



PACIFIC NORTHWEST SWIMMING

A Local Swim Committee of USA Swimming

TOP 16 TIMES – OCTOBER 1, 2000 – PRESENT – GIRLS TEN AND UNDER

50 YARD FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	26.53	Cratsenberg, Amber	VAST	2/18/2005
2	26.95	Hirata, Liane	OAC	3/17/2006
3	27.38	Williams, Kim	BISC	12/7/2007
4	27.40	Shabb, Hannah	CSC	3/14/2009
5	27.47	Tanasse, Emily	KING	3/17/2006
6	27.50	Dang, Gabby	WAVE	3/26/2011
7	27.52	Zacharias, Emily	WWA	10/15/2011
8	27.60	Volodkevich, Maria	IST	3/4/2006
9	27.62	Randolf, Melissa	SSC	3/21/2003
10	27.67	Pedersen, Bindi	MMSC	3/26/2011
11	27.73	Tudor, Carly	BC	3/5/2011
12	27.74	Cross, Marley	BC	3/28/2009
13	27.76	Teegan, Helen	KING	3/27/2009
14	27.79	McDermott, Amber	WEST	11/22/2003
15	27.88	Bishoff, Sydney	PSSC	3/14/2008
16	27.92	Davis, Alyssa	KING	3/18/2005
16	27.92	Michaels, Dana	CSC	3/19/2004

100 YARD FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	58.63	Williams, Kim	BISC	3/14/2008
2	59.09	Pedersen, Bindi	MMSC	10/1/2011
3	59.51	Dang, Gabby	WAVE	10/1/2011
4	59.58	Cratsenberg, Amber	VAST	2/18/2005
5	59.68	Shabb, Hannah	CSC	3/14/2009
6	59.70	Volodkevich, Maria	IST	3/17/2006
7	59.89	Zacharias, Emily	WWA	10/15/2011
8	1:00.08	Hirata, Liane	OAC	3/17/2006
9	1:00.25	Tanasse, Emily	KING	3/17/2006
10	1:00.42	McDermott, Amber	WEST	11/22/2003
11	1:00.44	Cross, Marley	BC	3/27/2009
12	1:00.56	Tannhauser, Kelly	SBAY	12/7/2002
13	1:00.69	Michaels, Dana	CSC	3/19/2004
14	1:00.97	Ginnis, Morgan	MMSC	12/8/2006
15	1:01.36	Domanowski, Christina	MMSC	3/27/2009
16	1:01.41	Rosen, Laura	NWAC	10/21/2006

200 YARD FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	2:07.57	Tannhauser, Kelly	SBAY	11/23/2002
2	2:07.84	Williams, Kim	BISC	2/15/2008
3	2:09.17	Zacharias, Emily	WWA	10/15/2011
4	2:09.77	Davis, Alyssa	KING	3/18/2005
5	2:10.50	Pedersen, Bindi	MMSC	11/5/2011
6	2:10.66	Shabb, Hannah	CSC	3/14/2009
7	2:10.78	Rosen, Laura	NWAC	10/21/2006
8	2:11.15	Domanowski, Christina	MMSC	3/27/2009
9	2:11.88	Dang, Gabby	WAVE	3/18/2011
10	2:11.99	Michaels, Dana	CSC	3/19/2004
11	2:12.04	Cook, Alyssa	PAC	3/14/2008
12	2:12.05	McDermott, Amber	WEST	12/6/2003
13	2:12.13	Benson, Hannah	CSC	3/23/2007
14	2:12.24	Matsuda, Jeni	BEST	3/19/2010
15	2:12.27	Cratsenberg, Amber	VAST	2/18/2005
16	2:12.86	Ginnis, Morgan	MMSC	10/21/2006

500 YARD FREESTYLE

RANK	TIME	NAME	CLUB	DATE
1	5:35.68	Shabb, Hannah	CSC	2/28/2009
2	5:39.24	Williams, Kim	BISC	12/7/2007
3	5:44.07	Rosen, Laura	NWAC	10/21/2006
4	5:44.14	Chan, Nakayla	KING	2/23/2002
5	5:46.15	Tannhauser, Kelly	SBAY	12/7/2002
6	5:46.66	Ginnis, Morgan	MMSC	12/2/2006
7	5:47.22	Ingerson, Audrey	UN	2/7/2003
8	5:47.33	Brooks, Alison	BISC	3/14/2008
9	5:48.19	McDermott, Amber	WEST	11/22/2003
10	5:48.76	Zacharias, Emily	WWA	10/15/2011
11	5:49.36	Benson, Hannah	CSC	3/23/2007
12	5:50.14	Pedersen, Bindi	MMSC	10/15/2011
13	5:51.57	Michaels, Dana	CSC	3/19/2004
14	5:56.71	Davis, Alyssa	KING	1/14/2005
15	5:57.77	Uyeno, Linnea	KING	11/22/2008
16	5:57.96	Volodkevich, Maria	IST	3/4/2006

50 YARD BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	30.88	Dang, Gabby	WAVE	3/18/2011
2	31.61	Albright, Taryn	SSC	2/7/2004
3	31.66	Kwan, Sabrina	KING	3/28/2009
4	31.85	Lindblad, Brianne	KING	10/7/2000
5	31.89	Huo, Jenny	KING	11/22/2008
6	31.92	Tanasse, Emily	KING	3/17/2006
7	32.04	Blomso, Maren	CSC	3/18/2011
8	32.05	Dang, Tiffany	WAVE	3/18/2005
9	32.10	Barber, Rio	WWA	3/19/2004
10	32.12	Larson, Molly	WWA	3/21/2003
11	32.21	Tudor, Carly	BC	12/10/2010
12	32.22	Young, Stephanie	IST	10/1/2011
13	32.39	Kinnear, Katie	IST	5/14/2005
14	32.48	Pedersen, Bindi	MMSC	11/5/2011
15	32.49	Volodkevich, Maria	IST	3/4/2006
16	32.49	Teegan, Helen	KING	3/27/2009

100 YARD BACKSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:07.77	Tannhauser, Kelly	SBAY	12/7/2002
1	1:07.77	Dang, Gabby	WAVE	3/18/2011
3	1:07.92	Tanasse, Emily	KING	3/17/2006
4	1:08.37	Ginnis, Morgan	MMSC	12/8/2006
5	1:08.50	Hirata, Liane	OAC	3/17/2006
6	1:08.91	Volodkevich, Maria	IST	3/17/2006
7	1:08.95	Barber, Rio	WWA	3/19/2004
8	1:09.42	So, Tya	KING	1/29/2011
9	1:09.47	Matsuda, Jeni	BEST	3/19/2010
10	1:09.54	Rosen, Laura	NWAC	10/21/2006
11	1:09.85	Zacharias, Emily	WWA	10/15/2011
12	1:10.21	Domanowski, Jennifer	MMSC	3/18/2005
13	1:10.25	Larson, Molly	WWA	3/21/2003
14	1:10.27	Teegan, Helen	KING	3/27/2009
15	1:10.32	Albright, Taryn	SSC	12/20/2003
16	1:10.48	Dang, Tiffany	WAVE	3/5/2005



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50 YARD BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	34.11	Volodkevich, Maria	IST	4/29/2006
2	34.40	Pedersen, Bindi	MMSC	11/5/2011
3	35.06	Teegan, Helen	KING	3/27/2009
4	35.69	Chien, Isabel	KING	12/9/2011
5	35.71	Coe, Savannah	KING	3/27/2004
6	35.74	Soria, Jessica	KING	3/21/2003
7	35.75	Uyeno, Linnea	KING	11/22/2008
8	35.89	Huo, Jenny	KING	11/22/2008
9	36.18	Chong, Crystal	PDST	12/9/2011
10	36.28	Himes, Danika	IST	12/9/2011
11	36.59	Williams, Kim	BISC	1/12/2008
12	36.64	Zacharias, Emily	WWA	10/15/2011
13	36.65	Shabb, Hannah	CSC	1/17/2009
14	36.79	Lin, Kathy	IST	3/27/2009
15	36.82	Nakamura, Mac	WAVE	3/23/2001
16	36.91	Cratsenberg, Amber	VAST	5/14/2005

100 YARD BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	1:05.12	Chien, Isabel	KING	12/9/2011
2	1:05.32	Davis, Alyssa	KING	3/18/2005
3	1:05.66	Pedersen, Bindi	MMSC	3/18/2011
4	1:06.68	Li, Delora	PDST	12/9/2011
5	1:08.22	Shabb, Hannah	CSC	12/12/2008
6	1:08.35	Seidner, Lindsey	KING	3/27/2009
7	1:08.98	Williams, Kim	BISC	3/14/2008
8	1:09.15	Domanowski, Jeni	BEST	3/19/2010
9	1:09.28	Domanowski, Jennifer	MMSC	3/18/2005
10	1:09.50	Rosen, Laura	NWAC	3/17/2006
11	1:09.53	Nunn, Abby	IST	3/23/2001
12	1:09.78	Huo, Jenny	KING	11/22/2008
13	1:09.79	Tannhauser, Kelly	SBAY	12/7/2002
14	1:09.91	Harris, Taylor	KING	12/8/2006
15	1:09.92	Dang, Gabby	WAVE	2/25/2011
16	1:09.99	Ingerson, Audrey	UN	2/7/2003

100 YARD BREASTSTROKE

RANK	TIME	NAME	CLUB	DATE
1	1:14.63	Pedersen, Bindi	MMSC	3/18/2011
2	1:15.17	Volodkevich, Maria	IST	3/17/2006
3	1:15.20	Williams, Kim	BISC	2/15/2008
4	1:15.82	Chien, Isabel	KING	12/9/2011
5	1:16.15	Uyeno, Linnea	KING	11/22/2008
6	1:16.49	Coe, Savannah	KING	3/27/2004
7	1:17.56	Teegan, Helen	KING	3/27/2009
8	1:18.48	Soria, Jessica	KING	3/21/2003
9	1:19.08	Tallman, Cassie	UN	2/10/2007
9	1:19.08	Glubochansky, Gabrielle	IST	3/18/2011
11	1:19.27	Chong, Crystal	PDST	12/9/2011
12	1:19.68	Jeong, Clare	KING	3/23/2007
13	1:19.99	Nakamura, Mac	WAVE	3/23/2001
13	1:19.99	Godfred, Rachel	C	3/23/2001
15	1:20.14	Shabb, Hannah	CSC	1/17/2009
16	1:20.19	Black, Taliah	NWAC	3/18/2011

100 YARD INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	1:07.12	Li, Delora	PDST	12/9/2011
2	1:07.13	Pedersen, Bindi	MMSC	3/18/2011
3	1:07.29	Volodkevich, Maria	IST	3/17/2006
4	1:07.69	Chien, Isabel	KING	12/9/2011
5	1:08.02	Hirata, Liane	OAC	3/17/2006
6	1:08.91	Teegan, Helen	KING	3/27/2009
7	1:08.93	Blomso, Maren	CSC	3/18/2011
8	1:09.16	Davis, Alyssa	KING	3/18/2005
9	1:09.26	Huo, Jenny	KING	11/22/2008
10	1:09.33	Williams, Kim	BISC	1/12/2008
11	1:09.76	Tannhauser, Kelly	SBAY	12/7/2002
12	1:09.92	Shabb, Hannah	CSC	12/12/2008
13	1:10.03	Zacharias, Emily	WWA	10/15/2011
14	1:10.48	Rosen, Laura	NWAC	10/14/2006
15	1:10.49	Cratsenberg, Amber	VAST	3/18/2005
16	1:10.52	Randolf, Melissa	SSC	6/27/2003

50 YARD BUTTERFLY

RANK	TIME	NAME	CLUB	DATE
1	29.00	Dang, Gabby	WAVE	3/18/2011
2	29.17	Chien, Isabel	KING	12/9/2011
3	29.26	Davis, Alyssa	KING	3/18/2005
4	29.28	Hirata, Liane	OAC	3/17/2006
5	29.45	Li, Delora	PDST	12/9/2011
6	29.50	Pedersen, Bindi	MMSC	3/18/2011
7	30.50	Tanasse, Emily	KING	3/17/2006
8	30.59	Seidner, Lindsey	KING	3/27/2009
9	30.62	Shabb, Hannah	CSC	3/14/2009
9	30.71	Pearson, Jada	ESC	12/12/2008
10	30.71	Matsuda, Jeni	BEST	3/5/2010
11	30.90	Morris, Lily	BC	10/23/2004
13	31.05	Daigneault, Louise	CSC	11/6/2010
14	31.06	Domanowski, Christina	MMSC	3/27/2009
15	31.13	Harris, Taylor	KING	12/8/2006
16	31.15	Tudor, Carly	BC	12/10/2010

200 YARD INDIVIDUAL MEDLEY

RANK	TIME	NAME	CLUB	DATE
1	2:24.19	Williams, Kim	BISC	3/14/2008
2	2:24.74	Pedersen, Bindi	MMSC	11/5/2011
3	2:25.03	Li, Delora	PDST	12/9/2011
4	2:25.83	Shabb, Hannah	CSC	12/12/2008
5	2:25.93	Tannhauser, Kelly	SBAY	12/7/2002
6	2:26.82	Davis, Alyssa	KING	3/18/2005
7	2:27.12	Rosen, Laura	NWAC	3/17/2006
8	2:27.20	Chien, Isabel	KING	12/9/2011
9	2:27.32	Hirata, Liane	OAC	3/17/2006
10	2:28.38	Volodkevich, Maria	IST	2/4/2006
11	2:28.68	Huo, Jenny	KING	11/22/2008
12	2:28.99	Uyeno, Linnea	KING	11/22/2008
13	2:29.56	McDermott, Amber	WEST	11/22/2003
14	2:29.68	Matsuda, Jeni	BEST	3/19/2010
15	2:31.26	Dang, Gabby	WAVE	2/25/2011
16	2:31.90	Ginnis, Morgan	MMSC	11/18/2006



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