

# CAT A/B Open - Short Course Yards

January 8-10, Friday-Sunday 2010

Held under the sanction of United States Swimming, Inc.

- Sanction No: 9-161, 9-162
- Host: Corvallis Aquatic Team
- Location: Osborn Aquatic Center  
1940 NW Highland Dr. Corvallis, Oregon 97330  
(541) 766-7946
- Eligibility: Swimmers must be currently registered with USA Swimming or applicable FINA registration. No on-deck registration shall be permitted. Swimmers must be within the listed age brackets as of January 8, 2010.
- Entry Deadlines: Entry acceptance period begins: Noon, Monday, December 14<sup>th</sup>, 2009, NO EARLIER PLEASE! Early entries will not be accepted! Team Manager event file will be available on CAT website by November 9th, 2009. Final entry deadline is 5:00 PM, Wednesday, December 30th, 2009.
- Event Limit: 3 events per day exclusive of relays
- Meet Limit: 4 hour limit for 12-Under. Up to 300 swimmers for 13-Over. Teams are accepted on a first-come basis.
- Entry Fees: \$6.50 per swimmer surcharge (includes \$3.50 Osborn fee) / \$2.00 individual event / \$8.00 relay  
Entry fees must be received before the start of the meet. Please send one check per team. Make checks payable to: **CORVALLIS AQUATIC TEAM**
- Entry Address: CAT Open Meet Entries  
5948 SW Balsam Dr. Corvallis, Oregon 97333  
(541) 740-8191  
YOU MAY EMAIL A COM LINK FILE TO: [catmeetdirector@comcast.net](mailto:catmeetdirector@comcast.net)
- Entries: Submit **YARD TIMES** only for seeding. Swimmers must meet time standards. No-times or substandard times may be scratched without notification or refund. Send entries on a disk using Hy-Tek Format OR via email. Teams with fewer than 5 swimmers may be entered on paper forms (no cards).
- Check-in: All 13-Over and 11-14 events being swum in the afternoon sessions will be deck-seeded. Over-swimmer starts will be used.  
The Oregon Swimming Scratch Rule, [http://www.oregonswimming.org/Forms/OSI\\_Standing\\_Rules\\_web.pdf](http://www.oregonswimming.org/Forms/OSI_Standing_Rules_web.pdf) (pg.28), will be in effect for deck-seeded events except as modified:  
**A. Individual Scratch Rule** – Each swimmer shall inform him/herself of the meet starting time and shall report to the proper meet authorities promptly upon call.  
*1. Pre-Seeded Events* - Each swimmer shall report promptly prior to the start of each race in which they are entered. Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.  
*2. Deck Seeded Events*  
a. **Coaches are responsible for providing a positive check-in** of swimmers 45 minutes prior to start of finals each day. After the start of the meet, all scratches must be made 45 minutes prior to an event at the **Clerk Of Course** on deck.  
b. After the heats have been seeded, any swimmer who fails to compete in an individual event in which such swimmer entered and has not been scratched in

accordance with sub-paragraphs a. above will be barred from his/her next individual event.

c. Seeding – Positive check-in is required for all swimmers in deck seeded events.

1. The seeding deadline shall be forty-five (45) minutes after the start of warm-up for the respective day of the meet.

2. Distance events may have separate positive check-in and scratch deadline to be announced at the meet.

3. Heat sheets will be published as soon as possible following the positive check-in and scratch deadline.

3. *Exceptions for failure to compete* - No penalty shall apply for failure to withdraw or compete in an individual event if:

a. The Referee is notified in the event of illness or injury and accepts the proof thereof.

b. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

### **B. Relay Scratch Rule**

1. *Pre-Seeded Relays* - Any relay team entered in a pre-seeded relay event that fails to compete in or report for that event shall not be penalized.

2. *Deck Seeded Relays* - Any relay team seeded in a deck seeded event that fails to compete in or report for that event shall not be penalized.

Facility:	Competition Pool – Eight lanes, 7-ft, 25-yd lanes, 30-in. tilted blocks. Depth: 6 to 13 ft The competition course has not been certified in accordance with 104.2.2 C(4).
Warm-up Pool:	Shallow end east of bulkhead, 3 1/2 ft. to 6 ft.
Seating:	Air-conditioned, sound insulated, balcony seating for 270. Only those parents who are timing are allowed in the starting area. <b><u>SWIMMERS AND COACHES ONLY PLEASE, ON THE SOUTH SIDE OF THE POOL.</u></b>
Timing:	Daktronics timing system, horn start, and finish touch pads. Results via electronic scoreboard. Names will appear as received in meet entries.
Pool Hours:	Pool will be open from 7:00 AM until conclusion of the meet.
Bull Pen:	A bullpen will be provided for all 8 & under events. All other swimmers shall report directly to their assigned lanes.
Awards:	Individual: 1 <sup>st</sup> - 16 <sup>th</sup> ribbons Relay: 1 <sup>st</sup> - 8 <sup>th</sup> ribbons
Scoring:	Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relay: 40-34-32-30-28-26-24-22
High Point:	Boys & Girls, 8 & Under, 9-10, 11-12, 13-14, 15 & Over The age groups of any events that the referee combines will be scored separately. 11-14 events will not be scored for 11-12.
Meetings:	Officials meeting will be held approximately 60 minutes prior to start of meet. Coaches meeting 15 minutes prior to start of meet.
Meet Referee:	David Twenge Email: <a href="mailto:davidtwenge@comcast.net">davidtwenge@comcast.net</a> Phone: (541) 740-9682
Meet Director:	Kristin Shreeve Email: <a href="mailto:catmeetdirector@comcast.net">catmeetdirector@comcast.net</a> Phone: (541) 740-8191
Officials:	We always appreciate the help of certified officials from other clubs. If you will be attending please send a confirming e-mail to <a href="mailto:davidtwenge@comcast.net">davidtwenge@comcast.net</a> Hospitality will be provided for coaches and officials. Attire for Officials will be white over blue.
Timers:	Each team will be given lane-timing assignments. Sign-ups will be on the window outside the men's dressing room and behind the competition area.

Concessions: Breakfast and lunch will be available on Saturday and Sunday.

No OVERNIGHT CAMPING. Multiple parking lots, shared with adjacent school, are available for RVs for day use only. There are no outside toilet facilities. Camping is available at Benton County Fairgrounds (541) 757-1521, and KOA Campground off Hwy. 34 (541) 967-8521.

No tobacco products, alcohol, or glass containers are allowed in the pool facility. Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect,

[http://www.oregonswimming.org/Forms/OSI\\_Standing\\_Rules\\_web.pdf](http://www.oregonswimming.org/Forms/OSI_Standing_Rules_web.pdf) (pg. 30).

No parents or non-competing children are allowed in the competition area (swimmers, timers, officials and coaches only).

### **Warm Ups:**

Day	Group	Warm Up Time	Finals Begin	Check in by
Friday	12 & Over	3:00 PM - 3:45 PM	4:00 PM	3:30 PM
Saturday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	N/A
Saturday	13 & Over	12:00 PM - 1:00 PM	1:15 PM	12:30 PM
Sunday	12 & Under	7:30 AM - 8:15 AM	8:30 AM	10:00 AM*
Sunday	13 & Over	12:00 PM - 1:00 PM	1:15 PM	12:30 PM

\* Check in required only for events 51 & 52 (11-12 500 Free). Warm up times for the PM sessions are approximate.

## **Order of Events**

### **FRIDAY JANUARY 8, 2010**

Warm Up: 3:00 PM Finals: 4:00 PM

Event	SCY B	Event	SCY-B	Event
1	22:40.19	12-14 1650 Free *	22:03.99	2
1	21:06.39	15-O 1650 Free *	19:37.39	2

\* Note: The 1650 will be deck seeded swum fast to slow alternating girls and boys heats. It may also be limited to 8 total heats with entries accepted in the order they were submitted. Swimmers in the 1650 must provide their own timers and a counter. All 12-14 swimmers who enter the 1650 must have attained the 14-year-old B time. Coaches are responsible to educate team members on deck seeding protocol.

## Order of Events

**SATURDAY AM 12 & UNDER SESSION**

**JANUARY 9, 2010**

Warm Up: 7:30 AM Finals: 8:30 AM

Girls	SCY B	Event	SCY B	Boys
3	9-3:22.79;10-2:56.69	9-10 200 Free	9-3:24.59;10-2:56.69	4
3	11-2:40.69;12-2:32.39	11-12 200 Free	11-2:47.69;12-2:34.79	4
5	N/A	8-U 100 Medley Relay	N/A	6
7	N/A	12-U 200 Medley Relay	N/A	8
9	1:56.59	8-U 100 IM	2:02.09	10
11	9-1:44.19;10-1:31.69	9-10 100 IM	9-1:45.59;10-1:32.59	12
11	11-1:23.49;12-1:19.39	11-12 100 IM	11-1:26.99;12-1:20.99	12
13	54.99	8-U 50 Back	55.99	14
15	9-47.39;10-43.09	9-10 50 Back	9-48.29;10-43.89	16
15	11-39.49;12-37.19	11-12 50 Back	11-40.89;12-38.09	16
17	19.89	8-U 25 Free	20.39	18
19	8-U-1:40.09; 9-1:30.69;10-1:20.19	10-U 100 Free	8-U-1:44.39; 9-1:34.59;10-1:22.39	20
19	11-1:13.19;12-1:08.19	11-12 100 Free	11-1:14.79;12-1:09.99	20
21	59.69	8-U 50 Fly	1:04.59	22
23	9-48.39;10-42.89	9-10 50 Fly	9-50.59;10-42.89	24
23	11-38.09;12-35.09	11-12 50 Fly	11-39.29;12-35.49	24
25	27.49	8-U 25 Breast	27.49	26
27	9-1:58.79;10-1:45.29	9-10 100 Breast	9-1:58.79;10-1:47.39	28
27	11-1:37.69;12-1:30.09	11-12 100 Breast	11-1:44.79;12-1:33.59	28

## **SUNDAY AM 12 & UNDER SESSION**

**JANUARY 10, 2010**

Warm Up: 7:30 AM Finals: 8:30 AM

Girls	SCY B	Event	SCY B	Boys
29	9-3:42.19;10-3:16.59	9-10 200 IM	9-3:43.19;10-3:20.39	30
29	11-3:05.09;12-2:51.79	11-12 200 IM	11-3:15.39;12-2:56.19	30
31	N/A	8-U 100 Free Relay	N/A	32
33	N/A	12-U 200 Free Relay	N/A	34
35	23.79	8-U 25 Back	23.79	36
37	9-1:42.69;10-1:32.09	9-10 100 Back	9-1:46.89;10-1:37.89	38
37	11-1:24.99;12-1:19.29	11-12 100 Back	11-1:29.49;12-1:21.89	38
39	43.99	8-U 50 Free	45.09	40
41	9-39.59;10-35.99	9-10 50 Free	9-39.59;10-36.39	42
41	11-33.59;12-31.49	11-12 50 Free	11-33.99;12-31.79	42
43	22.79	8-U 25 Fly	24.79	44
45	9-2:00.99;10-1:41.29	9-10 100 Fly	9-2:00.99;10-1:43.99	46
45	11-1:28.89;12-1:21.59	11-12 100 Fly	11-1:32.39;12-1:21.59	46
47	1:01.29	8-U 50 Breast	1:04.49	48
49	9-52.49;10-47.99	9-10 50 Breast	9-54.99;10-49.49	50
49	11-44.19;12-41.09	11-12 50 Breast	11-47.79;12-42.49	50
51	11-U-7:10.79;12-6:43.29	*10-12 500 Free	11-U-7:13.09;12-6:49.39	52

\* Check in required for events 51 & 52 (10-12 500 Free).

## Order of Events

**Note: PM events are all deck seeded with positive check-in 45 minutes prior to finals. Coaches are responsible to educate team members on deck seeding protocol.**

### **SATURDAY PM 13 AND OVER SESSION**

**JANUARY 9, 2010**

Warm Up: 12:00 (Approx) Finals: 1:15 PM

Girls	SCY B	Event	SCY B	Boys
53	5:49.09	11-14 400 IM	5:38.99	54
53	5:24.29	15-O 400 IM	5:10.49	54
55	N/A	13-O 400 Medley Relay	N/A	56
57	1:05.49	13-14 100 Free	1:01.79	58
57	1:02.59	15-O 100 Free	55.39	58
59	3:05.19	11-14 200 Breast	2:57.79	60
59	2:55.99	15-O 200 Breast	2:43.39	60
61	1:15.59	13-14 100 Fly	1:12.19	62
61	1:11.19	15-O 100 Fly	1:03.49	62
63	2:22.09	13-14 200 Free	2:16.39	64
63	2:16.89	15-O 200 Free	2:04.19	64
65	1:16.09	13-14 100 Back	1:12.19	66
65	1:10.19	15-O 100 Back	1:04.29	66

### **SUNDAY PM 13 AND OVER SESSION**

**JANUARY 10, 2010**

Warm Up: 12:00 (Approx) Finals: 1:15 PM

Girls	SCY B	Event	SCY B	Boys
67	2:41.09	11-14 200 Back	2:38.59	68
67	2:30.39	15-O 200 Back	2:20.79	68
69	N/A	13-O 400 Free Relay	N/A	70
71	2:41.39	13-14 200 IM	2:34.69	72
71	2:33.89	15-O 200 IM	2:21.89	72
73	29.99	13-14 50 Free	28.29	74
73	28.79	15-O 50 Free	25.49	74
75	2:54.89	11-14 200 Fly	2:51.29	76
75	2:38.89	15-O 200 Fly	2:28.39	76
77	1:27.79	13-14 100 Breast	1:21.09	78
77	1:20.59	15-O 100 Breast	1:12.59	78
79	6:26.19	13-14 500 Free	6:09.19	80
79	6:05.19	15-O 500 Free	5:39.89	80

Note: All 11-14 event entry times are 14 year-old "B" times.