

Fall practice schedule begins Tuesday, Sept. 8.

Notes: Evening Fall practice follows. Watch for weekly pool notes for pool closings, schedule changes, and additional senior practices.

No practice Labor Day Sept. 7.

First two weeks, September 8 - September 18 NO FRIDAY PRACTICE.

Lighthouse

Senior	3:45 - 5:45	M-F
Sr. Dev.	4:30 - 6:00	M-F (schedule <i>will change</i> mid Nov. - mid Feb.)
Gold	6:00 - 7:15	M- Th (schedule <i>will change</i> mid Nov. - mid Feb.)
	5:30 - 6:45	F
Silver	5:45 - 6:45	M - F (schedule <i>will change</i> mid Nov. - mid Feb.)
Blue	5:45 - 6:30	M - Th
Red	6:30 - 7:15	M, Tu, Th

OCCC

Senior	5:00 – 7:00	M – Th
Sr. Dev.	5:30 - 7:00	M - Th
Gold	5:30 - 6:45	M - Th
Silver	5:30 - 6:30	M - Th
Blue	5:45 - 6:30	M - Th
Red	5:00 – 5:45	M, Tu, Th [this practice time has been corrected]

OCUSA (Oklahoma Christian)

Sr. Dev.	5:30 - 7:00	M, Tu, Th
	5:30 - 6:30	W
Gold	5:30 - 6:45	M, Tu, Th
	5:30 - 6:30	W
Silver	5:30 - 6:30	M - Th
Blue	5:30 - 6:15	M- Th
Red	6:15 - 7:00	M, Tu, Th