

SHORT COURSE JUNIOR NATIONALS

DECEMBER 11-13, 2008

AUSTIN, TX.

QUALIFYING PERIOD: November 1, 2007 – Entry Deadline

EVENT	WOMEN			EVENT	MEN		
	SCY	SCM	LCM		SCY	SCM	LCM
50 Free	24.09	26.79	27.59	50 Free	21.59	23.89	24.79
100 Free	52.19	57.39	59.29	100 Free	46.89	51.69	53.99
200 Free	1:52.09	2:03.39	2:07.59	200 Free	1:42.49	1:53.29	1:58.09
500 Free	4:57.09	4:16.49	4:26.59	500 Free	4:36.59	3:59.39	4:09.79
1000 Free	10:14.39	8:54.89	9:09.89	1000 Free	9:36.29	8:23.99	8:40.19
1650 Free	17:00.99	16:54.49	17:38.69	1650 Free	16:03.49	16:02.39	16:37.59
100 Back	57.79	1:03.39	1:06.89	100 Back	52.19	57.99	1:00.99
200 Back	2:04.19	2:17.49	2:23.59	200 Back	1:53.09	2:05.39	2:12.29
100 Breast	1:05.29	1:12.59	1:15.29	100 Breast	58.69	1:05.09	1:08.79
200 Breast	2:21.39	2:37.09	2:42.19	200 Breast	2:07.99	2:23.29	2:29.39
100 Fly	57.29	1:02.49	1:04.79	100 Fly	51.19	56.09	58.59
200 Fly	2:05.69	2:17.49	2:21.99	200 Fly	1:53.99	2:04.59	2:10.59
200 IM	2:06.89	2:19.19	2:24.49	200 IM	1:54.59	2:06.49	2:13.19
400 IM	4:28.49	4:55.29	5:05.29	400 IM	4:04.09	4:29.89	4:43.19
400 F.R.	3:30.29	3:57.19	3:59.99	400 F.R.	3:08.89	3:31.09	3:38.29
800 F.R.	7:42.99	8:38.19	8:36.99	800 F.R.	6:53.79	7:40.99	7:54.99
400 M.R.	3:51.89	4:18.89	4:26.19	400 M.R.	3:29.59	3:55.69	4:01.99

BONUS STANDARDS							
EVENT	WOMEN			EVENT	MEN		
	SCY	SCM	LCM		SCY	SCM	LCM
50 Free	24.59	27.39	27.79	50 Free	21.69	23.99	24.79
100 Free	52.89	58.29	0.00	100 Free	47.09	52.09	53.99
200 Free	1:54.19	2:05.89	2:09.09	200 Free	1:43.09	1:54.19	1:58.09
500 Free	5:03.29	4:21.89	4:30.69	500 Free	4:39.59	4:02.09	4:09.79
1000 Free	10:21.29	9:00.99	9:15.99	1000 Free	9:39.29	8:26.89	8:40.79
1650 Free	17:24.29	17:13.09	17:46.69	1650 Free	16:13.69	15:56.19	16:41.69
100 Back	59.09	1:04.89	1:07.89	100 Back	53.09	59.09	1:01.39
200 Back	2:06.99	2:20.79	2:25.99	200 Back	1:54.79	2:07.49	2:12.39
100 Breast	1:06.89	1:14.69	1:16.79	100 Breast	59.49	1:06.09	1:10.09
200 Breast	2:24.29	2:41.39	2:44.99	200 Breast	2:09.79	2:25.59	2:29.79
100 Fly	58.49	1:04.29	1:05.79	100 Fly	51.89	56.89	58.89
200 Fly	2:07.39	2:19.99	2:24.19	200 Fly	1:54.89	2:05.79	2:10.59
200 IM	2:09.49	2:22.89	2:27.59	200 IM	1:56.29	2:08.49	2:13.59
400 IM	4:33.09	5:01.19	5:09.69	400 IM	4:08.09	4:34.69	4:43.89