

Ozark Swimming

OZ 2010

Time Standards

Effective September 1, 2009

About this standard:

The OZ 2010 standards replace previous standards and takes effect September 1, 2009

Importable time standard file:

A Hy-Tek time standards file is available for download at the Ozark website. The download file includes all age groups listed in the printed version of the standards as well as the "12 & under" age group. The 12 & under age group uses the same standards as the 11-12 age group.

How the standards are established:

The ZO 2010 standards were established by averaging the 26th place time in each event from the Ozark Short Course Championships over the past five years. In the events where there were not 26 finishers, a 26th place time was *calculated* by adding .1 per 50 to the last place finish time until 26th place is reached. Actual and calculated 26th place times were then averaged with previous years to establish provisional times.

If the process produced any times slower than the previous standards (OZ09), then the provisional time was discarded and the old time was kept. Faster provisional times replaced the previous years time. In this manner times can become faster not slower.

Q-Times that got faster:

	Girls	Boys	Totals
10 & Under	4	7	11
11-12	3	5	8
13-14	5	10	15
15 & Over	9	11	20
Totals	21	34	54

Ozark 2010 Time Standards

(effective September 1, 2009)

Girls 10 & Under

Boys 10 & Under

SCY	SCM	LCM	Event	SCY	SCM	LCM
33.89	37.89	38.49	50 Free	34.99	39.09	40.29
1:16.59	1:25.49	1:27.09	100 Free	1:19.69	1:28.99	1:31.69
2:49.49	3:09.19	3:11.49	200 Free	2:57.19	3:17.79	3:22.59
39.79	44.49	44.99	50 Back	41.19	45.99	47.39
1:25.29	1:35.19	1:36.39	100 Back	1:31.19	1:41.79	1:44.89
43.59	48.69	50.19	50 Breast	50.79	56.69	58.79
1:36.89	1:48.19	1:51.39	100 Breast	1:46.39	1:58.79	2:02.99
38.59	43.09	43.89	50 Fly	43.49	48.59	49.49
1:33.99	1:44.99	1:45.69	100 Fly	1:44.29	1:56.49	1:58.59
1:26.89	1:36.99	NA	100 IM	1:31.79	1:42.49	NA
3:02.29	3:23.49	3:27.19	200 IM	3:18.09	3:41.09	3:49.09

Girls 11-12

Boys 11-12

SCY	SCM	LCM	Event	SCY	SCM	LCM
29.89	33.39	33.99	50 Free	30.49	34.09	35.09
1:03.69	1:11.09	1:12.39	100 Free	1:06.79	1:14.59	1:16.79
2:21.89	2:38.39	2:40.39	200 Free	2:25.89	2:42.89	2:46.79
6:27.39	5:38.99	5:45.89	500 Free	6:43.89	5:53.39	6:05.59
35.09	39.19	39.69	50 Back	36.89	41.19	42.49
1:13.89	1:22.49	1:23.49	100 Back	1:19.69	1:28.99	1:31.69
40.39	45.09	46.49	50 Breast	41.79	46.69	48.39
1:27.29	1:37.49	1:40.39	100 Breast	1:31.29	1:41.89	1:45.59
33.69	37.69	37.89	50 Fly	35.49	39.69	40.39
1:17.29	1:26.29	1:26.89	100 Fly	1:21.09	1:30.59	1:32.19
1:15.29	1:24.09	NA	100 IM	1:17.49	1:26.49	NA
2:40.79	2:59.49	3:02.79	200 IM	2:45.99	3:05.29	3:11.99

Girls 13-14

Boys 13-14

SCY	SCM	LCM	Event	SCY	SCM	LCM
28.09	31.39	31.99	50 Free	26.89	30.09	30.99
1:00.49	1:07.59	1:08.79	100 Free	58.19	1:04.99	1:06.89
2:12.49	2:27.89	2:29.79	200 Free	2:05.99	2:20.69	2:23.99
5:53.99	5:09.69	5:16.09	500 Free	5:46.19	5:02.89	5:13.29
13:28.39	11:47.29	12:01.79	1000 Free	12:51.99	11:05.49	11:38.69
22:10.69	22:06.79	22:37.89	1650 Free	20:59.09	20:55.39	21:51.59
1:10.09	1:18.29	1:19.29	100 Back	1:08.59	1:16.59	1:18.89
2:26.29	2:43.29	2:45.39	200 Back	2:29.89	2:47.29	2:52.29
1:20.49	1:29.89	1:32.59	100 Breast	1:19.99	1:29.29	1:32.49
2:53.99	3:14.19	3:19.99	200 Breast	2:53.09	3:13.19	3:20.19
1:10.89	1:19.19	1:19.69	100 Fly	1:07.89	1:15.79	1:16.79
2:45.09	3:04.29	3:05.49	200 Fly	2:42.79	3:01.69	3:04.99
2:28.69	2:45.99	2:48.99	200 IM	2:23.59	2:40.29	2:46.09
5:24.59	6:02.29	6:06.79	400 IM	5:21.19	5:58.49	6:04.99

Girls15 & Over**Boys15 & Over**

SCY	SCM	LCM	Event	SCY	SCM	LCM
27.39	30.59	31.19	50 Free	24.29	27.19	27.99
59.39	1:06.29	1:07.49	100 Free	52.49	58.59	1:00.39
2:06.19	2:20.89	2:22.59	200 Free	1:55.59	2:09.09	2:12.19
6:04.09	5:18.59	5:25.09	500 Free	5:24.49	4:43.89	4:53.69
13:09.49	11:30.79	11:44.99	1000 Free	13:28.79	11:47.69	12:11.99
22:07.79	22:03.89	22:34.89	1650 Free	21:12.49	21:08.69	22:05.49
1:09.19	1:17.29	1:18.19	100 Back	1:00.79	1:08.99	1:11.09
2:32.49	2:50.19	2:52.39	200 Back	2:16.69	2:32.59	2:37.19
1:19.09	1:28.29	1:30.99	100 Breast	1:12.09	1:20.49	1:23.39
2:54.99	3:15.39	3:21.19	200 Breast	2:42.29	3:01.19	3:07.69
1:07.59	1:15.49	1:15.99	100 Fly	59.79	1:06.79	1:07.59
2:52.29	3:12.29	3:13.59	200 Fly	2:32.19	2:49.89	2:52.99
2:27.09	2:44.19	2:47.19	200 IM	2:11.69	2:26.99	2:32.29
5:32.59	6:11.19	6:15.89	400 IM	5:07.09	5:42.79	5:48.99