



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS TWELVE YEARS

50 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	27.97	Randolf, Melissa	SSC	8/9/2005
2	28.04	Ginnis, Morgan	MMSC	8/5/2008
3	28.08	Jennings, Leona	KING	8/5/2003
4	28.16	Kinnear, Katie	IST	7/26/2007
5	28.45	Bailey, Chelsea	KING	8/9/2005
6	28.51	Cratsenberg, Amber	VAST	6/16/2006
7	28.56	Cardwell, Maureen	BC	8/5/2003
8	28.62	Bishoff, Sydney	PSSC	7/29/2010
9	28.69	Anderson, Haley	BC	6/25/2005
10	28.79	Teegan, Helen	KING	4/23/2011
11	28.88	Fang, Elisa	BC	7/28/2011
12	28.94	Lindblad, Brianne	KING	8/6/2002
12	28.94	Vanderwel, Heidi	WEST	5/30/2008
14	29.00	Sutherland, Ashley	SST	8/5/2009
15	29.03	Hultgren, Raynie	WEST	8/8/2006
16	29.13	Cann, Felicity	KING	8/2/2008

400 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	4:39.27	Williams, Kim	BISC	7/23/2009
2	4:39.85	Domanowski, Christina	MMSC	7/28/2011
3	4:40.27	Ginnis, Morgan	MMSC	8/5/2008
4	4:40.63	Rosen, Laura	NWAC	7/31/2008
5	4:41.07	McDermott, Amber	WEST	8/9/2005
6	4:41.20	Williamson, Mariah	WEST	7/14/2006
7	4:42.29	Chan, Nakayla	KING	8/5/2003
8	4:42.36	Michaels, Dana	WEST	6/2/2006
9	4:42.52	Smith, Cameron	CSC	8/4/2011
10	4:42.97	Davis, Alyssa	KING	6/1/2007
11	4:43.00	Taylor, Andie	IST	8/10/2004
12	4:43.24	Gourley, Ali	KING	7/28/2005
13	4:46.04	Nist, Erika	KING	8/5/2008
14	4:47.59	Lucien, Brianna	WEST	7/29/2010
15	4:47.63	Roberson, Leslie	SBAY	1/5/2002
16	4:47.81	Kukors, Ariana	KING	8/2/2001

100 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	1:00.79	Kinnear, Katie	IST	7/26/2007
2	1:00.93	Ginnis, Morgan	MMSC	8/5/2008
3	1:01.38	Kukors, Ariana	KING	4/27/2002
4	1:02.03	Vanderwel, Heidi	WEST	8/5/2008
5	1:02.16	Smith, Cameron	CSC	7/28/2011
6	1:02.23	Randolf, Melissa	SSC	7/12/2005
7	1:02.30	Domanowski, Christina	MMSC	6/17/2011
8	1:02.37	Williams, Kim	BISC	7/23/2009
9	1:02.48	Jennings, Leona	KING	6/20/2003
10	1:02.60	Sutherland, Ashley	SST	7/23/2009
11	1:02.65	Kawaguchi, Megan	WWA	7/23/2009
12	1:02.76	Chan, Nakayla	KING	7/31/2003
13	1:02.77	Pressler, Maddie	WEST	7/28/2011
14	1:02.78	Bishoff, Sydney	PSSC	8/5/2010
15	1:02.80	Taylor, Andie	IST	7/29/2004
16	1:02.89	Fang, Elisa	BC	7/28/2011

800 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	9:32.84	Williams, Kim	BISC	7/23/2009
2	9:36.20	Domanowski, Christina	MMSC	7/14/2011
3	9:40.51	Ginnis, Morgan	MMSC	7/31/2008
4	9:43.70	Williamson, Mariah	WEST	7/27/2006
5	9:45.39	McDermott, Amber	WEST	7/28/2005
6	9:46.55	Rosen, Laura	NWAC	7/31/2008
7	9:49.58	Lucien, Brianna	WEST	8/5/2010
8	9:51.67	Smith, Cameron	CSC	7/28/2011
9	9:55.01	Morris, Marissa	NWAC	7/28/2011
10	9:57.73	Cook, Alyssa	KING	7/23/2009
11	9:58.73	Michaels, Dana	CSC	7/28/2005
12	9:58.80	Friedhoff, Amy	KING	8/1/2002
13	9:58.98	Chan, Nakayla	UN	1/17/2004
14	9:59.83	Taylor, Andie	IST	7/8/2004
15	9:59.84	Cook, Alyssa	KING	4/17/2010
16	10:00.00	Schafer, Kate	BC	8/2/2001

200 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	2:12.12	Domanowski, Christina	MMSC	6/17/2011
2	2:13.11	Ginnis, Morgan	MMSC	8/5/2008
3	2:13.32	Rosen, Laura	NWAC	8/5/2008
4	2:13.89	Taylor, Andie	IST	8/10/2004
5	2:14.06	Michaels, Dana	WEST	6/16/2006
6	2:14.68	Smith, Cameron	CSC	7/28/2011
7	2:14.96	Williams, Kim	BISC	7/23/2009
8	2:15.15	Pressler, Maddie	WEST	7/28/2011
9	2:15.55	Kukors, Ariana	KING	8/7/2001
10	2:15.96	Randolf, Melissa	SSC	7/12/2005
11	2:16.19	Vanderwel, Heidi	WEST	8/5/2008
12	2:16.51	Gourley, Ali	KING	7/28/2005
13	2:16.73	McDermott, Amber	WEST	7/15/2005
14	2:16.77	Kinnear, Katie	IST	8/7/2007
15	2:16.84	Cann, Felicity	KING	8/5/2008
16	2:16.86	Bishoff, Sydney	PSSC	7/29/2010

1500 METER FREESTYLE				
RANK	TIME	NAME	CLUB	DATE
1	18:20.15	Baker, Sarah	OAC	7/25/2001
2	18:20.47	McDermott, Amber	WEST	7/28/2005
3	18:24.88	Taylor, Andie	IST	6/4/2004
4	18:27.13	Domanowski, Christina	MMSC	7/28/2011
5	18:27.44	Williams, Kim	BISC	6/18/2009
6	18:37.64	Rosen, Laura	NWAC	7/31/2008
7	18:40.17	Ginnis, Morgan	MMSC	7/31/2008
8	18:41.14	Williamson, Mariah	WEST	7/27/2006
9	18:45.05	Cook, Alyssa	KING	7/23/2009
10	18:49.58	Schafer, Kate	BC	8/7/2001
11	18:58.20	Lucien, Brianna	WEST	7/29/2010
12	19:05.62	Tannhauser, Kelly	SBAY	7/16/2004
13	19:09.10	Hansen, Rachel	KING	7/31/2008
14	19:12.46	Nist, Erika	KING	7/31/2008
15	19:16.88	Chan, Nakayla	KING	7/31/2003
16	19:17.37	Cratsenberg, Amber	VAST	5/5/2007



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS TWELVE YEARS

### 50 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	31.64	Bailey, Chelsea	KING	8/9/2005
2	32.08	Fang, Elisa	BC	7/28/2011
3	32.49	Kinnear, Katie	IST	8/7/2007
4	32.72	Lindblad, Brianne	KING	8/6/2002
5	32.89	Vanderwel, Heidi	WEST	8/1/2008
6	33.04	Huo, Jenny	KING	7/29/2010
7	33.11	Wyant, Becca	WAVE	7/31/2003
8	33.12	Pressler, Maddie	WEST	7/28/2011
9	33.14	Chinn, Caitlin	WAVE	8/6/2002
10	33.21	Ginnis, Morgan	MMSC	8/5/2008
11	33.49	Johnson, Ella	CSC	7/23/2009
12	33.56	Kim, Rachel	KING	8/11/2006
13	33.71	Briggs, Mackenna	IST	5/14/2010
14	33.74	Wold, Grace	KING	7/26/2007
15	33.77	Jennings, Leona	KING	7/31/2003
16	33.84	Cardwell, Maureen	BC	7/18/2003

### 50 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	35.41	Poli, Lauren	BC	4/23/2005
2	35.58	Harper, Heather	PRO	8/8/2006
3	35.67	Nakamura, Mac	WAVE	8/6/2002
4	36.16	Kukors, Ariana	KING	8/7/2001
5	36.22	Malone, Brooke	KING	7/23/2009
6	36.31	Teegan, Helen	KING	5/20/2011
7	36.55	Volodkevich, Maria	IST	5/30/2008
8	36.75	Bailey, Chelsea	KING	6/25/2005
9	36.79	Williams, Kim	BISC	5/22/2009
10	36.87	Jennings, Emilee	KING	8/7/2001
11	37.00	Mundle, Whitney	TSC	7/29/2010
12	37.24	Guieb, Gabby	KING	7/19/2002
13	37.27	Fang, Elisa	BC	4/29/2011
14	37.51	Esparza, Tasia	KING	8/2/2001
15	37.52	Jennings, Leona	KING	8/5/2003
16	37.57	Delzer, Savannah	KING	7/29/2010

### 100 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:08.79	Vanderwel, Heidi	WEST	7/31/2008
2	1:09.80	Huo, Jenny	KING	7/29/2010
3	1:09.96	Wold, Grace	KING	3/5/2008
4	1:10.00	Ginnis, Morgan	MMSC	7/31/2008
5	1:10.40	Johnson, Ella	CSC	7/23/2009
6	1:10.48	Kinnear, Katie	IST	6/22/2007
7	1:10.89	Ainsworth, Kristin	KING	1/17/2008
8	1:10.99	Messegee, Abigail	PAC	1/17/2008
9	1:11.33	Pressler, Maddie	WEST	7/28/2011
10	1:11.36	Rosen, Laura	NWAC	8/5/2008
11	1:11.59	Lindblad, Brianne	KING	6/20/2002
12	1:11.62	Kim, Rachel	KING	8/9/2006
13	1:11.77	Fang, Elisa	BC	7/28/2011
14	1:11.79	Davis, Alyssa	KING	5/5/2007
15	1:11.83	Chinn, Caitlin	WAVE	8/1/2002
16	1:11.95	Cook, Alyssa	KING	5/21/2010

### 100 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:18.28	Kukors, Ariana	KING	4/27/2002
2	1:18.69	Harper, Heather	PRO	7/27/2006
3	1:18.97	Volodkevich, Maria	IST	1/17/2008
4	1:19.32	Nakamura, Mac	WAVE	6/6/2003
5	1:19.46	Johnson, Ella	CSC	8/5/2009
6	1:19.76	Williams, Kim	BISC	8/5/2009
7	1:20.28	Bailey, Chelsea	KING	7/15/2005
8	1:20.33	Guieb, Gabby	KING	8/1/2002
9	1:20.47	Teegan, Helen	KING	4/23/2011
10	1:20.53	Esparza, Tasia	KING	8/2/2001
11	1:20.86	Jennings, Leona	KING	7/31/2003
12	1:20.89	Mundle, Whitney	TSC	7/29/2010
13	1:20.91	Malone, Brooke	KING	5/15/2009
14	1:21.15	Kukors, Mattie	KING	6/12/2004
15	1:21.62	O'Keefe, Meghan	IST	8/8/2006
16	1:21.93	Fang, Elisa	BC	7/15/2011

### 200 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:26.84	Ginnis, Morgan	MMSC	7/31/2008
2	2:28.44	Vanderwel, Heidi	WEST	7/31/2008
3	2:29.76	Messegee, Abigail	PAC	1/17/2008
4	2:30.55	Domanowski, Christina	MMSC	7/28/2011
5	2:31.15	Wold, Grace	KING	3/5/2008
6	2:31.66	Davis, Alyssa	KING	5/5/2007
7	2:32.62	Pressler, Maddie	WEST	7/28/2011
8	2:32.88	McDermott, Amber	WEST	7/28/2005
9	2:32.95	Ainsworth, Kristin	KING	1/17/2008
10	2:33.30	Johnson, Ella	CSC	7/23/2009
11	2:33.36	Huo, Jenny	KING	7/29/2010
12	2:34.05	Hoff, Catherine	KING	7/31/2008
13	2:35.01	Kim, Rachel	KING	5/19/2006
14	2:35.05	Kinnear, Katie	IST	6/22/2007
15	2:35.32	Chinn, Caitlin	WAVE	8/1/2002
16	2:35.87	Fang, Elisa	BC	7/28/2011

### 200 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:48.96	Williams, Kim	BISC	7/23/2009
2	2:52.18	Teegan, Helen	KING	7/29/2010
3	2:52.19	Nakamura, Mac	WAVE	6/3/2003
4	2:52.43	Jennings, Leona	KING	7/31/2003
5	2:52.73	Volodkevich, Maria	IST	1/17/2008
6	2:52.76	Rosen, Laura	NWAC	7/31/2008
7	2:52.99	Johnson, Ella	CSC	8/5/2009
8	2:53.70	Guieb, Gabby	KING	8/1/2002
9	2:54.37	Harper, Heather	PRO	7/27/2006
10	2:54.84	Kukors, Ariana	KING	6/29/2001
11	2:55.19	Cook, Alyssa	KING	4/24/2010
12	2:55.22	Jeong, Clare	KING	5/16/2008
13	2:55.27	Cook, Alyssa	KING	8/5/2009
14	2:55.90	Seidner, Lindsey	OCA	7/14/2011
15	2:56.06	Malone, Brooke	KING	7/23/2009
16	2:56.33	Tallman, Cassie	KING	7/31/2008



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS TWELVE YEARS

### 50 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	29.09	Kinnear, Katie	IST	7/26/2007
2	30.14	Randolf, Melissa	SSC	8/9/2005
3	30.37	Hultgren, Raynie	WEST	8/8/2006
4	30.42	Kawaguchi, Megan	WWA	7/23/2009
5	30.68	Pearson, Jada	ESC	8/10/2010
6	30.70	Anderson, Haley	BC	6/25/2005
7	30.74	Gourley, Ali	KING	7/28/2005
7	30.74	Kwan, Sabrina	OCA	7/28/2011
9	30.82	Liu, Amelia	KING	7/31/2008
10	30.87	Koksu, Emily	KING	7/29/2009
11	31.09	Bishoff, Sydney	PSSC	7/29/2010
12	31.17	Wold, Grace	KING	8/1/2007
12	31.17	Peirano, Anna	BISC	7/23/2009
14	31.23	Godfred, Rachel	BC	7/31/2003
15	31.27	Grisdale, Ashley	GHP	7/20/2001
16	31.37	Bailey, Chelsea	KING	7/15/2005

### 100 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	1:05.56	Kinnear, Katie	IST	7/26/2007
2	1:06.78	Domanowski, Christina	MMSC	6/17/2011
3	1:07.35	Randolf, Melissa	SSC	7/28/2005
4	1:07.51	Kawaguchi, Megan	WWA	7/23/2009
5	1:07.53	Rosen, Laura	NWAC	7/31/2008
6	1:07.55	Gourley, Ali	KING	7/28/2005
7	1:07.72	Taylor, Andie	IST	8/10/2004
8	1:07.80	Liu, Amelia	KING	7/31/2008
9	1:08.03	Grisdale, Ashley	GHP	7/25/2001
10	1:08.08	Seidner, Lindsey	OCA	7/28/2011
11	1:08.30	Zook, Nina	IST	6/16/2006
12	1:08.45	Kwan, Sabrina	OCA	7/28/2011
13	1:08.46	Wold, Grace	KING	3/5/2008
14	1:08.67	Williams, Kim	BISC	6/18/2009
15	1:08.72	Godfred, Rachel	BC	8/5/2003
16	1:08.76	Jennings, Leona	KING	8/5/2003

### 200 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	2:25.74	Rosen, Laura	NWAC	7/31/2008
2	2:27.97	Domanowski, Christina	MMSC	7/28/2011
3	2:30.07	Taylor, Andie	IST	7/29/2004
4	2:31.13	Lindblad, Gabrielle	KING	8/1/2007
5	2:31.14	Harris, Taylor	KING	7/31/2008
6	2:31.14	Seidner, Lindsey	OCA	7/28/2011
7	2:32.72	Kwan, Sabrina	OCA	8/4/2011
8	2:32.94	Domanowski, Jennifer	MMSC	1/6/2007
9	2:33.69	Kinnear, Katie	IST	5/5/2007
10	2:34.03	Zook, Nina	IST	5/19/2006
11	2:34.73	Cook, Alyssa	KING	5/21/2010
12	2:35.41	Shabb, Hannah	CSC	7/29/2010
13	2:35.89	Davis, Alyssa	KING	4/28/2007
14	2:35.90	Seidner, Lindsey	OCA	8/5/2010
15	2:36.76	McDermott, Amber	WEST	7/28/2005
16	2:36.82	Peirano, Anna	BISC	7/23/2009

### 200 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	2:28.66	Kukors, Ariana	KING	8/7/2001
2	2:29.18	Bailey, Chelsea	KING	8/9/2005
3	2:29.65	Rosen, Laura	NWAC	7/31/2008
4	2:30.12	Williams, Kim	BISC	7/23/2009
5	2:30.35	Domanowski, Christina	MMSC	7/28/2011
6	2:31.15	Taylor, Andie	IST	6/25/2004
7	2:31.45	Davis, Alyssa	KING	8/8/2006
8	2:32.04	Teegan, Helen	KING	7/29/2010
9	2:32.25	Sutton, Stefanie	KING	8/2/2001
10	2:32.82	Hall, Laura	SBAY	6/7/2002
11	2:33.16	Kukors, Mattie	KING	5/14/2004
12	2:33.20	Cann, Felicity	KING	7/31/2008
13	2:33.53	Liu, Amelia	KING	7/31/2008
14	2:34.04	Zook, Nina	IST	5/19/2006
15	2:34.21	Jennings, Leona	KING	8/5/2003
16	2:34.40	Kinnear, Katie	IST	8/7/2007

### 400 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	5:15.79	Taylor, Andie	IST	6/25/2004
2	5:16.96	Rosen, Laura	NWAC	7/31/2008
3	5:17.27	Davis, Alyssa	KING	6/1/2007
4	5:19.08	Williams, Kim	BISC	6/25/2009
5	5:20.39	Cook, Alyssa	KING	5/21/2010
6	5:21.41	Domanowski, Christina	MMSC	7/28/2011
7	5:21.63	Shabb, Hannah	CSC	7/29/2010
8	5:22.45	Kukors, Mattie	KING	6/25/2004
9	5:22.67	Kukors, Ariana	KING	6/29/2001
10	5:23.23	Sutton, Stefanie	KING	8/2/2001
11	5:24.53	McDermott, Amber	WEST	7/28/2005
12	5:27.26	Nist, Erika	KING	5/16/2008
13	5:27.52	Kinnear, Katie	IST	6/22/2007
14	5:27.97	Williamson, Mariah	WEST	7/27/2006
15	5:28.11	Michaels, Dana	WEST	6/16/2006
16	5:28.44	Hall, Laura	SBAY	5/17/2002