PACIFIC NORTHWEST SWIMMING

PACIFIC NORTHWEST SWIMMING

2018 SPRING SHOWDOWN
MARCH 10-11, 2018
QUALIFYING PERIOD FEBRUARY 1, 2017

15-18	14	13	12	11	10	SCY	10	11	12	13	14	15-18
29.09	28.69	29.09	29.79	31.19	45.19	50 Free	44.49	31.29	29.19	27.69	26.59	26.29
1:03.19	1:02.49	1:03.69	1:03.49	1:08.79	1:38.79	100 Free	1:35.99	1:08.99	1:04.39	1:00.99	58.29	57.59
2:16.59	2:15.69	2:18.59	2:23.89	2:30.99		200 Free		2:31.19	2:21.59	2:13.19	2:07.69	2:05.69
30.99	33.49	34.19	33.79	35.59	51.69	50 Back	51.49	35.99	33.59	32.99	31.59	31.39
1:09.39	1:09.19	1:10.79	1:13.49	1:17.39		100 Back		1:18.59	1:12.89	1:08.69	1:05.39	1:03.69
2:29.19	2:30.29	2:33.09	2:39.59	2:39.59		200 Back		2:39.29	2:39.29	2:28.69	2:23.29	2:19.09
36.49	36.89	37.09	37.89	39.89	57.49	50 Breast	56.89	40.59	37.39	35.69	35.69	31.59
1:18.79	1:18.59	1:19.79	1:22.69	1:27.49		100 Breast		1:28.99	1:21.49	1:16.29	1:13.39	1:10.79
2:50.99	2:50.79	2:53.19	3:00.19	3:00.19		200 Breast		2:59.09	2:59.09	2:46.29	2:40.39	2:35.49
32.09	32.09	32.59	32.39	34.19	53.29	50 Fly	52.69	34.59	32.09	30.89	29.39	28.89
1:08.59	1:08.69	1:10.49	1:12.89	1:18.49		100 Fly		1:19.19	1:12.59	1:07.39	1:04.09	1:02.49
2:33.39	2:35.59	2:38.99	2:47.89	2:47.89		200 Fly		2:48.49	2:48.49	2:33.49	2:26.19	2:20.39
1:14.89	1:13.09	1:13.79	1:14.39	1:18.29	1:48.39	100 IM	1:45.09	1:18.59	1:13.29	1:12.69	1:08.89	1:08.39
2:32.99	2:31.19	2:33.89	2:40.19	2:48.69		200 IM		2:49.39	2:37.89	2:37.79	2:21.99	2:19.49

15-18	14	13	12	11	10	SCM	10	11	12	13	14	15-18
31.99	31.59	31.99	32.79	34.29	50.19	50 Free	49.39	34.49	32.09	30.49	29.19	28.89
1:09.39	1:08.59	1:09.99	1:11.99	1:15.59	1:49.69	100 Free	1:46.59	1:15.89	1:10.79	1:06.99	1:03.99	1:03.19
2:29.99	2:28.99	2:32.19	2:38.09	2:45.99		200 Free		2:46.19	2:35.59	2:26.29	2:20.09	2:17.89
40.89	40.89	37.69	37.19	39.19	57.39	50 Back	57.19	39.69	36.99	36.29	34.79	34.59
1:16.29	1:16.09	1:17.89	1:20.89	1:25.19		100 Back		1:26.49	1:20.19	1:15.49	1:11.89	1:09.99
2:43.99	2:45.19	2:48.29	2:55.49	2:55.49		200 Back		2:55.19	2:55.19	2:43.49	2:37.49	2:32.79
40.19	40.69	40.89	41.79	43.99	1:03.89	50 Breast	1:03.19	44.79	41.89	38.99	37.59	37.79
1:26.69	1:26.49	1:27.89	1:31.09	1:36.39		100 Breast		1:38.09	1:29.69	1:23.99	1:20.69	1:17.89
3:08.19	3:07.99	3:10.59	3:18.39	3:18.39		200 Breast		3:17.19	3:17.19	3:02.99	2:56.39	2:50.99
35.29	35.29	35.89	35.69	37.69	59.19	50 Fly	58.49	38.09	35.29	33.99	32.29	31.79
1:15.39	1:15.49	1:17.49	1:20.19	1:26.39		100 Fly		1:27.19	1:19.89	1:14.09	1:10.39	1:08.59
2:48.69	2:51.09	2:54.89	3:04.79	3:04.79		200 Fly		3:05.39	3:05.39	2:47.79	2:40.69	2:34.19
1:22.39	1:20.39	1:21.19	1:21.89	1:26.19	2:00.39	100 IM	1:56.69	1:26.49	1:20.59	1:19.99	1:15.79	1:15.19
2:18.19	2:46.19	2:49.19	2:56.19	3:05.69		200 IM		3:06.39	2:53.69	2:42.49	2:35.99	2:33.19

15-18	14	13	12	11	10	LCM	10	11	12	13	14	15-18
32.79	32.39	32.79	33.59	35.09	47.29	50 Free	46.99	35.29	32.89	31.29	29.99	29.69
1:10.99	1:10.19	1:11.59	1:13.59	1:17.19	1:44.79	100 Free	1:42.99	1:17.49	1:12.39	1:08.59	1:05.59	1:04.79
2:33.19	2:32.19	2:35.39	2:41.29	2:49.19		200 Free		2:49.49	2:38.79	2:29.49	2:23.29	2:21.09
41.49	41.49	38.29	37.79	39.79	55.19	50 Back	56.59	40.29	37.59	36.89	35.39	35.19
1:17.49	1:17.29	1:19.09	1:22.09	1:26.39		100 Back		1:27.69	1:21.39	1:16.69	1:13.09	1:11.19
2:46.39	2:47.59	2:50.69	2:57.89	2:57.89		200 Back		2:57.59	2:57.59	2:45.89	2:39.89	2:35.19
41.39	41.69	41.89	42.79	44.99	1:02.29	50 Breast	1:03.59	45.79	42.19	39.99	38.59	38.79
1:28.69	1:28.49	1:27.89	1:35.09	1:38.39		100 Breast		1:40.09	1:31.69	1:25.99	1:22.69	1:19.89
3:12.19	3:11.99	3:14.59	3:08.79	3:08.79		200 Breast		3:21.19	3:21.19	3:06.99	3:00.39	2:44.99
35.99	35.99	36.59	36.39	38.49	57.99	50 Fly	56.89	38.79	35.99	34.69	32.99	32.49
1:16.79	1:16.89	1:18.89	1:21.59	1:27.79		100 Fly		1:28.59	1:21.29	1:15.49	1:11.79	1:09.99
2:51.49	2:53.89	2:57.69	3:07.59	3:07.59		200 Fly		3:08.19	3:08.19	2:51.59	2:43.49	2:36.99
2:51.39	2:49.39	2:52.39	2:59.39	3:08.89		200 IM		3:09.59	2:56.89	2:45.69	2:39.19	2:36.39

11&O Athletes who are qualified for Age Group Regionals are disqualified from participating in this meet.

10&U Athletes must have a Silver Time in the events they wish to participate in.

12/26/17 JS