



DeWitt Swim Club Parent Meetings Synopsis

September 23-25, 2009

Programmatic Goals and Long Term Vision:

- Build Own Facility: DeWitt Swim Club's Board of Directors is focusing on the task of raising enough funds for our own facility. \$3-\$5 million minimum. Any rich uncles?
- Level 1 USA Swimming Program: We expect to become a certified team by the end of April. There are no certified teams between Rochester and Albany, between the Canadian boarder and Pennsylvania.
(<http://usaswimming.org/USASWeb/Rainbow/Documents/2e4ef63e-79f8-4ae4-befb-97a81659579f/Coach%20Level%20001.pdf>)
- All coaches have common language teaching styles. Carried on from Minnows to Senior Elite.
- Host two Intersquad meets per season. Host an additional meet involving outside teams in February.
- We will be hosting an official delegation from USA Swimming in mid-November. More to follow!

Equipment Needed:

- Both Teams: We recommend a polyester swim suit, they last the longest without fading. Goggles are a personal preference, but generally those in the \$10 range are most appropriate. We will be providing each Red Team Member a white cap with his or her name on it. Please bring to each practice.
- Black Team-Paddles (Sr., Sr. Elite only), Pull Buoys, Fins
- Red Team- Fins

We will have a group order for the equipment. We expect a savings of 20-30%. The coaches have some fins to try on so the sizing is correct. We will be holding an equipment swap

at the beginning of next season so we can eliminate the cost of new equipment purchases annually.

We have about 10 pairs of used size 1-3 fins available for \$13.00 each.

Communication:

- Primary form of communication is e-mail. Please check your spam or junk box for e-mails from us. We end up there sometimes!
- We also have a Twitter page, www.twitter.com/DeWittSwimClub, with up-to-date info.
- Lastly, and new this year, is The DeWitt Swim Club Hotline, (315) 877-1227. This phone will also have updated information on it. Please do not leave voicemails on it as the messages are not monitored. The coaching staff has the phone ON during practices and meets for any issues that may arise.

Billing:

- All bills were e-mailed out on 9/22/09. If you are single paying, the payment is due on 10/1/09. If you are monthly or credit/debit card or bank ACH, the payment is drafted on the first business day of the month.
- Registration fees became a line item on your bill. We did not anticipate this and your statements will be adjusted accordingly.

Parent Involvement and Volunteering:

We will be forming parent committees in the following areas:

- Philanthropic-Donate swimming supplies to needy children in the area, free swimming to needy families
- Education- What types of programs/event are needed for coaches, parents and swimmers
- Red Team- Would like a couple parents from each level to help answer questions/be the go to person
- Black Team- Would like a couple parents from each level to help answer questions/be the go to person
- Fundraising-Raise money for travel meet, training trips, no cost equipment and clothing
- Social/Spirit-How do we have more fun for parents and swimmers?
- Swim Meets-Help organize and run meets

Our goal is to have 4-6 members on each committee to help share the burden. Various time commitments, but looks like 2-4 hours monthly.

Question and Answers:

Are coaches background screened? Yes. We are individually screen based on USA Swimming regulations through a third party company, TQ Logic.

What types of Parent Education Events are needed?

1. Swim Meets 101(coming soon!)
2. Swim Jargon for beginners
3. Swimming in College: D1, D2, D3? What's what?
4. Nutrition and preparing your athlete for peak performance
5. Becoming an Official

What types of things can be done at home to increase development? Good question and difficult to answer. Because of the various levels we have in our program there are various answers. Our Red Team members will know basic progressions and drills they can do at a home pool or at separate facility. There will be a drill of the month in our monthly parent's newsletter. Black team: Dry land will be available on-line soon that can be done 3 times weekly.

What can we do to make this more fun? The following were suggestions from parents. We will try to incorporate some of these into our structure.

- Increase free time at practice.
- Have a fun day independent of practice days.
- Match up an older swimmer with a younger swimmer.
- Friday night fun night
- After meet gathering-Pizza Parlors, Ice Cream, Tully's, Trapper's
- Open Water Swim in Summer at Oneida Shores.
- Add in a life saving element to practice for learning and a challenge
- Have a Swimmer of Week/Month/Meet
- Pictures on the Website

Can we have a report card? This may be very difficult at this point. We will be providing feedback via the Parent's Newsletter.

Can the Coaches Handbook be available on-line? No. But we will e-mail you a copy if you would like.