



**2011-2012 Short Course Training Schedule  
Begins Monday, August 29, 2011**

<b>TRAINING GROUPS</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>SPLASHERS Begin</b>		4:30-5:15PM		4:30-5:15PM		9:30-10:00AM 10:15-11:00AM
<b>RED (Bronze)</b>	6:00 – 7:00PM	6:00 – 7:00PM		6:00 – 7:00PM		11:00-Noon
<b>WHITE (Silver II)</b>	4:00-5:15PM	6:00-7:30PM	4:00-5:15PM	6:00-7:30PM		10:45-Noon
<b>BLUE (Silver I)</b>	6:00-7:30PM	3:30-5:15PM	6:00-7:30PM	3:30-5:15PM	3:30-5:15PM	9:30-11:30AM
<b>SENIOR (Gold)</b>	3:30-5:15PM	3:30-5:15PM		3:30-5:15PM	3:30-5:15PM	9:30-11:30AM
<b>NATIONAL</b>	3:30-5:15PM	5:30-7:00AM 3:30-5:15PM	5:30-7:00AM 3:30-5:15PM	5:30-7:00AM 3:30-5:15PM	3:30-5:15PM	9:30-11:30AM
<b>MASTERS</b>	5:15-6:00pm	6:00-7:00AM	5:15-6:00pm	6:00-7:00AM		