

ADDITIONAL ITEMS:

Concentrate on healthy snacks, dried fruit and nuts. Beef sticks, granola, cookies, ramen noodles, cheese crackers, instant coffee, hot chocolate, cider mix, tea, etc. Also good old fashion junk food is always appreciated.

SOCKS, hand warmers, boot inserts, toiletries, decks of cards, hand held games, small games, Christmas decorations or Christmas cards to send back to their families.

Note: Wrap all liquid items in plastic zip lock bags. NO AERSOL items allowed!!