

**Minutes**  
**Pacific Northwest Swimming Spring House of Delegates Meeting**  
8 May 2004  
King County Aquatic Center

**Attendees:** 78 voting PNS members present, representing 35 clubs (44 coaches, 34 non-coaches, 8 PNS board members, and 7 guests.)

General Chair Lyle Campbell took a roll-call of the PNS teams. Lyle called the Spring House of Delegates meeting to order at 10 AM.

**Opening Remarks by the General Chair** - Lyle Campbell reported that PNS registration numbers were up and participation in Challenge meets have also increased. Revenue has increased, and things in the LSC are going well.

Lyle presented the PNS/Hasty scholarship. Criteria were established for the scholarships by the scholarship committee and two scholarships awarded.

The minutes from the Fall House of Delegates on September 27, 2003, were approved as submitted.

Jody Woodruff presented the Treasurer's report. The PNS is on-track and in good financial standing.

**Administrative Vice Chair** Gayle Crawford reported that the PNS website is evolving. The most hits on the website are for .pdf files. A "real time" link has been added as a feature. The website is the primary communications between the PNS association/board and its contingency. Gayle reported that "Heat Sheet News" is published monthly and sent to the teams. The association recovered costs for the 350 Blue Books printed by \$23. The annual banquet will be held at the KCAC on Sunday, October 10. More people are needed for the planning committee. Gayle also announced that the next House of Delegates meeting will be held at the Shoreline Center on Saturday, October 2.

**Program Development Chair** Suzanne Rychlik reported on the mini-seminars with Kim Holmes of USA Swimming. A coaches' survey is in the works in regards to parent education – what coaches want parents to know. The survey will be available in a couple of weeks. Also once the USA Club Development website is up and running, PNS will add a link to it on the PNS website.

**Program Operations Chair** – Keith Ure did not have anything to report.

**Finance Vice Chair** Michael Shea reiterated that the PNS is currently very strong financially. The budget proposed at the last House of Delegates has far exceeded expectations.

**Officials Vice Chair** Ken Breiding reported that the number of officials have increase because of the regional clinic system by hosting clinics in various areas of the LSC. Ken also reported that the National Officials' Committee meeting will be held at the end of May 2004 in Dallas to talk about training officials.

**Senior Vice Chair** Doug Rusk highlighted February Nationals, which included twenty PNS swimmers. One PNS record was broken and Tacoma Swim Club placed eighth overall. Doug also reported that at the time of the meeting, PNS had eighteen qualifiers for the Olympic Trials in early July. Each athlete will receive \$800 from PNS. Summer Nationals will be at the start of August, with each athlete receiving \$450 from PNS. Senior Sectionals will also be in August, held three weeks later than usual. Doug also mentioned that US Open qualifiers were eligible for \$200 per athlete to be used at another meet, subject to the approval of the Senior committee.

**Age Group Vice Chair** Laura Reisdorf reported that the age group committee has fifteen members and just added three more, and that the committee has good representation of the clubs. Laura informed the House of Delegates that the All-Star meet selection has undergone some changes and is up for review between now and fall 2004. The 2005 meet will be hosted by Southern California. The goal is to have the All-Star packet ready for clubs at the Fall House of Delegates meeting.

Laura also reviewed the new Zone selection criteria. New time standards in the Blue Book are not valid, and PN Zone standards are on the website. A swimmer needs one time standard from this set to automatically qualify. Swimmers will have the option of traveling with the team or with their families. Bruce Antoniowicz has been

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selected as the Zones head coach. The committee will solicit staff in the fall to serve on both the All-Star and Zones coaching staffs.

**Adaptive Swimming** - Kiko Van Zandt reported that the Paralympics Swimming Trials are in April. Justin Fleming with WAVE Aquatics earned a spot on the US Paralympics team and will compete in Athens, Greece in September. Kiko was selected to the coaching staff of the Paralympics team.

**Membership Report** – Colleen Buchanan thanked the volunteer parent/coach membership.

**Technical Planning** – Dane Wolfrom reminded the House of Delegates that the technical planning meetings are open to everyone. In the fall, the committee will have a meeting to determine the philosophy and the direction the committee will take for the quadrennium, and determine what type of meets to have in the LSC. The committee will lead the discussion in the fall on including 10 & unders into PNS championship meets. Two taskforces will be formed to represent both sides of the issue.

**Safety Chair** – Kate Sipe will attend the Safety Chairs meeting in Atlanta on May 15.

**Senior Coach Representative** – Sean Hutchison reported that he is exploring land/water/power testing. USA Swimming's Dr. Sokolovas has a database spanning 18-20 years of data on elite swimmers. PNS wants to offer same testing at the KCAC for local athletes as they do at the national meets. Most swimmers at the elite level run into testing facilities once or twice a season, but the goal is to have the testing for local athletes in order to offer direction for training programs. After testing, the results would be used to compare with the database that shows strengths and weaknesses. Sean noted that USA Swimming has added four positions to Club Development, and that testing will first be done by USA Swimming reps, who will train others.

**Meet Schedule 2004-2005** – The motion was made for the House of Delegates to accept the meet calendar for 2004-2005. Three meets do not have hosts (Salmon Bay Senior Meet in October, "Q" meet in March, and PNS Champs in July). A motion was made to study turning PNS Champs into WA State Champs. The motion has been table pending study by the committee. OAC asked to add two meets to the schedule. The meets weren't on the schedule because OAC didn't send a representative to the bid meeting. Discussion ensued regarding the policy and guidelines involved the meet bid process. Motion was made to add the meets requested by OAC. The House of Delegates passed with one opposing vote.

The motion was passed to approve the 2004-2005 meet calendar. Dane asked that any club interested in hosting Senior Sectionals in Spring of 2005 and 2006 submit a letter to the PNS Board by June 3.

**10 & Unders Participation in Zones** – Laura Reisdorf reported that the Age Group Committee discussed the role of the PNS Zone Team. The outcome of the discussion was that the PNS Zone team should be viewed as competitive rather than as a reward. The committee proposed to re-include the 10 & unders. The motion has been tabled for Fall House of Delegates.

**Elections** – Gayle Crawford proposed to change the timing of elections, citing that fall is a busy time with the start of swimming season and most newly-elected board members are coming into their positions with little preparation. The motion was made to shift the Fall 2004 elections to Spring 2005, and the Fall 2005 elections to Spring 2006, with a change to the by-laws. Once the shift is completed by 2006, then the language will be removed from the by-laws. The motion passed.

**Affirmation of Program Operations Chair** – The motion was made to affirm Keith Ure as the Program Operations Chair. The motion passed.

The Spring House of Delegates meeting adjourned at 11:54 am.

Fall House of Delegates will be on October 2, 2004, at the Shoreline Center.