

Important Dates and upcoming meet deadlines

Jan 9 & 10—JB Chambers Invitational

Jan 16—16th Annual Sprints Invitational

Jan 18—Deadline to sign up for Home Dual Meet vs. HURY

Jan 22—Deadline to sign up for Short Course Regional Champs

Jan 22-24— Kelly German Memorial Invitational

Jan 25—Deadline to sign up for Dual Meet at Columbus North

Jan 30—Home Dual Meet vs HURY

Feb 1—Deadline to sign up for Barbara Kay Mini Champs

Feb 1—Deadline to sign up for Regionals 12 & Under YMCA "A" Meet

Feb 5 - 7—TYR Sport Winter Invitational

Feb 6—Dual Meet at Columbus North

Feb 12—Deadline to sign up for Short Course Junior Olympic Champs.

Feb 13—Regionals 12 & Under YMCA "A" Meet

Feb 13—Deadline to sign up for Home Dual Meet vs. JBCY

Feb 15—Deadline to sign up for Champs

Feb 19 - 21—2010 Short Course Regional

Feb 20—Home Dual Meet vs. JBCY

Feb 27 - 28—Barbara Kay Mini-Champs

Feb 28—Big/Little Invitational



Practice Change for Saturday, Jan. 9, 2010

Due to the JB Chambers Meets this weekend, practices for Saturday, 1/9/2010 have been adjusted as follows:

Gold and Silver: 7:15-9:15AM

Great White 1 & 2: NO Practice ... your coaches will be at the swim meet

All other Groups: Follow the REGULAR Saturday practice schedule

LCFY vs HURY Home Meet

January 30th, 2010

If your swimmer is participating in the 1/30/2010 home swim meet with HURY, please sign-up for a job at this meet. You can do this through the website Meets & Events Page. Find the meet, and click the [Job Sign-up](#) button.

Team Records

Updated LCFY Sharks Records as of 1/2/10 are posted on the website under "Meets & Events" and "[Team Records](#)".

This Weekend's Meet JB Chambers Invitational

This meet will be held at the Linsly School
60 Knox Lane
Wheeling, West Virginia.
Directions are as follows:

70 East crossing into West Virginia.

Take EXIT 2A toward WV-88 N/OGLEBAY PARK (.2 miles)

Turn SLIGHT RIGHT onto NATIONAL RD/US-40 (.4 miles)

Turn RIGHT onto KNOX LN (.1 miles)

60 KNOX LN is on the LEFT

Saturday 12& under Invitational:

Girls warm-up 10AM ... be on the pool deck ready to jump in by 9:45 AM

Boys warm-up 10:30 AM ... be on the pool deck ready to jump in by 10:15 AM

Meet starts 11AM

Sunday Senior Invitational:

Warm-up 11AM ... be on the pool deck ready to jump in by 10:45 AM

Meet starts 12 Noon

Hotel Information for JB Chambers Invitational

(thanks to Scott Evans for accumulating this info)

Fairfield Inn in St. Clairsville (740-699-4980) - approx. 9 miles away
\$77.00. Just mention Licking County YMCA to receive this rate.

Marriott - less than 1 mile from the pool - \$109.00, again mention the
Licking County YMCA to receive this rate.

The nearby Hampton Inn has a AAA rate of \$103.00

Important Escrow Account Reminder

Please check the status of your escrow account regularly as we head into a busy three months of swimming. The following meets on our schedule DO have entry fees, and will require you to have adequate funds in your escrow account before your swimmer(s) will be entered in the meets:

Penguin Plunge

JB Chambers

Sprints

Kelly German

TYR

YMCA Regional "A" Championship

Short Course Regional USA

Barbara Kay Mini-Champs

Big/Little Invitational

YMCA SEOWV League Championship

Short Course JO Championship

Great Lakes Zone Championship

You can estimate the fees for each meet by using the information in the meet packet, and estimating the number of events your swimmer(s) will compete. Please note that as of today, 1/4/2010, your escrow balance reflects all entry fees through the Makos meet. Entry Fees for Penguin Plunge, JB Chambers and Kelly German ... even though entries have been submitted ... have not yet been deducted from your escrow account.

The Treasurers would appreciate your diligence at keeping an adequate balance in your escrow account. Remember that a negative balance means you have a credit on your account ... there IS money available. A positive balance represents the amount you currently owe the Team. Any escrow deposit should include this balance plus your estimate of entry fees for the remainder of the season.

To review our policy for Escrow accounts, see the "Meets & Events", "Escrow Accounts"

Officials Needed for Sprints Invitational

LCFY Sharks Officials, please read the below message from the Columbus North YMCA (host YMCA for the Sprints Invitational). If you are able to help with officiating this meet, please email or phone the parent contact listed in the below message:

Hello coaches and officials,

North Y is making final plans to host the Sprints Invitational on January 16th and has had a difficult time finding officials, especially Level II. We're looking for help from fellow teams that may have officials within their parent ranks to officiate either the morning (11&over) or afternoon (10&under) sessions (both if they want!). We're especially in need of Level II as North does not currently have any parents certified to Level II. Could you circulate this among your team parents asking for volunteers and let me know who is willing (phone or email)?

Thanks and let me know if you have any questions!

Allen Nederveld

(North Y parent; Level I certified)

cell: 614-323-0351

email: alleng@wowway.com

Pre-Swim Team has a New Name

Our Pre-swim team, new to the Sharks this year, needed a Shark name. The coaches have decided to rename this group the "**MEGA Sharks**". The Mega Shark was a huge prehistoric shark with teeth 4" or longer! This name was chosen because, even though the group is small, they have BIG SHARK attitudes and no fear!

****Hotel Blocks for Upcoming Meets****

Look for Hotel Block information for all of our upcoming meets on our website at

[http://www.teamunify.com/
SubTabGeneric.jsp?
team=oslcfy&stabid_=17459](http://www.teamunify.com/SubTabGeneric.jsp?team=oslcfy&stabid_=17459)