL AMOUNT REMITTED = _____

ATTACH CHECK TO THIS SUMMARY SHEET.
Entry Deadline is Thursday, March 1, 2012 at 5:00 PM.

Make checks payable to: Bowling Green Swim Club