

PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

GIRLS ELEVEN YEARS - SHORT COURSE CHAMPIONSHIPS – 2007

QUALIFIERS				
NAME	TEAM	REGIS	EVENTS	PAST
Adelmann, Erin	PAC	5-28-2002	3	06
An, Shannon	BC	10-20-2004	1	
Anderson, Sarah	OAC	9-4-2004	1	
Ao, Abby	KING	9-14-2006	2	
Armstrong, Cathryn	SSC	1-30-2003	5	06R
Benson, Hannah	CSC	10-10-2003	14	05-06
Bonner, Alison	TSC	10-16-2003	2	
Brooks, Ella	SSC	9-27-2005	9	06R
Burdine, Anna	WWA	11-15-2004	2	
Carlson, Ashley	WEST	1-14-2003	3	
Castillo, Samantha	KING	10-5-2004	1	06
Chan, Luisa	SBAY	10-19-2004	3	
Coleman, Melody	MMSC	7-11-2002	8	05R-06
Cox, Caitlin	BC	9-9-2005	11	05-06
Cunliffe, Hannah	KING	10-19-2005	4	06
Davidson, Katie	CSC	9-30-2002	13	06
Davis, Madison	SST	3-4-2004	10	05R-06
Deedrick, Mary Margaret	TSC	10-14-2004	3	06R
Delacruz-Gunderson, Rebecca	SSC	5-24-2004	7	05-06
Elkayssi, Malika	WAVE	6-28-2004	2	06R
Epoch, Juliana	CSC	9-26-2004	3	
Fenster, Abigail	KING	11-24-2003	1	
Fontana, Natalie	BC	9-19-2006	1	
Francois, Michelle	BC	3-17-2004	13	06
Garrison, Shelby	SSC	10-3-2003	7	06R
Ginnis, Morgan	MMSC	9-25-2000	17	05-06
Gwo, Lorea	KING	11-26-2004	11	06
Halverson, Amelia	XCEL	9-29-2006	1	
Hansen, Rachel	KING	5-11-2001	15	05-06
Hardenbrook, Rebecca	S	9-26-2003	2	05R-06R
Harris, Taylor	KING	11-6-2002	16	05-06
Harrison, Courtney	NWAC	12-14-2006	10	
Hartman-Vieselmeyer, Jensen	ESC	3-21-2006	2	
Hoff, Catherine	KING	9-8-2003	13	05-06
Jeong, Clare	KING	10-22-2003	14	05-06
Kawaguchi, Megan	WWA	10-7-2005	6	06
Keane, Anna	WEST	1-21-2003	11	06
Kim, Estelle	KING	10-16-2003	2	06
Kimura, Anna	BEST	10-15-2004	10	05-06
Knapik, Danielle	NSYS	11-16-2005	8	06
Koksu, Emily	KING	9-9-2005	1	
Kosykh, Anastasia	IST	4-10-2005	9	06
Lanz, Avalon	KING	9-29-2003	2	
Levy, Geneva	BISC	9-10-2004	11	
Liang, Lillian	NSYS	10-15-2004	2	05R-06
Lium, Riley	WEST	7-15-2002	4	05-06
Lobdell, Julia	TSC	7-9-2003	11	06
Luketich, Anna	KING	9-14-2006	1	
Ma, Jacqueline	C	10-11-2003	1	
Mackie, Katherine	KING	9-8-2003	13	05-06
Malone, Brooke	KING	10-13-2007	1	
Moffatt, Vanessa	KING	12-29-2003	10	06
Morales-Garcia, Alex	CSC	9-26-2004	4	06R

Munoz, Stephanie	IST	5-21-2004	3	
Ngo, Naomi	IST	4-12-2003	7	06R
O'Sullivan, Martha	OAC	10-13-2005	2	
Pana, Maggie	BEST	10-15-2003	14	05R-06
Payne, Amelia	OAC	6-14-2004	8	
Peirano, Anna	BISC	9-23-2005	12	06
Phillips, Kyndal	KING	5-23-2005	3	
Pieper, Hannah	SSC	5-7-2004	9	05R-06
Roberson, Kayla	PRO	11-12-2004	14	05R-06
Salgado, Pia	C	10-20-2004	5	
Seaton, Margaret	BC	9-9-2005	1	06
Seidel, Alex	BC	9-10-2004	9	05-06
Shewchuk, Taylor	BBST	10-4-2005	2	
Smerekanych, Alexandra	IST	12-31-2004	11	06
Smith, Regan	VAST	11-16-2004	2	
Stefanescu, Jenny	KING	2-16-2006	5	
Steinhauer, Sabrina	BC	9-10-2004	8	06
Straume, Ingrid	SSCD	1-26-2004	3	
Tallman, Cassie	KING	7-17-2003	16	05-06
Vanderwel, Heidi	WEST	10-3-2003	15	05-06
Wang, Adrienne	C	2-3-2005	3	
Webber-Bruya, Ann	WWA	1-12-2005	1	
White, Alyssa	WEST	10-15-2004	1	
Williams, Erin	BISC	6-13-2006	1	
Win, Mimi	WAVE	10-16-2003	15	05R-06
Yelle, Sarah	SSC	10-15-2002	2	

RELAY ONLY SWIMMERS				
Cantarano, Alison	SSCD	10-21-2002	R/O	
Dickens, Djenne	SSC	9-24-2005	R/O	
Norris, Kennedy	IST	11-17-2006	R/O	
Sievers, Nikki	SSCD	2-7-2007	R/O	
Voss, Clara	WAVE	10-4-2004	R/O	

79 SWIMMERS - 508 SWIMS – 6.43 AVG.
5 RELAY ONLY SWIMMERS
7 QUALIFIED SWIMMERS – NO COMPETE

50 YARD FREESTYLE				
RANK	TIME	NAME	TEAM	DATE
26.51		Ginnis, Morgan	MMSC	3/23/2007
27.39	26.86	Vanderwel, Heidi	WEST	10/21/2007
28.07		Lobdell, Julia	TSC	11/18/2007
28.10		Tallman, Cassie	KING	11/18/2007
28.13	27.85	Davidson, Katie	WAVE	3/23/2007
28.34		Harris, Taylor	KING	11/17/2007
28.51		Hansen, Rachel	KING	11/18/2007
28.52	27.89	Roberson, Kayla	PRO	10/21/2007
28.52		Hoff, Catherine	KING	11/17/2007
28.74		Mackie, Katherine	UN	11/17/2007
28.75	28.54	Pana, Maggie	BEST	4/28/2007
28.78		Jeong, Clare	KING	10/20/2007
29.00		Win, Mimi	WAVE	10/20/2007
29.23		Benson, Hannah	CSC	11/17/2007
29.33		Seidel, Alex	BC	11/17/2007
29.34	30.03	Cox, Caitlin	BC	11/4/2007
29.48		Harrison, Courtney	NWAC	3/31/2007

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29.54		Gwo, Lorea	BEST	3/2/2007
29.72	30.03	Stefanescu, Jenny	KING	11/17/2007
29.78		Levy, Geneva	BISC	11/4/2007
29.80		Peirano, Anna	BISC	11/4/2007
29.84		Hartman-Vieselmeier, Jensen	ESC	10/21/2007
29.95		Kimura, Anna	BEST	3/31/2007
30.01	30.21	Steinhauer, Sabrina	BC	11/4/2007
30.05	NS	Knapik, Danielle	NSYS	10/20/2007
30.07		Ngo, Naomi	IST	11/18/2007
30.07		Kosykh, Anastasia	IST	11/4/2007
30.23		Liang, Lillian	NSYS	10/20/2007
30.26		Garrison, Shelby	SSC	11/17/2007
30.29		Castillo, Samantha	KING	11/18/2006
30.44		Davis, Madison	SST	2/10/2007
30.44		Cunliffe, Hannah	KING	11/19/2006
30.49		Keane, Anna	WEST	10/20/2007
BONUS	30.28	Koksu, Emily	KING	
BONUS	30.36	Chan, Luisa	SBAY	
BONUS	33.58	Malone, Brooke	KING	
BONUS	34.01	Anderson, Sarah	OAC	

100 YARD FREESTYLE

RANK	TIME	NAME	TEAM	DATE
57.43	54.91	Ginnis, Morgan	MMSC	10/27/2007
59.81		Tallman, Cassie	KING	11/17/2007
1:00.35		Vanderwel, Heidi	WEST	10/20/2007
1:00.48		Hoff, Catherine	KING	11/17/2007
1:00.66		Harris, Taylor	KING	11/17/2007
1:00.82	1:00.43	Hansen, Rachel	KING	11/17/2007
1:01.05	59.95	Davidson, Katie	UN	10/20/2007
1:01.81	1:01.57	Pana, Maggie	BEST	11/17/2007
1:02.32	1:03.22	Benson, Hannah	CSC	11/17/2007
1:03.19	1:03.16	Mackie, Katherine	UN	11/17/2007
1:03.33	1:02.74	Roberson, Kayla	PRO	11/17/2007
1:04.10	1:03.62	Gwo, Lorea	KING	11/17/2007
1:04.71		Davis, Madison	SST	3/31/2007
1:05.19	1:02.39	Win, Mimi	WAVE	3/10/2007
1:05.47	1:04.12	Stefanescu, Jenny	KING	11/17/2007
1:05.50	1:05.52	Kawaguchi, Megan	WWA	11/17/2007
1:05.57		Jeong, Clare	KING	10/20/2007
1:05.59	1:07.74	Knapik, Danielle	NSYS	10/20/2007
1:05.63		Francois, Michelle	BC	10/20/2007
1:05.77		Harrison, Courtney	NWAC	3/31/2007
1:06.03	1:05.12	Garrison, Shelby	SSC	11/17/2007
1:06.87	1:04.26	Johnson, Ella	UN	
1:07.43		Brooks, Ella	SSC	11/17/2007
1:07.50	1:06.51	Steinhauer, Sabrina	BC	11/17/2007
1:07.50	DQ	Kim, Estelle	KING	11/17/2007
1:07.51	1:05.62	Kosykh, Anastasia	IST	10/20/2007
1:07.52	1:05.72	Lobdell, Julia	TSC	10/20/2007
1:07.81		Levy, Geneva	BISC	11/4/2007
1:07.93		Cox, Caitlin	BC	10/20/2007
1:07.99	1:10.99	Morales-Garcia, Alex	CSC	11/17/2007
1:08.36	1:07.62	Phillips, Kyndal	KING	11/17/2007
1:08.54	1:07.86	Pieper, Hannah	SSC	11/17/2007
1:08.79		Peirano, Anna	BISC	10/20/2007

1:08.80	1:08.90	Salgado, Pia	C	11/17/2007
1:09.04	1:08.29	Delacruz-Gunderson, Rebecca	SSC	11/17/2007
1:09.13		Smerekanych, Alexandra	IST	11/17/2007
1:09.18	1:11.31	Adelmann, Erin	PAC	2/24/2007
BONUS	1:10.44	Smith, Regan	VAST	
BONUS	1:11.02	Armstrong, Cathryn	SSC	
BONUS	1:11.02	Bonner, Ali	TSC	
BONUS	1:11.62	An, Shannon	BC	
BONUS	1:12.27	Fontana, Natalie	BC	
BONUS	NS	Halverson, Amelia	XCEL	

200 YARD FREESTYLE

RANK	TIME	NAME	TEAM	DATE
2:03.96	2:01.10	Ginnis, Morgan	MMSC	10/20/2007
2:06.11	2:07.82	Hoff, Catherine	KING	11/17/2007
2:06.72		Harris, Taylor	KING	11/17/2007
2:09.67		Vanderwel, Heidi	WEST	10/20/2007
2:09.80	2:07.92	Tallman, Cassie	KING	11/17/2007
2:11.96	2:13.54	Hansen, Rachel	KING	11/17/2007
2:12.13	2:11.42	Benson, Hannah	CSC	3/23/2007
2:12.59	2:11.37	Davidson, Katie	UN	10/20/2007
2:14.87	2:14.40	Pana, Maggie	BEST	11/17/2007
2:15.99	2:12.55	Roberson, Kayla	PRO	11/17/2007
2:16.05	2:19.13	Mackie, Katherine	UN	11/17/2007
2:16.37		Jeong, Clare	KING	10/20/2007
2:18.94	2:18.95	Francois, Michelle	BC	10/20/2007
2:19.54	2:18.85	Lobdell, Julia	TSC	11/17/2007
2:20.03	2:15.64	Win, Mimi	WAVE	11/17/2007
2:20.75	2:18.90	Stefanescu, Jenny	KING	11/17/2007
2:20.78		Davis, Madison	SST	3/31/2007
2:23.21	NS	Morales-Garcia, Alex	CSC	10/20/2007
2:23.25	2:17.11	Levy, Geneva	BISC	10/20/2007
2:24.19		Peirano, Anna	BISC	11/17/2007
2:24.37	2:23.84	Kosykh, Anastasia	IST	10/20/2007
2:24.49		Gwo, Lorea	KING	11/17/2007
2:25.09	2:25.79	Kim, Estelle	KING	11/17/2007
2:27.54		Cox, Caitlin	BC	10/20/2007
2:27.58	2:34.01	Knapik, Danielle	NSYS	10/20/2007
2:28.09		Harrison, Courtney	NWAC	3/31/2007
2:28.11		Keane, Anna	WEST	11/17/2007
2:29.22	2:25.60	Phillips, Kyndal	KING	11/17/2007
2:29.50		Payne, Amelia	OAC	10/20/2007
2:29.50	2:24.13	Garrison, Shelby	SSC	10/20/2007
2:29.99		Smerekanych, Alexandra	IST	11/17/2007
2:31.01	2:34.45	Adelmann, Erin	PAC	3/31/2007
2:32.20		Pieper, Hannah	SSC	10/20/2007
2:32.35		Steinhauer, Sabrina	BC	10/20/2007
2:32.37	2:22.73	Kawaguchi, Megan	WWA	3/10/2007
2:38.75S		Moffatt, Vanessa	KING	10/19/2007
BONUS	NS	Lium, Riley	WEST	

500 YARD FREESTYLE

RANK	TIME	NAME	TEAM	DATE
5:22.30	5:24.95	Ginnis, Morgan	MMSC	10/27/2007
5:41.36	5:42.39	Tallman, Cassie	KING	11/17/2007
5:43.00	5:42.19	Hoff, Catherine	KING	11/17/2007
5:49.14	5:43.98	Benson, Hannah	CSC	3/31/2007
5:51.32	5:37.75	Vanderwel, Heidi	WEST	10/20/2007



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5:55.06	5:50.62	Davidson, Katie	UN	10/20/2007
5:56.83	5:46.76	Hansen, Rachel	KING	11/17/2007
5:59.08		Harris, Taylor	KING	2/24/2007
6:05.98	6:07.69	Francois, Michelle	BC	10/20/2007
6:06.19		Roberson, Kayla	PRO	11/17/2007
6:14.07	6:08.96	Lobdell, Julia	TSC	11/17/2007
6:19.95	6:25.15	Levy, Geneva	BISC	11/17/2007
6:22.87		Jeong, Clare	KING	2/24/2007
6:22.96	6:09.29	Stefanescu, Jenny	KING	11/17/2007
6:23.43		Davis, Madison	SST	3/31/2007
6:24.95	NS	Morales-Garcia, Alex	CSC	10/20/2007
6:35.35		Harrison, Courtney	NWAC	3/10/2007
6:36.96	NS	Lium, Riley	WEST	11/17/2007
6:37.18	DQ	Garrison, Shelby	SSC	11/17/2007
5:28.67S		Mackie, Katherine	UN	10/19/2007
5:25.32L		Pana, Maggie	BEST	7/13/2007
5:44.75L		Moffatt, Vanessa	KING	7/13/2007
BONUS	6:35.67	Coleman, Melody	MMSC	
BONUS	6:36.35	Kim, Estelle	KING	

1650 YARD FREESTYLE

RANK	TIME	NAME	TEAM	DATE
19:28.74	19:21.09	Hansen, Rachel	KING	11/12/2007
19:37.27	19:31.46	Benson, Hannah	CSC	11/10/2007
19:37.62		Tallman, Cassie	KING	11/12/2007
19:46.82		Harris, Taylor	KING	11/12/2007
19:50.37	18:53.01	Ginnis, Morgan	MMSC	2/18/2007
BONUS	21:35.54	Stefanescu, Jenny	KING	
BONUS	22:47.98	Garrison, Shelby	SSC	
BONUS	23:17.62	Brooks, Ella	SSC	

50 YARD BACKSTROKE

RANK	TIME	NAME	TEAM	DATE
31.23		Vanderwel, Heidi	WEST	10/20/2007
32.04		Jeong, Clare	KING	11/17/2007
32.13		Ginnis, Morgan	MMSC	2/10/2007
32.86		Harris, Taylor	KING	11/18/2006
33.20	32.00	Seidel, Alex	BC	11/17/2007
33.49		Hoff, Catherine	KING	3/10/2007
33.90	34.20	Ngo, Naomi	IST	11/17/2007
33.92	32.84	Johnson, Ella	UN	
34.12	32.71	Gwo, Lorea	BEST	3/2/2007
34.16	34.35	Cox, Caitlin	BC	11/4/2007
34.28	34.18	Kimura, Anna	BEST	11/17/2007
34.36		Tallman, Cassie	UN	3/10/2007
34.37	34.07	Steinhauer, Sabrina	BC	11/4/2007
34.66		Keane, Anna	WEST	11/17/2007
34.77	35.08	Armstrong, Cathryn	SSC	11/17/2007
35.00		Pana, Maggie	BEST	4/28/2007
35.02		Benson, Hannah	CSC	2/10/2007
35.15		Mackie, Katherine	BC	3/10/2007
35.16		Davidson, Katie	WAVE	4/28/2007
35.17	32.99	Brooks, Ella	SSC	10/6/2007
35.25		Roberson, Kayla	PRO	10/20/2007
35.35		Payne, Amelia	OAC	10/20/2007
35.35		Peirano, Anna	BISC	10/20/2007
35.68		Kosykh, Anastasia	IST	11/4/2007

35.69	35.71	Kawaguchi, Megan	WWA	4/28/2007
35.71		Davis, Madison	SST	3/31/2007
35.76		Pieper, Hannah	SSC	10/6/2007
35.81		Fenster, Abigail	KING	1/13/2007
35.92		Coleman, Melody	MMSC	4/28/2007
35.93		Lobdell, Julia	TSC	11/17/2007
35.97	35.36	Bonner, Alison	TSC	10/20/2007
36.08		Win, Mimi	WAVE	10/6/2007
36.12	36.27	Munoz, Stephanie	IST	11/4/2007
36.17	35.43	Ao, Abby	KING	11/17/2007
36.54		Elkayssi, Malika	WAVE	4/28/2007
36.54	36.09	Salgado, Pia	C	11/4/2007
36.56		Knapik, Danielle	NSYS	10/20/2007
BONUS	37.64	Williams, Erin	BISC	
BONUS	39.08	O'Sullivan, Martha	OAC	

100 YARD BACKSTROKE

RANK	TIME	NAME	TEAM	DATE
1:04.62	1:03.76	Ginnis, Morgan	MMSC	3/23/2007
1:06.08	1:03.86	Vanderwel, Heidi	WEST	10/20/2007
1:06.30	1:06.74	Hoff, Catherine	KING	11/17/2007
1:08.91	1:08.25	Jeong, Clare	KING	11/17/2007
1:10.44		Harris, Taylor	KING	3/23/2007
1:11.19		Tallman, Cassie	KING	3/31/2007
1:12.60	1:13.14	Keane, Anna	WEST	11/17/2007
1:12.86	1:13.80	Johnson, Ella	UN	
1:13.45		Coleman, Melody	MMSC	10/20/2007
1:13.80		Roberson, Kayla	PRO	11/17/2007
1:14.10	1:14.56	Pana, Maggie	BEST	3/10/2007
1:14.24	1:14.30	Steinhauer, Sabrina	BC	11/17/2007
1:14.25		Benson, Hannah	CSC	10/20/2007
1:14.28		Davidson, Katie	WAVE	3/10/2007
1:14.37	1:14.37	Cox, Caitlin	BC	10/20/2007
1:14.47	1:15.59	Lobdell, Julia	TSC	3/23/2007
1:15.32		Win, Mimi	WAVE	10/20/2007
1:15.37	1:12.63	Seidel, Alex	BC	10/20/2007
1:15.54	1:17.18	Ngo, Naomi	IST	11/17/2007
1:15.87	1:18.53	Payne, Amelia	OAC	10/20/2007
1:16.24	1:16.43	Bonner, Alison	TSC	11/17/2007
1:16.30	1:15.27	Garrison, Shelby	SSC	11/17/2007
1:16.58		Kimura, Anna	BEST	1/13/2007
1:16.68		Peirano, Anna	BISC	11/4/2007
1:16.96	1:14.61	Armstrong, Cathryn	SSC	11/17/2007
1:17.24		Gwo, Lorea	BEST	3/2/2007
1:17.37	1:16.16	Kosykh, Anastasia	IST	10/20/2007
1:17.50		Francois, Michelle	BC	10/20/2007
1:17.52	1:14.73	Pieper, Hannah	SSC	10/20/2007
1:17.66	1:17.15	Knapik, Danielle	NSYS	10/20/2007
1:17.71		Brooks, Ella	SSC	10/20/2007
1:17.85	1:16.89	Kawaguchi, Megan	WWA	11/17/2007
1:27.48L		Mackie, Katherine	BC	7/13/2007
BONUS	1:18.11	Salgado, Pia	C	
BONUS	1:21.08	Ma, Jacqueline	C	
BONUS	DQ	Simpson, Sara	BC	
BONUS	DQ	Munoz, Stephanie	IST	
BONUS	NS	Ao, Abby	KING	

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200 YARD BACKSTROKE				
RANK	TIME	NAME	TEAM	DATE
2:17.35	2:16.87	Ginnis, Morgan	MMSC	11/17/2007
2:25.24	2:22.41	Jeong, Clare	KING	11/17/2007
2:30.49	2:14.86	Vanderwel, Heidi	WEST	3/31/2007
2:30.56	2:22.37	Hoff, Catherine	KING	2/10/2007
2:31.98		Harris, Taylor	KING	2/10/2007
2:34.29		Tallman, Cassie	KING	3/31/2007
2:38.69	2:33.54	Seidel, Alex	BC	10/20/2007
2:41.17	2:32.70	Win, Mimi	WAVE	10/20/2007
2:41.79	2:39.63	Lobdell, Julia	TSC	10/20/2007
2:41.92		Cox, Caitlin	BC	10/20/2007
2:42.28		Francois, Michelle	BC	10/20/2007
2:42.62	2:44.51	Garrison, Shelby	SSC	10/20/2007
2:43.50	2:41.81	Pieper, Hannah	SSC	10/20/2007
2:43.59	2:42.06	Coleman, Melody	MMSC	11/17/2007
2:44.48		Steinhauer, Sabrina	BC	11/17/2007
2:44.63		Gwo, Lorea	KING	11/17/2007
2:46.18	2:41.19	Keane, Anna	WEST	10/20/2007
2:46.69		Roberson, Kayla	PRO	11/17/2007
2:47.23	2:43.20	Ma, Jacqueline	C	10/20/2007
2:48.34	NS	Morales-Garcia, Alex	CSC	10/20/2007
2:48.38	2:39.81	Levy, Geneva	BISC	10/20/2007
2:49.19		Pana, Maggie	BEST	2/10/2007
2:50.39	DQ	Armstrong, Cathryn	SSC	11/17/2007
2:51.58		Davis, Madison	SST	3/31/2007
2:53.59		Harrison, Courtney	NWAC	3/31/2007
2:54.50	2:50.30	Carlson, Ashley	WEST	10/20/2007
2:54.59	2:51.04	Anderson, Sarah	OAC	10/20/2007
2:55.29	2:48.46	Yelle, Sarah	SSC	11/17/2007
50 YARD BREASTSTROKE				
RANK	TIME	NAME	TEAM	DATE
35.53		Jeong, Clare	KING	11/17/2007
35.53	34.08	Tallman, Cassie	UN	3/23/2007
36.76	35.87	Gwo, Lorea	KING	11/17/2007
36.92	34.09	Mackie, Katherine	BC	3/23/2007
37.14	36.49	Peirano, Anna	BISC	3/29/2007
37.50	37.13	Kimura, Anna	BEST	11/17/2007
37.58		Davidson, Katie	UN	10/20/2007
37.62		Harris, Taylor	KING	11/18/2006
37.84		Hoff, Catherine	KING	3/10/2007
38.74		Ginnis, Morgan	MMSC	3/10/2007
38.98		Benson, Hannah	CSC	12/8/2006
39.22	39.09	Smerekanych, Alexandra	IST	11/4/2007
39.23		Seidel, Alex	BC	11/4/2007
39.36		Roberson, Kayla	PRO	10/20/2007
39.42	39.51	Wang, Adrienne	C	11/4/2007
39.52		Levy, Geneva	BISC	11/17/2007
39.53	38.64	Delacruz-Gunderson, Rebecca	SSC	3/10/2007
39.73		Cunliffe, Hannah	KING	12/8/2006
39.74		Coleman, Melody	MMSC	10/6/2007
39.78	38.76	Deedrick, Mary Margaret	TSC	11/17/2007
39.95	37.10	Chan, Luisa	SBAY	10/20/2007
39.98	38.62	Burdine, Anna	WWA	11/17/2007
40.04		Francois, Michelle	BC	11/17/2007

40.15		Win, Mimi	WAVE	3/10/2007
40.63		Knapik, Danielle	NSYS	10/20/2007
40.65		Pana, Maggie	BEST	4/28/2007
40.73	40.00	Payne, Amelia	OAC	10/20/2007
40.75		Brooks, Ella	SSC	11/17/2007
40.85	40.97	Lium, Riley	WEST	3/23/2007
40.98		Pieper, Hannah	SSC	10/6/2007
41.19	40.92	Carlson, Ashley	WEST	10/20/2007
41.31	42.29	O'Sullivan, Martha	OAC	11/17/2007
41.47		Keane, Anna	WEST	12/8/2006
41.51	40.97	Malone, Brooke	KING	11/17/2007
41.55	40.45	Webber-Bruya, Ann	WWA	10/6/2007
41.61	39.85	Shewchuk, Taylor	UN	11/17/2007
41.66	40.32	Koksu, Emily	KING	11/17/2007
41.69		Cox, Caitlin	BC	11/4/2007
41.72	40.59	Hardenbrook, Rebecca	S	11/17/2007
41.74		Hansen, Rachel	KING	3/10/2007
41.79	42.29	Luksetich, Anna	KING	11/17/2007
45.52L		Harrison, Courtney	NWAC	6/15/2007
BONUS	41.24	Epoch, Julianna	CSC	
100 YARD BREASTSTROKE				
RANK	TIME	NAME	TEAM	DATE
1:18.12		Hoff, Catherine	KING	3/23/2007
1:18.29	1:14.42	Jeong, Clare	KING	10/20/2007
1:19.08	1:13.33	Tallman, Cassie	UN	2/10/2007
1:19.57	1:16.61	Harris, Taylor	KING	2/10/2007
1:20.66		Ginnis, Morgan	MMSC	10/27/2007
1:20.81	1:20.53	Kimura, Anna	BEST	3/23/2007
1:21.19	1:19.24	Peirano, Anna	BISC	11/17/2007
1:21.65	1:15.16	Mackie, Katherine	BC	3/23/2007
1:23.49		Benson, Hannah	CSC	3/23/2007
1:23.58		Davidson, Katie	UN	10/20/2007
1:24.40	1:24.29	Francois, Michelle	BC	11/4/2007
1:24.78	1:25.11	Win, Mimi	WAVE	11/17/2007
1:25.64	1:27.60	Payne, Amelia	OAC	11/17/2007
1:25.69	1:25.58	Levy, Geneva	BISC	11/4/2007
1:26.82	1:23.33	Delacruz-Gunderson, Rebecca	SSC	2/10/2007
1:27.09		Seidel, Alex	BC	2/16/2007
1:27.22	1:26.12	Liang, Lillian	NSYS	10/20/2007
1:27.26	1:33.49	Lium, Riley	WEST	3/23/2007
1:27.62	1:28.42	Knapik, Danielle	NSYS	10/20/2007
1:27.90		Cunliffe, Hannah	KING	10/21/2006
1:28.03		Moffatt, Vanessa	KING	11/17/2007
1:28.25	1:26.16	Straume, Ingrid	SSCD	11/17/2007
1:28.40		Hansen, Rachel	KING	3/10/2007
1:28.42	1:24.92	Smerekanych, Alexandra	IST	10/20/2007
1:28.97	1:25.49	Shewchuk, Taylor	UN	11/17/2007
1:29.26	1:27.07	Deedrick, Mary Margaret	TSC	10/20/2007
1:29.27	1:25.30	Chan, Luisa	SBAY	10/20/2007
1:29.47		Pana, Maggie	BEST	10/20/2007
1:29.66	NS	Ao, Abby	KING	11/17/2007
1:29.80	1:27.60	Hardenbrook, Rebecca	S	11/11/2007
1:29.80	1:28.06	Keane, Anna	WEST	10/20/2007
1:29.84	1:28.82	Epoch, Juliana	CSC	11/17/2007
1:30.05	1:25.88	Wang, Adrienne	C	3/31/2007



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1:30.08		Harrison, Courtney	NWAC	3/31/2007
1:30.15	1:27.75	Pieper, Hannah	SSC	10/20/2007
1:30.17	1:25.21	Burdine, Anna	WWA	11/17/2007
1:30.48		Coleman, Melody	MMSC	1/13/2007
1:30.54		Vanderwel, Heidi	WEST	3/31/2007
1:31.46	1:29.96	Yelle, Sarah	SSC	11/17/2007
1:31.59		Lobdell, Julia	TSC	12/8/2006
1:39.39L		Roberson, Kayla	PRO	6/21/2007
BONUS	1:29.01	Carlson, Ashley	WEST	
BONUS	1:30.51	Luksetich, Anna	KING	

200 YARD BREASTSTROKE

RANK	TIME	NAME	TEAM	DATE
2:39.84	2:40.86	Harris, Taylor	KING	11/17/2007
2:42.11		Mackie, Katherine	UN	11/17/2007
2:45.24	2:37.90	Jeong, Clare	KING	10/20/2007
2:48.72		Tallman, Cassie	KING	3/31/2007
2:52.41	2:47.89	Peirano, Anna	BISC	11/17/2007
2:53.23		Hansen, Rachel	KING	11/17/2007
2:54.34		Ginnis, Morgan	MMSC	10/20/2007
2:55.35	2:53.28	Benson, Hannah	CSC	11/17/2007
2:57.20		Kimura, Anna	BEST	3/31/2007
2:59.98	3:04.18	Deedrick, Mary Margaret	TSC	11/17/2007
3:00.07	3:05.99	Moffatt, Vanessa	KING	11/17/2007
3:00.14	2:58.00	Francois, Michelle	BC	10/20/2007
3:01.26	3:00.65	Delacruz-Gunderson, Rebecca	SSC	11/17/2007
3:03.14	3:07.53	Payne, Amelia	OAC	11/17/2007
3:03.42	2:59.87	Coleman, Melody	MMSC	10/20/2007
3:04.78	2:59.44	Wang, Adrienne	C	11/17/2007
3:05.41	2:56.28	Win, Mimi	WAVE	11/17/2007
3:08.39		Vanderwel, Heidi	WEST	10/20/2007
3:09.48	3:06.82	Pieper, Hannah	SSC	11/17/2007
3:09.65	3:06.03	Straume, Ingrid	SSCD	11/17/2007
3:09.73	3:08.30	Epoch, Juliana	CSC	11/3/2007
3:10.12		Pana, Maggie	BEST	3/10/2007
3:10.50	3:02.12	Levy, Geneva	BISC	10/20/2007
3:12.68	3:19.62	O'Sullivan, Martha	OAC	11/17/2007
3:12.97	3:14.24	Keane, Anna	WEST	11/17/2007
3:13.43	3:11.91	Carlson, Ashley	WEST	11/17/2007
3:14.51	3:01.96	Smerekanych, Alexandra	IST	10/20/2007
3:14.76		Harrison, Courtney	NWAC	3/31/2007
3:14.85L		Hoff, Catherine	KING	5/18/2007
3:16.69L		Davidson, Katie	WAVE	7/26/2007
BONUS	3:07.22	Shewchuk, Taylor	BBST	
BONUS	3:15.88	Yelle, Sarah	SSC	

50 YARD BUTTERFLY

RANK	TIME	NAME	TEAM	DATE
30.59	31.10	Davidson, Katie	UN	10/20/2007
30.72		Harris, Taylor	KING	3/23/2007
31.47	30.45	Peirano, Anna	BISC	11/17/2007
31.86		Tallman, Cassie	KING	3/31/2007
32.07		Jeong, Clare	KING	10/20/2007
32.17	32.11	Roberson, Kayla	PRO	10/20/2007
32.24		Ginnis, Morgan	MMSC	4/28/2007
32.40	32.83	Brooks, Ella	SSC	11/17/2007
32.54	31.84	Kimura, Anna	BEST	11/17/2007

33.04		Hansen, Rachel	KING	3/10/2007
33.27		Vanderwel, Heidi	WEST	3/10/2007
33.45	33.04	Cox, Caitlin	BC	11/4/2007
33.46	32.73	Steinhauer, Sabrina	BC	11/4/2007
33.95	33.46	Seidel, Alex	BC	11/4/2007
33.98	33.72	Moffatt, Vanessa	KING	11/17/2007
34.03		Pana, Maggie	BEST	4/28/2007
34.03	33.29	Seaton, Margaret	BC	11/4/2007
34.05	34.11	Munoz, Stephanie	IST	11/4/2007
34.19	33.98	Chan, Luisa	SBAY	10/20/2007
34.23	DQ	Fontana, Natalie	BC	11/17/2007
34.28		Benson, Hannah	CSC	10/20/2007
34.60	29.74	Gwo, Lorea	BEST	3/10/2007
34.67		Smerekanych, Alexandra	IST	11/4/2007
34.68		Davis, Madison	SST	3/31/2007
34.69	33.89	Delacruz-Gunderson, Rebecca	SSC	11/17/2007
34.81	32.46	Johnson, Ella	UN	
35.05		Harrison, Courtney	NWAC	3/31/2007
35.27	36.10	Payne, Amelia	OAC	10/20/2007
35.39	33.16	Keane, Anna	WEST	11/17/2007
35.47	34.93	Smith, Regan	VAST	11/17/2007
35.53	34.73	Lanz, Avalon	KING	11/17/2007
35.57		Mackie, Katherine	BC	1/13/2007
35.59		Kosykh, Anastasia	IST	10/20/2007
35.75	33.97	Kawaguchi, Megan	WWA	10/6/2007
35.76	36.71	Epoch, Juliana	CSC	11/17/2007
35.79	35.02	Armstrong, Cathryn	SSC	10/6/2007
35.86		White, Alyssa	WEST	11/17/2007
35.99	NS	Lium, Riley	WEST	11/17/2007
36.01	NS	An, Shannon	BC	11/17/2007
36.07	37.55	Halverson, Amelia	XCEL	2/10/2007
36.09	NS	Ngo, Naomi	IST	10/6/2007
36.17		Cunliffe, Hannah	KING	11/18/2006
36.18		Win, Mimi	WAVE	4/28/2007
BONUS	37.19	Adelmann, Erin	PAC	

100 YARD BUTTERFLY

RANK	TIME	NAME	TEAM	DATE
1:07.46	1:03.32	Harris, Taylor	KING	1/12/2007
1:09.73		Ginnis, Morgan	MMSC	10/20/2007
1:10.29	1:10.12	Jeong, Clare	KING	11/17/2007
1:11.38	1:10.59	Davidson, Katie	UN	10/20/2007
1:11.44		Vanderwel, Heidi	WEST	10/20/2007
1:13.22		Tallman, Cassie	UN	3/10/2007
1:13.36		Roberson, Kayla	PRO	10/20/2007
1:14.56	1:15.93	Moffatt, Vanessa	KING	11/17/2007
1:15.03		Peirano, Anna	BISC	11/4/2007
1:15.52		Hansen, Rachel	KING	3/10/2007
1:16.26	1:15.03	Cox, Caitlin	BC	11/17/2007
1:16.35		Kimura, Anna	BEST	10/20/2007
1:16.62		Levy, Geneva	BISC	11/17/2007
1:17.17	1:18.32	Smerekanych, Alexandra	IST	11/17/2007
1:17.44		Benson, Hannah	CSC	11/17/2007
1:17.51	1:17.50	Kawaguchi, Megan	WWA	11/17/2007
1:17.93	1:19.97	Brooks, Ella	SSC	11/17/2007
1:18.02	1:15.68	Ngo, Naomi	IST	11/17/2007



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1:18.37		Delacruz-Gunderson, Rebecca	SSC	2/10/2007
1:18.53		Francois, Michelle	BC	11/17/2007
1:18.57	1:18.88	Lanz, Avalon	KING	11/17/2007
1:18.57		Davis, Madison	SST	2/10/2007
1:18.84	1:21.40	Armstrong, Cathryn	SSC	11/17/2007
1:18.90	1:19.07	Kosykh, Anastasia	IST	10/20/2007
1:19.54	1:20.86	Salgado, Pia	C	11/17/2007
1:19.79	1:20.81	Smith, Regan	VAST	11/17/2007
1:19.82	1:14.19	Johnson, Ella	UN	
1:20.41		Win, Mimi	WAVE	10/20/2007
1:20.76	1:21.26	Williams, Erin	BISC	11/4/2007
1:20.79		Lobdell, Julia	TSC	11/17/2007
1:21.30		Keane, Anna	WEST	11/17/2007
1:21.59	1:23.64	Munoz, Stephanie	IST	11/17/2007
1:21.80		Pana, Maggie	BEST	12/8/2006
1:21.93	1:24.24	Adelmann, Erin	PAC	2/24/2007
1:22.56		Gwo, Lorea	BEST	3/10/2007
1:27.28L		Mackie, Katherine	BC	6/22/2007

200 YARD BUTTERFLY

RANK	TIME	NAME	TEAM	DATE
2:28.77	2:25.58	Harris, Taylor	KING	2/10/2007
2:44.42		Ginnis, Morgan	MMSC	3/10/2007
2:48.07	2:29.15	Vanderwel, Heidi	WEST	3/10/2007
2:55.28		Francois, Michelle	BC	11/17/2007
2:58.46	2:53.17	Smerekanych, Alexandra	IST	11/17/2007
2:59.40	3:05.43	Brooks, Ella	SSC	10/20/2007
3:06.05		Win, Mimi	WAVE	10/20/2007
3:06.46		Davis, Madison	SST	3/10/2007
3:07.11S	2:41.52	Moffatt, Vanessa	KING	10/19/2007
2:52.85L	2:30.51	Hansen, Rachel	KING	7/26/2007
3:09.43L		Tallman, Cassie	KING	6/9/2007

100 YARD INDIVIDUAL MEDLEY

RANK	TIME	NAME	TEAM	DATE
1:07.77	1:08.11	Tallman, Cassie	KING	11/17/2007
1:09.09		Jeong, Clare	KING	11/17/2007
1:09.31	1:11.09	Mackie, Katherine	UN	11/17/2007
1:09.41		Ginnis, Morgan	MMSC	11/17/2007
1:09.52	1:10.03	Hoff, Catherine	KING	11/17/2007
1:10.58		Harris, Taylor	KING	2/24/2007
1:10.71		Hansen, Rachel	KING	11/17/2007
1:12.28		Davidson, Katie	UN	10/20/2007
1:12.66	1:11.56	Gwo, Lorea	KING	11/17/2007
1:13.30	1:12.76	Peirano, Anna	BISC	11/17/2007
1:13.34	1:13.72	Benson, Hannah	CSC	11/17/2007
1:13.62		Vanderwel, Heidi	WEST	2/10/2007
1:13.66	1:13.66	Pana, Maggie	BEST	3/2/2007
1:13.73	1:12.82	Roberson, Kayla	PRO	10/20/2007
1:13.77	1:11.58	Kimura, Anna	BEST	10/20/2007
1:14.47		Levy, Geneva	BISC	11/17/2007
1:14.73	1:13.68	Seidel, Alex	BC	11/4/2007
1:15.70		Francois, Michelle	BC	11/17/2007
1:15.89		Win, Mimi	WAVE	10/6/2007
1:16.02		Moffatt, Vanessa	KING	11/17/2007
1:16.05	1:11.18	Johnson, Ella	UN	
1:16.24		Cox, Caitlin	BC	11/4/2007

1:16.79	1:17.66	Kosykh, Anastasia	IST	11/4/2007
1:16.86	1:16.17	Knapik, Danielle	NSYS	10/20/2007
1:17.01	1:15.63	Ngo, Naomi	IST	11/4/2007
1:17.20	1:20.39	Payne, Amelia	OAC	11/17/2007
1:17.70	1:16.25	Keane, Anna	WEST	10/20/2007
1:17.91		Smerekanych, Alexandra	IST	11/4/2007
1:18.41	1:17.07	Steinhauer, Sabrina	BC	11/4/2007
1:18.69	1:17.38	Coleman, Melody	MMSC	11/17/2007
1:18.70	1:18.89	Salgado, Pia	C	11/17/2007
1:18.70		Brooks, Ella	SSC	10/20/2007
1:18.86	1:18.36	Delacruz-Gunderson, Rebecca	SSC	2/10/2007
1:18.88	1:18.19	Straume, Ingrid	SSCD	11/17/2007
BONUS	1:16.07	Phillips, Kyndal	KING	
BONUS	1:19.82	Hardenbrook, Rebecca	S	
BONUS	1:20.27	Webber-Bruya, Ann	WWA	
BONUS	1:20.38	Deedrick, Mary	TSC	

200 YARD INDIVIDUAL MEDLEY

RANK	TIME	NAME	TEAM	DATE
2:20.93	2:20.38	Harris, Taylor	KING	11/17/2007
2:21.75		Ginnis, Morgan	MMSC	11/17/2007
2:22.87	2:23.57	Tallman, Cassie	KING	11/17/2007
2:25.98	2:27.46	Jeong, Clare	KING	11/17/2007
2:26.49		Vanderwel, Heidi	WEST	10/20/2007
2:28.38	2:34.94	Mackie, Katherine	UN	11/17/2007
2:32.90		Benson, Hannah	CSC	3/23/2007
2:33.17		Davidson, Katie	UN	10/20/2007
2:33.58	2:25.19	Hoff, Catherine	KING	3/23/2007
2:33.75	2:37.66	Kimura, Anna	BEST	11/17/2007
2:34.09	2:33.65	Peirano, Anna	BISC	11/17/2007
2:34.21	2:31.31	Roberson, Kayla	PRO	10/20/2007
2:35.00	2:36.51	Gwo, Lorea	KING	11/17/2007
2:35.86	2:38.85	Moffatt, Vanessa	KING	11/17/2007
2:36.47	2:37.64	Win, Mimi	WAVE	10/20/2007
2:37.32	2:36.02	Pana, Maggie	BEST	11/17/2007
2:37.35	2:36.73	Francois, Michelle	BC	11/17/2007
2:38.45	2:36.69	Levy, Geneva	BISC	11/17/2007
2:40.08	2:41.27	Lobdell, Julia	TSC	11/17/2007
2:40.53	2:41.28	Seidel, Alex	BC	11/17/2007
2:40.99		Hansen, Rachel	KING	1/12/2007
2:41.76	DQ	Cox, Caitlin	BC	11/17/2007
2:41.87	2:42.85	Kosykh, Anastasia	IST	10/20/2007
2:44.30	2:43.14	Stefanescu, Jenny	KING	11/17/2007
2:44.45		Coleman, Melody	MMSC	10/20/2007
2:44.77	2:43.89	Salgado, Pia	C	11/17/2007
2:44.84	2:43.63	Phillips, Kyndal	KING	11/17/2007
2:45.60	2:42.49	Ngo, Naomi	IST	11/17/2007
2:46.07	2:44.11	Smerekanych, Alexandra	IST	10/20/2007
BONUS	2:46.02	Straume, Ingrid	SSCD	
BONUS	2:50.47	Lanz, Avalon	KING	
BONUS	2:50.90	Morales-Garcia, Alex	CSC	

400 YARD INDIVIDUAL MEDLEY

RANK	TIME	NAME	TEAM	DATE
4:58.12	5:00.25	Harris, Taylor	KING	11/17/2007
5:05.10		Ginnis, Morgan	MMSC	10/20/2007
5:07.82	5:01.45	Vanderwel, Heidi	WEST	10/20/2007



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5:18.10		Tallman, Cassie	KING	3/31/2007
5:37.92	5:36.73	Francois, Michelle	BC	10/20/2007
5:46.83		Lobdell, Julia	TSC	11/17/2007
5:52.18	5:51.02	Brooks, Ella	SSC	11/17/2007
5:52.85		Roberson, Kayla	PRO	11/17/2007
5:55.43	5:58.51	Pieper, Hannah	SSC	11/17/2007
5:57.53		Win, Mimi	WAVE	10/20/2007
5:58.34		Garrison, Shelby	SSC	11/17/2007
6:05.25		Smerekanych, Alexandra	IST	10/20/2007
6:06.89		Elkayssi, Malika	WAVE	3/10/2007
6:07.36		Harrison, Courtney	NWAC	3/31/2007
6:07.45		Davis, Madison	SST	2/10/2007
6:16.01		Hartman-Vieselmeyer, Jensen	ESC	10/20/2007
6:12.20S	5:30.66	Moffatt, Vanessa	KING	10/19/2007
5:57.63L	5:11.08	Hansen, Rachel	KING	7/26/2007
6:03.05L		Hoff, Catherine	KING	6/9/2007