



SWIM YOUR OWN AGE MEET SUNDAY, DECEMBER 6, 2009

The CSP Tideriders™ Swim Your Own Age Invitational Meet will be held on Sunday, December 6, 2009 at the Center of Clayton. This is a fun **one day meet**, especially great for a first time swim meet experience. We are completely dependent on our CSP families for the success of this meet. The support of the entire team is needed and greatly appreciated.

The day will be divided into two groups.

Swimmers ages 9 and under will swim in the MORNING session (7:00-noon)

Swimmers ages 10-14 will swim in the AFTERNOON session (12:30-5:30)

Here is how **you can help**.

- 1. Volunteer at the Meet – Deadline 11/11/09**
- 2. Sponsorship of Ads & Individual Events – Deadline 11/11/09**
- 3. Bring a toy to the Meet for Cardinal Glennon Children’s Hospital**

1. Volunteers are needed in all areas. **All parents with swimmers entered in the Swim Your Own Age Meet are required to volunteer a minimum of one session.**

Go to www.cspswim.com log in with your user email and password, go to CSP Swim Your Own Age Meet under Events on the Home page, click Job Signup. Approximate times are listed under each job. Place a check in the job you would like and then click Sign UP. If you have not signed up by the deadline and your child is swimming, then you will be assigned a job. ** If you need your password resent or any help contact Priscilla at pzenk@cspswim.com

We fill volunteer openings on a first-come, first-served basis, so if there is a specific job you would like to do, please send in your volunteer form early! As the volunteer spots become filled, we cannot guarantee that you will be assigned the job that you request.

We need volunteers in the following areas: Computer, Results Poster, and Timing System (not computer; anyone can be trained), Timers, Awards, Bullpen, Security, and Hospitality.

Ads & Individual Event Sponsorship for the Meet Book. For those families who are new to swim meets, at each meet there is a Meet Book (sometimes called a Heat Sheet) which lists all of the events in the meet and all of the swimmers in each event with their times. The meet book is a great place for a sponsorship ad for your swimmer.

Families are encouraged to place or sell **ads** for the book. Some parents or grandparents place ads to support their kids. Some families sell ads to businesses to place in the Meet Book.

Families are also encouraged to **sponsor events** for their children or coaches. Up to four events may be sponsored by each family. Parents usually pick events that their child likes to swim, but any event may be sponsored.

Ad and Sponsorship forms are attached with this e-mail. All costs for ads and sponsoring events can be charged to your CSP account. Just complete for attached forms, return to CSP 2627 Hope Ave St Louis, MO 63143 with ad or event sponsor name and check the box charge my account.

3. Toy collection for Cardinal Glennon Children's Medical Center. We are collecting toys for Cardinal Glennon Children's Medical Center. This is a community service that has been a tradition for the Swim Your Own Age Meet. A wish list is attached.

Thanks for your support,

Helen Kouvelis

314-726-4556

kouvelis@charter.net

Sharon Cresci

314-863-6639

scresci@DOM.wustl.edu

Meet Directors – Swim Your Own Age Meet 2009