St. Peters Rec-Plex Sharks Swim Team
Time Tracking Sheet - Long Course Season 2009

Name:								Girls 11-12
Date	**50 Free**	**100 Free**	**200 Free**	**400 Free**	**800 Free**	**1500 Free**		**Meet**
Career Best								
OZ-Q	34.09	1:12.39	2:40.59	5:45.89				
B	39.19	1:25.79	3:03.89	6:27.79	13:31.69	26:04.19		
BB	36.39	1:19.59	2:50.79	6:00.09	12:33.69	24:12.39		
A	33.69	1:13.49	2:37.69	5:32.39	11:35.69	22:20.69		
AA	32.39	1:10.49	2:31.09	5:18.49	11:06.69	21:24.89		
AAA	30.99	1:07.39	2:24.49	5:04.69	10:37.69	20:28.99		
AAAA	29.69	1:04.29	2:17.99	4:50.79	10:08.79	19:33.09		
Date	**50 Back**	**100 Back**	**200 Back**		**50 Breast**	**100 Breast**	**200 Breast**	**Meet**
Career Best								
OZ-Q	39.69	1:23.49			46.49	1:40.39		
B	45.49	1:38.89	3:30.29		49.09	1:49.99	3:57.59	
BB	42.29	1:31.09	3:15.29		45.59	1:41.89	3:40.59	
A	38.99	1:23.29	3:00.19		42.09	1:33.79	3:23.69	
AA	37.39	1:19.39	2:52.69		40.39	1:29.69	3:15.19	
AAA	35.79	1:15.49	2:45.19		38.59	1:25.59	3:06.69	
AAAA	34.19	1:11.59	2:37.69		36.89	1:21.59	2:58.19	
Date	**50 Fly**	**100 Fly**	**200 Fly**			**200 IM**	**400 IM**	**Meet**
Career Best								
OZ-Q	37.89	1:28.09				3:04.19		
B	42.39	1:38.69	3:29.09			3:29.69	7:27.89	
BB	39.39	1:30.79	3:14.19			3:14.79	6:55.89	
A	36.29	1:22.89	2:59.29			2:59.79	6:23.99	
AA	34.79	1:18.99	2:51.79			2:52.29	6:07.99	
AAA	33.29	1:14.99	2:44.29			2:44.79	5:51.99	
AAAA	31.79	1:11.09	2:36.89			2:37.29	5:35.99	