



# PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS THIRTEEN YEARS

### 50 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	27.14	Jennings, Leona	KING	7/29/2004
2	27.24	Ginnis, Morgan	MMSC	8/5/2009
3	27.47	Jennings, Emilee	KING	1/4/2003
4	27.67	Cratsenberg, Amber	VAST	7/26/2007
5	27.73	Kinnear, Katie	IST	6/29/2008
6	27.92	Bailey, Chelsea	KING	8/8/2006
7	28.02	Randolf, Melissa	SSC	8/10/2006
8	28.07	Forelli, Krissy	GHP	8/2/2001
9	28.13	Bishoff, Sydney	PSSC	7/28/2011
10	28.22	Vanderwel, Heidi	WEST	7/23/2009
11	28.24	Mclntyre, Missy	NWAC	7/6/2001
12	28.27	Liu, Helen	IST	6/16/2006
13	28.32	Kukors, Ariana	KING	1/4/2003
14	28.33	Teegan, Helen	KING	7/30/2011
15	28.48	Messegee, Amelia	HWST	8/5/2003
15	28.48	Keane, Anna	WEST	7/23/2009
15	28.48	Cross, Marley	BC	7/28/2011

### 100 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	59.52	Ginnis, Morgan	MMSC	8/5/2009
2	59.94	Kinnear, Katie	IST	6/29/2008
3	1:00.14	Jennings, Leona	KING	7/29/2004
4	1:00.44	Taylor, Andie	IST	6/3/2005
5	1:00.70	Cann, Felicity	KING	7/23/2009
6	1:00.74	Flaten, Kayla	IST	8/5/2008
7	1:00.75	Cratsenberg, Amber	VAST	3/7/2008
8	1:00.78	Roberson, Leslie	SBAY	8/1/2002
8	1:00.78	Michaels, Dana	WEST	6/22/2007
10	1:00.80	Vanderwel, Heidi	WEST	7/23/2009
11	1:00.84	Randolf, Melissa	SSC	7/27/2006
12	1:01.00	Williams, Kim	IST	7/29/2010
13	1:01.07	Forelli, Krissy	GHP	8/2/2001
14	1:01.44	Cross, Marley	BC	7/28/2011
15	1:01.46	Bishoff, Sydney	PSSC	7/28/2011
16	1:01.47	Godfred, Rachel	BC	7/29/2004

### 200 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	2:07.49	Taylor, Andie	IST	5/20/2005
2	2:08.11	Roberson, Leslie	SBAY	7/23/2002
3	2:09.72	Ginnis, Morgan	MMSC	7/23/2009
4	2:09.84	Kukors, Ariana	KING	5/3/2003
5	2:10.64	Michaels, Dana	WEST	6/1/2007
6	2:11.62	Tannhauser, Kelly	SBAY	7/28/2005
7	2:12.16	McDermott, Amber	WEST	7/27/2006
8	2:12.20	Flaten, Kayla	IST	8/5/2008
9	2:12.31	Williams, Kim	IST	7/29/2010
10	2:12.41	Davis, Alyssa	KING	5/3/2008
11	2:12.54	Nist, Erika	KING	7/23/2009
12	2:12.66	Shabb, Hannah	CSC	7/28/2011
13	2:12.74	Randolf, Melissa	SSC	7/27/2006
14	2:12.87	Friedhoff, Amy	VAST	7/31/2003
15	2:13.03	Cratsenberg, Amber	VAST	1/17/2008
16	2:13.04	Williamson, Mariah	WEST	7/26/2007

### 400 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	4:27.46	Taylor, Andie	IST	8/9/2005
2	4:29.00	Michaels, Dana	WEST	6/22/2007
3	4:29.01	Roberson, Leslie	SBAY	7/23/2002
4	4:34.17	Williamson, Mariah	WEST	7/26/2007
5	4:34.58	Kukors, Ariana	KING	5/3/2003
6	4:35.34	Kuestermeyer, Bailey	PAC	1/6/2001
7	4:35.47	Davis, Aly	KING	3/5/2008
8	4:36.51	Shabb, Hannah	CSC	7/28/2011
9	4:36.85	McDermott, Amber	WEST	6/29/2006
10	4:37.39	Rosen, Laura	NWAC	7/23/2009
11	4:37.92	Ginnis, Morgan	MMSC	7/23/2009
12	4:38.03	Tannhauser, Kelly	SBAY	7/28/2005
13	4:38.15	Williams, Kim	IST	6/25/2010
14	4:38.95	Lucien, Brianna	WEST	7/19/2011
15	4:39.00	Cann, Felicity	KING	7/23/2009
16	4:39.11	Friedhoff, Amy	VAST	7/31/2003

### 800 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	9:13.71	Roberson, Leslie	SBAY	7/23/2002
2	9:17.04	Taylor, Andie	IST	6/30/2005
3	9:22.84	Michaels, Dana	WEST	7/18/2006
4	9:23.12	Williams, Kim	IST	7/20/2010
5	9:23.39	Davis, Aly	KING	3/5/2008
6	9:25.08	Williamson, Mariah	WEST	7/26/2007
7	9:26.68	Kukors, Ariana	KING	1/4/2003
8	9:27.03	Lucien, Brianna	WEST	7/28/2011
9	9:28.29	McDermott, Amber	WEST	7/27/2006
10	9:29.25	Thompson, Hilda	CSC	7/29/2004
11	9:29.98	Kukors, Mattie	KING	5/20/2005
12	9:30.08	Chan, Nakayla	TSC	8/10/2004
13	9:31.43	Eronemo, Courtney	KING	7/19/2001
14	9:33.00	Rosen, Laura	NWAC	7/23/2009
15	9:33.27	Baker, Sarah	OAC	8/7/2001
16	9:34.79	Cook, Alyssa	KING	7/20/2010

### 1500 METER FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	17:25.60	Michaels, Dana	WEST	6/22/2007
2	17:42.47	Taylor, Andie	IST	5/14/2005
3	17:50.33	McDermott, Amber	WEST	7/18/2006
4	17:55.11	Roberson, Leslie	SBAY	7/23/2002
5	18:01.56	Lucien, Brianna	WEST	7/28/2011
6	18:05.61	Williamson, Mariah	WEST	7/26/2007
7	18:06.83	Thompson, Hilda	CSC	8/10/2004
8	18:14.22	Weitz, Elizabeth	CSC	8/10/2004
9	18:16.30	Davis, Alyssa	KING	8/1/2007
10	18:16.60	McCann, Christina	GHP	8/10/2004
11	18:17.12	Brunner, Haley	SBAY	8/10/2004
12	18:20.15	Baker, Sarah	OAC	7/25/2001
13	18:21.36	Chan, Nakayla	TSC	6/25/2004
14	18:25.05	Kukors, Mattie	KING	6/25/2005
15	18:27.21	Ellis, Danielle	GHP	7/28/2005
16	18:28.29	Chambers, Addie	KING	7/29/2010



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## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS THIRTEEN YEARS

### 100 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:06.32	Vanderwel, Heidi	WEST	12/6/2009
2	1:07.17	Taylor, Andie	IST	6/24/2005
3	1:07.45	Jennings, Leona	KING	8/10/2004
4	1:07.55	Ginnis, Morgan	MMSC	7/23/2009
5	1:08.53	Kim, Rachel	KING	6/9/2007
6	1:08.89	Lindblad, Brianne	KING	7/16/2003
7	1:08.89	Kinnear, Katie	IST	7/31/2008
8	1:08.97	Weiss, Hannah	KING	7/29/2009
9	1:09.22	Wold, Grace	KING	8/5/2008
10	1:09.36	Cook, Alyssa	KING	5/14/2011
11	1:09.62	Bailey, Chelsea	KING	7/18/2006
12	1:09.88	Ainsworth, Kristin	KING	5/16/2008
13	1:09.95	Johnson, Laura	SSCD	7/23/2009
14	1:09.98	Leaf, Lindsay	GHP	6/29/2001
15	1:10.20	Liu, Helen	IST	7/27/2006
16	1:10.47	Huo, Jenny	UN	6/17/2011

### 200 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:41.09	Williams, Kim	IST	7/29/2010
2	2:41.46	Kukors, Ariana	KING	5/3/2003
3	2:44.00	Kukors, Mattie	KING	5/20/2005
4	2:46.61	Taylor, Andie	IST	6/30/2005
5	2:46.91	Ernst, Alexandra	SBAY	7/16/2003
6	2:47.25	Ferreira, Emily	SSC	7/12/2005
7	2:47.68	Jennings, Leona	KING	5/14/2004
8	2:48.09	Lim, Sarina	CSC	6/6/2009
9	2:48.22	Tallman, Cassie	KING	7/23/2009
10	2:48.41	Gehrke, Bethany	UN	7/26/2007
11	2:48.42	Cook, Alyssa	KING	8/5/2010
12	2:48.49	Bush, Meredith	SBAY	1/4/2003
13	2:48.61	O'Keefe, Meghan	BC	7/26/2007
14	2:48.66	Jennings, Leona	KING	7/29/2004
15	2:48.85	Speak, Sage	WAVE	7/23/2009
16	2:49.10	Nakamura, Mac	WAVE	6/27/2003

### 200 METER BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	2:20.07	Vanderwel, Heidi	WEST	8/5/2009
2	2:21.93	Ginnis, Morgan	MMSC	7/23/2009
3	2:22.45	Taylor, Andie	IST	6/24/2005
4	2:25.93	Kim, Rachel	KING	7/26/2007
5	2:28.15	Kinnear, Katie	IST	7/31/2008
6	2:28.27	Cook, Alyssa	KING	5/14/2011
7	2:28.67	Davis, Alyssa	KING	7/10/2007
8	2:28.81	Weiss, Hannah	KING	7/29/2009
9	2:29.01	Wold, Grace	KING	7/31/2008
10	2:29.04	Jennings, Leona	KING	6/12/2004
11	2:29.21	McDermott, Amber	WEST	7/27/2006
12	2:29.33	Johnson, Laura	SSCD	7/23/2009
13	2:29.44	Liu, Helen	IST	6/16/2006
14	2:29.45	Silva, Courtney	KING	6/25/2005
15	2:29.61	Ainsworth, Kristin	KING	5/16/2008
16	2:29.72	White-Delehoy, Sara	PAC	7/25/2001

### 100 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	1:02.29	Kinnear, Katie	IST	5/16/2008
2	1:04.13	Taylor, Andie	IST	6/24/2005
3	1:04.83	Randolf, Melissa	SSC	8/8/2006
4	1:05.33	Vanderwel, Heidi	WEST	8/5/2009
5	1:05.63	Eronemo, Courtney	KING	8/2/2001
6	1:05.91	Domanowski, Jennifer	MMSC	3/5/2008
7	1:05.94	Wold, Grace	KING	8/5/2008
8	1:05.97	Jennings, Leona	KING	7/29/2004
9	1:06.18	Michaels, Dana	WEST	6/22/2007
10	1:06.27	Roberson, Leslie	SBAY	8/1/2002
11	1:06.43	Lindblad, Gabby	KING	6/27/2008
12	1:06.99	Godfred, Rachel	BC	8/10/2004
13	1:07.02	Gourley, Ali	KING	7/18/2006
14	1:07.12	Kawaguchi, Megan	WWA	7/29/2010
15	1:07.13	Grisdale, Ashley	GHP	6/7/2002
16	1:07.14	Ginnis, Morgan	MMSC	6/13/2009

### 100 METER BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:13.94	Kukors, Ariana	KING	8/6/2002
2	1:16.26	Williams, Kim	IST	7/29/2010
3	1:16.58	Ferreira, Emily	SSC	7/28/2005
4	1:17.17	Jennings, Emilee	KING	8/1/2002
5	1:17.28	Speak, Sage	WAVE	7/23/2009
6	1:17.64	Ernst, Alexandra	SBAY	7/31/2003
7	1:17.73	Nakamura, Mac	WAVE	7/31/2003
8	1:17.94	McIntyre, Missy	NWAC	6/29/2001
9	1:17.98	Volodkevich, Maria	IST	7/31/2008
10	1:18.30	O'Keefe, Meghan	BC	7/26/2007
11	1:18.77	Harper, Heather	PRO	6/21/2007
12	1:19.16	Kukors, Mattie	KING	6/16/2005
13	1:19.29	Delzer, Savannah	KING	7/28/2011
14	1:19.67	Nunn, Abigail	IST	3/10/2004
15	1:20.01	Bush, Meredith	SBAY	1/4/2003
16	1:20.02	Taylor, Andie	IST	6/30/2005

### 200 METER BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	2:18.74	Taylor, Andie	IST	6/24/2005
2	2:21.43	Kinnear, Katie	IST	7/15/2008
3	2:22.87	Domanowski, Jennifer	MMSC	3/5/2008
4	2:25.26	Godfred, Rachel	BC	8/10/2004
5	2:25.83	Michaels, Dana	WEST	6/1/2007
6	2:26.05	Eronemo, Courtney	KING	7/19/2001
7	2:26.31	Rosen, Laura	NWAC	7/23/2009
8	2:26.72	Kukors, Ariana	KING	8/6/2002
9	2:27.09	Vanderwel, Heidi	WEST	8/10/2009
10	2:27.16	Cook, Alyssa	KING	7/29/2010
11	2:27.57	Shabb, Hannah	CSC	7/28/2011
12	2:27.59	Guieb, Gabby	KING	7/31/2003
13	2:27.92	Kukors, Mattie	KING	6/16/2005
14	2:28.32	Williamson, Mariah	WEST	7/26/2007
15	2:29.17	Randolf, Melissa	SSC	7/27/2006
16	2:29.78	Hinely, Nicole	PSSC	8/1/2007



# PACIFIC NORTHWEST SWIMMING

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## TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS THIRTEEN YEARS

### 200 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	2:21.83	Taylor, Andie	IST	6/30/2005
2	2:22.72	Kukors, Ariana	KING	8/6/2002
3	2:23.28	Williams, Kim	IST	7/29/2010
4	2:27.09	Rosen, Laura	NWAC	7/23/2009
5	2:27.25	Jennings, Leona	KING	7/29/2004
6	2:27.26	Kukors, Mattie	KING	6/16/2005
7	2:27.99	Cook, Alyssa	KING	4/23/2011
8	2:28.12	Vanderwel, Heidi	WEST	7/23/2009
9	2:28.13	Kinnear, Katie	IST	7/31/2008
10	2:28.15	Sutton, Stefanie	KING	7/23/2002
11	2:28.33	Davis, Aly	KING	3/5/2008
12	2:29.28	Kim, Rachel	KING	7/26/2007
13	2:29.84	Cann, Felicity	KING	5/15/2009
14	2:30.14	Hall, Lauren	SBAY	5/30/2003
15	2:30.21	Eronemo, Courtney	KING	8/2/2001
16	2:30.27	Wold, Grace	KING	7/31/2008

### 400 METER INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	5:00.36	Taylor, Andie	IST	7/12/2005
2	5:01.62	Williams, Kim	IST	7/29/2010
3	5:07.51	Cook, Alyssa	KING	5/14/2011
4	5:07.69	Kukors, Ariana	KING	5/3/2003
5	5:08.45	Kukors, Mattie	KING	4/23/2005
6	5:09.21	Sutton, Stefanie	KING	7/23/2002
7	5:10.32	Kinnear, Katie	IST	7/31/2008
8	5:10.86	Rosen, Laura	NWAC	7/23/2009
9	5:12.47	Davis, Aly	KING	3/5/2008
10	5:12.92	Jennings, Leona	KING	7/29/2004
11	5:13.13	Lucien, Brianna	WEST	7/28/2011
12	5:13.26	Nist, Erika	KING	8/5/2009
13	5:13.45	Tannhauser, Kelly	SBAY	7/28/2005
14	5:14.29	McDermott, Amber	WEST	7/18/2006
15	5:14.79	McIntyre, Missy	NWAC	6/29/2001
16	5:15.96	O'Keefe, Meghan	BC	7/26/2007