

October Swimmers of the Month



12 & Over Boy
Aaron Lawrence
 Senior Tags Group



"Aaron has consistently maintained best attendance. He has set the standard for the training in his group with his leadership skills. Although he is one of the younger swimmers in his group, Aaron continually steps up to lead sets; he can be a little harsh with his teammates at times, but done in an effort to challenge all."

- Coach Dan McDonough

All about Aaron!

Age: 13, 8th Grade
Birthplace: Rowlett, TX
Nickname: King of Awesomeness
Role Model: Michael Phelps
Last song loaded: Monster, by Skillet
Favorite Meal: Fajita Chicken
Favorite song before a swim: Pulse of the Maggots, by Slipknot
Favorite practice set: Test sets
One thing your coach does that drives you crazy: Punishing me for something somebody else did.
Favorite Sports Team: Texas Longhorns
Future Goal in Sports: Olympic Champion
Athlete you would like to spend a day with: Eric Shanteau
Favorite Book: "It" by Stephen King
Future Career Goal: Lawyer
Favorite Music Group: Nickelback
Favorite Movie: The Dark Night
Hobbies: Listening to Music
Other Sports you play: Football
Why do you enjoy swimming? It teaches lessons that you can apply outside of the pool.
What is your most embarrassing moment in swimming? My suit ripped right down the seam at practice one day.



12 & Over Girl
Hannah Hoag
 Senior Group

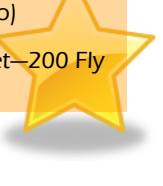


"Hannah is usually one of the first in the water every day. Always smiling and cheerful. Whenever a new swimmer joins our group, Hannah steps up and welcomes them with a giggle and a smile. A very hard worker and pays close attention to instructions. Keep up the great work Hannah!"

-Coach Christian Rowe

Hurrah for Hannah!

Age: 13
Birthplace: Frisco, Texas
Favorite Sports Team: Dallas Cowboys
Future Goal in Sports: Athletic (Swim) Scholarship to College
Favorite Subject in School: Math
Athlete you would like to spend a day with: Katie Hoff
Favorite Book: I, Coriander
Favorite Music Group: Linkin Park
Favorite Movie: Princess Bride
Hobbies: Music (Clarinet, Keyboard), Reading, Crochet
Why do you enjoy swimming? It is good exercise, it's fun, and I meet new friends.
What is your most embarrassing moment in swimming? Swam wrong heat/lane during a B/C Meet.
What is one question you would like to ask a professional swimmer or coach?
 "How can I improve as I swimmer?"
What do you eat the night before a race? Pasta (Shrimp Linguini Alfredo)
What is your most memorable swimming moment so far? TAGS LC Meet—200 Fly



11 & Under Boy
Mason Bradley
 Champs Group



Mason Bradley always shows up to practice, ready and willing to jump right in and get to business. He is a very good listener and doesn't give up when he can't do something the first time—a joy to coach. Mason is a natural breast-stroker and did great in his first swim meet! Great job Mason!

-Coach Molly Mason

More about Mason!

Age: 8, 2nd Grade
Hometown: Prosper, TX
Nickname: "Mas"
Role Model: My first grade teacher, Ms. Kopeck
Favorite Sports Team: Aggies
Future Goal in Sports: To be the best swimmer on my team
Favorite Subject in School: Math
Athlete you would like to spend a day with: My cousin Austin
Favorite Book: Any book about bats
Favorite Music Group: Music from Star Wars
Future Career Goal: A scientist who studies bats
Favorite Movie: Ice Age: Dawn of the Dinosaurs
Hobbies: Piano, Legos and swimming
What other sports do you like to play? Basketball and soccer
Why do you enjoy swimming? It's fun and I get to meet new friends
What is your most embarrassing moment in swimming? Belly flopping when I was learning to dive
What is one question you would like to ask a professional swimmer or coach?
 How do you swim so fast?
What do you eat the night before a race? Hmmm... I don't know... Chicken?
What is your most memorable swimming moment so far? My first swim meet



11 & Under Girl
Joelle Reddin
 Bronze Group



"Joelle is always ready to swim. She consistently gives that extra effort in the water. She is a talented swimmer who works hard, even though was disappointed with herself at the Haunted Hat Meet. Joelle is funny and also a fun kid to coach! Keep it up, Joelle!"

-Coaches Tony Kwee & Molly Mason

Jammin' with Joelle!

Age: 7
Hometown: Frisco, Texas (I was born in China and my parents adopted me when I was 8 months old and brought me home to Texas.)
Nickname: "Jo"
Role Model: God
Last Song loaded: Party in the USA, by Miley Cyrus
Favorite Song before a swim: You Belong with Me, by Taylor Swift
Favorite Stroke and Event: 25 Yard Freestyle
Favorite Practice Set: Free jumps & Dives
List one thing your coach does that drives you crazy: Makes us do 300s
Favorite Sports Team: Frisco Aquatics
Future Goal in Sports: Olympics
Favorite Subject in School: Recess
Athlete you would like to spend a day with: "What's an athlete?"
Favorite Book: Junie B. Jones
Future Career Goal: Singer, Movie Star
Favorite Music Group: Jonas Brothers
Favorite Movie: Hannah Montana
Hobbies: Organizing
Why you enjoy swimming: "Because it's refreshing" (I always loved the pool ever since I was a baby)
What is one question you would like to ask a professional swimmer or coach? How can I improve my times?
What is your most memorable swimming moment, so far? When I joined the swim team

