

Session 1 -Friday December 11

Warm-up #1 - 4:45pm - 5:15pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
CRCY	CRCY	CRCY	CRCY	CRCY	CRCY

Warm-up #2 - 5:15pm - 5:55pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
EDWY	EDWY	YOSI	RLAY	TCAY	WCFY
				YOSM	SCCY
				MEXY	JCAY
					SAMY

Session 2 -Saturday AM December 12

Warm-up #1 - 7:00am - 7:25am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
CRCY	CRCY	CRCY	CRCY	CRCY	CRCY

Warm-up #2 - 7:25am - 7:50am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
EDWY	EDWY	YOSI	YOSI	RLAY	RLAY

Warm-up #3 - 7:50am - 8:15pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
TCAY	SCCY	HTCY	WCFY	SAMY	KWBY
		JCAY	YOSM	MEXY	YOFM

Session 3 -Saturday PM December 12

Warm-up #1 - 1:15pm - 1:40pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
SAMY	WCFY	YOSI	YOSI	KWBY	CRCY
	HTCY			YOSM	

Warm-up #2 - 1:40pm - 2:05pm

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
EDWY	EDWY	RLAY	SCCY	TCAY	YOFM
					JCAY
					MEXY

Session 4 -Sunday AM December 13

Warm-up #1 - 7:00am - 7:30am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
CRCY	CRCY	CRCY	CRCY	CRCY	CRCY

Warm-up #2 - 7:30am - 8:10am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
YOSI	YOSI	EDWY	EDWY	RLAY	RLAY

Warm-up #3 - 8:10am - 8:50am

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
WCFY	WCFY	SCCY	TCAY	SAMY	KWBY
				HTCY	YOFM
				JCAY	MEXY