

***Important Dates and
upcoming meet deadlines***

**March 12-14:
Short Course Jr Olympic Champs**

**March 19-21:
2010 Great Lakes Zone Swim Champs**

**March 24:
End of Season Banquet**

**April 7-10:
National YMCA Short Course Champs**



Save the date!

Season End Banquet

March 24th @ Granville High School
(in the commons area)

This is an opportunity for the coaches to recognize ALL of our swimmers accomplishments, so plan on attending!

Watch the website for more
info!

Mandatory Breaks

For Swimmers

Only swimmers attending JO, Y Zones, and/or Y Nationals should be practicing the week of 3/8-3/12...all others are on a mandatory break.

Swimmers whose final meet was Champs and or JO are on Mandatory break the week of 3/15-3/20.

Swimmers who ended their competition season on or before 2/28 return to practices the week of 3/15.

Practice schedules are changing weekly. Check the website the week you are to return to verify when your group is practicing.

Use the **Calendar tab** and check the Individual group practice calendars. There will also be summary calendars added often.

Records Breaking Swims at Y Champs!

Sharks Break 25 year old records at Champs!

Sydney King's 200IM swim broke a record from 1984, and **Nathaniel Graham's** 50 back and **Abigail Brown's** 100 fly swims broke records from 1986!

Record Sweeps in Breast and Fly!

Kassandra Mestemaker set new records in the 50, 100 and 200 breast;

Abigail Brown set new records in the 50, 100 and 200 butterfly.

Short course yards records have been updated through March 7. Check them out on the Website under

“Meets and Events” and “Team Records”

JO Swimmers

The host team is beginning to get information for the meet this coming weekend, 3/12-3/14 posted to the [meet website](#). The approved school absence form is available, as well as the preliminary psych sheets for each session, warm-up times, lane assignments and an unofficial time line.

Swimmers, be on deck and ready to swim at least 15 minutes before your warm-up time.

Prelims:

Student Recreation Center will open for the prelim sessions at 7:15am. Prelim Warm-ups will be in two groups, 7:30-8; 8-8:30; Starts (dives) from 8:30-8:45 in competition pool. Prelims will begin at 9:00am

Finals:

Friday/Saturday: Student Recreation Center will open for the finals sessions at 4:00pm. Warm-ups from 4:15-5:15pm; Finals begin at 5:30pm.

Sunday: Student Recreation Center will open for the finals session at 3:45pm. Warm-ups from 4:00-4:45pm; Finals begin at 5:00pm (1650s are first).

As the end of spring break for BGSU is this coming weekend, there are a large number of activities going on all over campus which may cause some parking issues, see the website for specific parking instructions.

THURSDAY EVENING WARM-UP PRACTICE AT BG:

We have reserved a lane at the BG pool for this Thursday, 3/11 from 6:45-7:45pm for those already at BG for a warm-up practice. There will also be the scheduled warm-up only practice on Thurs 3/11 at the Y from 4:15-5:15pm for those not yet in BG

LOST AND FOUND...

A youth female size 28 team suit was left in the locker room the evening of the Pasta Dinner, Thursday, 3/4. Swimmers, please check your swim bags to make sure you didn't accidentally pick up this suit. It belongs to Alex Untied ... might have her name on the tag.

Kelsey Seas came home from the Champs meet with the wrong pair of red and black flannel pants ... she brought home a youth medium, but went with a youth large! Please check your things ... if you should have a medium, but have a large instead, please find Kelsey or her mom and make a switch!