

Important Dates and upcoming meet deadlines

Nov 13-15—Mason Fall Invitational

Nov 14—Ending Date of the Pampered Chef fundraiser

Nov 25—Deadline to sign up for Inter-Squad Meet

Dec 4—Deadline to sign up for Penguin Plunge

Dec 5— Inter-Squad Meet

Dec 10—Deadline to sign up for MYST dual meet



Hotel Block for Makos

Hotel block information for the Makos 2009 Speedo Holiday Classic Invitational has been posted to the website under "Meets & Events" and "[Team Hotel Blocks](#)". The deadline to reserve your room from the block is **TODAY 11/11/09**.

Practice Changes for This Week

Friday, 11/13:

Mason Invitational Swimmers 4:15-5pm warm-up only practice for those not swimming Friday at Mason

Gold/Silver/Bronze 4:45-5:45pm combined practice

Saturday, 11/14:

9:15-10:45am Gold/Silver/Bronze combined practice

Monday, 11/16:

Mason Invitational Swimmers - NO practice or Dry Land Gold/Silver - NO practice or Dry Land

Hammerhead/Tiger Sharks 5:30-6:30pm

IMPORTANT SAFETY Information for SWIMMERS!

Swimmers, **PLEASE** put your swim bags, mesh bags and other items you keep with you on the pool deck **ALONG THE WALLS** of the pool. Please **DO NOT** leave these items sitting in the middle of the pool deck, as this is creating a safety hazard for all who need to be on the pool deck.

A **BIG** thanks from Donel for taking care of this!

Meet Recaps are Posted

Meet recaps are posted for the 10/31 HS Meet and the LCFY Invitational are posted on our website.

This Weekend's Meet....

Mason Fall Invitational

Mason Community Center Competition Pool
6050 Mason-Montgomery Road
Mason, OH 45040
513-229-8555 ext. 5515

Friday Afternoon	1650 swimmers	Doors Open: 2:20pm Warm-ups: 2:45pm-3:15pm* Start Time: 3:20pm Approx Finish: 4:25pm	Timed Finals
Friday Evening	All Age Groups	Doors Open: 2:20pm Warm-ups: 4:30pm-5:30pm* Start Time: 5:35pm Approx Finish: 9:35pm	Timed Finals
Saturday Morning	8 & under, 13 - 14,Open	Doors Open: 6:15am Warm-up: 6:45am-8:00am* Start Time:8:10am Approx Finish: 12:45pm	Timed Finals
Saturday Afternoon	9-10, 11-12	Doors Open: 12:00pm Warm-up: 1:00pm-1:50pm* Start Time: 2:00pm Approx Finish: 5:55pm	Timed Finals
Sunday Morning	8 & under, 13 - 14,Open	Doors Open: 6:15am Warm-up: 6:45am-8:00am* Start Time:8:10am Approx Finish: 12:30pm	Timed Finals
Sunday Afternoon	9-10, 11-12	Doors Open: 12:00pm Warm-up: 1:00pm-1:50pm* Start Time: 2:00pm Approx Finish: 5:26pm	Timed Finals

Warm up Times:

Friday PM—5:00-5:30

Saturday AM—7:15-7:45

Saturday PM—1:25-1:50

Sunday AM—6:45-7:15

Sunday PM—1:25-1:50

Here is the link for warm-up times—just in case there would be a change:

http://www.mantarays.imarket247.com/2009_2010_PDFs/sc_meet_info/Mason_Fall_Invitational/Fall%20Invite%20Meet%20Times.pdf

PSYCH sheets and other information is updated regularly on their website at
http://www.mantarays.imarket247.com/fall_invite.htm

Time Drop Charts Are Back

The time drop charts are back and better than ever. Look for the charts (they are big, red posters) hanging in the pool lobby. They will be updated with stickers each time a swimmer has a time drop in a race. Swimmers will also receive a participation sticker for each meet they attend.

A huge thank you to Christy Plaughter for volunteering to take charge!

Penguin Plunge Invitational Info Available

The Meet Packet and T-shirt Order Form for the Penguin Plunge Invitational are now available on the Meet and Events Page of the website. Please return your t-shirt order forms by Friday, 12/18 ... absolute last day to submit an order. Put your order form in the envelope on the bulletin board in the pool lobby, and your check payable to LCFY Sharks Parent Club for payment of your order in the lockbox.

KROGER—A Reminder, Just In Case You Missed It

We have exciting news!! LCFY Sharks are now registered with the Kroger Rewards program. Kroger's will give back 5% of what you spend to the organization of your choice. Even better, that 5% will be split between your escrow account and the swim team! It's a great way to earn money for those meet fees and you don't have to buy anything, just do your normal monthly grocery shopping! If you don't already have a Kroger card, you will need to go to the service counter of any Kroger and sign up for one (you get it immediately). Once you get your card (or if you already have one), you can register it at the Kroger Community Rewards website:

http://www.kroger.com/mykroger/Pages/community_rewards.aspx

It is very easy to do and our organizational number is 85062. If you have friends or family that shop Kroger's and they aren't participating in the Community Rewards program already, have them sign up too. I just need for you to drop me a note in our mailbox or e-mail me at seas.49@gmail.com letting me know that name should be attached to your account. Kroger's will send out a quarterly statement with the check so we know how much to put into each account. It's as easy as that!

If you don't shop Kroger's for grocery's keep them in mind for your gift card purchases for the holiday season and for birthday's. It can add up fast and they have over 45 stores and restaurants to choose from including Aeropostale, itunes and Starbucks

If you have any questions, please feel free to call me, Jen Seas at 614-778-1250 or e-mail at seas.49@gmail.com.

LCFY Sharks Sportswear—An Additional Sale

We will be placing a second order of LCFY Sharks sportswear to be delivered the first week of December. If you would like to place a late order please see Sportswear on the website for order form and details. Questions please contact Karen at kael@windstream.net.

A REMINDER THAT *PAMPERED CHEF* ORDERS ARE DUE *THIS SATURDAY NOVEMBER 14! KEEP SELLING!*

If you are not going to be at the pool on 11/14 to turn in your orders to Gwen King (or leave in mailbox for Anthony King), please turn in your orders BEFORE that date. Once the sale is closed we will not be able to open it back up for late orders. If you will have additional orders over the weekend, please let Gwen know, and she will hold the sale open until Tuesday, 11/17.

For details on the LCFY Sharks Holiday Pampered Chef Sale, see the website under "Involvement" and "[Pampered Chef Sale](#)". Proceeds will benefit the team, AND your personal escrow account!!!

***Would you like the
Opportunity to Significantly Impact the LCFY
Sharks Swim Team?***

With the fantastic growth our swim team has experienced the last couple of years, we are finding the need for fundraising is becoming more and more important. We are currently expanding our fund raising committee and would like to include you. The main focus of the fundraising committee will be to develop corporate sponsorships, which will provide more money and therefore more opportunities to develop and participate in programs for the team.

Hope Sherman, Jen Seas and Pat McGonagle have already volunteered to participate. If you would like to make a significant impact to our swim team and help with this committee, please contact

Hope Sherman at
hshermanid@insight.rr.com.

We are also in need of a marketing/writer/public relations experienced parent to take charge of generating public awareness and interest in our team and our swimmers, at all levels of the program. Typically it is either the highest achiever or the swimmer with the most involved parent that gets the notice, but we want to focus on success at all levels of the program and that requires a dedicated person taking charge of and getting out the info. If you have these abilities and are willing to volunteer, please contact Hope Sherman at
hshermanid@insight.rr.com.