



Pacific Northwest Swimming
2016 PN BISC Bob Miller Sprint/Distance Classic
Sanction #1611-SP09



Ray Williamson Memorial Pool, Bainbridge Island, Washington
Hosted by the Bainbridge Island Swim Club

Held under sanction of Pacific Northwest Swimming, Inc., and USA Swimming, Inc.

HEDULES	SESSION 1	SESSION 2	SESSION 3	SESSION 4
Dates	Saturday, November 5, 2016	Saturday, November 5, 2016	Sunday, November 6, 2016	Sunday, November 6, 2016
Coaches' Meeting	8:15 AM - Check-in and coaches' packet at Clerk of Course	Will be announced if needed	Will be announced if needed	Will be announced if needed
Officials' Meetings	8:45 AM	45 minutes before start of competition	8:45 AM	45 minutes before start of competition
Timers' Meetings	9:10 AM	TBA	TBA	TBA
Warm-ups	8:30 AM	Immediately after conclusion of Session 1	8:30 AM	Immediately after conclusion of Session 3
Timed Finals	9:30 AM	One hour after start of warm-ups	9:30 AM	One hour after start of warm-ups
Positive Check-in Deadlines:	n/a	n/a	9:00 AM	30 minutes after the start of warm-ups

MEET DIRECTOR:

Jackie Broom

- Jackiebroom1@msn.com
- (425) 269-0397

MEET REFEREE:

Bernadette Witty

- bernadette@thewittyfamily.com

LOCATION AND DIRECTIONS

Ray Williamson Memorial Pool
8521 Madison Avenue N
Bainbridge Island, Washington
(206) 842-2302

Directions: From Seattle: Take the Bainbridge ferry from Colman dock in downtown Seattle. After arriving on the island, take Hwy 305 from the ferry landing to High School Rd, the second light from the landing, and turn left. Go one block to the traffic circle at Madison Ave and turn right. Go about one block to the access road on the left, and turn into the pool parking lot. See WSDOT Ferry Schedule at www.wsdot.wa.gov/ferries/

From the Kitsap area: Take Hwy 305 south from Poulsbo to Bainbridge Island. After arriving on the island, take Hwy 305 to High School Rd, the fourth light. Turn right onto High School Rd. Go one block to the traffic circle at Madison Ave and turn right. Go about one block to the access road on the left, and turn into the pool parking lot.

FACILITY

- 25 yard, 6-lane competitive pool
- Starting end 12.0 feet deep; turning end 3.5 feet deep
- Warm-up pool: continuous lane in Don Nakata Pool
- 300 spectator seats
- Colorado electronic timing system; scoreboard w/6-lane LED matrix readout
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.

- Deck Changes are prohibited.

ONSITE AMENITIES

- **Vendor:** Jolyn Swim Wear
- **Heat Sheets:** \$5.00
- **Results** on PNS web site
- **Concessions** will be available throughout the meet
- **Hospitality** for coaches and officials only
- **Parking** lots east and west of venue

ELIGIBILITY:

- All swimmers must be registered with USA Swimming or a FINA member covered under USA Swimming's "open border" policy included in its Registration Manual.
- Age groups are based on the age of the swimmer as of the first day of the meet. Age groups for competition will be 8&U, 9-10, 11-12, and 13&O.

ENTRY INFORMATION:

- Each swimmer may enter up to a maximum of four (4) individual events on Saturday and two (2) individual events on Sunday. Entries exceeding this limit will be scratched without notification, and entry fees for entry count limitation scratches will not be refunded.
- Complete whole team entries will be processed in order received until any Saturday session reaches the four-hour limit or the pre-scratch timeline for the Sunday morning session reaches four hours.
- On-deck USA Swimming or other athlete or non-athlete registration will not be permitted.
- Deck entries for individual events will be allowed in open lanes only at the discretion of the Meet Referee. Deck entry individual swims are not eligible for any awards or team points. Deck entry fees must be paid prior to the swim.
- Deck entered swimmers who are not already in the meet are required to show proof of appropriate athlete registration and complete a PNS Deck Entry Registration at the Clerk of Course in order to enter.



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- All USA Swimming registration numbers will be verified with the PNS registration database.

ENTRY FEES:

- Surcharge: \$5.00
- Deck entry surcharge: \$10.00 (swimmer not previously in meet)
- Individual Event: \$4.00
- No refunds or credits will be given for events entered but not swum; no event swapping.
- All fees must accompany entries.

AWARDS AND SCORING:

- **Individual events:** Ribbons 1st thru 8th. Age groups for Saturday's awards will be 8&U, 9-10, 11-12, 13-14, 15-16, and 17&O. Age groups for Sunday's awards will be 9-10, 11-12, 13-14, 15-16, and 17&O.

MEET RULES:

- Current PNS and USA Swimming rules govern throughout the meet, including warm-ups.
- Seeding will be YLS.
- Except where otherwise indicated in the Order of Events, all events will be seeded and swum mixed boys and girls, but awarded separately. Saturday's events will be seeded and swum slowest to fastest. Sunday's events will be seeded and swum fastest to slowest.
- ALL Sunday events will be deck-seeded with a positive check-in required at the Clerk of Course prior to the posted deadline in order to be seeded. Swimmers must provide their own timers and counter, if desired; lanes with no timer go unprotected.

WARM-UP PROCEDURES:

- Circle swim counter-clockwise only.
- Last half hour of each warm-up period:
 - Lanes 1 & 6—pace lanes, no diving
 - Lanes 2 & 5—sprint lanes, dive starts, return in lanes 3 & 4
 - Lanes 3 & 4—general warm-up, no diving
 - Additional sprint lanes may be made available upon request to the Meet Referee.
- Pool closed promptly five (5) minutes prior to the start of competition.
- Warm-up may be modified at the discretion of the Meet Referee to accommodate the number of swimmers entered.

SAFETY:

- No diving from the blocks or sides of pool except for designated sprint lanes during designated times in main pool.
- Jumping into the pool is not allowed.
- Backstroke swimmers enter the water feet first in rotation; no diving over persons in the water.
- Deck Marshals will be assigned to supervise the warm-up. Deck Marshals have the authority to remove any swimmer, coach, or club who does not follow the safety rules during warm-ups or the meet.
- Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
- All participating swimmers must be under the supervision of a USA Swimming or of a FINA-member organization coach included in USA Swimming's "open border" policy. The Meet Director or Meet

Referee may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.

- Any swimmer entered in the meet must be certified by a USA Swimming or FINA-member organization coach included in USA Swimming's "open border" policy coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

OTHER NOTES:

- In granting this sanction it is understood and agreed that PNS and USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Only authorized volunteers and working personnel can be on in the roped-off meet operations part of the deck. All others must remain in the designated spectator area and are not allowed in the designated racing venue unless timing for an event or volunteering with the management of the meet.
- In order to be on deck and serve in their official capacity, all coaches, officials and any other person required by sanction to be members of USA Swimming or of a FINA member covered by USA Swimming's "open border" policy shall visibly display their membership credentials at all times.
- All persons acting in any coaching capacity must be coach members of USA Swimming or of a FINA member covered by USA Swimming's "open border" policy.
- Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue.
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated toward team standings by the individual.
- Team Areas: Please keep your area clean, and pick up all trash before leaving each session.

ENTRY SUBMITTAL INFORMATION:

Entries will be only be accepted upon receipt of all of the following prior to the entry deadline, October 26, 2016:

1. **Entry File** from Team Manager or equivalent.
2. **Meet Entry Reports** for individual (sorted by swimmer) and relay (sorted by event) events from Team Manager or equivalent.
3. **Meet Entry Fee Report** from Team Manager or equivalent.
4. **Master Entry Summary Form**—Completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted
5. **Meet Entry Fees**—one check payable to BISC.

Submittal Formats & Notes:

- **Electronic files:** email items #1, #2, and #3.
- **Hardcopies:** mail or hand-deliver items #4 and #5. If sending via express mail, waive signature requirement.
- Late, incomplete, or paper entries will not be processed.



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- Recheck all entries as no additional entries or corrections will be accepted after the deadline (except deck entries).
- All entry times will be assumed to be SCY unless otherwise indicated.
- Your cooperation is appreciated in facilitating the entry process by making your entries complete, orderly, and legible.
- Mail entries to:

2015 Bob Miller Sprint/Distance Classic Meet
 BISC – Jackie Broom
 PO Box 10424
 Bainbridge Island, WA 98110
 • Email to: jackiebroom1@msn.com

2016 BOB MILLER SPRINT DISTANCE CLASSIC -- ORDER OF EVENTS

SESSION 1 -- DAY 1 -- All events seeded and swum slowest to fastest.

1	Mixed	8&U	100 IM
2	Mixed	13&O	100 Free
3	Mixed	8&U	25 Free
4	Mixed	13&O	100 Fly
5	Mixed	8&U	25 Fly
6	Mixed	13&O	100 Back
7	Mixed	8&U	25 Back
8	Mixed	13&O	100 Breast
9	Mixed	8&U	25 Breast
10	Mixed	13&O	100 IM

SESSION 2 -- DAY 1 -- All events seeded and swum slowest to fastest.

11	Mixed	9-12	100 IM
12	Mixed	9-10	50 Free
13	Mixed	11-12	50 Free
14	Mixed	9-10	50 Fly
15	Mixed	11-12	50 Fly
16	Mixed	9-10	50 Back
17	Mixed	11-12	50 Back
18	Mixed	9-10	50 Breast
19	Mixed	11-12	50 Breast

SESSION 3 -- DAY 2 -- All events seeded and swum fastest to slowest.

20	Mixed	9-12	400 IM
21	Mixed	9-12	500 Free
22	Mixed	9-12	1000 Free
23	Mixed	9-12	1650 Free

SESSION 4 -- DAY 2 -- All events seeded and swum fastest to slowest.

24	Mixed	13&O	400 IM
25	Mixed	13&O	500 Free
26	Mixed	13&O	1000 Free
27	Mixed	13&O	1650 Free



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MASTER ENTRY SUMMARY

Please complete this form and send with your entries (disk or hard copy). Failure to submit this form will delay your entry processing and may result in your entries being rejected.

TEAM NAME:			
TEAM CODE:		LSC CODE:	
COACH:		HOME PHONE:	
EMAIL ADDRESS:		OFFICE PHONE:	
TEAM MAIL ADDRESS:		CELL PHONE:	
CITY, STATE, ZIP:		POOL PHONE:	
ENTRY INFORMATION PREPARED BY:		PHONE:	

MEET ENTRY FEES ENCLOSED:

SURCHARGE:		X \$ 5.00	\$
INDIVIDUAL EVENTS:		X \$ 4.00	\$
		SUBTOTAL:	\$
LESS OUTREACH VOUCHERS:			(\$)
		TOTAL:	\$

Make one check payable to **BISC**.

THE FOLLOWING STATEMENT MUST BE SIGNED:

I attest that all swimmers entered hereon are properly registered athlete members of USA Swimming, Inc., or of a FINA-member organization included in USA Swimming's "open border" policy

 Signature of Coach or Team Representative

 Date

 Phone Number

Important Note: Upon processing of the pre-meet exception report, PNS will register as a full-year USA Swimming athlete member any swimmer not then registered. PNS shall require the club or responsible party to pay an amount equal to the current full-year USA Swimming athlete registration fee, including the PNS surcharge, plus a \$15.00 fine for each athlete who is registered from the pre-meet exception report. The fines are due prior to the entry deadline of the next meet entered by the team being fined or within 15 business days after the receipt of the fine statement, whichever occurs first. See PNS AD 97-08 for additional information.