



## 2007-008 CALENDAR RECOMMENDATIONS

### Technical Planning 2007-2008 Calendar Recommendations

When developing the 2007-2008 meet calendar, technical planning kept the following goals in mind:

- Offering a varied meet schedule to meet the needs of all athletes from beginning to senior
- Creating meets that offered variety in events and structure
- Working from the championship season backwards to make sure that the 'tracks' aligned for all groups.
- Creativity in calendar; not just offering what we have always offered because it is easy.

We feel our schedule best represents our goals for the 2007-2008 swim season.



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## 2007-008 CALENDAR RECOMMENDATIONS

October 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6 Special Meets
7 Special Meets	8	9	10	11	12	13 House of Delegates
14 PNS banquet	15	16	17	18	19	20 October Challenge
21 October challenge	22	23	24	25	26	27 Special Meets Senior Meet
28 Special Meets Senior Meet						

### Rationale

The month of October is staying relatively close to the past meet's calendar. The one change relates to the special meets and the HOD meeting due to the fact that convention is in California from 9/25-9/30 which is later than normal. There will still be a weekend of **Special Meets** prior to the association kick off of the October challenge.

The **October challenge** will still be the large kick off for our meet season. It will follow the same format as the October challenge of the 2006 season. The meets will be geared at 1800 splashes so that the timelines are not too long for this first meet.

The last weekend of October will still be a **Senior Meet Weekend** as well as a **Special Meet Weekend** as it has in the past.



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## 2007-008 CALENDAR RECOMMENDATIONS

### November 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Special Meets (**)
4 Special meets (**)	5	6	7	8	9 Girls State	10 Girls State
11 "Q" Meet	12	13	14	15	16	17 North/South Invite
18 North/South Invite	19	20	21	22	23	24
25	26	27	28	29 Husky Invite  Short course Nationals	30 Husky Invite  Short Course Nationals	

#### November rationale

Our November calendar is quite different than the years past. We did not offer a November challenge because the weekend that it would work (November 3<sup>rd</sup> and 4<sup>th</sup>), was a major high school districts meet weekend and did not feel there would be enough pools/officials available. We did, however, make that weekend a **Special Meet** where we will allow teams to create their own meets and encourage them to host meets where there is a wide selection of event choice (similar to the challenge meets). By doing this, we will allow teams to create meets that they feel meet their needs best.

Historically, PNS has always offered a distance meet at KCAC the day after state. While these meets are beneficial for our athletes, it is difficult to find a host due to the high price of renting the facility. Rather than offering the distance meet, TPC would like to encourage our clubs to host distance meets in the compounds of their own facility at a time that is easy and convenient for them (with the proper officials in place, etc.). TPC, alongside of Program Operations is working to prepare a step-by step guide for teams to follow to get sanctioning for these distance meets.

A second major change to the November calendar is the switch to the **Q Meet** the day after state. This meet would be geared at swimmers who do not meet any PNS standards and give them a chance to swim a one day meet at the aquatic center. We are hoping that the switch in days to early November versus Late December will encourage participation as well as give the next level athlete a meet at the aquatic center. The meet will continue to use the silver qualifying times standards.

The final change for the month of November is the addition of the **North/South Invitational**. These meets were created to bring our higher level athletes together to get good competition out of them. There will be one meet in the North and one in the South (boundaries that were drawn up in Dec. 06) These meets will once again allow bonus events to help swimmers qualify for a few more events at PNS champs. These meets serve as a good track for the higher level swimmer. The November meet will use PNS Gold standards as qualifying times for the meet. Swimmers will still be allowed to swim bonus events.



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December 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Grand Pentathlon  Husky Invite  SC Nationals
2 Husky Invite	3	4	5	6	7 14 & under PNS champs (afternoon)	8 14 & under PNS champs
9 14 & under PNS champs	10	11	12	13	14 Senior PNS champs	15 Senior PNS champs
16 Senior PNS champs	17	18	19	20	21	22
23	24	25	26	27	28	29

### December Rationale

The December Meet schedule has the same goals in mind as past Decembers: Championships. This year starts off with the **Husky Invite** which is an approved PNS meet. On December 1<sup>st</sup>, we will be offering the **Grand Pentathlon** which will be a 'championship' meet for swimmers who have not qualified for PNS champs. The Dequal standard in place will be one PNS time. The reason for not allowing swimmers who have only 1-2 PNS time standards in this meet is that we would like to give our non-PNS qualifiers a chance to shine. In addition, with it being a pentathlon, it is impossible to exclude someone from one event. For example, they have qualified for PNS in the 50 fly. In order to get the pentathlon scoring, they would still need to complete that event, thus creating 'fast' swimming in our meet which is geared for non qualifiers. This meet will be a one day format (11 & under's in the 12 & over's in the afternoon). There will be upgraded awards. 12 & unders complete the 50's of the stroke and 100 IM and the 13 & overs complete the 100's of the stroke and the 200 IM.

The biggest change to our championship season is the split to two PNS championships. A **14 & under Champs** and a **Senior Champs**. The 14 & under champs will follow a 2 ½ day format (Friday afternoon through Sunday with prelims and finals on Saturday and Sunday). Swimmers with only one PNS standards may enter a bonus event. The Senior Champs would be the next weekend and swimmers 14 & under may swim in both meets if they meet qualifying standards. The Senior meet would follow a 3 day national format with prelims and finals. We are still working on the details of event limits, qualifying standards, targeted # of heats, etc.

## 2007-008 CALENDAR RECOMMENDATIONS

January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Senior Circuit
6 Senior Circuit	7	8	9	10	11	12 January Challenge
13 January Challenge	14	15	16	17 Wash Open	18 Wash Open	19 Wash Open  Special Meet
20 Wash Open  Special Meet	21	22	23	24	25	26 Special Meet
27 Special Meet	28	29	30	31		

### January Rationale

One of the important things to first realize that when designing the January calendar that our first go round was met with opposition from the Aquatic Center. The aquatic center has historical events planned on the following dates and is unavailable for our use:

- January 12<sup>th</sup>
- January 26<sup>th</sup>
- February 2<sup>nd</sup>

The January calendar kicks off with the **Senior Circuit** meet on January 5<sup>th</sup> and 6<sup>th</sup> which is an approved PNS meet. The meet is set by the section and as a committee we have no control over it.

The next weekend, January 12<sup>th</sup> and 13<sup>th</sup>, is the **January Challenge**. This meet will follow the format of the current challenge meets.

The **Washington Open** meet will be held January 17<sup>th</sup>-20<sup>th</sup>. While this weekend was not our first choice, it is the only time within a month period where KCAC is available for 4 straight days.

We have also designated the last two weekends of January (19<sup>th</sup>-20<sup>th</sup> & 26<sup>th</sup> & 27<sup>th</sup>) as **Special Meet weekends** so that teams can once again have their choice of meets that are offered these weekends based on their desired schedule, pool availability, etc.



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## 2007-008 CALENDAR RECOMMENDATIONS

### February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Special Meet
3 Special Meet	4	5	6	7	8	9 Special Meet
10 Special Meet	11	12	13	14	15 Boys state	16 Boys State
17 1000/1650 meet	18 Presidents Day	19	20	21	22	23 North/South Invite
24 North/South Invite	25	26	27	28	29	

#### February rationale

In February, we once again run into the same problems as in November with high school district swim meets. North Pools are generally booked the weekend of the 9<sup>th</sup> and 10<sup>th</sup> whereas South Pools are booked the 2<sup>nd</sup> and 3<sup>rd</sup>. It also puts a strain on our officials. In light of this, we have opened the first two weekends in February as **Special Meets**. We will once again encourage clubs to host meets where the event offerings are multiple (similar to the Challenge Meets).

We will once again offer the **1000/1650** meet the day after boys state. While we want to encourage teams to go about setting these meets up on their own, we do want to have one opportunity available for the entire association so that all swimmers have the opportunity to participate. This meet will not have time standards. We will also NOT offer the time trial meet after the 1000/1650 meet as attendance has been extremely light and it is no longer serving its original purpose.

Our last two meet of the month will be the 2<sup>nd</sup> and final **North/ South Age Group Invitationals** as a tuner for the championship season in March. The same format as November will be used. However, entry to this meet will be based on PNS time standards with bonus events in place.

## 2007-008 CALENDAR RECOMMENDATIONS

March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 March Challenge
2 March Challenge	3	4	5 Sr Sectionals (LC)	6 Sr Sectionals	7 Sr Sectionals	8 Sr Sectionals
9 Sr Sectionals	10	11	12	13	14 Age Group sectionals	15 Age Group Sectionals
16 Age Group Sectionals	17	18	19	20	21	22 Grand Pentathlon
23 Easter	24	25	26	27 NCAA	28 NCAA	29 NCAA

### March Rationale

The March meet schedule was difficult for us to put together as there are two meets that are still unknown:

- **Senior Sectionals:** if and when there will still be a Senior Sectional meet as there is no longer a National meet in April.
- **Age group sectionals:** the likely weekend of this meet is March 14<sup>th</sup>-16<sup>th</sup>. However, it is dependant on approval at the 2007 age group sectional meet.

March begins with the **March challenge** (March 1<sup>st</sup> and 2<sup>nd</sup>) which will follow the reverse format to the January challenge.

After age group sectionals, we will finish off the age group short course season with the **Grand Pentathlon** on Saturday, March 22<sup>nd</sup>. This meet will be for non age group/senior sectional qualifiers and follow the same criteria as the December Grand Pentathlon.

## 2007-008 CALENDAR RECOMMENDATIONS

April 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12 Special meet
13 Special Meet	14	15	16	17	18	19 Special Meet
20 Special Meet	21	22	23	24	25	26 LC Development (KCAC) Special Meet
27 LC Development (KCAC) Special Meet	28	29	30	31		

### April Rationale

Historically, April has always been a **Special meet** month as teams take their spring breaks at varying times, if at all. We have designated the middle two weekends (April 12<sup>th</sup> & 13<sup>th</sup> and April 19<sup>th</sup> & 20<sup>th</sup>) as **Special Meets**.

We will end April with kicking off the long course age group season with a **LC Development Meet** April 26<sup>th</sup> and 27<sup>th</sup> at KCAC. This meet will meet the criteria that has been used in the past for LC development. To accommodate more swimmers that weekend, we will also open up that meet as a **special meet weekend** for additional short or long course meets.

## 2007-008 CALENDAR RECOMMENDATIONS

May 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Senior LC  LC Development  SC Development
4 Senior LC  LC Development  SC Development	5	6	7	8	9	10 HOD meeting
11	12	13	14	15	16 LC age group (KCAC)	17 LC age Group (KCAC)  Special Meet
18 LC age Group (KCAC)  Special Meet	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31 LC Development Meet (no KCAC)

### May Rationale

The May calendar is similar to past May's as we deal with working around the availability of KCAC during the long course season. The one addition to the May calendar (June & July as well) is the addition of the **Short Course Development meets**. These meets will be designed by PNS to address the needs of our beginning swimmers. The format for these meets is as follows:

- A one day format that focuses on the shorter events for our newer swimmers.

## 2007-008 CALENDAR RECOMMENDATIONS

June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 LC Development Meet (no KCAC)	2	3	4	5	6	7 Distance Meet SC Course Development Meet
8 SC Development Meet	9	10	11	12	13	14 LC Development (KCAC)
15 LC Development (KCAC)	16	17	18	19	20	21 Special Meet
22 Special Meet	23	24	25	26	27 LC Gold Meet (KCAC)	28 LC Gold Meet (KCAC) Special Meet
29 LC Gold Meet (KCAC) Special Meet	30 Olympic Trials					

### June Rationale

The June Calendar is relatively the same as past Junes', again, dealing with the pool issues. The one main difference is that we do not close any weekend in June as to continue offering our teams opportunities to host meets that works bests for their facilities.

We did again add the **Short Course Development** meet to the first weekend in June which will be geared at the beginning swimmer and the format of the meet supplied by PNS.

## 2007-008 CALENDAR RECOMMENDATIONS

July 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Trials	2 Trials	3 Trials	4	5
6	7	8	9	10 Senior LC Meet	11 Gold LC Meet (KCAC)  Senior LC Meet	12 Gold LC Meet (KCAC)  Sr LC Meet  SC Development
13 Gold LC Meet (KCAC)  Special Meet  SC Development	14	15 Senior Sectionals	16 Senior Sectionals	17 Senior Sectionals	18 Senior Sectionals  Gold LC Meet  LC Development meet	19 Senior Sectionals  Gold LC Meet  LC Development meet
20  Gold LC Meet  LC Development meet	21	22	23	24	25	26 Grand Challenge (KCAC)
27 Grand Challenge (KCAC)	28 Senior Nationals	29 Senior Nationals	30 Senior Nationals	31 LC Champs  Senior Nationals	1 LC Champs	2 LC Champs

### July/August Rationale

One of our main goals for the long course season was to offer an additional **Long Course Gold meet** during the month of July. This new meet will be held at KCAC on the weekend of July 11<sup>th</sup>-13<sup>th</sup>. The goal of this meet is to relieve some of the pressure that our long course meets have throughout the season. Additionally, this meet gives our zone level swimmers another opportunity to qualify for zones. For the 2008 summer we are unable to extend the zone qualifying period to PNS champs because of the way the calendar falls (Zones is August 5<sup>th</sup>-9<sup>th</sup>). We have again added a Short Course development meet and have designated the weekend of the 12<sup>th</sup> for any additional **Special Meets**.

The 2007-2008 Swim Calendar culminates with the championship series of PNS champs, Senior Nationals, Junior Nationals, and Zones.