



The following is the proposed menu

**Day 1 Opening Day**

**PASTA DINNER**

Meat Sauce with Pasta  
Pasta Primavera w/ Chicken Alfredo Sauce  
Tossed Salad with Ranch & Italian Dressing  
Steamed Vegetable  
Garlic Bread  
Assorted cookies  
Lemonade/ Tea

**Day 2**

**Garlic Herb Grilled Chicken Breast**

Rice Pilaf  
Sautéed Vegetable Blend  
Tossed Salad with Ranch and Italian Dressing  
Dinner Roll  
Brownies  
Lemonade and Iced Tea

**Day 3**

**Lasagna**

Meat & Cheese Lasagna  
Vegetable Lasagna  
Tossed Salad with Ranch and Italian Dressing  
Grilled Vegetables  
Bread Sticks  
Sheet Cake  
Lemonade and Iced Tea

**Day 4 – Closing Day : Open to your suggestions for the Sunday Meal. These are some options offered by the college. Those teams staying for the Sunday meal may send their menu suggestions to me. If there is a consensus for a different entrée I will be glad to submit that to the caterers. What works best for you and your athletes is what we're interested in offering. I need your suggestions by Feb. 17 at the latest.**

**Option 1**  
**BBQ Buffet**

Chicken and Chopped Beef  
Baked Beans & Cole Slaw  
Tossed Salad with Ranch and Italian Dressing  
Dinner Roll  
Ice Cream Sandwich  
Lemonade and Iced Tea

**Option 2**  
**Sandwich Bar**

Quarter Pound Burger or Grilled Chicken Sandwich  
All toppings  
Tossed Salad with dressing  
Assorted Healthy Chips  
Potato Salad  
Cookies  
Lemonade and Iced Tea

**Option 3**  
**Mexican Theme –**

Taco bar with cheese sauce all the fixings  
Spanish rice, Nachos, Tossed Salad  
Ice Cream Sandwich  
Lemonades and Iced Tea

- **All menus include paper goods and plastic utensils on buffet style setup with three buffet lines, one dessert table, and beverage stations.**