

Northwest Arkansas Aquatics



NEUTROGENA
MEMORIAL CLASSIC
May 28 – 30 2010



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- SANCTION:** Held under USA Swimming through Arkansas Swimming, Inc.
Sanction Number: 10AR0529
- HOSTED BY:** Northwest Arkansas Aquatics
NWAA extends a special thanks to Neutrogena for their sponsorship.
- LOCATION:** The Melvin Ford Aquatic Center, Memorial Park, Bentonville, Arkansas. Located on Highway 72 East and Moberly Lane, next to Washington Junior High School. (Just west of exit 88 off Interstate 540).
- FACILITY:** 8 lane, 50-meter outdoor heated pool with 9-foot wide lanes. Each lane is equipped with Keifer non-turbulent lane lines, non-skid Colorado Timing System touch pads and slanted starting blocks at both ends. The competition course has not been certified in accordance with Section 104.2.2C(4). The minimum water depth, measured in accordance with Article 103.2.3, is 4' 0" at the start end and 4' 0" at the turn end.
- ELIGIBILITY:** All USS registered swimmers are eligible. No entries will be accepted unless the swimmer is registered in accordance with USS regulations. The swimmer's registration number and age must appear on the entry form. Swimmers who enter as pending or applied for must send in the Athlete Registration Form and payment with the team entry. Swimmer's age will be determined by the age of the athlete on May 28th 2010. No new USA Swimming registrations will be taken for deck entries.
- EVENTS:** Events will be timed finals. Submit contestant's best long course meter time to ensure proper seeding. This meet will be pre-seeded, with the exception of the 1500 Free, 400 Free (12&under and 13&over) and 400 IM. Those events will require a positive check-in and will be deck seeded. Check-in with the clerk of course by 5:00pm on Friday for the 1500 Free and 400 free. Check in with the clerk of course by 9:00am on Saturday and Sunday mornings for the 400 IM and 400 Free.
- 1500-Meter Events**
Will be limited to the top 24 male and 24 female swimmers. Coaches will be notified if their swimmer does not make the cut. Heats will be swum fastest to slowest, alternating between female and male. Positive check-in will be required.
- RULES:** 2010 USS and ASI rules will govern the meet.

- ENTRY LIMIT:** Each swimmer may enter a maximum of five (5) individual events per day. NOTE: This meet will be limited to the first 450 swimmers that enter. Entries will be accepted in the order that they are received. A team will be accepted or rejected as a unit. Teams entries not accepted will be notified by phone when entries are received, and fees will be returned.
- AWARDS:** Individual events: Ribbons for 1st through 8th place.
High point awards: High point trophies will be presented to the top male and female athletes in the following age groups: 8 and under, 9 year old, 10 year old, 11 year old 12 year old, 13-14 and 15 and over.
- IRON MAN/IRON WOMAN AWARD:** “Iron man” and “Iron woman” Awards will be presented to the top male and female swimmers with the highest combined points in the 400 IM, 400 Free and 1500 Free in the 13-14 and senior divisions. Swimmers must compete in all three (3) events to be eligible for this award.
- “FAST TWITCH” AWARD:** The “Fast Twitch” Award will be presented to the top male and female swimmers with the highest combined points in the 50 Breaststroke, 50 Backstroke, 50 Free, and 50 Butterfly in the 13-14 and 15 and over divisions. Swimmers must compete in all four (4) events to be eligible for this award.
- SCORING:** Individual events: 9,7,6,5,4,3,2,1
The following age groups will be scored: 8 and under, 9 year old, 10 year old, 11 year old, 12 year old, 13-14 and 15 and over division.
- ENTRY FEES:** Individual events: \$2.50 per event
- SURCHARGE:** \$3.00 per swimmer entered in the meet.
- PAYMENT:** Please make checks payable to Northwest Arkansas Aquatics.
- ENTRY DEADLINE:** Entries must be received by Wednesday, May 19th, 2010. Send entries, entry form and payment to:
Northwest Arkansas Aquatics
813 W. Central
Bentonville, AR. 72712
Phone: 479-254-9190
coach@nwaa.arcoxml.com
- Additional questions about the meet may be directed to:
Steve Duwel (NWAA Head Coach)
Email: coach@nwaa.arcoxml.com
- ENTRY FORMS:** All teams should submit their entries using HY-TEK software via email or on a formatted disk with a COM link file when possible. If you do not have access to HY-TEK software, enter by submitting a team entries (by name) printout. All teams must return the meet summary form and check by the entry deadline. Be certain that all USS registration numbers, ages and seed times accompany entries.
- DECK ENTRIES:** Deck entries will be accepted where space is available up to 30 minutes before the published starting times of each session. Cost is \$5.00 per individual event. (A swimmer who is not previously entered in the meet must also pay the surcharge of \$3.00). No extra heat sheets will be created for deck entries. All deck entrants will be required to show proof of USS registration.
- SCRATCHES:** The Scratch rules adopted by ASI will apply. Each swimmer shall report promptly to the clerk of course prior to the start of each race in which he or she is entered. Any swimmer that is pre-

seeded and fails to report for the event shall not be penalized. Swimmers who fail to show for a deck seeded event for which they have checked in will be barred from their next individual event.

SCHEDULE:

Friday:	Warm-ups at 4:30pm	Meet starts at 5:30pm
Saturday and Sunday morning:	Warm-ups at 7:30am	Meet Starts 9:00am
Saturday and Sunday afternoon:	Warm-ups not before 12 noon. Meet will not start before 1:30pm	

WARM-UP

PROCEDURES:

Friday afternoon warm ups will be open with no lane assignments. Warm ups for all other sessions will have lane assignments with two 40 minute warm up sessions. Each lane may decide when and if they make their lane a dive lane. All swimmers must clear the lane before the lane becomes a dive lane. After the lane is cleared, one-way dives may be performed from the starting end only.

Pool will close 10 minutes before start of meet.

Feet first entries only during general warm up time. Athletes who are caught entering head first are subject to disqualification from their next individual event, be it in that session or the next. This rule applies to the separate warm down pool as well as the competition pool.

ATTENDING COACHES:

Attending coaches should be prepared to show proof of their registration and valid certification in CPR, First Aid, and Safety Training if requested. Time may be saved by sending a copy of these with your entries.

SEATING:

Large deck area (no shade until mid-afternoon so bring tarps or tents if you wish). Bring lawn chairs.

CONCESSIONS:

A concession stand will be available. Coaches and officials hospitality will be available.

SWIM SHOP:

A complete swim shop will be provided. Checks and credit cards accepted.

SMOKING:

No smoking will be allowed on deck, locker room or any swimmer rest areas.

RULES AND SAFETY:

Possessing a still or video camera or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms or any other location where swimmers may be dressing. Any person so found possessing such devices in these areas will immediately removed from the meet with all fees forfeited, and subject to further LSC and or USA Swimming sanctions and penalties.

Host Hotel Information:

Comfort Suites of Bentonville (AR133)

Host Hotel Information and Booking Code for \$59 room rate.

Please use:

<http://www.comfortsuites.com/ires/en-US/html/ArrivalInfo?hotel=AR133&clientid=SKq4EhZrv%2Bux>

or

Log on to choicehotels.com

Select Comfort Suites of Bentonville (AR133)

Choose Special Rate/Corp ID from the "Select Rate" drop down menu

Enter ID 00069089.

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ORDER OF EVENTS**

Session I: Friday evening

Warm-ups: 4:30pm

Meet Starts: 5:30pm

Women

1
3
5

*12 and Under 400 Freestyle
13 and up 50 Breaststroke
*11 and up 1500 Freestyle

Men

2
4
6

Session II: Saturday morning

Warm-ups: 7:30am

Meet Starts: 9:00am

7
9
11
13
15
17
19

13 and up 200 Freestyle
13 and up 50 Backstroke
13 and up 100 Butterfly
13 and up 50 Freestyle
13 and up 200 Breaststroke
13 and up 100 Backstroke
*13 and up 400 IM

8
10
12
14
16
18
20

Session III: Saturday afternoon

Warm-ups: Not before 12 noon

Meet Starts: Not before 1:00pm

21
23
25
27
29

12 and under 200 Freestyle
12 and under 50 Backstroke
12 and under 100 Breaststroke
12 and under 50 Freestyle
12 and under 100 Butterfly

22
24
26
28
30

Session IV: Sunday Morning

Warm-ups: 7:30am

Meet Starts: 9:00am

31
33
35
37
39
41
43

13 and up 100 Freestyle
13 and up 50 Butterfly
13 and up 200 Backstroke
13 and up 200 IM
13 and up 100 Breaststroke
13 and up 200 Butterfly
*13 and up 400 Freestyle

32
34
36
38
40
42
44

Session V: Sunday afternoon

Warm-ups: Not before 12 noon

Meet Starts: Not before 1:00pm

45
47
49
51
53

12 and under 100 Freestyle
12 and under 50 Breaststroke
12 and under 100 Backstroke
12 and under 50 Butterfly
12 and under 200 IM

46
48
50
52
54

*Events require positive check in.

1500 meter freestyle Will be limited to the top 24 male and 24 female swimmers.

Heats will be swum fastest to slowest, alternating between female and male.

Northwest Arkansas Aquatics Meet Summary Sheet

Team Name: _____

Team Abbreviation: _____

LSC: _____

Attending Coaches: _____

Entry Information:

# of individual entries	_____	@ \$2.50	_____
# of swimmers entered	_____	@ \$3.00	_____
	Total		_____

Team Address:

Phone: () _____

Email: _____

In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against USA Swimming, ASI, the host club, and officials.

Signature of Coach or Club representative: _____

Please mail entries to:

Northwest Arkansas Aquatics
813 W. Central
Bentonville, AR. 72712
Phone: 479-254-9190
coach@nwaa.arcoxml.com