

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
Allen, Victoria (Girl 11) [Standard: PNS Gold/Silver Time]					
50 Free	45.73L		F	07/18/2009	2009 Summer Grand Challenge
100 Free	1:53.05L		F	07/19/2009	2009 Summer Grand Challenge
50 Back	57.26L		F	07/18/2009	2009 Summer Grand Challenge
100 Back	2:06.17L		F	07/19/2009	2009 Summer Grand Challenge
50 Breast	1:01.64L		F	07/19/2009	2009 Summer Grand Challenge
100 Breast	2:18.45L		F	07/18/2009	2009 Summer Grand Challenge
Barnick, Angela (Girl 15) [Standard: PNS Gold/Silver Time]					
50 Free	33.83L	Gold	F	06/07/2009	LCM Developmental Meet
100 Free	1:12.73L	Gold	F	05/17/2009	Pacific Coast Invitational
200 Free	2:36.91L	Gold	F	07/18/2009	2009 Summer Grand Challenge
400 Free	5:40.74L		F	04/18/2009	2009 PSSC April Showers
800 Free	11:47.53L		F	07/19/2009	2009 Summer Grand Challenge
100 Back	1:30.66L	Silver	F	04/18/2009	2009 PSSC April Showers
200 Back	3:09.55L	Silver	F	06/08/2009	LCM Developmental Meet
100 Breast	1:38.56L	Silver	F	07/18/2009	2009 Summer Grand Challenge
200 Breast	3:34.48L	Silver	F	06/08/2009	LCM Developmental Meet
100 Fly	1:26.81L	Silver	F	05/17/2009	Pacific Coast Invitational
200 Fly	3:21.39L	Silver	F	06/07/2009	LCM Developmental Meet
200 IM	3:00.67L	Gold	F	07/10/2009	2009 C Age Group Seattle Open
400 IM	6:36.15L	Silver	F	07/11/2009	2009 C Age Group Seattle Open
Bisnett, Shyanne (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	33.31L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:20.67L	Gold	F	06/28/2009	Titlow Classic
50 Back	40.60L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Back	1:31.61L	Gold	F	06/08/2009	LCM Developmental Meet
200 Back	3:16.08L	Gold	F	06/08/2009	LCM Developmental Meet
50 Breast	47.11L	Gold	F	06/28/2009	Titlow Classic
100 Breast	1:48.12L	Silver	F	06/27/2009	Titlow Classic
200 Breast	3:57.95L	Silver	F	06/08/2009	LCM Developmental Meet
50 Fly	43.63L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
Brace, Kirstie (Girl 17) [Standard: PNS Gold/Silver Time]					
50 Free	32.77L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	1:11.44L	Gold	F	04/18/2009	2009 PSSC April Showers
200 Free	2:36.55L	Gold	F	04/19/2009	2009 PSSC April Showers
400 Free	5:29.32L		F	04/18/2009	2009 PSSC April Showers
100 Back	1:32.21L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Breast	1:34.77L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Fly	1:32.53L	Silver	F	04/19/2009	2009 PSSC April Showers
Burt, Casey (Girl 17) [Standard: PNS Gold/Silver Time]					
50 Free	35.91L	Silver	F	04/19/2009	2009 PSSC April Showers
100 Free	1:18.38L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Back	1:36.55L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Fly	1:34.91L	Silver	F	04/19/2009	2009 PSSC April Showers
Christen, Claire (Girl 7) [Standard: PNS Gold/Silver Time]					
50 Free	55.86L		F	07/18/2009	2009 Summer Grand Challenge
50 Back	1:08.48L		F	07/18/2009	2009 Summer Grand Challenge
Crane, Kelsey (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	30.62L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:07.12L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Free	2:27.21L	Gold	F	06/07/2009	LCM Developmental Meet
400 Free	5:07.96L		F	07/24/2009	2009 PNS Long Course Champion
800 Free	10:58.10L		F	07/23/2009	2009 PNS Long Course Champion
50 Back	36.60L	Gold	F	07/24/2009	2009 PNS Long Course Champion
100 Back	1:18.82L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Back	2:58.00L	Gold	F	07/11/2009	11/12 Long Course Time Trial
50 Breast	43.76L	Gold	F	06/28/2009	Titlow Classic
100 Breast	1:34.73L	Gold	F	07/18/2009	2009 Summer Grand Challenge
200 Breast	3:23.35L	Gold	F	07/10/2009	11/12 Long Course Time Trial
50 Fly	38.28L	Gold	F	07/12/2009	2009 C Age Group Seattle Open

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
200 Fly	3:17.84L	Gold	F	07/19/2009	2009 Summer Grand Challenge
200 IM	2:51.30L	Gold	F	06/28/2009	Titlow Classic
400 IM	6:18.61L	Gold	F	06/07/2009	LCM Developmental Meet
Crane, Kira (Girl 9) [Standard: PNS Gold/Silver Time]					
50 Free	39.57L	Gold	F	07/18/2009	2009 Summer Grand Challenge
100 Free	1:40.00L	Silver	F	07/19/2009	2009 Summer Grand Challenge
50 Back	52.45L	Silver	F	07/18/2009	2009 Summer Grand Challenge
100 Back	1:50.65L	Silver	F	07/19/2009	2009 Summer Grand Challenge
50 Breast	58.03L	Silver	F	06/08/2009	LCM Developmental Meet
100 Breast	2:06.82L	Silver	F	07/18/2009	2009 Summer Grand Challenge
50 Fly	59.00L		F	07/19/2009	2009 Summer Grand Challenge
200 IM	4:04.08L	Silver	F	06/07/2009	LCM Developmental Meet
Ellringer, Katrina (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	39.58L	Silver	F	07/18/2009	2009 Summer Grand Challenge
100 Free	1:30.75L	Silver	F	07/19/2009	2009 Summer Grand Challenge
50 Back	47.45L	Silver	F	07/18/2009	2009 Summer Grand Challenge
100 Back	1:41.18L	Silver	F	07/19/2009	2009 Summer Grand Challenge
50 Breast	57.60L		F	07/19/2009	2009 Summer Grand Challenge
Guyt, Charis (Girl 10) [Standard: PNS Gold/Silver Time]					
50 Free	58.76L		F	07/18/2009	2009 Summer Grand Challenge
50 Back	1:13.45L		F	07/18/2009	2009 Summer Grand Challenge
Guyt, Juliana (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	37.61L	Gold	F	06/27/2009	Titlow Classic
200 Free	3:17.39L	Silver	F	07/18/2009	2009 Summer Grand Challenge
50 Back	43.85L	Silver	F	07/18/2009	2009 Summer Grand Challenge
100 Breast	2:21.22L		F	07/18/2009	2009 Summer Grand Challenge
Hirata, Liane (Girl 14) [Standard: PNS Gold/Silver Time]					
50 Free	29.44L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	1:02.99L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Free	2:16.30L	Gold	P	07/30/2009	2009 PC LCM FAR WESTERNS CHAMPS
400 Free	4:58.63L		F	05/15/2009	Pacific Coast Invitational
100 Back	1:11.74L	Gold	P	08/02/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Back	2:35.56L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
100 Breast	1:25.01L	Gold	P	07/24/2009	2009 PNS Long Course Champion
100 Fly	1:11.13L	Gold	P	07/26/2009	2009 PNS Long Course Champion
200 IM	2:33.38L	Gold	P	07/31/2009	2009 PC LCM FAR WESTERNS CHAMPS
400 IM	5:29.65L	Gold	F	07/25/2009	2009 PNS Long Course Champion
Hood, Lindsay (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	35.05L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:19.22L	Gold	F	06/28/2009	Titlow Classic
50 Back	42.39L	Gold	F	06/27/2009	Titlow Classic
100 Back	1:31.23L	Gold	F	06/08/2009	LCM Developmental Meet
50 Breast	44.61L	Gold	F	06/28/2009	Titlow Classic
100 Breast	1:40.50L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
200 Breast	3:38.28L	Gold	F	07/10/2009	11/12 Long Course Time Trial
Hutchinson, Kimberly (Girl 11) [Standard: PNS Gold/Silver Time]					
100 Free	1:29.71L	Silver	F	06/08/2009	LCM Developmental Meet
100 Back	1:40.49L	Silver	F	06/08/2009	LCM Developmental Meet
100 Breast	1:52.28L	Silver	F	06/08/2009	LCM Developmental Meet
James, Austen (Girl 14) [Standard: PNS Gold/Silver Time]					
50 Free	37.13L	Silver	F	04/19/2009	2009 PSSC April Showers
100 Free	1:26.44L	Silver	F	04/18/2009	2009 PSSC April Showers
200 Free	3:17.54L		F	04/19/2009	2009 PSSC April Showers
100 Back	1:40.62L		F	04/18/2009	2009 PSSC April Showers
Kominek, Rachel (Girl 13) [Standard: PNS Gold/Silver Time]					
100 Free	1:24.13L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Back	1:48.36L		F	04/18/2009	2009 PSSC April Showers
200 Breast	3:41.84L	Silver	F	04/18/2009	2009 PSSC April Showers
200 IM	3:29.74L	Silver	F	04/18/2009	2009 PSSC April Showers
LaHaie, Jordan (Girl 17) [Standard: PNS Gold/Silver Time]					

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
50 Free	31.92L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:09.37L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Back	1:17.42L	Gold	F	06/28/2009	Titlow Classic
200 Back	2:44.43L	Gold	F	06/27/2009	Titlow Classic
100 Breast	1:33.50L	Gold	F	06/27/2009	Titlow Classic
100 Fly	1:18.49L	Gold	F	06/27/2009	Titlow Classic
200 IM	2:46.66L	Gold	F	06/28/2009	Titlow Classic
Lingenbrink, Samantha (Girl 13) [Standard: PNS Gold/Silver Time]					
50 Free	32.52L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:15.75L	Gold	F	04/18/2009	2009 PSSC April Showers
100 Back	1:24.79L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Breast	1:35.99L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:27.71L	Gold	F	04/18/2009	2009 PSSC April Showers
200 IM	2:58.84L	Gold	F	05/15/2009	Pacific Coast Invitational
Meeds, Luna (Girl 11) [Standard: PNS Gold/Silver Time]					
100 Free	1:51.61L		F	06/28/2009	Titlow Classic
50 Back	55.15L		F	06/08/2009	LCM Developmental Meet
100 Back	2:08.10L		F	06/28/2009	Titlow Classic
Nelson, Danielle (Girl 15) [Standard: PNS Gold/Silver Time]					
50 Free	31.08L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:08.81L	Gold	F	04/18/2009	2009 PSSC April Showers
200 Free	2:27.61L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
400 Free	5:20.93L		F	04/18/2009	2009 PSSC April Showers
100 Back	1:17.37L	Gold	F	06/08/2009	LCM Developmental Meet
200 Back	2:49.91L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Breast	1:31.64L	Gold	F	06/27/2009	Titlow Classic
100 Fly	1:13.94L	Gold	F	05/02/2009	May Flowers
200 Fly	2:47.05L	Gold	F	04/18/2009	2009 PSSC April Showers
400 IM	5:51.53L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
Nelson, Heather (Girl 20) [Standard: PNS Gold/Silver Time]					
50 Free	32.53L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
200 Free	2:29.58L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
400 IM	6:01.94L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
O'Sullivan, Martha (Girl 13) [Standard: PNS Gold/Silver Time]					
100 Free	1:16.82L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Back	1:33.44L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Breast	1:34.88L	Gold	F	04/19/2009	2009 PSSC April Showers
200 Breast	3:19.98L	Gold	F	04/18/2009	2009 PSSC April Showers
200 IM	3:03.41L	Gold	F	04/18/2009	2009 PSSC April Showers
Polzin, Madison (Girl 11) [Standard: PNS Gold/Silver Time]					
50 Free	37.28L	Gold	F	06/27/2009	Titlow Classic
100 Free	1:22.28L	Silver	F	06/28/2009	Titlow Classic
50 Back	48.17L	Silver	F	06/27/2009	Titlow Classic
100 Back	1:38.47L	Silver	F	06/08/2009	LCM Developmental Meet
50 Breast	48.10L	Gold	F	07/12/2009	2009 C Age Group Seattle Open
100 Breast	1:46.46L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
200 Breast	3:53.93L	Silver	F	06/08/2009	LCM Developmental Meet
50 Fly	44.00L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
100 Fly	1:52.29L		F	06/27/2009	Titlow Classic
200 IM	3:29.80L	Silver	F	06/28/2009	Titlow Classic
Polzin, Melina (Girl 9) [Standard: PNS Gold/Silver Time]					
50 Free	43.28L	Silver	F	06/27/2009	Titlow Classic
100 Free	1:50.05L		F	06/08/2009	LCM Developmental Meet
50 Back	55.92L	Silver	F	06/08/2009	LCM Developmental Meet
50 Breast	1:15.53L		F	06/28/2009	Titlow Classic
100 Breast	2:35.92L		F	06/27/2009	Titlow Classic
50 Fly	1:04.94L		F	06/28/2009	Titlow Classic
Polzin, Mikayla (Girl 14) [Standard: PNS Gold/Silver Time]					
50 Free	32.09L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	1:07.81L	Gold	F	05/17/2009	Pacific Coast Invitational

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
200 Free	2:28.39L	Gold	F	04/19/2009	2009 PSSC April Showers
400 Free	5:18.90L		F	04/18/2009	2009 PSSC April Showers
100 Back	1:25.75L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:31.89L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:18.51L	Gold	F	04/18/2009	2009 PSSC April Showers
100 Fly	1:19.63L	Gold	F	05/17/2009	Pacific Coast Invitational
200 IM	2:52.97L	Gold	F	05/15/2009	Pacific Coast Invitational
Salas, Alexis (Girl 10) [Standard: PNS Gold/Silver Time]					
50 Free	49.71L		F	06/27/2009	Titlow Classic
100 Free	1:55.19L		F	06/28/2009	Titlow Classic
50 Back	1:00.95L		F	07/11/2009	2009 C Age Group Seattle Open
50 Breast	1:12.93L		F	06/28/2009	Titlow Classic
Salazar, Anna (Girl 14) [Standard: PNS Gold/Silver Time]					
50 Free	35.44L	Gold	F	06/07/2009	LCM Developmental Meet
100 Free	1:16.49L	Gold	F	06/08/2009	LCM Developmental Meet
200 Free	2:50.32L	Silver	F	06/07/2009	LCM Developmental Meet
100 Back	1:26.70L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:43.64L	Silver	F	06/08/2009	LCM Developmental Meet
100 Fly	1:26.13L	Silver	F	06/07/2009	LCM Developmental Meet
Smith, Grace (Girl 11) [Standard: PNS Gold/Silver Time]					
50 Free	35.43L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:24.41L	Silver	F	05/17/2009	Pacific Coast Invitational
200 Free	2:58.66L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
400 Free	6:38.88L		F	05/15/2009	Pacific Coast Invitational
50 Back	41.86L	Gold	F	07/24/2009	2009 PNS Long Course Champion
100 Back	1:29.81L	Gold	F	07/26/2009	2009 PNS Long Course Champion
50 Fly	45.76L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
100 Fly	1:57.63L		F	05/16/2009	Pacific Coast Invitational
200 IM	3:24.55L	Silver	F	07/19/2009	2009 Summer Grand Challenge
Torres, Catalina (Girl 15) [Standard: PNS Gold/Silver Time]					
50 Free	35.47L	Silver	F	04/19/2009	2009 PSSC April Showers
100 Free	1:14.24L	Gold	F	07/12/2009	2009 C Age Group Seattle Open
200 Free	2:40.13L	Silver	F	06/07/2009	LCM Developmental Meet
400 Free	5:27.59L		F	05/15/2009	Pacific Coast Invitational
100 Back	1:25.25L	Silver	F	04/18/2009	2009 PSSC April Showers
200 Back	2:57.31L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:50.39L		F	06/27/2009	Titlow Classic
200 Breast	3:48.01L	Silver	F	07/11/2009	2009 C Age Group Seattle Open
100 Fly	1:22.18L	Gold	F	06/07/2009	LCM Developmental Meet
200 IM	3:00.80L	Gold	F	06/07/2009	LCM Developmental Meet
Tubberville, Tatiana (Girl 9) [Standard: PNS Gold/Silver Time]					
100 Free	1:44.28L	Silver	F	06/08/2009	LCM Developmental Meet
50 Back	56.46L	Silver	F	06/08/2009	LCM Developmental Meet
100 Back	2:03.32L	Silver	F	07/19/2009	2009 Summer Grand Challenge
50 Breast	1:08.52L		F	07/19/2009	2009 Summer Grand Challenge
Williams, Kira (Girl 12) [Standard: PNS Gold/Silver Time]					
50 Free	34.53L	Gold	F	06/27/2009	Titlow Classic
50 Back	42.35L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Back	1:31.09L	Gold	F	05/16/2009	Pacific Coast Invitational
50 Breast	45.59L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Breast	1:38.92L	Gold	F	05/17/2009	Pacific Coast Invitational
50 Fly	43.01L	Silver	F	05/17/2009	Pacific Coast Invitational
Woolnough, Erin (Girl 14) [Standard: PNS Gold/Silver Time]					
50 Free	33.95L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	1:13.54L	Gold	F	04/18/2009	2009 PSSC April Showers
200 Free	2:38.09L	Gold	F	06/07/2009	LCM Developmental Meet
400 Free	5:39.63L		F	06/08/2009	LCM Developmental Meet
100 Back	1:22.06L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Back	2:52.72L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:45.62L	Silver	F	05/16/2009	Pacific Coast Invitational

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
100 Fly	1:29.55L	Silver	F	06/07/2009	LCM Developmental Meet
200 IM	3:00.80L	Gold	F	06/07/2009	LCM Developmental Meet
Younie, Brenna (Girl 15) [Standard: PNS Gold/Silver Time]					
50 Free	43.36L		F	04/19/2009	2009 PSSC April Showers
200 Free	3:39.70L		F	04/19/2009	2009 PSSC April Showers
100 Breast	1:53.95L		F	04/19/2009	2009 PSSC April Showers
Boekenoogen, Craig (Boy 14) [Standard: PNS Gold/Silver Time]					
50 Free	31.89L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:11.57L	Gold	F	06/28/2009	Titlow Classic
200 Free	2:31.18L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
400 Free	5:15.11L		F	07/10/2009	2009 C Age Group Seattle Open
100 Back	1:19.88L	Gold	F	06/08/2009	LCM Developmental Meet
200 Back	2:51.22L	Gold	F	07/10/2009	2009 C Age Group Seattle Open
100 Breast	1:35.61L	Silver	F	06/08/2009	LCM Developmental Meet
200 Breast	3:27.61L	Gold	F	06/28/2009	Titlow Classic
100 Fly	1:26.25L	Silver	F	06/27/2009	Titlow Classic
200 IM	2:52.52L	Gold	F	06/07/2009	LCM Developmental Meet
400 IM	6:08.47L	Gold	F	06/27/2009	Titlow Classic
Breitbarth, Thor (Boy 12) [Standard: PNS Gold/Silver Time]					
50 Free	34.45L	Gold	P	07/23/2009	2009 PNS Long Course Champion
100 Free	1:17.54L	Gold	F	07/10/2009	2009 C Age Group Seattle Open
50 Back	44.71L	Silver	F	06/27/2009	Titlow Classic
50 Breast	49.37L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
100 Breast	1:44.04L	Gold	F	06/27/2009	Titlow Classic
50 Fly	38.55L	Gold	P	07/25/2009	2009 PNS Long Course Champion
100 Fly	1:29.47L	Gold	F	06/27/2009	Titlow Classic
200 IM	3:13.97L	Gold	P	07/23/2009	2009 PNS Long Course Champion
Cheung, Benjamin (Boy 15) [Standard: PNS Gold/Silver Time]					
50 Free	31.52L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:13.84L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Back	1:24.70L	Silver	F	05/16/2009	Pacific Coast Invitational
100 Breast	1:27.69L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:20.52L	Silver	F	04/18/2009	2009 PSSC April Showers
100 Fly	1:20.07L	Silver	F	06/27/2009	Titlow Classic
Clithero, Alexander (Boy 14) [Standard: PNS Gold/Silver Time]					
50 Free	30.33L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:08.86L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:22.33L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Breast	3:08.08L	Gold	F	04/18/2009	2009 PSSC April Showers
100 Fly	1:18.15L	Gold	F	05/17/2009	Pacific Coast Invitational
200 IM	2:50.87L	Gold	F	04/18/2009	2009 PSSC April Showers
Harnack, James (Boy 13) [Standard: PNS Gold/Silver Time]					
50 Free	31.42L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Back	1:26.71L	Silver	F	05/16/2009	Pacific Coast Invitational
50 Fly	35.44L		F	05/17/2009	Pacific Coast Invitational
Hirata, Tyler (Boy 16) [Standard: PNS Gold/Silver Time]					
50 Free	27.49L	Gold	P	07/23/2009	2009 PNS Long Course Champion
100 Free	59.49L	Gold	F	05/17/2009	Pacific Coast Invitational
200 Free	2:12.85L	Gold	F	05/02/2009	May Flowers
400 Free	4:48.72L		F	05/15/2009	Pacific Coast Invitational
100 Back	1:11.75L	Gold	F	06/08/2009	LCM Developmental Meet
200 Back	2:36.88L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Breast	1:22.72L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:02.68L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Fly	1:09.44L	Gold	F	05/02/2009	May Flowers
200 IM	2:35.42L	Gold	F	05/03/2009	May Flowers
Kohnke, Colton (Boy 16) [Standard: PNS Gold/Silver Time]					
50 Free	28.32L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:00.52L	Gold	F	05/17/2009	Pacific Coast Invitational
400 Free	4:48.12L		F	07/24/2009	2009 PNS Long Course Champion

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
100 Back	1:17.78L	Silver	F	05/16/2009	Pacific Coast Invitational
100 Fly	1:05.03L	Gold	P	07/26/2009	2009 PNS Long Course Champion
Meyer, Dietrich (Boy 6) [Standard: PNS Gold/Silver Time]					
50 Free	1:09.26L		F	07/18/2009	2009 Summer Grand Challenge
50 Back	1:18.69L		F	07/18/2009	2009 Summer Grand Challenge
Meyer, Haakon (Boy 8) [Standard: PNS Gold/Silver Time]					
50 Free	43.40L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:34.70L	Silver	F	07/11/2009	2009 C Age Group Seattle Open
200 Free	3:21.66L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
50 Back	52.58L	Silver	F	06/08/2009	LCM Developmental Meet
100 Back	1:51.17L	Silver	F	07/10/2009	2009 C Age Group Seattle Open
50 Breast	1:02.18L	Silver	F	07/12/2009	2009 C Age Group Seattle Open
100 Breast	2:19.20L	Silver	F	06/27/2009	Titlow Classic
200 IM	4:07.49L	Silver	F	07/10/2009	2009 C Age Group Seattle Open
Meyer, Rainer (Boy 6) [Standard: PNS Gold/Silver Time]					
50 Free	1:08.44L		F	07/18/2009	2009 Summer Grand Challenge
50 Back	1:07.68L		F	07/18/2009	2009 Summer Grand Challenge
Meyer, Ries (Boy 13) [Standard: PNS Gold/Silver Time]					
50 Free	1:05.98LL		F	06/08/2009	LCM Developmental Meet
100 Free	1:15.50L	Silver	F	06/08/2009	LCM Developmental Meet
100 Back	1:21.34L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:34.54L	Silver	F	06/08/2009	LCM Developmental Meet
Meyer, Ziven (Boy 11) [Standard: PNS Gold/Silver Time]					
50 Free	33.97L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Free	1:16.32L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Free	2:45.14L	Gold	P	07/26/2009	2009 PNS Long Course Champion
50 Back	39.45L	Gold	F	06/08/2009	LCM Developmental Meet
100 Back	1:28.38L	Gold	P	07/26/2009	2009 PNS Long Course Champion
200 Back	3:21.42L	Gold	F	06/08/2009	LCM Developmental Meet
50 Breast	46.66L	Gold	F	07/12/2009	2009 C Age Group Seattle Open
100 Breast	1:48.61L	Silver	F	06/27/2009	Titlow Classic
200 Breast	3:50.14L	Gold	F	07/10/2009	11/12 Long Course Time Trial
50 Fly	42.01L	Silver	F	06/28/2009	Titlow Classic
100 Fly	1:46.85L		F	07/10/2009	2009 C Age Group Seattle Open
200 IM	3:22.77L	Silver	F	06/28/2009	Titlow Classic
Meyers, Kellen (Boy 13) [Standard: PNS Gold/Silver Time]					
50 Free	32.99L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:12.88L	Gold	F	06/08/2009	LCM Developmental Meet
200 Free	2:52.89L	Silver	F	06/07/2009	LCM Developmental Meet
100 Back	1:30.36L	Silver	F	06/08/2009	LCM Developmental Meet
100 Breast	1:40.16L	Silver	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:39.23L	Silver	F	05/17/2009	Pacific Coast Invitational
Shelton, Tristian (Boy 13) [Standard: PNS Gold/Silver Time]					
100 Free	1:26.88L		F	06/08/2009	LCM Developmental Meet
400 Free	6:53.04L		F	06/08/2009	LCM Developmental Meet
100 Back	1:35.67L		F	06/08/2009	LCM Developmental Meet
100 Breast	1:49.54L		F	06/08/2009	LCM Developmental Meet
Soria, Jason (Boy 16) [Standard: PNS Gold/Silver Time]					
50 Free	27.07L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	58.50L	Gold	F	05/03/2009	May Flowers
400 Free	4:46.71L		F	05/15/2009	Pacific Coast Invitational
100 Back	1:07.63L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Back	2:27.61L	Gold	F	06/27/2009	Titlow Classic
100 Breast	1:16.43L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	2:52.70L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Fly	1:06.35L	Gold	F	04/19/2009	2009 PSSC April Showers
200 IM	2:26.22L	Gold	F	05/03/2009	May Flowers
Stevens, Samuel (Boy 11) [Standard: PNS Gold/Silver Time]					
50 Free	43.88L		F	07/18/2009	2009 Summer Grand Challenge
100 Free	1:50.07L		F	07/19/2009	2009 Summer Grand Challenge

Athlete Name	Best Time	Standard	P/F/T	Swim Date	Meet Name
200 Free	3:47.71L		F	07/18/2009	2009 Summer Grand Challenge
50 Back	51.09L		F	07/18/2009	2009 Summer Grand Challenge
100 Back	1:56.53L		F	07/19/2009	2009 Summer Grand Challenge
50 Fly	1:04.20L		F	07/19/2009	2009 Summer Grand Challenge
Torres, Jeremy (Boy 17) [Standard: PNS Gold/Silver Time]					
50 Free	27.55L	Gold	F	06/27/2009	Titlow Classic
100 Free	59.92L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Free	2:11.54L	Gold	F	05/02/2009	May Flowers
400 Free	4:50.70L		F	07/10/2009	2009 C Age Group Seattle Open
100 Back	1:10.55L	Gold	F	07/11/2009	2009 C Age Group Seattle Open
100 Breast	1:13.15L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Breast	2:41.69L	Gold	F	05/17/2009	Pacific Coast Invitational
100 Fly	1:09.86L	Gold	F	06/27/2009	Titlow Classic
200 IM	2:27.00L	Gold	P	07/23/2009	2009 PNS Long Course Champion
Weiner, Brendan (Boy 15) [Standard: PNS Gold/Silver Time]					
50 Free	26.54L	Gold	P	07/23/2009	2009 PNS Long Course Champion
100 Free	56.49L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Free	2:01.94L	Gold	P	07/30/2009	2009 PC LCM FAR WESTERNS CHAMPS
400 Free	4:23.00L		F	07/24/2009	2009 PNS Long Course Champion
1500 Free	17:52.24L		F	05/15/2009	Pacific Coast Invitational
100 Back	1:05.95L	Gold	P	07/26/2009	2009 PNS Long Course Champion
100 Breast	1:26.23L	Gold	F	06/08/2009	LCM Developmental Meet
100 Fly	1:03.18L	Gold	P	07/26/2009	2009 PNS Long Course Champion
200 Fly	2:23.96L	Gold	P	07/31/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 IM	2:23.37L	Gold	F	05/15/2009	Pacific Coast Invitational
400 IM	5:09.27L	Gold	F	05/16/2009	Pacific Coast Invitational
Williams, Quaid (Boy 14) [Standard: PNS Gold/Silver Time]					
50 Free	28.11L	Gold	F	04/19/2009	2009 PSSC April Showers
100 Free	59.62L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Free	2:11.11L	Gold	F	07/26/2009	2009 PNS Long Course Champion
100 Back	1:08.33L	Gold	P	08/02/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Back	2:30.69L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
100 Breast	1:22.48L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	3:00.85L	Gold	F	05/02/2009	May Flowers
100 Fly	1:11.31L	Gold	P	07/26/2009	2009 PNS Long Course Champion
200 Fly	2:47.05L	Gold	F	04/18/2009	2009 PSSC April Showers
200 IM	2:29.64L	Gold	F	05/03/2009	May Flowers
Wojtech, John (Boy 18) [Standard: PNS Gold/Silver Time]					
50 Free	25.79L	Gold	P	07/31/2009	2009 PC LCM FAR WESTERNS CHAMPS
100 Free	56.18L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Free	2:04.84L	Gold	F	05/17/2009	Pacific Coast Invitational
400 Free	4:39.50L		F	05/15/2009	Pacific Coast Invitational
800 Free	9:26.12L		F	07/23/2009	2009 PNS Long Course Champion
50 Back	33.02LL		F	05/16/2009	Pacific Coast Invitational
100 Back	1:07.71L	Gold	P	08/02/2009	2009 PC LCM FAR WESTERNS CHAMPS
200 Back	2:26.22L	Gold	P	08/01/2009	2009 PC LCM FAR WESTERNS CHAMPS
100 Breast	1:11.56L	Gold	P	07/24/2009	2009 PNS Long Course Champion
200 Breast	2:39.23L	Gold	P	07/25/2009	2009 PNS Long Course Champion
100 Fly	1:07.18L	Gold	F	06/27/2009	Titlow Classic
200 IM	2:20.03L	Gold	P	07/31/2009	2009 PC LCM FAR WESTERNS CHAMPS
Woolnough, Mark (Boy 16) [Standard: PNS Gold/Silver Time]					
50 Free	28.88L	Gold	F	05/16/2009	Pacific Coast Invitational
100 Free	1:04.07L	Gold	F	04/18/2009	2009 PSSC April Showers
200 Free	2:18.43L	Gold	F	04/19/2009	2009 PSSC April Showers
400 Free	5:04.63L		F	06/08/2009	LCM Developmental Meet
100 Back	1:10.88L	Gold	F	06/08/2009	LCM Developmental Meet
200 Back	2:41.75L	Gold	F	06/08/2009	LCM Developmental Meet
100 Breast	1:17.55L	Gold	F	05/16/2009	Pacific Coast Invitational
200 Breast	2:52.88L	Gold	F	04/18/2009	2009 PSSC April Showers