

**Tulsa Parks and Recreation invite you to swim in
The 56th Annual SWIMAROO Meet
July 13, 2009**

HOST: SwimTulsa, a USA Swimming Member Team
LOCATION: McClure Park Pool, 7440 E 7th St., Tulsa, OK
TIME: Warm up 5:30PM Meet starts 6:00PM

FACILITY: McClure Park pool is a 50-meter outdoor facility with 8 lanes and non-turbulent lanelines. Spectators should bring their own lawn chairs.

ELIGIBILITY: The meet is open to swimmers of all ages. Any swimmer who finished in the top 3 in an Oklahoma Age Group Championship meet (in their current age group) may not enter that stroke in this meet.

ENTRY FEES: \$15.00 per swimmer includes T-Shirt.

EVENTS: 50 meters of each fly, back, breast and free will be offered in each age group 8-u, 9-10, 11-12, 13-14, 15-18 and 19- over.

AWARDS: Medals will be given for places 1st – 3rd and ribbons for places 4th – 8th in each age group.

ENTRIES:

All teams should complete the attached Team Summary form. Teams with access to Hy-Tek Team Manager should enter their swimmers by exporting their entries and emailing them to meetdirector@swimtulsa.org. Please mail a hard copy of the entries and the Swim Team Summary form with payment. Teams without a computer entry system and individuals may enter using the attached entry form. All information on team summary and entry forms must be completed.

Enter swimmers in their age group using their age as of the day of the meet. Best long course meter times or no time (NT) should be entered for each individual swimmer. No times (NT) will be accepted only if the swimmer has not previously swum the stroke/distance.

ENTRY DEADLINE: Team Summary Form, entries and entry fee should be postmarked by Monday, July 6, 2009. Late entries will not receive t shirts.

Teams should send one check per team made payable to SwimTulsa.

Mail to: SwimTulsa C/O Corinne Dolan, 6260 S Jamestown Ave., Tulsa, OK 74136. Entries may be hand delivered to the Union 6th and 7th Grade Center pool to Corinne Dolan (4:00-6:15 pm M-F) by 7/6/09. Contact Corinne with questions at (918) 495-1164 or MeetDirector@SwimTulsa.org

SEEDING: All events will be pre seeded. No deck entries.

WARM UPS: Coaches must supervise their swimmers. Starts and sprints in individual lanes may begin when all coaches agree, and the lane has been cleared of all swimmers.

SAFETY: All activities at the location that may result in injury are prohibited. Lifeguards will monitor the activities of swimmers and spectators during the warm up and the meet. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet

FINAL RESULTS: The meet results will be posted on the SwimTulsa website and sent to the coach or team representative within 14 days after the meet.

CONCESSIONS will be available to swimmers and spectators.

SWIM TEAM SUMMARY

Club Name: _____ Team Initials: _____

TOTALS (Combined Men & Women)

1. Number of swimmers _____ x (entry fee) \$15.00 = \$ _____

2. T-shirt sizes and quantities: Coach 1 _____ Coach 2 _____

YS _____ YM _____ YL _____ AS _____ AM _____ AL _____ AXL _____

Send one check for Team Entries payable to "SwimTulsa". Mail the Team Summary form and entries (disk or forms), to the Meet Director at the address shown on the meet information.

Contact Person to send final results to:

Name: _____

Address: _____

City/State/ZIP: _____

Phone: _____

E-mail: _____

SWIMAROO 2009 INDIVIDUAL ENTRY FORM
Provide entry times in Long Course Meters only or NT for No Time

Swimmer Name (Last, First, MI): _____

Female/Male _____ Birth Date: _____ Age: _____

Team Name: _____ Team Code: _____

	Entry Time		Entry Time
50 FREE	__:__.____	50 BACK	__:__.____
50 BREAST	__:__.____	50 FLY	__:__.____
T-shirt size:	YS YM YL AS AM AL AXL		

SWIMAROO 2009 INDIVIDUAL ENTRY FORM
Provide entry times in Long Course Meters only or NT for No Time

Swimmer Name (Last, First, MI): _____

Female/Male _____ Birth Date: _____ Age: _____

Team Name: _____ Team Code: _____

	Entry Time		Entry Time
50 FREE	__:__.____	50 BACK	__:__.____
50 BREAST	__:__.____	50 FLY	__:__.____
T-shirt size:	YS YM YL AS AM AL AXL		