# 2015 OH BGSC SUMMER INVITATIONAL BOWLING GREEN, OHIO

# HELD UNDER THE SANCTION OF USA SWIMMING USA SANCTION OH-15LC-14

**DATES** May 30, 31, 2015

PLACE Cooper Pool, Bowling Green State University Recreation Center

Bowling Green State University, Bowling Green, Ohio

TIMES Saturday, May 30:

10-UN, 11-12 Warmup 7:15 AM (45 min)

Session Start 8:05 AM

Open Warmup TBD (45 min)

Session Start TBD

Sunday, May 31:

10-UN, 11-12 Warmup 7:15 AM (45 min)

Session Start 8:05 AM

Open Warmup TBD (45 min)

Session Start TBD

**POOL** 

The Cooper Pool is an eight-lane, fifty-meter pool with Colorado timing and scoreboard display. The competition course has been measured and certified in accordance with USAS section 104.2.2C(4). The copy of such certification is on file with USA Swimming. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and 4 feet at the turn end.

**DIRECTIONS** (Parking is available in University Lots 16 and 1 (in front of and to the west of the College of Musical Arts) and in Lot 12 (on the north side of Merry Street opposite Lots 16 and 1).

- From I-75, take exit 181 west (Wooster St.); turn right onto Mercer Road(light just past Wendy's; turn left onto Merry St.
- From **SR 6**, exit onto Bowling Green Road; turn north from Wooster St. onto Mercer Road; turn left onto Merry St.
- From SR 25, turn east onto Poe Road; turn right onto Mercer Road; turn right onto Merry St.

MEET DIRECTOR Julie Price PO Box 793 (419) 340-2754

Bowling Green, Ohio 43402 Price.design@frontier.com

ENTRY CHAIR/ Tom Knox 217 N. Maple Street (419) 353-6502
OFFICIALS CONTACT Bowling Green, Ohio 43402 tknox@bgsu.edu

#### **CONDUCT OF MEET**

- Competition will be conducted under USA Swimming rules. All coaches and swimmers must be registered members of USA Swimming. No swimmer will be allowed to participate unless the swimmer is a member as provided in Article 302.
- There will be no registration of swimmers or coaches on deck.
- All individual events are pre-seeded except the 400 IM, 400 Freestyle, and 800 Freestyle. Swimmers must positively check-in. Check-in deadline for the 400 Freestyle and 800 Freestyle is 30 minutes after the start of the session. Check-in deadline for the 400 IM is 30 minutes before the start of the session.

- The 800 Freestyle will be swum fastest to slowest, alternating Women and Men.
- Unless coaches are notified otherwise, fly-over starts will be used.
- Changing into or out of swimsuits other than in locker rooms or other assigned areas is prohibited.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

#### **ENTRIES**

- Send electronic entries to the Entry Chair: <a href="mailto:tknox@bgsu.edu">tknox@bgsu.edu</a>. Do not send entries to the Meet Director or to BGSC coaching personnel.
- In the interest of good meet management, the BGSC Summer Invitational will be restricted to a combination of approximately 450 swimmers/400 heats/2800 individual event entries.
- Entries will be accepted on a **first-come-first-served** basis. Entries must be **received** by 5:00 PM, **Wednesday**, **May 20**. Receipt by this date does **not** guarantee acceptance.
- Telephone entries/scratches will not be accepted.
- BGSC reserves the right to limit 400 meter events, 12 & under 200-meter events, and Open 200-meter Backstroke, Butterfly and Breaststroke to three heats based on entry times.
- BGSC also reserves the right to limit the Open 800 Freestyle to two heats based on entry times and meet timeline.
- Entry times slower than the cutoff time shown in the Order of Events will not be accepted in these events; please do not submit such times or enter swimmers "NT" in these events.
- BGSC reserves the right to decide on such other limitations as may be necessary.
- Clubs providing electronic addresses will be notified if limits have been imposed. Clubs may
  also check the BGSC web site (<a href="http://bgscgators.com">http://bgscgators.com</a>). If limits have been imposed, applicable
  fees will be refunded.

**ANY SWIMMER** entered in the meet must be certified by a USA Swimming member coach as being **proficient in performing a racing start** or must start each race from within the water. When **unaccompanied** by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**SWIMMERS WITH A DISABILITY** Swimmers with a disability are welcome to enter and compete in the BGSC Summer Invitational. Coaches

- Should enter the swimmers on Hy-Tek or the paper entry form
- Provide advance notice of any necessary accommodations
- List in the email with the Hy-Tek entry (or on paper) the swimmers' name, entry times, strokes/distances, days/sessions, and how the swimmer prefers to be seeded. Swimmers with a disability will be seeded with the same age group in either the same distance race or a longer distance race (i.e., they may swim a 50 freestyle during the 100 freestyle).

### **OPEN ELIGIBILITY**

- 10-UN and 11-12 swimmers are eligible to swim Open 200-meter events if they have met the cutoff time for the event in their own age group (200 Freestyle, 200 IM) or the Open cutoff time (200 Backstroke, 200 Butterfly, 200 Breaststroke).
- 10-UN/11-12 must meet the Open cutoff time to be eligible to swim the 400 Freestyle, 800 Freestyle and 400 IM.
- Submit best times for seeding. Converted times may be used. If unconverted short-course times are submitted, swimmers will be entered "NT." Entries are to be submitted on a disk using Hytek-compatible programs (send hard copy with electronic entries) or on the appropriate form.
- Teams submitting entries on disk may update entry times through May 20.

- Swimmers must compete in the age group corresponding to their age, as determined by USA Swimming number, on May 30, 2015. Please include correct ages and USA Swimming numbers on the entry forms.
- A swimmer may enter more than five events per day, but may swim no more than five individual events per day.
- **Relays**, with seed time, must be included on the entry form. Individual swimmers need not be specified. Relays will be deck-seeded.
- **Standby/alternate** swimmers will be placed in any heat in which a lane becomes available and can score team points and win awards.
- Deck entries will be allowed on a space-available basis and cannot score team point or win awards.

FEES Individual events
Deck entry
Relay events
Deck entry
Second per event

MAKE CHECKS PAYABLE TO Bowling Green Swim Club

MAIL ENTRY SHEET/ATHLETE VERIFICATION FORM TO:

**BGSC Summer Invitational** 

P.O. Box 793

Bowling Green, OH 43402

SCORING AND AWARDS

**Scoring:** Individual Events 1st–8th: 9, 7, 6 5, 4, 3, 2, 1

Relay Events 1st-6th: 18, 14, 12, 10, 8, 6

IndividualMedals:1st-4th placesAwards:Ribbons:5th-8th placesRelayMedals:1st-3rd placesAwards:Ribbons:4th-6th places

**CONCESSIONS** Food items available at the meet will include items such as pizza, juice, coffee, fruit, muffins, bagels, popcorn, yogurt, salads, and sandwiches. Please note that **no foods, beverages, food containers or coolers are to be brought into the SRC.** 

**HEAT SHEETS** Heat sheets will be sold at concessions.

FINAL No hard copies of results will be mailed. Results will be made available on-line at the BGSC web site and the OSI web site. Hard copies of results may be purchased for

\$15.00 each.

#### PLEASE NOTE

The swimming facility at BGSC is one of the finest in the Midwest. To insure its continued availability for USA Swimming age-group meets, we ask that all swimmers and spectators observe the following meet rules.

- (1) Swimmers and spectators must enter and exit only through the front entrance of the SRC. Other means of access to the building are for the use of the SRC staff only.
- (2) Smoking is not allowed in any area of the Recreation Center.
- (3) All swimmers and spectators are to stay in the areas of the Recreation Center designated for the swim meet (Cooper Pool, the locker room, and the bleacher area). Other areas of the Recreation Center will be in use by individuals or groups during the meet. Swimmers are not allowed to

- enter Andrews Pool or the saunas located in the locker rooms. Tours of the facility can be arranged at the main entrance.
- (4) No food or beverages of any kind are to be brought into the building. Concessions is available during the meet and many restaurants are within a few minutes of the Center.
- (5) No alcoholic beverages are permitted in or around the Center.
- (6) Sound boxes and television sets may not be brought into the building. Small iPod- and Walkmantype units with earphones may be used.
- (7) Only swimmers, coaches, and meet personnel are to be on deck or in the conference room during the meet.
- (8) For their own safety, swimmers must wear shoes or sandals when they leave the locker room areas.
- (9) All SRC rules and regulations are in effect during all meet sessions.

#### WARMUP PROCEDURES

#### **GENERAL WARMUP**

- 1. **No diving or racing starts are allowed**. Swimmers must enter the pool feet-first in a cautious manner. One hand must be in contact with the deck when entering the pool.
- 2. **No sprinting or pace work** is allowed during the general warm up.
- 3. All lanes will be used for general warm up

#### SPECIFIC WARMUP

Coaches may have control over lanes. If sprint lanes are needed, please see the meet referee.

#### **SAFETY GUIDELINES**

#### **COACHES' RESPONSIBILITIES**

- 1. To instruct their swimmers regarding safety guidelines and warm up procedures.
- 2. To actively supervise their swimmers throughout the warm up period.
- 3. To maintain as much verbal and visual contact as possible throughout the warm up period.
- 4. To stand near the starting end of the pool when starting swimmers on sprint or pace work.

#### **MARSHALS**

1. Marshals will be on deck during warm-up sessions and will have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.

#### **MISCELLANEOUS**

- 1. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not mount the blocks if there is a backstroker waiting to start.
- 2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- 3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time.
- 4. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

With the consent of the Meet Director or Referee, the host club may modify the time schedule or recommended lane assignments, so long as safety is not compromised. Such changes shall be announced and/or posted prominently in the pool area.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# BOWLING GREEN SUMMER INVITATIONAL: ORDER OF EVENTS

# (Entry cutoff times in boldface)

| 101<br>102<br>103<br>104<br>105<br>106<br>107<br>108<br>109<br>110<br>111<br>112<br>113<br>114<br>115<br>116<br>117<br>118 | 11-12<br>11-12<br>10-UN<br>10-UN<br>12 & U<br>12 & U<br>12 & U<br>12 & U<br>12 & U<br>11-12<br>11-12<br>10-UN<br>10-UN<br>11-12<br>11-12<br>10-UN<br>10-UN | Boys       200         Girls       200         Boys       200         Girls       100         Boys       100         Girls       50         Boys       50         Girls       50         Boys       50         Girls       50         Boys       50         Girls       200         Boys       200         Girls       200         Girls       200         Girls       200 | IM IM IM IM BK BR BR FLY FREI FREI FREI Med Med Med | E<br>E<br>Rel<br>Rel<br>Rel           | 301<br>302<br>303<br>304<br>305<br>306<br>307<br>308<br>309<br>310<br>311<br>312<br>313<br>314<br>315<br>316<br>317<br>318 | 11-12<br>11-12<br>10-UN<br>10-UN<br>12 & U<br>12 & U<br>12 & U<br>12 & U<br>12 & U<br>11-12<br>11-12<br>10-UN<br>10-UN<br>11-12<br>11-12<br>10-UN<br>10-UN | Girls Boys | 200<br>200<br>200<br>200<br>50<br>50<br>50<br>100<br>100<br>100<br>200<br>200<br>200<br>200 | FREE2:43.29 FREE2:53.59 FREE3:23.39 FREE3:19.99 BK BK BR BR FLY FLY FREE FREE FREE FREE FREE FREE Free Rel Free Rel Free Rel Free Rel Free Rel |
|--|--|--|---|---------------------------------------|--|--|---|---|--|
| 201<br>202<br>203<br>204<br>205<br>206<br>207<br>208<br>209<br>210<br>211<br>212<br>213<br>214<br>215<br>216               | Open Open Open Open Open Open Open Open  | Women 200 Men 200 Women 100 Men 100 Women 200 Men 200 Women 200 Men 200 Women 50 Men 50 Women 400 Men 400 Women 400 Women 400  | IM FLY FLY BK FREI FREI FREI FREI FREI Med FREI     | 2:58.99 E 3:30.79 3:25.59 E E Rel Rel | 401<br>402<br>403<br>404<br>405<br>406<br>407<br>408<br>409<br>410<br>411<br>412<br>413<br>414                             | Open Open Open Open Open Open Open Open  | Women<br>Men<br>Women<br>Men<br>Women<br>Men<br>Women<br>Men<br>Women<br>Men<br>Women<br>Men                  | 400<br>400<br>100<br>100<br>200<br>200<br>100<br>100<br>400<br>400<br>800<br>800            | IM 6:34.69 IM 6:19.59 BR BR BK 3:09.99 BK 3:05.59 FREE FREE FLY FLY Free Rel Free Rel FREE11:52.69 FREE11:33.99                                |

## TO BE INCLUDED WITH YOUR ENTRIES

| TEAM             |  | TEAM CODE       |                 |                            |                 |                    |  |  |  |
|------------------|--|-----------------|-----------------|----------------------------|-----------------|--------------------|--|--|--|
|                  |  | GIRLS           |                 |                            | BOYS            |                    |  |  |  |
| AGE<br>GROUP     | NUMBER<br>OF SWIM-<br>MERS               | INDIV<br>EVENTS | RELAY<br>EVENTS | NUMBER<br>OF SWIM-<br>MERS | INDIV<br>EVENTS | RELAY<br>EVENTS    |  |  |  |
| 10-UN            |  |                 |                 |                            |                 |                    |  |  |  |
| 11-12            |  |                 |                 |                            |                 |                    |  |  |  |
| 13-14            |  |                 |                 |                            |                 |                    |  |  |  |
| OPEN             | (1)                                      | (2)             |                 | (1)                        | (2)             |                    |  |  |  |
| COLUMN<br>TOTALS |  |                 |                 |                            |                 |                    |  |  |  |
| GIRL + BO        | Y TOTALS: _                              |                 | SWIMME          | RS @ \$2.00                | = \$            |                    |  |  |  |
|                  | -  |                 | INDIV EV        | 'ENTS @ \$5.00             | = \$            |                    |  |  |  |
|                  | -  |                 | RELAY E         | VENTS @ \$8.00             | ) = \$          |                    |  |  |  |
|                  |  |                 | TO              | OTAL                       | = \$            |                    |  |  |  |
|                  | <b>not</b> include as t<br>e Open events | hose swimme     | ers already sho | wn in other ag             | e groups who    | will also swim one |  |  |  |
| (2) <b>Do</b> i  | include the Ope                          | en events of s  | uch swimmers    | in the Open "S             | Single Events'  | ′ column           |  |  |  |
| Make checl       | k payable to:                            | Bowling C       | Green Swim Clu  | ıb                         |                 |                    |  |  |  |

## PLEASE RETURN WITH YOUR ENTRY FORMS

| COACH  |  |   |
|--|--|---|
| ADDRESS  |  |   |
| PHONE  | DAY  | EVENING   |
| E-MAIL   |  |   |
| ENTRY CHAIR  | -  |   |
| ADDRESS  |  |   |
| PHONE  |  | EVENING   |
| E-MAIL   | ,  |   |
| MAY 30-31, 201<br>COOPER POOL<br>HELD UNDER<br>USA SANCTIO | ., BOWLING GREEN ST<br>THE SANCTION OF US<br>N OH-15LC-14  | TATE UNIVERSITY STUDENT RECREATION CENTER SA SWIMMING   |
| entered by the to<br>Swimming, Inc.<br>capacity of coac    | eam in this sanctioned so<br>The undersigned further<br>h is currently a coach mo<br>wimmers' and coaches' | ertifies by his/her signature that all athletes representing or wim meet are currently member athletes of United States er certifies that any person appearing on deck in this meet in the ember of United States Swimming. (Teams must have membership in United States Swimming, Inc. available for |
| TEAM   |  | DATE  |
| PRINTED NAM  | 1E   |   |
| SIGNATURE  |  |   |