

## ***Important Dates and upcoming meet deadlines***

**Nov 25**—Deadline to sign up for Inter-Squad Meet

**Dec 4**—Deadline to sign up for Penguin Plunge

**Dec 5**— **Inter-Squad Meet** (Please note: times from this meet will not count toward our championship season)

**Dec 10**—Deadline to sign up for MYST dual meet

**Dec 11**—Deadline to sign up for Kelly German Invitational

**Dec 11-13**—MAKOS Speedo Holiday Classic

**Dec 19**—LCFY vs MYST at Mt. Vernon



## ***Pampered Chef Sale EXTENDED to Thursday 11/19***

***THE ORDER DUE DATE HAS BEEN EXTENDED TO THURSDAY NOVEMBER 19, TO GIVE THOSE OUT OF TOWN THIS PAST WEEKEND FOR THE MASON MEET MORE TIME! KEEP SELLING! YOU MAY ALSO LEAVE YOUR ORDERS (WITH PAYMENT) AT THE POOL PRIOR TO THURSDAY...either hand them to Gwen King, or leave in the mailbox for Anthony King in the lobby.***

## ***SPORTSWEAR, GET YOUR SPORTSWEAR.....***

Thanks for all of your enthusiastic responses to the sportswear sale. What fun it will be to see coaches, parents and swimmers alike taking pride in their team by wearing their LCFY team sportswear! Due to many requests we have added one more order before the holiday season.

Pictures, pricing and order forms are on the team bulletin board and website under sportswear.

Orders must be placed no later than Monday, November 23 and will be delivered at the team intersquad meet on Saturday, December 5th. Completed order forms to be placed in the envelope on the board in the swim team lobby. Payment for all orders must be received at the time of order and placed in the team lockbox. Checks made payable to LCFY Sharks Parent Club. Sorry but we will have no samples available to try on for the sale. All orders are custom made therefore they are not returnable. If you ask around enough of the swimmers have sportswear to see sizing.

NEW! NEW! We have added back the less expensive parent tee from last year in Heather Cardinal and Sport Grey with the team logo embroidered on the left front for \$16.00 (sample of t-shirt fabric on board). Also we have available a metal frame high quality solid black stadium chair with the team logo in red and white on the back for sale. They are \$35.00 each (GHS sells the same chair \$45.00 each).

GO Sharks!

## **THANKSGIVING WEEK PRACTICE SCHEDULE**

**Monday Nov 23rd:** regular practice schedule

**Tuesday Nov 24th:** regular practice schedule

**Wednesday Nov 25th:**

**Gold/Silver:** 7-9:30am

**Hammerhead/Tiger:** 10:30-11:30am (Barker)

**Bronze:** 12:30-2:30pm

**Great White & Great White 2:** 2:30- 4 pm (Evans)

**Pre Swim Team/Bull:** 3-4pm (Barker)

**Gold/Silver:** 4-5:30pm

**Thurs Nov 26th:** *No practice ---Happy Turkey-Day!*



**Friday Nov 27th:**

**Gold/Silver:** 10am-12noon

**Bronze:** 12-2pm

**Gold/Silver:** 4-5:30pm

**Pre Swim Team/Bull/Hammerhead:** 4:45- 5:45pm (Barker)

**Tiger/Great White & Great White 2:** 5:30-7pm (Evans)

**Sat Nov 28th: NO practice --- Enjoy your weekend!!**