

Important Dates and Upcoming Meet Deadlines.....

Aug. 7 — **Summer Banquet - Heath Pool - RSVP TODAY!** See all the details on page 2 of this newsletter.



New Team Records!

Long Course Meter Records have been updated from the 7/26-30 YMCA Long-Course National Swim meet.

See the Website under "Meets & Events" and ["Team Records"](#).

Congratulations to Alex Untied (50 Breast), Kayte Postle (50 & 100 Free), Allison Schroeder (400IM & 50 Breast), and to Alex, Kayte, Allison, Sydney King, Paige Griesse and Keely Lovern for new relay team records (200, 400 & 800 Free and 200 & 400 Medley relays).

Congratulations Ladies! We were very proud to have you represent the Sharks at Nationals!

2010-2011 Team Information

Information on the 2010-11 Swim Season will be forthcoming in August.... just a few items to share for now:

- August 24-26th swim team evaluations for all new swimmers from 4:30-5:30pm at the Indoor pool*
- Season starts Tuesday Sept 7th and will run for 30 weeks --this is one week earlier than in the past.*
- We will not be running swim clinics this year; all swimmers will have a three-week break between the end of summer season on 8/13 and the beginning of the 2010-11 season.*

Barker Pool Closed 8/9 - 8/13

The Barker Pool is closed next week, 8/9-8/13. All practices scheduled for the Barker Pool will be held at the same time in the Evans Pool.

Summer Swim End-of-Season Party

Grab your swimsuits and come celebrate at the end of the season **Sharks Banquet!**

Saturday, August 7th

5-9:00 pm

Heath Pool

There is no cost to get into the pool for swim team members and those who are members of the Heath Pool. We ask that you donate \$2.00 for every non-team member to help off-set costs for the team. The team would greatly appreciate your generosity. The cost is \$4.00 for any guests outside of immediate family (parents/guardians and siblings).

FOOD & DRINKS:

Each family please bring a side dish, salad or dessert (NO PEANUTS PLEASE) to share and drinks for your family.

The team will be providing fried chicken, hotdogs, plates & utensils

Everyone is welcome to swim and all of the Heath Pool will be open for us to have tons of fun! Tables are provided, but each family should bring some chairs for their family

R.S.V.P. by Wed August 4th online by registering to attend this event.

Include the total number that will be attending with your family, and also sign-up for a "job", which will be to: help setup or break down and bring a dish to share. For planning purposes, please also indicate those attending from your family who are members of the Heath Pool.

Congratulations Y Nationals Swimmers

Congratulations are in order for our 6 LCFY Swimmers who competed in the 2010 YMCA Long Course Championships in College Park, MD last week.

(Sydney King, Kayte Postle, Alex Untied, Keely Lovern, Allison Schroeder, and Paige Griesse)

We have done something never done before in this program...and that is score points at Nationals!!

We did it for the very first time last week and thus taking another step forward toward National recognition.

Cool info and results:

- *Over 1110 swimmers from 124 YMCA's from across the country representing 19 states competed at this event!!*

- *Sydney King made it back to finals in all 4 of her events placing 12th, 13th, 17th, and 19th. She scored 9 points and we ended up 41st!*

- *We broke 5 Individual team records and 5 relay records in the process*
 - o *Kayte (50 and 100 fr), Alex (50 br), Allison (50 br & 400IM)*
 - o *All 6 swimmers were a part of 1 or more of the 5 Team record setting relays (200,400,800 fr relays & 200,400 medley relays)*

- *This was Kayte Postle's final YMCA Nationals with us before she goes off to swim at Ball State in the Fall.*

- *Alex Untied, Allison Schroeder, Keely Lovern, and Sydney King all qualified to swim the max number of entries at the meet (4).*

This was a very memorable week long meet that was a great way to end the swimming season. Our program has accomplished some very special things this past summer season and all of you should be really proud of yourselves.

It is a pleasure to coach all of our LCFY Sharks!

Swimmingly,

Teresa