



YOSI Swim Team **Annual Swim-A-Thon**

The YOSI Seals will be holding its annual Swim-A-Thon on November 29, 2010 at the East Center. The purpose of the fundraiser is twofold. First, proceeds go directly to the swim team to help support its programs. Secondly, the swim team makes a contribution to the YMCA's Partner with Youth Campaign to show its support for the YMCA and its involvement with youth.

In recent years, the Swim-A-Thon helped the team pay for the rental of the Belleville Public Pool for long course training in the summer and also to purchase a new terminal and starting horn for the team's timing system. And more importantly, the team provided "banner level" donations to the YMCA for its Partner with Youth Campaign to both the Belleville East and O'Fallon centers. The banners are displayed proudly at the centers.



Partners with Youth

The YMCA of Southwest Illinois raises funds each year in its annual Partner with Youth Campaign. These funds are used to provide financial assistance to those families and youth in need to participate in YMCA programs and for membership. The YMCA of Southwest Illinois raises thousands of dollars to help fund this much needed assistance. In addition, the YMCA also receives funds through United Way to aid in meeting its statement of "no one is turned away due to the inability to pay." The YMCA provides assistance to those families and youth who otherwise would not have been able to have a positive YMCA experience. The YOSI Seals Swim Team is proud to support the YMCA and the assistance they provide through the Partners with Youth campaign.

Format of Swim-A-Thon

The Swim-A-Thon will be held in lieu of practices on November 29, 2010. The Swim-A-Thon will be split into two sessions. Session 1, for Bronze and Silver swimmers, will be held from 4:00-5:30 and Session II, for Gold and Senior swimmers, will be held from 5:30-7:30. With the coaches' assistance, swimmers should set a goal for the number of laps they will swim during the 1 ½ - 2 hour session. Swimmers may swim up to 200 laps.

All swimmers will receive a sponsor sheet in order to collect pledges. Pledges can be for a specific dollar amount or can be a dollar amount per lap swam. Pledges should be collected and turned in at the Swim-A-Thon or returned to the YMCA no later than December 6. Checks should be made out to the YMCA of Southwest Illinois. No cash please.

Food and Drinks

We ask that families bring a snack to share during the Swim-A-Thon. It could be an appetizer, chips and dip, cookies, brownies or whatever you want to share. The team will provide soft drinks.

Awards & Prizes

Participation Awards:

Each participating swimmer will receive a swim team bag tag. Additionally, each swimmer will receive a participation certificate noting the number of lengths swam. Additionally, those swimmers swimming 100 or 200 lengths will receive a Swim-A-Thon pin from USA Swimming noting the number of lengths swam.

Fundraising Awards provided by the Swim Team:

- The top 12 fundraisers will receive a specially designed team swim towel
- The next 12 fundraisers will receive a specially designed team swim cap

Fundraising Awards provided by USA Swimming:

- Swimmers raising \$500-\$749 receive a USA Swimming t-shirt.
- Swimmers raising \$750-\$999 receive a USA Swimming towel
- Swimmers raising \$1,000+ receive a USA Swimming swim bag