

# Timer Instructions

1. Verify the name of the swimmer getting up on the blocks (or out of the water on 25 yard events).
2. Please move quickly and do not delay the meet, to the other end of the pool and back for the 8 & Under 25 events.
3. Mark sheet if swimmer is a “No Show” or write in the name if it’s not on your sheet.
4. You may need to help out with crowd control and quieting down the swimmers for the start.
5. Be sure your watch is clear and you are ready when you hear the long whistle for the swimmers to “step onto the blocks”.
6. Look toward the starter when they say “Take your mark.” Start your watch at the flash of the strobe light.
7. Start your watch even if your lane is empty just in case additional backup watches are needed.
8. Once the heat is in the water, always look to see that your watch started. If it hasn’t, signal the backup timer and trade watches.
9. As the race is ending, stand DIRECTLY over the end of the lane and look for the finish. Stop the watch [and back-up button] when any part of the swimmer touches the end of the pool. Do not anticipate the touch. Officials will watch for legal finishes.
10. Don’t become excited in a close race and forget to pay attention to YOUR lane!
11. Record the times to the hundredths of a second (e.g. 25.12), and drop the thousandths (third decimal). Record only valid times.
12. If for any reason a swimmer does not get to swim please bring it to the officials attention. We don’t want to penalize a swimmer for a mistake.

THANK YOU – THANK YOU – THANK YOU – THANK YOU – THANK YOU – THANK YOU