

## *It's Party Time.....*

We're getting close to our team banquet, which is being held August 14th, from 6-9 pm at the Hollander Pool. We need everyone to RSVP (yes or no) by going to our website on the "meets and events" page, click "attend this event" then your swimmers name and yes or no. It's that easy and will really help with planning.

**Please RSVP before Friday, August 7th.**

All of the details are posted online on the Meet and Events page and the invitation is posted on the "News" page.

Please remember to sign up to bring a dish to share.

It will be a fun evening and every Shark will be recognized!

### **"The Big Deal About Swimsuits"**

This is an article that explains the recent swimsuit decision to swim parents and how and why it affects them and their swimmers. You can find this article at:

<http://www.swimmingcoach.org/E-news/enews.asp>

There is also a link on our website on the "News" page.



## *Practice Info.....*

**Next week is the last week of practice for all groups. There will be a 4 week break until the Fall/Winter Season begins on Sept. 14th.**

**During this hiatus, there will be two conditioning clinics offered:**

**08/24-8/27 and 08/31-09/03**

**Times and Cost will be announced. Please check the Membership Info page on our website for more information to come available.**

## *Fall and Winter Season Information*

Information on the fall/winter season such as: registration, fees, tentative practice schedules, tentative meet schedules is available on our website (See the "membership info" tab under "my account"). Priority registration for current members and fall/winter/spring 2008-2009 team members, begins 08/17/09 (**Please note the date change from last week's newsletter**). Open registration begins 08/27/09. More details are on the website; coaches are working to determine group placements and hope to have the information out to swimmers next week.

## *This Week's Meets.....*

### **Central Zone Championships—Aug 7-9**

The meet packet with all applicable information is on the Meet & Events page of our website.

**Good Luck to Keely Lovern, Maggie McGonagle, and Allison Schroeder.  
Swim well and HAVE FUN!!**