

Sanction # 5227

CSP TIDERIDERS™
SWIM YOUR OWN AGE MEET
DECEMBER 6, 2009

HELD UNDER the Sanction of USA SWIMMING AND OZARK SANCTION #5227

LOCATION: The Center of Clayton - 50 Gay Avenue - St. Louis, MO 63105

FACILITY: The pool is 8-lanes, 25 yards, equipped with Kiefer McNeil starting blocks, Kiefer-McNeil wave eater, non-turbulent lane markers & Colorado Timing System and Dolphin Wireless Stopwatch Timing System. THIS IS A NO SMOKING FACILITY.

DIRECTIONS: Take 170 to the Ladue Road Exit. Go East on Ladue. Take Ladue to Gay Avenue. Make a right on Gay and follow the signs to the Center of Clayton.

WARMUPS: AM Warm-up: 7:00 - 7:30 AM (Session I)
7:30 - 8:00 AM (Session II)
8:00 - 8:10 AM Sprints, All Lanes

Meet Starts: 8:15 AM

PM Warm-up: 11:30 - Noon (Session I)
Noon - 12:30 PM (Session II)
12:30 - 12:40 PM Sprints, All Lanes

Meet Starts: 12:45 PM

WARM UP PROCEDURES: Warm-up lanes will be assigned. Warm-up procedure will be as defined by Ozark LSC safety regulations. A swimmer attending the meet without a USA-S certified coach must report to the meet referee or meet director prior to warming up for each session in which he/she is swimming. The swimmer will then be assigned to a coach on deck for each session of the meet that he/she has entered. The meet referee or his designee shall instruct the swimmer in the safety rules for the meet and assign them to warm-up lanes.

ELIGIBILITY: All swimmers must be athlete members of USA Swimming at the time of meet entry. "Applied for" will not be accepted. Swimmers entered in the meet who do not hold current membership will be dropped from the meet and their entry fees will not be refunded. Swimmer's age on the first day of the meet Sunday, December 6, 2009 determines age for the meet. Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer (and or the team) found not having current USA Swimming membership who swims in an Ozark sanctioned meet is subject to a \$100.00 fine per athlete.

ENTRIES: The host team reserves the right to limit the meet to the first 300 for the AM session and 300 swimmers in the PM session. No team entry will be split. Swimmers may swim up to four (4) individual events. Entries should be submitted via email or on a HY-TEK COMMLINK 3.5 DISK. Telephone/fax entries will not be accepted. All entries must be received by the entry deadline. Please enter in yards times only. **DECK ENTRIES WILL NOT BE ACCEPTED.**

DEADLINE: Entries will be accepted beginning at 9:00AM on Monday, October 12, 2009. Entry deadline is 3:00pm, Wednesday, November 11, 2009.

Email entries to: pzenk@cspswim.com.

Hard copy with check payable to CSP Tideriders must be received 7 days after email confirmation that your entry has been accepted

Priscilla Zenk
Entry Chair CSP Tideriders
2627 Hope Avenue
St. Louis, MO 63143

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FEES: Individual Events: \$4.00 per event
Surcharge: \$7.00 per individual swimmer
Entry fees must accompany entry / only one check per team.

CHECK-IN: Meet will be deck seeded. Deck entries will not be accepted. **Athletes or coaches must positively check in 30 minutes prior to the start of the meet. Any swimmer that fails to check in will be scratched from all of their events for the day.**

RULES: Held under the sanction of USA Swimming. All technical and administrative rules of USA Swimming/Ozark will apply. Per Ozark LSC policy, video cell phones and video recording devices are prohibited in all locker rooms and bathrooms. All swimmers will compete with contestants of their own age only.

AGE CATEGORIES:

All swimmers will compete with contestants of their own age only.
6 & under, 7, 8, & 9 year olds swim on Sunday morning.
10, 11, 12, 13 & 14 year olds swim on Sunday afternoon.
Age as of Sunday, December 6, 2009 will determine eligibility for meet all age categories.

Swim Suit Rule: "102.9 SWIMWEAR Design

A. Swimsuits worn for all 12 & under age group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
C. The Referee shall have authority to bar offenders from the competition until they comply with the rule."

EVENTS: Enter swimmers at fastest yard times. With the exception of the IM's, NT will be accepted. **All swimmers entered in the IM event must meet the entry time.**

AWARDS: Individual events: 1st - 3rd (Medals)
4th - 16th (Ribbons)

BULLPEN: All events will be called in the gym. Coaches are asked to observe space limitations on the deck and keep their swimmers in the gym. **SPECTATORS ARE NOT ALLOWED ON THE POOL DECK.**

CONDUCT: No food or drinks are allowed in the gymnasium.

HOSPITALITY: There will be a hospitality area for officials and coaches.

COACHES: Only 2009 certified USA Swimming coaches will be permitted on the pool deck. USA Swimming Coach's cards may be checked by the meet referee.

MEET DIRECTORS: Helen Kouvelis 314-726-4556 kouvelis@charter.net
Sharon Cresci

REFEREE: Kim Weiss 636-244-0832 weiss58@charter.net

SAFETY MARSHALL: Priscilla Zenk and Terry Freerks

OFFICIALS COORDINATOR: Kim Weiss

VENDOR: B & B Aquatics will be selling swimming apparel during the meet. Concessions will be available. **NO FOOD OR DRINK MAY BE BROUGHT INTO THE GYMNASIUM, ALL EATING AND DRINKING MUST TAKE PLACE IN THE CONCESSION AREA.**

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SWIM YOUR OWN AGE MEET

SUNDAY, DECEMBER 6, 2009

A.M. SESSION

Girls Event	Qualifying Times	EVENT	Qualifying Times	Boys Event
1	1:41.49	9 YEAR OLD 100 IM	1:49.09	2
3	NT	6 & UNDER 25 FLY	NT	4
5	NT	7 YEAR OLD 25 FLY	NT	6
7	NT	8 YEAR OLD 25 FLY	NT	8
9	NT	9 YEAR OLD 50 FLY	NT	10
11	NT	6 AND UNDER 25 BACK	NT	12
13	NT	7 YEAR OLD 25 BACK	NT	14
15	NT	8 YEAR OLD 25 BACK	NT	16
17	NT	9 YEAR OLD 50 BACK	NT	18
19	NT	6 & UNDER 25 BREAST	NT	20
21	NT	7 YEAR OLD 25 BREAST	NT	22
23	NT	8 YEAR OLD 25 BREAST	NT	24
25	NT	9 YEAR OLD 50 BREAST	NT	26
27	NT	6 & UNDER 25 FREE	NT	28
29	NT	7 YEAR OLD 25 FREE	NT	30
31	NT	8 YEAR OLD 25 FREE	NT	32
33	NT	9 YEAR OLD 50 FREE	NT	34

SWIM YOUR OWN AGE MEET

SUNDAY, DECEMBER 6, 2009

P.M. SESSION

Girls Event	Qualifying Times	EVENT	Qualifying Times	Boys Event
35	1:41.49	10 YEAR OLD 100 IM	1:49.09	36
37	1:27.19	11 YEAR OLD 100 IM	1:32.19	38
39	1:27.19	12 YEAR OLD 100 IM	1:32.19	40
41	2:53.19	13 YEAR OLD 200 IM	2:53.89	42
43	2:53.19	14 YEAR OLD 200 IM	2:53.89	44
45	NT	10 YEAR OLD 50 FLY	NT	46
47	NT	11 YEAR OLD 50 FLY	NT	48
49	NT	12 YEAR OLD 50 FLY	NT	50
51	NT	13 YEAR OLD 100 FLY	NT	52
53	NT	14 YEAR OLD 100 FLY	NT	54
55	NT	10 YEAR OLD 50 BACK	NT	56
57	NT	11 YEAR OLD 50 BACK	NT	58
59	NT	12 YEAR OLD 50 BACK	NT	60
61	NT	13 YEAR OLD 100 BACK	NT	62
63	NT	14 YEAR OLD 100 BACK	NT	64
65	NT	10 YEAR OLD 50 BREAST	NT	66
67	NT	11 YEAR OLD 50 BREAST	NT	68
69	NT	12 YEAR OLD 50 BREAST	NT	70
71	NT	13 YEAR OLD 100 BREAST	NT	72
73	NT	14 YEAR OLD 100 BREAST	NT	74
75	NT	10 YEAR OLD 50 FREE	NT	76
77	NT	11 YEAR OLD 50 FREE	NT	78
79	NT	12 YEAR OLD 50 FREE	NT	80
81	NT	13 YEAR OLD 50 FREE	NT	82
83	NT	14 YEAR OLD 50 FREE	NT	84