



CINCINNATI MARLINS, INC. PRESENT
THE KAST-A-WAY FALL CHALLENGE
NOVEMBER 20, 21 & 22, 2009

HELD UNDER THE SANCTION OF USA SWIMMING # 3203 OH

MEET DIRECTOR: Erin Schwab, 616 W. North Bend Rd., Cincinnati, OH 45224
513-761-3320 / ohioswim@cinci.rr.com

OFFICIALS CHAIRMAN: Andy Grender, 12097 VillageWoods Dr., Cincinnati, OH 45241
513-563-4378 / agrender@cinci.rr.com

SCHEDULE:

Friday PM	13&14, Open	Warm Up	5:00 pm
		Time Finals	6:10pm
Saturday AM	13&14, Open	Warm Up	9:00 a.m.
		Time Finals	10:10 a.m.
Saturday PM	11-12, 9-10 & 8&U	Warm Up	2:00pm
		Time Finals	3:10pm
Sunday	SAME AS SATURDAY.		

ENTRIES: **This is a closed competition. Entry by INVITATION ONLY.** Entries must be received no later than 12:00p.m. on **Monday, Nov. 9, 2009 - NO EXCEPTIONS.** We encourage HYTEK entries made via e-mail in HY-TEK form to CMentries@fuse.net Please forward a hard copy of your entry with your payment. No Team will be permitted to participate unless their Fees are paid in full. **Entries will be limited to 4000 swims.**

DECK ENTRIES: **NO DECK ENTRIES Will be accepted.**

ENTRY FEES: \$4.00 per individual event, \$7.00 per Relay and \$2.00 surcharge per swimmer. All entry fees must accompany entries to complete the entry process. **Please pay by check made payable to the Cincinnati Marlins, Inc.** All fees must be paid before you will be allowed to swim.

ENTRY

CHAIRPERSON: Judy Dusing, 616 W. North Bend Rd., Cincinnati, OH 45224 (513) 761-3320
jdusing@cincy-marlins.com

Electronic Entries: Lisa Habel at - CMentries@fuse.net

**GENERAL
ADMISSION
CHARGE** **\$2.00 - Adults
Children under 12 - Free
Heat Sheets - \$3.00**

RULES: Age on first day of meet will determine eligibility for age group divisions. Current USA Swimming rules will govern the meet. Swimmers aged 11 & Over may compete in the Open events. All swimmers are limited to entering in 4 Individual events per day plus Relays.
Teams may enter as many relays as they wish but only two (2) may score in each age group.

TIME STANDARD: **No Time Standard**

ELIGIBILITY: All swimmers must be registered with USA Swimming. Registration numbers and swimmer age must appear on the entry forms. **All SWIMMERS MUST BE PREPARED TO PROVE USA SWIMMING REGISTRATION.**

SEEDING: This meet is a combination of invitational and dual meet seeding. Teams may enter an unlimited number of qualified swimmers in each event. **Each team will indicate their top 3 swimmers to compete in the fastest two heats by designating them as BONUS Swimmers.** All other non-designated swimmers in the field will be seeded fastest to slowest.

SCORING: Scoring Top 20 Individual places. Only Five (5) Swimmers from each Team will be eligible to score points in each event. **Friday night events are NOT SCORED.**
Individual : 24,21,20,19,18,17,16,15,14,13,11,9,8,7,6,5,4,3,2,1.

Scoring Top Eight(8)Relays. Only Two(2)relays from each team will be eligible to score.
40,34,32,30,28,26,24,22.

AWARDS: Medals – First through Third place – Ribbons Fourth through Twentyth place.
Relays - Medals First Place – Ribbons Second through Eighth.

FINAL RESULTS: Posted on the Marlins Web site at www.cincy-marlins.com

SAFETY: Ohio Safety guidelines will be enforced in the conduct of the meet as well as warm ups. General Warm-up procedures require swimmers to enter the pool feet first in a cautious manner, with one hand on the deck.

COACHES: **ALL COACHES MUST SIGN IN FOR EACH SESSION AND PRESENT A CURRENT USS MEMBERSHIP CARD UPON ENTERING THE POOL.** This card must be worn while the coaches are on the pool deck. Ohio Swimming requires the Cincinnati Marlins to enforce this rule. The Marlins are happy to provide a Coaches Hospitality Area at our meets. Please indicate the number of coaches that will be attending the meet with you on the Entry Summary Sheet so that we can provide heat sheets for everyone.

DIRECTIONS: From I-75 take Exit 9 and go north on Paddock Rd. (Rt. 4) to North Bend Rd. (The first left turn after crossing under the railroad trestle). Turn left and follow North Bend Rd. to

the top of the hill (about 1-1/2 miles) . St. Xavier High School is on the right and Keating Natatorium is behind the school.

SPECIAL NOTE:

The Cincinnati Marlins always appreciates any help we get from other swim clubs in officiating our meets. We ask all visiting coaches to make this known to the parents of their swimmers. Those parents who are certified officials or need to apprentice can make their availability known to Andy Grender, Officials Chairman, at the time of entry submittal. Please provide us with a list of names, job preferences, and session(s) that they prefer to officiate, or call Andy Grender at 513-563-4378 or e-mail agrender@cinci.rr.com . **HOPE TO SEE YOU ON DECK!**

UP-COMING MEET:

The Pepsi Cola Holiday Wrap-Up Inv. – January 8,9,&10, 2010. Timed Final Format – No Time Standard – Age Group Only.....

*The TYR SPORT Winter Invitational – February 5,6,&7, 2010. Preim-Final Format. BB National or Better Time Standard. All events offered – 8&Under swim timed finals. **Our Fastest Meet of the Season!***

The Championship Qualifier/Time Trial Meet – Tuesday, March 2 , 2010. Need one last swim before Championships? All events offered...Time Trial format. Deck entries accepted.

*The Cincinnati Marlins invite you to visit our World Wide Web site at
<http://www.cincy-marlins.com>*

USA Swimming Registration Certification Form



SANCTION # 3203 OH

November 20, 21 & 22, 2009

Entry Deadline – November 9, 2009 by 12:00 noon

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on the deck at this Meet in the capacity of coach is currently a coach member of United States Swimming, Inc.

Team: _____ Code: _____

Head Coach's Name _____

Team Representative's Name (printed): _____

Team Representative's Signature: _____

Team Contact's email address: _____

(We will use this email to update you on this meet)

Number of Coaches Attending: _____

Day Phone # (____) _____ Evening phone # (____) _____

Team Address _____

Did you include:

____ Entry report

____ Check/payment

____ This report, completed and signed

If entries were sent electronically, these items must be sent so that they are received by the host club, 24 hours after the meet entry deadline.

Financial Summary

____ Individual Events @ \$4.00 each = \$ _____

____ Relays @ \$7.00 each = \$ _____

____ Swimmers @ \$2.00 per Swimmer = \$ _____ (Ohio LSC Travel/Site Selection Fund Surcharge)

Total Amount Remitted = \$ _____ Date: _____

Make Checks Payable to: Cincinnati Marlins, Inc.

Mail to: Judy Dusing, Cincinnati Marlins, 616 W. North Bend Rd. Cincinnati, OH 45224-1424

www.cincy-marlins.com

THE Kast-A-Way FALL CHALLENGE

Sanction # 3203 OH

NOVEMBER 20, 21 & 22, 2009

ORDER OF EVENTS

Women- odd numbered events, Men- even. All events Short Course Yards.

FRIDAY EVENING:

Warm-up 5:00pm Meet starts 6:10pm

1-2 13&Over 400 IM
3-4 OPEN (11&Over) 500 Free

SATURDAY :

AM WARM UP 9:00-10:00 AM
TIMED FINALS 10:10 AM

PM WARM UP 2:00 PM
TIMED FINALS 3:10 PM

5-6	13-14	200 Backstroke	29-30	11-12	100 Backstroke
7-8	Open	200 Backstroke	31-32	9-10	100 Backstroke
9-10	13-14	50 Freestyle	33-34	8&Under	50 Backstroke
11-12	Open	50 Freestyle	35-36	11-12	50 Freestyle
13-14	13-14	200 Butterfly	37-38	9-10	50 Freestyle
15-16	Open	200 Butterfly	39-40	8&Under	25 Freestyle
17-18	13-14	100 Breaststroke	41-42	11-12	100 Butterfly
19-20	Open	100 Breaststroke	43-44	9-10	100 Butterfly
21-22	13-14	200 Freestyle	45-46	8&Under	25 Butterfly
23-24	Open	200 Freestyle	47-48	11-12	50 Breaststroke
25-26	13-14	400 Medley Relay	49-50	9-10	50 Breaststroke
27-28	Open	400 Medley Relay	51-52	8&Under	25 Breaststroke
			53-54	11-12	200 Freestyle
			55-56	9-10	200 Freestyle
			57-58	8&Under	100 Freestyle
			59-60	11-12	200 Medley Relay
			61-62	9-10	200 Medley Relay
			63-64	8&Under	100 Medley Relay

* Entry limited to 4 events per day.

THE Kast-A-Way FALL CHALLENGE

Sanction # 3203 OH

NOVEMBER 20, 21 & 22, 2009 Order of Events

SUNDAY:

AM WARM UP
TIMED FINALS

7:00-8:00 AM
8:10 AM

PM WARM UP
TIMED FINALS

12:00 pm
1:10 pm

65-66	13-14	100 Backstroke	89-90	11-12	50 Backstroke
67-68	Open	100 Backstroke	91-92	9-10	50 Backstroke
69-70	13-14	100 Freestyle	93-94	8&Under	25 Backstroke
71-72	Open	100 Freestyle	95-96	11-12	100 Freestyle
73-74	13-14	200 Breaststroke	97-98	9-10	100 Freestyle
75-76	Open	200 Breststroke	99-100	8&Under	50 Freestyle
77-78	13-14	100 Butterfly	101-102	11-12	100 Breaststroke
79-80	Open	100 Butterfly	103-104	9-10	100 Breaststroke
81-82	13-14	200 IM	105-106	8&Under	50 Breaststroke
83-84	Open	200 IM	107-108	11-12	50 Butterfly
85-86	13-14	400 Freestyle Relay	109-110	9-10	50 Butterfly
87-88	Open	400 Freestyle Relay	111-112	8&Under	50 Butterfly
			113-114	11-12	200 IM
			115-116	9-10	200 IM
			117-118	8&Under	100 IM
			119-120	11-12	200 Freestyle Relay
			121-122	9-10	200 Freestyle Relay
			123-124	8&Under	100 Freestyle Relay

* Entry Limited to 4 events per day