

Albany Sprint Triathlon  
2009

Race #	Gender	Age	Race	Category	Swim Split	Bike Split	Run Split	Final Time
371	F	45	Athena	MB	0:16:27	1:01:28	0:47:25	2:05:20
359	F	26		MB	0:10:48	0:53:52	0:34:33	1:39:13
317	F	21		MB	0:16:58	0:54:37	0:32:53	1:44:28
1174	F	27		MB	0:17:36	1:03:04	0:37:02	1:57:42
313	F	34		MB	0:14:03	0:55:27	0:38:28	1:47:58
395	F	43		MB	0:12:35	0:51:55	0:34:58	1:39:28
189	F	47		MB	0:18:19	0:47:19	0:35:26	1:41:04
320	F	45		MB		9:12:00	0:34:07	1:45:27
188	F	48		MB	0:18:53	1:13:14	0:54:56	2:27:03
184	F	41		MB				NO SHOW
1163	F	36	Athena		0:14:25		11:03:17	1:32:57
92	F	28	Athena		0:14:41		10:33:53	1:33:53
337	F	35	Athena		0:14:18	0:55:05	0:44:14	1:53:37
360	F	36	Athena					NO SHOW
98	F	18			0:15:44	0:44:16	0:27:49	1:27:49
385	F	18				9:06:00	0:26:06	1:31:56
183	F	15			0:12:22	0:51:28	0:30:02	1:33:52
1168	F	16			0:11:04	0:53:46	0:36:00	1:40:50
1160	F	14			0:14:45	0:48:16	0:38:03	1:41:04
377	F	19			0:15:18	0:43:32	0:50:42	1:49:32
354	F	16			0:12:28		11:27:43	2:27:33
192	F	13			0:15:03	2:17:49	0:54:51	3:27:43
198	F	19						NO SHOW
350	F	19						NO SHOW
389	F	21			0:11:05	0:40:35	0:25:07	1:16:47
396	F	22			0:13:35	0:40:55	0:23:08	1:17:38
1167	F	24			0:13:38	0:42:10	0:26:34	1:22:22
378	F	24			0:14:49	0:44:28	0:29:50	1:29:07
319	F	21			0:14:59		10:59:36	1:29:16
387	F	20			0:14:26	0:45:42	0:29:56	1:30:04
90	F	22				9:07:00	0:30:40	1:37:30
370	F	20			0:16:55	0:51:47	0:29:16	1:37:58
195	F	20						NO SHOW
1169	F	28			0:14:37		10:19:58	1:19:38
353	F	27			0:12:56	0:42:34	0:25:33	1:21:03
88	F	29			0:16:04	0:41:38	0:26:12	1:23:54
348	F	28			0:11:27	0:45:31	0:27:42	1:24:40
326	F	25			0:15:44	0:43:44	0:26:04	1:25:32
351	F	27			0:12:34	0:45:16	0:27:53	1:25:43
97	F	27			0:11:57	0:46:53	0:30:40	1:29:30
191	F	27			0:15:42	0:45:48	0:31:08	1:32:38
379	F	28			0:15:13		10:33:21	1:33:01
355	F	27			0:21:29	0:43:11	0:30:56	1:35:36
362	F	25			0:19:55	0:57:45	0:55:24	2:13:04
367	F	29						NO SHOW
318	F	34			0:12:29	0:39:35	0:24:52	1:16:56
1185	F	32				10:25:00	0:29:07	1:23:27
347	F	30			0:13:57	0:47:17	0:26:39	1:27:53
336	F	32			0:14:36	0:44:22	0:28:58	1:27:56
384	F	30			0:16:00	0:43:52	0:28:11	1:28:03
308	F	34			0:15:34	0:40:16	0:33:39	1:29:29
335	F	34			0:15:24	0:44:06	0:30:01	1:29:31
386	F	31			0:17:18	0:47:06	0:30:51	1:35:15

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375	F	32			0:15:53	0:46:59	0:34:10	1:37:02
89	F	34			0:17:53	0:45:34	0:42:32	1:45:59
366	F	31						NO SHOW
349	F	35			0:12:40	0:39:20	0:26:59	1:18:59
94	F	37			0:12:28	0:38:16	0:30:21	1:21:05
194	F	39			0:13:42	0:44:58	0:33:20	1:32:00
372	F	37			0:17:50	0:49:27	0:28:41	1:35:58
310	F	37			0:16:21	0:47:18	0:36:57	1:40:36
368	F	39			0:12:55	0:52:05	0:37:52	1:42:52
91	F	37			0:19:45	1:05:05	0:35:52	2:00:42
197	F	37			0:14:29	0:59:17	0:48:24	2:02:10
199	F	40			0:13:04	0:41:24	0:26:21	1:20:49
364	F	44			0:12:50	0:40:40	0:30:17	1:23:47
338	F	43			0:21:43	0:49:47	0:31:17	1:42:47
1164	F	47				9:53:49	0:29:43	1:23:02
1172	F	49			0:12:58	0:51:42	0:41:26	1:46:06
390	F	50			0:15:10	0:43:00	0:27:39	1:25:49
190	F	51			0:16:35	0:52:46	0:34:16	1:43:37
352	F	51			0:13:03	1:00:43	0:35:35	1:49:21
324	F	55			0:13:40	0:40:10	0:30:07	1:23:57
316	F	57			0:13:35	0:43:55	0:33:19	1:30:49
193	F	60			0:16:43	0:43:07	0:42:07	1:41:57
1159	F	??			0:12:44			DNF
341	M	39	Clyde	MB	0:15:17	0:49:20	0:31:38	1:36:15
1176	M	16		MB	0:12:57	1:04:39	0:24:15	1:41:51
95	M	22		MB	0:13:29	0:46:26	0:31:13	1:31:08
323	M	27		MB	0:19:50	0:57:07	0:35:55	1:52:52
1181	M	25		MB	0:17:33	1:02:40	0:33:50	1:54:03
342	M	23		MB	0:18:50	0:58:33	0:37:05	1:54:28
393	M	33		MB		9:24:00	0:25:57	1:19:37
332	M	41		MB	0:15:49		10:51:20	1:21:10
397	M	46		MB	0:17:16	0:48:11	0:28:37	1:34:04
382	M	45		MB		9:07:00	0:32:34	1:39:14
180	M	45		MB	0:12:51	0:57:52	0:35:35	1:46:18
1165	M	??	Clyde		0:14:14		10:58:51	1:28:41
182	M	38	Clyde		0:19:40	0:44:20	0:37:31	1:41:31
196	M	37	Clyde		0:24:57	0:58:00	0:43:53	2:06:50
376	M	36	Clyde					NO SHOW
312	M	42	Clyde		0:13:08	0:36:42	0:25:13	1:15:03
1157	M	42	Clyde		0:13:27	0:38:13	0:24:38	1:16:18
304	M	48	Clyde		0:18:23	0:43:09	0:25:19	1:26:51
383	M	42	Clyde		0:15:45	0:43:58	0:32:18	1:32:01
340	M	55	Clyde		0:20:44	0:47:46	0:33:55	1:42:25
1179	M	18			0:10:24	0:36:39	0:22:19	1:09:22
357	M	19			0:17:00	0:35:33	0:24:10	1:16:43
327	M	13			0:12:32	0:47:08	0:29:35	1:29:15
96	M	17			0:09:44	0:54:16	0:29:51	1:33:51
365	M	16						NO SHOW
179	M	23			0:14:03	0:30:57	0:20:25	1:05:25
380	M	22			0:13:44	0:36:06	0:23:50	1:13:40
307	M	23			0:12:23	0:38:09	0:23:33	1:14:05
391	M	20			0:16:24		10:52:50	1:22:30
333	M	24			0:15:41	0:41:42	0:29:05	1:26:28
85	M	20			0:16:49		9:36:55	1:36:45

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1175	M	21		10:04:15	0:33:37	1:37:22
1158	M	23	0:16:27	0:52:05	0:30:12	1:38:44
361	M	22				NO SHOW
388	M	26	0:12:03	0:32:37	0:21:06	1:05:46
200	M	25	0:12:13	0:34:17	0:23:51	1:10:21
358	M	25	0:13:15	0:36:45	0:24:13	1:14:13
306	M	29	0:15:08	0:37:23	0:23:18	1:15:49
1178	M	27	0:14:10	0:39:20	0:23:53	1:17:23
330	M	28	0:14:58	0:41:36	0:20:58	1:17:32
356	M	27	0:14:06	0:45:31	0:26:00	1:25:37
373	M	26	0:15:23	0:41:44	0:29:21	1:26:28
346	M	30	0:13:04	0:39:26	0:22:45	1:15:15
302	M	32	0:13:35	0:36:05	0:30:37	1:20:17
1162	M	34	0:14:09	0:42:32	0:31:01	1:27:42
334	M	32	0:17:02	0:44:58	0:26:36	1:28:36
178	M	30	0:11:17	0:51:55	0:31:54	1:35:06
186	M	33				NO SHOW
328	M	38	0:13:59	0:35:41	0:21:49	1:11:29
374	M	37	0:11:57	0:36:03	0:24:31	1:12:31
315	M	39	0:13:03	0:36:27	0:24:26	1:13:56
394	M	38	0:13:11	0:36:49	0:25:15	1:15:15
1170	M	37	0:12:35	0:42:25	0:25:36	1:20:36
314	M	38	0:16:13	0:38:03	0:27:10	1:21:26
1180	M	37	0:13:27	0:40:42	0:28:07	1:22:16
1154	M	37	0:17:16	0:38:36	0:27:03	1:22:55
301	M	37	0:15:42		10:28:30	1:28:30
86	M	35	0:12:58	0:46:11	0:31:44	1:30:53
185	M	35	0:15:26	0:47:38	0:29:01	1:32:05
181	M	35	0:18:03	0:49:57	0:30:08	1:38:08
1173	M	39	0:19:04	0:54:00	0:47:53	2:00:57
1161	M	37	0:19:49	0:54:10	0:48:21	2:02:20
303	M	41	0:12:54	0:31:56	0:21:05	1:05:55
381	M	40		8:50:00	0:23:38	1:13:18
1156	M	43	0:10:47	0:37:43	0:25:00	1:13:30
339	M	41	0:13:11	0:36:29	0:24:43	1:14:23
311	M	43	0:13:05	0:38:28	0:29:27	1:21:00
99	M	43	0:16:04	0:42:30	0:31:15	1:29:49
399	M	44	0:41:45	0:17:05	0:31:02	1:29:52
392	M	42	0:18:23	0:43:17	0:30:16	1:31:56
400	M	42				NO SHOW
309	M	43				NO SHOW
325	M	43				NO SHOW
1177	M	45	0:14:40	0:36:00	0:29:22	1:20:02
1152	M	48	0:13:01	0:45:30	0:27:18	1:25:49
1155	M	45	0:14:36	0:40:59	0:30:22	1:25:57
329	M	47	0:14:59	0:42:01	0:31:47	1:28:47
398	M	47	0:16:17	0:41:09	0:33:14	1:30:40
1166	M	45	0:16:42	0:52:55	0:34:10	1:43:47
343	M	53	0:12:45	0:40:15	0:25:35	1:18:35
176	M	53	0:15:32	0:43:16	0:30:09	1:28:57
1153	M	54	0:19:02	0:39:28	0:35:44	1:34:14
363	M	54	0:17:15	0:46:45	0:33:31	1:37:31
178	M	56		8:53:00	0:26:38	1:19:08
187	M	56	0:17:03	0:38:10	0:29:03	1:24:16
344	M	58	0:14:42	0:40:48	0:29:57	1:25:27

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331	M	56	0:13:00	0:45:06	0:27:49	1:25:55
93	M	58	0:13:58	0:45:55	0:34:09	1:34:02
322	M	57	0:16:48	0:47:11	0:36:05	1:40:04
305	M	58	0:16:10	0:52:17	0:40:21	1:48:48
87	M	58	0:20:15	0:54:05	0:35:28	1:49:48
1171	M	63	0:13:51	0:40:03	0:29:35	1:23:29
345	M	67	0:13:25	0:43:55	0:26:37	1:23:57
177	M	68	0:14:36	0:43:37	0:26:07	1:24:20
369	M	65	0:15:53	0:39:21	0:31:01	1:26:15
1182	M	61	0:13:59	0:40:39	0:32:17	1:26:55
321	M	63		10:27:29	0:32:27	1:29:56
1183	M	??	0:13:21	0:39:14	0:26:51	1:19:26
1184	M	??	0:20:18	0:56:40	0:41:07	1:58:05