

## 2012 Speedo Championship Series Northwest Section Time Standards

Women			Men		
Short Course Yards	Short Course Meters	Long Course Meters	Short Course Yards	Short Course Meters	Long Course Meters
24.80	27.59	28.14	22.19	24.5	25.51
53.30	58.65	1.00.06	48.12	53.07	55.61
1:55.45	2:07.19	2:11.74	1:45.41	1:56.69	2:02.11
5:09.61	4:27.32	4:39.69	4:48.20	4:09.47	4:22.26
10:46.09	9:22.55	9:42.19	10:04.58	8:48.94	9:12.79
18:09.88	17:58.11	18:44.59	17:03.26	16:44.43	17:36.59
59.06	1:05.91	1:09.10	54.16	1:00.14	1:04.20
2:07.18	2:22.23	2:28.83	1:57.89	2:12.17	2:19.96
1:08.35	1:15.09	1:19.63	1:01.32	1:07.18	1:13.19
2:28.69	2:43.38	2:53.49	2:14.73	2:27.41	2:40.79
58.44	1:04.15	1:06.27	52.97	58.96	1:00.37
2:11.39	2:25.59	2:31.16	1:59.97	2:13.23	2:20.39
2:11.15	2:24.65	2:30.53	1:59.36	2:11.88	2:18.69
4:36.97	5:05.39	5:18.84	4:18.75	4:46.44	4:57.79
1:44.69	1:56.89	1:59.29	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	3:47.49	4:15.75	4:23.39