

PNS GOLD TIMES

10U	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	37.69	42.59	38.19	43.99
100 Free	1:20.69	1:31.79	1:21.19	1:33.89
200 Free	2:52.29	3:15.59	2:53.29	3:19.29
500 Free	7:39.69	6:59.19	7:47.59	6:59.69
50 Back	42.69	49.09	43.29	50.29
100 Back	1:32.39	1:46.39	1:33.19	1:48.69
50 Breast	48.49	55.49	49.19	56.79
100 Breast	1:46.09	2:02.09	1:47.59	2:05.09
50 Fly	42.29	47.69	41.59	47.79
100 Fly	1:35.79	1:48.49	1:33.39	1:48.39
100 IM	1:32.69	N/A	1:32.29	N/A
200 IM	3:19.69	3:46.89	3:17.19	3:48.29
11-12	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	33.69	38.19	33.59	38.29
100 Free	1:11.79	1:21.59	1:11.39	1:21.39
200 Free	2:32.29	2:53.29	2:33.19	2:55.19
500 Free	6:43.59	6:02.49	6:51.29	6:10.49
1000 Free	14:13.59	12:50.21	14:25.09	13:02.09
1650 Free	24:03.69	24:47.99	24:38.59	25:40.39
50 Back	37.89	43.49	37.99	43.69
100 Back	1:21.19	1:33.69	1:20.79	1:34.99
200 Back	2:56.69	3:25.29	2:54.59	3:24.89
50 Breast	42.99	48.89	42.39	48.29
100 Breast	1:32.79	1:46.59	1:32.29	1:46.69
200 Breast	3:23.29	3:53.09	3:24.49	3:58.29
50 Fly	37.49	42.02	36.59	41.29
100 Fly	1:22.69	1:33.79	1:21.19	1:32.59
200 Fly	3:06.69	3:33.89	3:04.29	3:29.19
100 IM	1:21.89	N/A	1:20.69	N/A
200 IM	2:55.69	3:21.19	2:53.79	3:19.99
400 IM	6:18.59	7:14.19	6:17.29	7:12.99

13-14	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	31.59	35.92	30.19	34.59
100 Free	1:07.19	1:16.69	1:08.09	1:12.89
200 Free	2:22.59	2:42.39	2:17.19	2:37.89
500 Free	6:16.29	5:38.49	6:10.29	5:35.19
1000 Free	13:06.39	11:42.89	12:38.49	11:33.79
1650 Free	22:00.79	22:35.29	21:45.89	22:26.39
100 Back	1:15.29	1:26.99	1:11.89	1:23.59
200 Back	2:43.39	3:08.59	2:34.89	2:59.59
100 Breast	1:26.39	1:38.99	1:21.89	1:34.39
200 Breast	3:07.19	3:30.29	2:59.89	3:27.39
100 Fly	1:15.39	1:25.39	1:16.39	1:20.29
200 Fly	2:47.29	3:09.59	2:36.59	2:58.29
200 IM	2:44.29	3:07.49	2:34.99	2:58.89
400 IM	5:48.99	6:37.39	5:32.89	6:22.99
15-over	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	30.99	35.29	27.99	32.79
100 Free	1:05.89	1:14.99	59.89	1:09.39
200 Free	2:19.69	2:38.69	2:08.99	2:28.29
500 Free	6:09.09	5:30.49	5:49.79	5:15.09
1000 Free	12:50.39	11:27.09	12:11.29	10:55.89
1650 Free	21:34.59	22:07.29	20:39.80	21:19.99
100 Back	1:13.59	1:24.79	1:06.29	1:17.59
200 Back	2:40.69	3:04.39	2:23.69	2:47.39
100 Breast	1:24.79	1:36.99	1:15.49	1:27.89
200 Breast	3:04.19	3:30.29	2:46.29	3:13.39
100 Fly	1:13.59	1:23.59	1:05.29	1:14.59
200 Fly	2:43.59	3:05.39	2:26.29	2:46.59
200 IM	2:41.09	3:04.29	2:24.79	2:52.09
400 IM	5:43.29	6:31.19	5:12.49	5:59.99

PNS SILVER TIMES

10U	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	43.79	49.49	43.59	49.59
100 Free	1:35.29	1:48.59	1:34.89	1:48.09
200 Free	3:26.19	3:54.09	3:25.29	3:52.59
500 Free	9:11.79	8:15.79	9:13.09	8:16.39
50 Back	50.29	57.89	50.49	57.79
100 Back	1:48.49	2:04.89	1:48.69	2:04.89
50 Breast	56.19	1:04.29	57.19	1:05.09
100 Breast	2:02.59	2:21.09	2:04.69	2:22.89
50 Fly	50.79	57.29	50.39	56.99
100 Fly	1:54.69	2:09.89	1:52.79	2:08.69
100 IM	1:49.39	N/A	1:49.49	N/A
200 IM	3:54.69	4:26.69	3:53.09	4:25.89
11-12	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	38.89	44.09	37.69	42.79
100 Free	1:23.99	1:35.49	1:21.49	1:32.99
200 Free	3:00.39	3:25.09	2:57.19	3:22.59
500 Free	7:59.29	7:10.49	7:55.09	7:07.99
1000 Free	16:45.09	15:06.99	16:40.49	15:04.59
1650 Free	28:15.49	29:07.39	28:06.99	29:17.59
50 Back	44.29	50.79	43.29	49.79
100 Back	1:34.39	1:48.99	1:32.09	1:48.29
200 Back	3:23.39	3:56.29	3:19.79	3:54.29
50 Breast	49.29	56.09	48.29	54.99
100 Breast	1:46.29	2:02.19	1:44.59	2:00.89
200 Breast	3:51.89	4:25.79	3:49.59	4:27.39
50 Fly	43.59	48.99	42.39	47.69
100 Fly	1:35.99	1:48.89	1:33.69	1:46.79
200 Fly	3:35.09	4:06.39	3:31.99	4:00.59
100 IM	1:35.39	N/A	1:33.49	N/A
200 IM	3:24.59	3:54.19	3:20.59	3:50.79
400 IM	7:17.99	8:22.59	7:12.29	8:15.59

13-14	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	36.09	41.09	33.49	38.49
100 Free	1:17.79	1:28.69	1:17.79	1:23.59
200 Free	2:46.99	3:10.19	2:37.19	3:00.89
500 Free	7:21.69	6:37.39	7:03.69	6:23.59
1000 Free	15:15.99	13:38.69	14:40.29	13:14.79
1650 Free	25:04.09	26:14.89	24:37.29	25:23.29
100 Back	1:26.59	1:40.19	1:21.29	1:34.49
200 Back	3:06.39	3:35.09	2:55.59	3:23.59
100 Breast	1:38.09	1:52.39	1:32.09	1:46.09
200 Breast	3:31.59	3:57.69	3:20.49	3:51.09
100 Fly	1:25.69	1:36.99	1:25.69	1:30.79
200 Fly	3:08.79	3:33.99	2:56.59	3:21.09
200 IM	3:09.39	3:36.09	2:57.19	3:24.59
400 IM	6:39.99	7:35.39	6:17.99	7:14.89
15-over	GIRLS		BOYS	
	SCY	LCM	SCY	LCM
50 Free	35.39	40.39	31.19	36.39
100 Free	1:16.29	1:26.79	1:07.79	1:18.49
200 Free	2:43.49	3:05.89	2:27.69	2:49.89
500 Free	7:13.29	6:27.89	6:40.19	6:00.49
1000 Free	14:57.39	13:20.29	13:57.79	12:31.39
1650 Free	25:04.29	25:42.29	23:22.59	24:07.09
100 Back	1:24.69	1:37.59	1:14.89	1:27.79
200 Back	3:03.29	3:30.29	2:42.99	3:09.69
100 Breast	1:36.29	1:50.19	1:24.89	1:38.79
200 Breast	3:28.19	3:57.69	3:05.29	3:35.49
100 Fly	1:23.69	1:34.99	1:13.89	1:24.39
200 Fly	3:04.39	3:29.19	2:44.49	3:07.89
200 IM	3:05.69	3:32.49	2:45.49	3:16.69
400 IM	6:33.39	7:28.29	5:54.79	6:48.79