

MB Results for Entire Race May 13, 2006

Place	Name	Town	Bib#	Category	Overall Time	Swim (500 yds)	T1	Bike (12 mi)	T2	Run (3.1 mi)	*
1	Guy Boulanger	Corvallis, OR	40	M40-49	1:11:02	00:08:22 (1:40.4)	00:02:11	00:37:48 (19.0)	00:00:55	00:21:46 (7:01.3)	
2	Matt Novak	Dundee, OR	91	M40-49	1:20:20	00:10:38 (2:07.6)	00:02:20	00:42:22 (17.0)	00:01:57	00:23:03 (7:26.1)	
3	Bruce Cramer	Canby, OR	121	M40-49	1:21:46	00:10:04 (2:00.8)	00:03:57	00:42:19 (17.0)	00:00:37	00:24:49 (8:00.3)	
4	Stacey Ellis	Lake Oswego, OR	9	F15-19	1:23:24	00:05:46 (1:09.2)	00:01:44	00:47:34 (15.1)	00:01:04	00:27:16 (8:47.7)	
5	Tom Ramsey	Aurora, OR	151	M30-39	1:23:45	00:11:01 (2:12.2)	00:01:59	00:45:06 (16.0)	00:00:44	00:24:55 (8:02.3)	
6	Paul Belz-Templeman	Canby, OR	71	M30-39	1:24:40	00:09:04 (1:48.8)	00:02:21	00:46:05 (15.6)	00:01:01	00:26:09 (8:26.1)	
7	Justin Langford	Canby, OR	22	M14&U	1:25:33	00:06:50 (1:22.0)	00:01:48	00:53:02 (13.6)	00:00:43	00:23:10 (7:28.4)	
8	Logan Downs	Canby, OR	163	M15-19	1:26:37	00:10:23 (2:04.6)	00:02:41	00:49:05 (14.7)	00:00:51	00:23:37 (7:37.1)	
9	Don Grossarth	Salem, OR	189	M40-49	1:27:25	00:11:36 (2:19.2)	00:02:33	00:47:07 (15.3)	00:01:04	00:25:05 (8:05.5)	
10	Tammy Lundervold	Oregon City, Or	147	F30-39	1:27:26	00:10:19 (2:03.8)	00:02:37	00:47:34 (15.1)	00:01:15	00:25:41 (8:17.1)	
11	Dwight French	Canby, OR	143	M30-39	1:27:27	00:11:12 (2:14.4)	00:02:12	00:46:30 (15.5)	00:00:41	00:26:52 (8:40.0)	
12	Sarah Tucker	Beaverton, OR	161	F30-39	1:28:23	00:12:03 (2:24.6)	00:02:19	00:46:38 (15.4)	00:00:53	00:26:30 (8:32.9)	
13	Dan Clark	Salem, OR	100	M50-59	1:29:20	00:10:12 (2:02.4)	00:03:48	00:47:12 (15.3)	00:01:30	00:26:38 (8:35.5)	
14	Howard Freedman	Portland, OR	124	M40-49	1:29:31	00:10:35 (2:07.0)	00:03:36	00:46:44 (15.4)	00:01:43	00:26:53 (8:40.3)	

Place	Name	Town	Bib#	Category	Overall Time	Swim (500 yds)	T1	Bike (12 mi)	T2	Run (3.1 mi)	*
15	Tony Ruvalcaba	Wilsonville , OR	181	M30-39	1:29:48	00:14:16 (2:51.2)	00:02:44	00:44:19 (16.2)	00:01:32	00:26:57 (8:41.6)	
16	Chris Macom	Canby, Or	80	M30-39	1:29:57	00:08:34 (1:42.8)	00:02:00	00:48:21 (14.9)	00:01:05	00:29:57 (9:39.7)	
17	Anthony Spencer	Canby, OR	182	M30-39	1:30:40	00:10:30 (2:06.0)	00:03:13	00:46:49 (15.4)	00:01:17	00:28:51 (9:18.4)	
18	Chuck Albert	West Linn, OR	184	M50-59	1:30:53	00:12:28 (2:29.6)	00:03:14	00:43:15 (16.6)	00:01:00	00:30:56 (9:58.7)	
19	Jennifer Brown	Canby, OR	120	F30-39	1:32:15	00:10:40 (2:08.0)	00:03:08	00:49:04 (14.7)	00:00:41	00:28:42 (9:15.5)	
20	Jessica Morris-Reade	Bend, OR	108	F20-29	1:32:39	00:09:57 (1:59.4)	00:02:34	00:48:11 (14.9)	00:00:56	00:31:01 (10:00.3)	
21	Eric Hansen	Sherwood, OR	145	M40-49	1:32:49	00:11:06 (2:13.2)	00:02:43	00:51:19 (14.0)	00:00:48	00:26:53 (8:40.3)	
22	Nicole Ramsey	Milwaukie, OR	179	F30-39	1:33:05	00:12:44 (2:32.8)	00:03:22	00:47:48 (15.1)	00:00:57	00:28:14 (9:06.5)	
23	Julie Doman	Woodburn, OR	37	F20-29	1:33:15	00:08:08 (1:37.6)	00:02:26	00:50:45 (14.2)	00:00:50	00:31:06 (10:01.9)	
24	Jeremy Romig	Gresham, OR	111	M20-29	1:33:34	00:13:17 (2:39.4)	00:02:32	00:51:20 (14.0)	00:00:45	00:25:40 (8:16.8)	
25	Kelly Kurth	Canby, OR	78	F40-49	1:34:02	00:09:02 (1:48.4)	00:03:21	00:53:04 (13.6)	00:01:35	00:27:00 (8:42.6)	
26	Megan Cooper	Salem, OR	158	F30-39	1:34:11	00:11:02 (2:12.4)	00:02:50	00:51:06 (14.1)	00:01:14	00:27:59 (9:01.6)	
27	Anneliis Juurma	Salem, OR	76	F40-49	1:34:13	00:08:55 (1:47.0)	00:03:41	00:49:04 (14.7)	00:01:17	00:31:16 (10:05.2)	
28	Sara Fassio	Woodburn, OR	15	F15-19	1:34:38	00:06:55 (1:23.0)	00:02:09	00:54:05 (13.3)	00:00:45	00:30:44 (9:54.8)	
29	Taylor Jones	Canby, OR	202	M15-19	1:34:48	00:14:03 (2:48.6)	00:03:13	00:48:11 (14.9)	00:00:47	00:28:34 (9:12.9)	

Place	Name	Town	Bib#	Category	Overall Time	Swim (500 yds)	T1	Bike (12 mi)	T2	Run (3.1 mi)	*
30	Colleen Tucker	Hillsboro, OR	156	F30-39	1:35:02	00:10:47 (2:09.4)	00:02:26	00:50:07 (14.4)	00:00:59	00:30:43 (9:54.5)	
31	Martha Ramsey	Aurora, OR	194	F30-39	1:35:17	00:11:36 (2:19.2)	00:02:59	00:48:35 (14.8)	00:02:02	00:30:05 (9:42.3)	
32	Rod Veeman	St. Paul, OR	137	M30-39	1:35:48	00:09:24 (1:52.8)	00:03:38	00:53:54 (13.4)	00:01:25	00:27:27 (8:51.3)	
33	Aubrey Grossarth	Salem, OR	43	F15-19	1:36:01	00:07:10 (1:26.0)	00:02:30	00:54:33 (13.2)	00:01:05	00:30:43 (9:54.5)	
34	Toni Veeman	St. Paul, OR	136	F30-39	1:36:09	00:10:31 (2:06.2)	00:03:18	00:53:06 (13.6)	00:01:35	00:27:39 (8:55.2)	
35	Charlotte Laughlin	Oregon City, OR	129	F40-49	1:36:33	00:10:18 (2:03.6)	00:03:13	00:53:14 (13.5)	00:01:30	00:28:18 (9:07.7)	
36	Meghan Ellis	Lake Oswego, OR	59	F14&U	1:38:01	00:08:05 (1:37.0)	00:02:51	00:58:18 (12.3)	00:01:13	00:27:34 (8:53.5)	
37	Susan Ledgerwood	Portland, OR	166	F20-29	1:39:39	00:12:36 (2:31.2)	00:05:29	00:52:25 (13.7)	00:01:05	00:28:04 (9:03.2)	
38	Tom Wille	Oregon City, OR	206	M50-59	1:39:43	00:13:52 (2:46.4)	00:03:49	00:52:13 (13.8)	00:01:44	00:28:05 (9:03.5)	
39	Ryan Nesbit	West Linn, OR	138	M15-19	1:40:13	00:12:01 (2:24.2)	00:02:50	00:51:02 (14.1)	00:00:49	00:33:31 (10:48.7)	
40	Julie Minturn	Washougal, WA	193	F40-49	1:41:16	00:13:39 (2:43.8)	00:02:29	00:51:29 (14.0)	00:01:37	00:32:02 (10:20.0)	
41	Douglas Michel	Beaverton, OR	88	M30-39	1:43:57	00:08:06 (1:37.2)	00:03:41	00:52:55 (13.6)	00:01:09	00:38:06 (12:17.4)	
42	Karen Langford	Canby, OR	165	F40-49	1:45:10	00:14:22 (2:52.4)	00:03:42	00:52:39 (13.7)	00:01:01	00:33:26 (10:47.1)	
43	Michael Barnard	Beaverton, OR	214	M30-39	1:48:45	00:13:22 (2:40.4)	00:05:35	00:58:42 (12.3)	00:01:36	00:29:30 (9:31.0)	
44	Karen Saunders	Newberg, OR	154	F40-49	1:48:47	00:12:34 (2:30.8)	00:04:36	00:57:18 (12.6)	00:03:58	00:30:21 (9:47.4)	

Place	Name	Town	Bib#	Category	Overall Time	Swim (500 yds)	T1	Bike (12 mi)	T2	Run (3.1 mi)	*
45	Karna Barnard	Beaverton, OR	215	F30-39	1:51:38	00:12:20 (2:28.0)	00:06:48	00:58:23 (12.3)	00:01:56	00:32:11 (10:22.9)	
46	Birch Porter	St. Paul, OR	84	F40-49	1:53:27	00:09:15 (1:51.0)	00:03:27	01:01:02 (11.8)	00:01:37	00:38:06 (12:17.4)	
47	Stephen Morris-Reade	Bend, OR	131	M40-49	1:58:33	00:10:57 (2:11.4)	00:22:42	00:49:44 (14.5)	00:01:50	00:33:20 (10:45.2)	
48	Kristin Retherford	Tualatin, OR	195	F30-39	2:21:28	00:14:31 (2:54.2)	00:04:56	01:13:40 (9.8)	00:03:05	00:45:16 (14:36.1)	
	Mike Kaonis	Canby, OR	47	M40-49							dnp
	Greg Rohall	Oregon City, OR	152	M40-49							dnp
	David Rash	Milwaukie, OR	180	M30-39							dnp
	Phillip Land	Canby, OR	209	M30-39							dnp
	Lisa Wong	Beaverton, OR	217	F40-49							dnp

NOTE: If your race number was not recorded at one of the timing checkpoints, your transition time is estimated at 00:03:00. This also causes your bike, swim, or run time to be an estimation. When this occurs, a question mark (?) follows the estimated times.

We hope you had a great race day, and we'll see you again next year!

Category Abbreviations:

- "F14&U" means "Female 14 and Under"
- "M14&U" means "Male 14 and Under"
- "F15-19" means "Female 15-19"
- "F20-29" means "Female 20-29"
- "F30-39" means "Female 30-39"
- "F40-49" means "Female 40-49"
- "M15-19" means "Male 15-19"
- "M20-29" means "Male 20-29"
- "M30-39" means "Male 30-39"
- "M40-49" means "Male 40-49"
- "M50-59" means "Male 50-59"

Created by Aaron Wangberg. Please email any changes/modifications to aaronwangberg@yahoo.com. Thank you.