

53rd Annual Air Capital Invitational

- Host:** Wichita Swim Club
- Dates:** June 26-28, 2009
- Sanction:** Sanctioned by Missouri Valley Swimming of USA Swimming.
Sanction Number MV-09-79
- Location:** Wichita Swim Club - Garvey Aquatic Center
8323 East Douglas
Wichita, KS 67207
316-683-1491
- Course:** Eight lane, 50 meter indoor pool with non-turbulent lane lines. Chase starts may be used if necessary. Daktronics Electronic Timing System with touch pads and horn start. 8 display alphanumeric scoreboard. A 20 yard pool will be available for warm up/warm down. This pool is certified by USA Swimming.
- Meet Type:** Age group meet with prelims/finals (top 16) events for 13-14 and Senior age groups and timed finals events for 10 & Under and 11-12 age groups. All Friday events, except for the 13 & Over 50 Freestyle events, will be swum as timed finals. All relay events will be timed finals events. The 13-14 and Senior 400 Freestyle events will be timed finals with the fastest heat of each age group swimming in finals (all other heats will be swum at the end of the prelims).
- 13 & Over individual events will be swum together in prelims but will be scored separately (13-14, 15 & Over) and will be swum separately in finals. 12 & Under individual events will be swum together but scored separately (10 & Under, 11-12)
- Starting Times:** Warm ups for the 800 Freestyle session will begin at 9:00 am, with the meet starting at 9:50 am. Warm ups for the 12 & Under session on Friday will begin at 1:00 pm, with the meet starting at 1:45 pm. Warm ups for the 13-14/Senior session on Friday will begin at 4:00 pm, with the meet starting at 5:30 pm. Warm ups for prelims of the 13 & Over meet on Saturday and Sunday will be at 7:00 am, with the meet starting at 8:30 am. Warm ups and start times for finals will be determined at the meet. Warm ups for the 12 & Under meet on Saturday and Sunday will start no earlier than 1:00 pm, with the meet starting no earlier than 1:40 pm.
- Rules:** 2009 USA Swimming and Missouri Valley Rules and Regulations will govern the meet. MVS safety guidelines and warm-up procedures will be in effect. Only coaches registered with USA Swimming will be allowed to participate in any coaching capacity. All coaches and deck officials should have their cards visible at all times while on deck. Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm up portion of the meet.
- Distance Events:** The 800 Freestyle events on Friday and the 13 & Over 400 Freestyle events on Sunday will be swum fastest to slowest, alternating girls and boys. Swimmers in the 400/800 Freestyle must provide their own timers.
- Warm-Up:** Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session.

Swimwear: Swimsuits worn for all 14&Under defined competition shall not cover the neck, extend past the shoulder, nor past the knee. Additionally, under a recent rules interpretation for purposes of Article 102.9 of the USA Swimming Rules & Regulations, Swimwear, the use of more than one swimsuit at a time during any USA Swimming sanctioned or approved competition is prohibited.

Eligibility: All swimmers must be registered as 2009 athlete members of USA Swimming. 2009 USA Swimming registration will be verified by the MVS Registration Chair prior to the meet. The age of each swimmer as of June 26, 2009 determines age group classification for the entire meet.

Entries: Entries will be accepted in the order received. No teams will be split. Please submit entries via Hy-Tek entry file either by e-mail or on a diskette, accompanied by Hy-Tek entry summary sheets. Entries can also be sent using standard MVS entry forms. Actual best 50 meter times should be submitted.

Entry Fees: Entry fees are \$3.50 per individual event and \$5.00 per relay event. Make checks payable to **Wichita Swim Club**. Mail entries to:

Wichita Swim Club
8323 E. Douglas
Wichita, KS 67207
entries.wsc@gmail.com

PLEASE NOTE E-MAIL ADDRESS FOR ENTRIES HAS CHANGED!!!!

Entry Deadline: Entries must be received by Wednesday, June 17, 2009.

Entry Limit: All swimmers may swim as many events on Friday as they want. 13 & Over swimmers may only swim 3 individual events per day on Saturday and Sunday. 12 & Under swimmers may swim up to five individual events on Saturday and Sunday.

Deck Entries: Deck entries will be accepted provided the entry limit has not been exceeded. Deck entries will be \$7.00 per individual event and \$10.00 per relay event. Deck Entries for Friday must be received 30 minutes prior to the start of the session. Deck entries for Saturday/Sunday must be received 30 minutes following the conclusion of the previous evening's session. No deck entries will be accepted on Saturday or Sunday morning for that day's events.

Scratches: The Missouri Valley Scratch Rule will be in effect. Scratches on Friday are due 30 minutes prior to the start of each session. Scratches for Saturday/Sunday are due 30 minutes following the conclusion of the previous evening's session. If a swimmer fails to either swim or scratch, he/she will be barred from his/her next event. If a swimmer fails to either scratch or swim a finals event, he/she will be barred from the remainder of the meet. Swimmers in finals must express their intent to scratch to the announcer within 30 minutes of the finalists being announced.

Seeding: The meet will be deck seeded by Hy-Tek Meet Manager 30 minutes prior to the start of each session.

Officials:

Meet Referee:	Macen Shinsato
Meet Director:	Kathi Cernohous 8323 East Douglas Ave Wichita, KS 67207 316-683-1491

Awards: Ribbons 1st – 8th will be awarded in each individual event. Ribbons 1st – 3rd will be awarded in relay events. Speedo Aquabeat MP3 players will be awarded to the individual high point scorers for men and women in all age groups (10 & Under, 11-12, 13-14 and Senior). Team trophies will be awarded to the top three teams.

Scoring: Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Psych Sheets: Psych sheets will be available for purchase.

Final Results: Final results will be posted on the Missouri Valley Website and may include the swimmer's name, age, times and USA Swimming number.

Concession: A large selection of healthy items will be available.

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Order of Events

Friday 800 Freestyle Session			Warm up: 9:00 a.m.
			Meet: 9:50 a.m.
Event Number	Event	Event Number	
1	800 Freestyle	2	

Friday 12 & Under			Warm up: 1:00 p.m.
			Meet: 1:40 p.m.
Event Number	Event	Event Number	
3	12 & Under 200 IM	4	
5	12 & Under 400 Freestyle	6	

Friday 13 & Over			Warm up: 4:00 p.m.
			Meet: 5:30 p.m.
Event Number	Event	Event Number	
7	13 & Over 50 Freestyle (prelims)	8	
9	13 & Over 400 IM	10	
	13-14 50 Freestyle (finals)		
	15 & Over 50 Freestyle (finals)		

Saturday 13 & Over			Warm up: 7:00 a.m.
			Meet: 8:30 a.m.
Event Number	Event	Event Number	
11	13 & Over 200 IM	12	
13	13 & Over 100 Backstroke	14	
15	13 & Over 200 Freestyle	16	

17	13 & Over 100 Breaststroke	18
19	13 & Over 200 Butterfly	20
21	13-14 200 Freestyle Relay	22
23	Senior 200 Freestyle Relay	24

Warm up: no earlier than 1:00 p.m.

Saturday 12 & Under

Meet: no earlier than 1:40 p.m.

Event Number	Event	Event Number
25	12 & Under 100 Backstroke	26
27	12 & Under 200 Freestyle	28
29	12 & Under 50 Breaststroke	30
31	12 & Under 50 Freestyle	32
33	12 & Under 50 Butterfly	34
35	10 & Under 200 Freestyle Relay	36
37	11-12 200 Freestyle Relay	38

Warm up: 7:00 a.m.

Sunday 13 & Over

Meet: 8:30 a.m.

Event Number	Event	Event Number
39	13 & Over 100 Freestyle	40
41	13 & Over 200 Backstroke	42
43	13 & Over 200 Breaststroke	44
45	13 & Over 100 Butterfly	46
47	13-14 200 Medley Relay	48
49	Senior 200 Medley Relay	50
51	13 & Over 400 Freestyle	52

Warm up: no earlier than 1:00 p.m.

Sunday 12 & Under

Meet: no earlier than 1:40 p.m.

Event Number	Event	Event Number
53	12 & Under 100 Freestyle	54
55	12 & Under 100 Breaststroke	56
57	12 & Under 50 Backstroke	58
59	12 & Under 100 Butterfly	60
61	10 & Under 200 Medley Relay	62
63	11-12 200 Medley Relay	64