



*Presents*

**The 18<sup>th</sup> Annual Elite Pro - Am Swim Meet**

**ORDER OF EVENTS / QUALIFYING TIMES**

**Thursday - December 17, 2009**

<b>Women</b>						<b>Men</b>
Event #	Short Course(Y)	Long Course (M)		Short Course(Y)	Long Course (M)	Event #
1	*****	*****	200 Med Relay	*****		2
3*	11:06.59	10:16.59	1000 Free	10:36.29	9:49.29	*4
5	*****	*****	800 Free Relay	*****		6

(\* - The 1000 Free is a TIMED FINALS event, swum fastest to slowest alternating women and men.)  
 All times should be entered in Short Course Yards. All short Course Yard times will be seeded first.  
 All Long Course Meter times will be seeded second according to their time.

**Friday - December 18, 2009**

<b>Women</b>						<b>Men</b>
Event #	Short Course(Y)	Long Course (M)		Short Course(Y)	Long Course (M)	Event #
7	2:01.99	2:19.99	200 Freestyle	1:54.59	2:11.09	8
9	1:14.69	1:25.29	100 Breaststroke	1:10.39	1:19.99	10
11	1:03.69	1:12.69	100 Butterfly	59.59	1:07.79	12
13**	4:47.89	5:28.19	400 Ind. Medley**	4:29.19	5:06.59	**14
15	*****	*****	400 Free Relay	*****	*****	16

\*\* -The top 32 swimmers will be seeded in the 1<sup>st</sup> four heats slowest to fastest: Top 4 Heats of Women, Top 4 Heats of Men, Remainder of the heats alternating Women and Men. Championship seeding will be Used. The remaining heats will be swum fastest to slowest.  
 All times should be entered in Short Course Yards. All short Course Yard times will be seeded first.  
 All Long Course Meter times will be seeded second according to their time.

## Saturday - December 19, 2009

<b>Women</b>			<b>Men</b>		
Event #	Short Course(Y)	Long Course (M)	Event #	Short Course(Y)	Long Course (M)
17	2:19.19	2:39.69	18	2:09.69	2:28.49
19	26.89	30.49	20	24.89	27.99
21	2:41.09	3:04.89	22	2:33.29	2:55.29
23	1:04.89	1:14.09	24	59.79	1:09.19
25**	5:18.59	4:44.19	26	4:57.19	4:26.49**
27	*****	*****	28	*****	*****

(\*\* -The top 32 swimmers will be seeded in the 1<sup>st</sup> four heats slowest to fastest: Top 4 Heats of Women, Top 4 Heats of Men, Remainder of the heats alternating Women and Men. Championship seeding will be used. The remaining heats will be swum fastest to slowest.)

All times should be entered in Short Course Yards. All short Course Yard times will be seeded first. All Long Course Meter times will be seeded second according to their time.

## Sunday - December 20, 2009

<b>Women</b>			<b>Men</b>		
Event #	Short Course(Y)	Long Course (M)	Event #	Short Course(Y)	Long Course (M)
29***	18:44.69	19:07.39	30	17:39.99	18.01.59
31	2:20.79	2:41.29	32	2:14.49	2:33.59
33	56.49	1:05.09	34	52.99	1:00.39
35	2:24.19	2:45.29	36	2:14.89	2:34.09
37****	*****	*****	38	*****	*****
39	*****	*****	40	*****	*****

\*\*\* -The 1650 free will be TIMED FINALS. The fastest heat of both women and men will swim with finals. The remainder of the heats will be swum immediately after preliminaries, fastest to slowest, Alternating women and men.

\*\*\*\* For the 50 FLY, the event is open to registered USA Swimming athletes who have entered and are participating in the 100 FLY or 200 FLY. No entries in the 50 BACK will be excepted unless this requirement is met. No exceptions. *The 50 FLY events will be seeded according to the athlete's best 100 FLY time. Short Course Yards seeded first priority followed by Long Course Meters*

All times should be entered in Short Course Yards. All short Course Yard times will be seeded first. All Long Course Meter times will be seeded second according to their time.