

**KING Heat Meet - 11/11/2007**  
**Mt. Rainier High School Pool; Des Moines, WA, Sanction #: #0711-SP04**  
**Hosted by King Aquatic Club**  
**Results**

**Girls 100 Yard Free**

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Jennings, Leona	17	KING	51.34
10.64	40.70		
2 Marchand, Lindsey	17	KING	51.60
25.44	26.16		
3 Liggett, Kath	17	HEAT	53.79
26.20	27.59		
4 Brand, Heather	24	KING	54.49
26.03	28.46		
5 Bailey, Chelsea	15	KING	54.68
10.02	44.66		
6 Schumacher, Allyson	18	KING	54.98
26.85	28.13		
*7 Dohrn, Charlotte	16	KING	55.17
*7 Fenster, Emily	15	KING	55.17
9 Bassen, Rachelle	17	KING	55.60
26.75	28.85		
10 Gansneder, Haley	17	KING	56.51
11 Coe, Savannah	14	KING	58.68
28.08	30.60		
--- Rysemus, Katy	15	KING	NS
--- Ellis, Jodie	17	HEAT	NS
--- Lindstrom, Abby	15	HEAT	NS
--- Nguyen, Christina	17	HEAT	NS
--- Matulic, Katie	17	KING	NS
--- Prothero, Marley	17	KING	NS
--- Hartman, Victoria	17	UNAT	NS

**Girls 100 Yard Free**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Kukors, Ariana	18	UN-KI	51.40
25.03	26.37		
2 Jennings, Leona	17	KING	51.83
25.04	26.79		
3 Marchand, Lindsey	17	KING	52.70
25.57	27.13		
4 Bailey, Chelsea	15	KING	54.36
26.12	28.24		
5 Liggett, Kath	17	HEAT	54.48
26.35	28.13		
6 Schumacher, Allyson	18	KING	54.84
26.75	28.09		
7 Brand, Heather	24	KING	54.85
26.15	28.70		
8 Dohrn, Charlotte	16	KING	54.97
26.63	28.34		
9 Lindstrom, Abby	15	HEAT	55.05
34.88	20.17		
10 Fenster, Emily	15	KING	55.74
27.21	28.53		

11 Nguyen, Christina	17	HEAT	55.91
26.89	29.02		
12 Gansneder, Haley	17	KING	56.10
27.15	28.95		
13 Hartman, Victoria	17	UNAT	56.22
26.90	29.32		
14 Bassen, Rachelle	17	KING	56.26
27.36	28.90		
15 Prothero, Marley	17	KING	57.04
27.56	29.48		
16 Ellis, Jodie	17	HEAT	57.05
27.82	29.23		
17 Coe, Savannah	14	KING	57.57
28.04	29.53		
18 Matulic, Katie	17	KING	58.03
28.27	29.76		
19 Rysemus, Katy	15	KING	58.46
28.02	30.44		
20 Crowder, Kelsey	14	KING	58.54
28.67	29.87		
21 Morris, Alena	16	KING	58.89
28.28	30.61		
22 Maclurg, Amanda	15	KING	59.17
28.90	30.27		
23 Benoit, Annie	14	KING	59.49
29.02	30.47		
24 Wilson, Ele	17	HEAT	59.68
28.66	31.02		
--- Doran, Christine	16	HEAT	NS
--- Soria, Jessica Anne	15	KING	NS
--- Kim, Rachel	13	KING	NS
--- Guieb, Gabby	17	KING	NS

**Girls 200 Yard Free**

Name	Age	Team	Finals Time
1 Kukors, Ariana	18	UN-KI	1:50.05
26.11	27.92	28.18	27.84
2 Jendrick, Megan	23	KING	1:51.90
26.41	28.37	28.65	28.47
3 Liggett, Kath	17	HEAT	1:56.63
27.04	29.41	29.89	30.29
4 Brennan, Dannica	16	KING	1:57.53
27.73	29.94	30.32	29.54
5 Godfred, Rachel	17	KING	1:58.63
26.93	29.94	31.14	30.62
6 Karpeevea, Elena	19	KING	1:59.11
28.02	30.10	30.51	30.48
7 Branche, Kayla	17	HEAT	2:01.18
28.71	30.59	31.29	30.59
8 Do, Jacqueline	14	KING	2:01.75
28.65	30.80	31.62	30.68
9 Heller, Anna	17	HEAT	2:02.38
28.93	31.54	31.71	30.20
10 Hartman, Victoria	17	UNAT	2:02.72
28.37	31.43	31.77	31.15

11 McCann, Christina	17	KING	2:02.91
28.91	31.24	31.62	31.14
12 Crowder, Kelsey	14	KING	2:03.00
29.27	31.49	31.43	30.81
13 Nguyen, Christina	17	HEAT	2:03.10
28.51	31.12	31.93	31.54
14 Cleveland, Alicia	16	KING	2:03.58
29.33	31.40	32.08	30.77
15 Tran, Paula	14	HEAT	2:03.81
29.25	31.20	31.92	31.44
16 Coe, Savannah	14	KING	2:05.61
29.94	31.43	32.17	32.07
17 Kaufman, Lauren	15	KING	2:06.32
29.13	32.19	32.76	32.24
18 Maclurg, Amanda	15	KING	2:07.40
30.13	32.66	32.53	32.08
19 Vetterlein, Nikki	16	KING	2:07.77
28.74	32.65	33.42	32.96
20 Andideh, Shideh	16	UNAT	2:08.39
30.54	32.82	32.95	32.08
21 Morris, Alena	16	KING	2:09.16
29.65	32.67	33.90	32.94
22 Hartman, Lexie	15	UNAT	2:09.24
30.62	32.88	33.15	32.59
23 Rysemus, Katy	15	KING	2:11.22
30.17	33.11	34.32	33.62
--- Averill, Trisha	16	KING	NS
9.34			
--- Lindstrom, Abby	15	HEAT	NS
19.22			
--- Doran, Christine	16	HEAT	NS
--- Kim, Rachel	13	KING	NS
--- Matulic, Katie	17	KING	NS
9.24			

**Girls 500 Yard Free**

Name	Age	Team	Finals Time
1 Karpeevea, Svetlana	22	KING	5:02.42
29.02	31.51	30.74	30.70
30.36	30.17	30.66	30.89
29.61	28.76		
2 Cate, Beth	16	KING	5:03.78
28.21	29.71	30.41	30.58
30.54	30.73	31.32	31.28
30.94	30.06		
3 Kukors, Mattie	16	KING	5:07.96
28.68	31.00	30.93	31.36
31.29	30.94	31.02	31.16
31.15	30.43		
4 Marchand, Lindsey	17	KING	5:10.29
29.18	31.29	31.31	31.30
31.38	31.61	31.59	31.17
31.22	30.24		

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**(Girls 500 Yard Free)**

5	Davis, Alyssa	13	KING	5:15.36
	29.59	31.30	31.53	31.96
	32.14	32.16	32.09	32.05
	31.72	30.82		
6	Liggett, Kath	17	HEAT	5:22.31
	29.22	31.99	32.02	32.45
	32.25	32.46	32.55	32.94
	33.11	33.32		
7	Lindblad, Brianne	18	KING	5:22.85
	29.46	32.88	32.31	33.13
	33.07	33.23	31.89	32.49
	32.52	31.87		
8	Nguyen, Christina	17	HEAT	5:24.51
	30.12	33.03	33.44	33.39
	33.08	32.85	32.54	32.44
	32.24	31.38		
9	Coe, Savannah	14	KING	5:26.03
	30.22	33.39	33.01	33.03
	32.81	33.27	32.41	33.10
	32.98	31.81		
10	Heller, Anna	17	HEAT	5:26.38
	29.72	32.68	33.00	33.37
	33.71	33.69	33.71	33.16
	32.07	31.27		
11	Hartman, Victoria	17	UNAT	5:26.60
	30.24	33.21	33.46	33.37
	58.85	17.05	23.56	32.82
	32.36	31.68		
12	Branche, Kayla	17	HEAT	5:28.51
	29.40	32.04	32.65	33.24
	33.26	32.68	33.58	33.82
	34.11	33.73		
13	Do, Jacqueline	14	KING	5:28.65
	30.59	32.52	32.96	33.12
	33.17	32.87	33.26	33.57
	33.80	32.79		
14	Tran, Paula	14	HEAT	5:29.79
	12.37	18.44	33.14	33.59
	33.57	33.64	33.25	33.01
	1:06.34	32.44		
15	Ellis, Jodie	17	HEAT	5:30.87
	8.88	52.58	32.96	33.43
	33.16	33.86	33.79	34.78
	34.19	33.24		
16	Boggs, Briley	17	KING	5:33.36
	29.34	32.47	33.34	34.22
	34.60	33.61	34.05	33.80
	34.52	33.41		
17	Simpson, Charity	14	KING	5:35.64
	30.31	33.01	33.79	34.01
	34.08	34.15	34.34	34.32
	34.52	33.11		

18	Hartman, Lexie	15	UNAT	5:44.54
	32.16	34.37	34.25	34.68
	34.96	34.89	34.77	34.95
	34.84	34.67		
19	Kaufman, Lauren	15	KING	5:44.58
	30.44	34.24	34.84	34.87
	35.05	35.98	35.51	34.07
	35.38	34.20		
---	Dohrn, Charlotte	16	KING	NS
---	Soria, Jessica Anne	15	KING	NS
---	Guieb, Gabby	17	KING	NS

**Girls 100 Yard Back**

	Name	Age	Team	Finals Time
1	Lindblad, Brianne	18	KING	58.95
	28.53	30.42		
2	Heller, Anna	17	HEAT	1:00.47
	29.26	31.21		
3	Matulic, Katie	17	KING	1:03.08
	31.07	32.01		
4	Hartman, Victoria	17	UNAT	1:03.64
	31.02	32.62		
5	Vetterlein, Allie	16	KING	1:04.38
	31.15	33.23		
6	Boggs, Briley	17	KING	1:04.62
	31.71	32.91		
7	Erickson, Kelly	15	KING	1:05.27
	31.29	33.98		
8	Cann, Scarlet	16	KING	1:05.85
	31.95	33.90		
9	Do, Jacqueline	14	KING	1:06.99
	32.51	34.48		
10	Kaufman, Lauren	15	KING	1:07.82
	32.45	35.37		
11	Morris, Alena	16	KING	1:08.23
	33.01	35.22		
12	Simpson, Charity	14	KING	1:08.98
	33.85	35.13		
13	Keeling-Garcia, McKe	14	KING	1:13.03
	35.24	37.79		
---	Averill, Trisha	16	KING	NS

**Girls 200 Yard Back**

	Name	Age	Team	Finals Time
1	Jennings, Leona	17	KING	2:02.07
	28.93	31.01	31.06	31.07
2	Lindblad, Brianne	18	KING	2:04.90
	30.26	32.37	31.38	30.89
3	Brennan, Dannica	16	KING	2:05.96
	30.10	32.20	1:03.66	
4	Marchand, Lindsey	17	KING	2:06.47
	30.34	32.07	31.78	32.28
5	Karpeeva, Svetlana	22	KING	2:07.34
	29.24	31.54	33.06	33.50
6	Vetterlein, Nikki	16	KING	2:07.91
	30.19	32.36	32.87	32.49

7	Kukors, Mattie	16	KING	2:07.93
	31.05	32.51	32.40	31.97
8	Heller, Anna	17	HEAT	2:09.28
	30.63	32.80	33.11	32.74
9	Bailey, Chelsea	15	KING	2:10.88
	31.25	32.95	33.66	33.02
10	Fenster, Emily	15	KING	2:10.89
	31.23	33.31	33.53	32.82
11	Godfred, Rachel	17	KING	2:14.21
	32.04	34.00	34.21	33.96
12	Schumacher, Allyson	18	KING	2:15.02
	33.33	34.15	34.17	33.37
13	Vetterlein, Allie	16	KING	2:17.29
	32.97	35.08	35.11	34.13
14	Do, Jacqueline	14	KING	2:19.23
	33.17	35.16	35.39	35.51
15	Hartman, Victoria	17	UNAT	2:19.27
	33.12	35.92	35.40	34.83
16	Nguyen, Christina	17	HEAT	2:20.38
	32.98	35.39	36.25	35.76
17	Benoit, Annie	14	KING	2:20.98
	33.27	34.86	36.43	36.42
18	Pak, Jennifer	15	UN-KI	2:21.44
	34.47	35.77	36.17	35.03
19	Simpson, Charity	14	KING	2:24.37
	34.49	36.17	37.03	36.68
20	Kaufman, Lauren	15	KING	2:27.40
	34.97	37.28	37.72	37.43
21	Wilson, Ele	17	HEAT	2:31.00
	35.94	38.12	38.87	38.07
22	Keeling-Garcia, McKe	14	KING	2:39.59
	37.93	40.75	40.61	40.30
---	Taylor, Andie	16	KING	NS
---	Prothero, Marley	17	KING	NS
---	Soria, Jessica Anne	15	KING	NS
---	Boggs, Briley	17	KING	NS
---	Matulic, Katie	17	KING	NS
---	Guieb, Gabby	17	KING	NS
---	Kim, Rachel	13	KING	NS
---	Crowder, Kelsey	14	KING	NS
---	Cate, Beth	16	KING	SCR

**Girls 100 Yard Breast**

	Name	Age	Team	Finals Time
1	Jendrick, Megan	23	KING	1:01.23
	29.25	31.98		
2	Karpeeva, Elena	19	KING	1:08.15
	32.83	35.32		
3	McCann, Christina	17	KING	1:09.64
	33.32	36.32		
4	Branche, Kayla	17	HEAT	1:10.06
	32.33	37.73		
5	Cann, Scarlet	16	KING	1:10.81
	33.22	37.59		
6	Ellis, Jodie	17	HEAT	1:11.04
	33.78	37.26		

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**(Girls 100 Yard Breast)**

7	Davis, Alyssa	13	KING	1:13.03
	35.01	38.02		
8	Andideh, Shideh	16	UNAT	1:14.25
	35.55	38.70		
9	Simpson, Charity	14	KING	1:14.93
	35.70	39.23		
10	Erickson, Kelly	15	KING	1:15.27
	36.01	39.26		
11	Hartman, Lexie	15	UNAT	1:16.70
	37.38	39.32		
12	Gansneder, Haley	17	KING	1:19.85
	38.08	41.77		
13	Anderson, Erin	15	KING	1:22.48
	39.21	43.27		
14	Benoit, Annie	14	KING	1:23.11
	40.34	42.77		
---	Doran, Christine	16	HEAT	NS
---	Pak, Jennifer	15	UN-KI	NS
---	Kim, Rachel	13	KING	NS
---	Averill, Trisha	16	KING	NS

**Girls 200 Yard Breast**

Name	Age	Team	Finals Time	
1 Jendrick, Megan	23	KING	2:12.58	
	30.84	34.01	33.82 33.91	
2 Kukors, Ariana	18	UN-KI	2:14.98	
	31.44	34.28	34.57 34.69	
3 Karpeeva, Elena	19	KING	2:20.58	
	32.66	35.41	36.55 35.96	
4 McCann, Christina	17	KING	2:26.39	
	33.64	37.06	37.97 37.72	
5 Cate, Beth	16	KING	2:29.00	
	34.37	37.38	38.04 39.21	
6 Branche, Kayla	17	HEAT	2:35.96	
	35.09	39.05	40.52 41.30	
7 Davis, Alyssa	13	KING	2:36.70	
	36.45	39.73	40.17 40.35	
8 Cleveland, Alicia	16	KING	2:37.56	
	36.73	40.33	40.54 39.96	
9 Andideh, Shideh	16	UNAT	2:39.48	
	37.42	39.71	40.90 41.45	
10 Pak, Jennifer	15	UN-KI	2:39.98	
	36.10	39.92	41.62 42.34	
11 Erickson, Kelly	15	KING	2:40.60	
	36.95	41.18	41.17 41.30	
12 Hartman, Lexie	15	UNAT	2:40.64	
	36.81	40.58	41.79 41.46	
13 Maclurg, Amanda	15	KING	2:47.72	
	39.23	42.58	43.13 42.78	
14 Gansneder, Haley	17	KING	2:50.30	
	38.77	43.04	44.34 44.15	
15 Anderson, Erin	15	KING	2:57.55	
	39.98	45.22	46.05 46.30	
---	Ellis, Jodie	17	HEAT	NS

---	Doran, Christine	16	HEAT	NS
---	Averill, Trisha	16	KING	NS
---	Brennan, Dannica	16	KING	SCR

**Girls 100 Yard Fly**

Name	Age	Team	Finals Time	
1 Jennings, Leona	17	KING	57.16	
	27.01	30.15		
2 Brand, Heather	24	KING	57.81	
	27.08	30.73		
3 Taylor, Andie	16	KING	57.96	
	27.85	30.11		
4 Karpeeva, Svetlana	22	KING	58.76	
	26.91	31.85		
5 Liggett, Kath	17	HEAT	59.34	
	27.48	31.86		
6 Kukors, Mattie	16	KING	59.74	
	28.90	30.84		
7 Schumacher, Allyson	18	KING	1:00.11	
	28.51	31.60		
8 Vetterlein, Allie	16	KING	1:00.49	
	28.62	31.87		
9 Brennan, Dannica	16	KING	1:00.72	
	28.58	32.14		
10 Ellis, Jodie	17	HEAT	1:00.83	
	28.93	31.90		
11 Wilson, Ele	17	HEAT	1:01.00	
	28.93	32.07		
12 Fenster, Emily	15	KING	1:01.53	
	28.96	32.57		
13 Lindstrom, Abby	15	HEAT	1:01.89	
	28.86	33.03		
14 Morris, Alena	16	KING	1:03.23	
	29.69	33.54		
15 Dohrn, Charlotte	16	KING	1:03.49	
	29.36	34.13		
16 Tran, Paula	14	HEAT	1:04.06	
	30.16	33.90		
17 Nguyen, Christina	17	HEAT	1:04.95	
	30.35	34.60		
18 Kaufman, Lauren	15	KING	1:05.56	
	31.06	34.50		
19 Keeling-Garcia, McKe	14	KING	1:11.02	
	32.93	38.09		
---	Pak, Jennifer	15	UN-KI	NS

**Girls 200 Yard Fly**

Name	Age	Team	Finals Time
1 Cate, Beth	16	KING	2:07.58
	29.10	32.37	33.23 32.88
2 Kukors, Mattie	16	KING	2:09.82
	30.45	32.99	33.64 32.74
3 Liggett, Kath	17	HEAT	2:10.21
	29.65	33.19	33.39 33.98
4 Brand, Heather	24	KING	2:10.81
	30.65	35.29	32.92 31.95

5 Vetterlein, Allie	16	KING	2:11.34	
	30.00	33.38	33.85 34.11	
6 Schumacher, Allyson	18	KING	2:11.75	
	30.47	33.36	33.71 34.21	
7 Wilson, Ele	17	HEAT	2:11.79	
	30.49	33.36	34.14 33.80	
8 Fenster, Emily	15	KING	2:15.26	
	30.48	35.72	34.70 34.36	
9 Dohrn, Charlotte	16	KING	2:15.36	
	30.63	33.83	34.95 35.95	
10 Godfred, Rachel	17	KING	2:16.73	
	30.58	35.15	35.72 35.28	
11 Davis, Alyssa	13	KING	2:18.92	
	31.29	35.36	36.10 36.17	
12 Bailey, Chelsea	15	KING	2:19.19	
	30.96	35.89	38.11 34.23	
13 Morris, Alena	16	KING	2:20.42	
	31.52	36.03	36.43 36.44	
14 Cann, Scarlet	16	KING	2:20.94	
	30.90	35.63	37.56 36.85	
15 Tran, Paula	14	HEAT	2:21.67	
	31.44	35.62	37.16 37.45	
16 Coe, Savannah	14	KING	2:24.37	
	32.30	36.86	37.90 37.31	
17 Benoit, Annie	14	KING	2:25.55	
	33.19	36.67	37.72 37.97	
18 Rysemus, Katy	15	KING	2:27.91	
	32.38	37.22	39.08 39.23	
---	Taylor, Andie	16	KING	NS
---	Bassen, Rachele	17	KING	NS
---	Prothero, Marley	17	KING	NS
---	Ellis, Jodie	17	HEAT	NS
---	Marchand, Lindsey	17	KING	NS
---	Guieb, Gabby	17	KING	NS
---	Boggs, Briley	17	KING	SCR

**Girls 200 Yard IM**

Name	Age	Team	Finals Time
1 Jendrick, Megan	23	KING	2:03.29
	27.27	32.14	34.99 28.89
2 Brennan, Dannica	16	KING	2:09.81
	28.73	32.34	38.44 30.30
3 Heller, Anna	17	HEAT	2:15.17
	30.24	33.92	39.70 31.31
4 McCann, Christina	17	KING	2:15.41
	31.14	35.57	37.98 30.72
5 Fenster, Emily	15	KING	2:15.52
	29.24	33.29	43.17 29.82
6 Crowder, Kelsey	14	KING	2:19.04
	31.60	34.64	41.04 31.76
7 Erickson, Kelly	15	KING	2:20.90
	29.35	37.72	41.97 31.86
8 Gansneder, Haley	17	KING	2:20.91
	30.50	35.74	43.28 31.39
9 Do, Jacqueline	14	KING	2:20.98
	30.98	36.60	41.25 32.15

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**(Girls 200 Yard IM)**

10 Andideh, Shideh	16 UNAT	2:21.11	14 Cann, Scarlet	16 KING	4:46.94	11 Bailey, Chelsea	15 KING	4:44.30
30.68	37.68	41.37	30.69	34.29	36.10	29.50	34.19	36.55
		31.38	40.44	40.93	32.56	40.83	42.31	34.04
11 Bassen, Rachelle	17 KING	2:22.05	15 Erickson, Kelly	15 KING	4:50.46	12 McCann, Christina	17 KING	4:45.56
30.40	37.24	42.54	16 Coe, Savannah	14 KING	4:52.33	31.87	36.89	37.43
		31.87	28.15	31.92	34.12	39.61	39.51	33.01
12 Branche, Kayla	17 HEAT	2:22.82	38.09	38.67	30.85	13 Coe, Savannah	14 KING	4:49.72
30.94	39.47	38.63	17 Hartman, Victoria	17 UNAT	4:54.31	31.66	36.26	37.17
		33.78	18 Simpson, Charity	14 KING	4:55.69	40.37	41.48	32.77
13 Benoit, Annie	14 KING	2:24.26	28.87	32.96	36.49	14 Nguyen, Christina	17 HEAT	4:50.04
32.79	35.20	45.36	40.20	40.57	31.63	30.84	34.61	37.67
		30.91	19 Bassen, Rachelle	17 KING	4:56.92	41.77	43.20	32.78
14 Tran, Paula	14 HEAT	2:24.55	20 Andideh, Shideh	16 UNAT	4:57.56	15 Cann, Scarlet	16 KING	4:50.11
31.58	36.60	44.54	21 Vetterlein, Nikki	16 KING	4:57.60	30.27	34.48	37.52
		31.83	32.36	36.55	36.20	42.04	43.14	31.91
15 Wilson, Ele	17 HEAT	2:28.22	42.01	42.66	33.21	16 Crowder, Kelsey	14 KING	4:51.51
29.10	40.60	44.21	22 Tran, Paula	14 HEAT	4:57.87	32.36	36.55	36.20
		34.31	23 Rysemus, Katy	15 KING	4:59.13	42.01	42.66	33.21
16 Hartman, Lexie	15 UNAT	2:32.39	24 Hartman, Lexie	15 UNAT	5:02.24	17 Simpson, Charity	14 KING	4:53.02
34.62	39.47	43.37	25 Maclurg, Amanda	15 KING	5:06.16	33.15	37.17	37.45
		34.93	--- Taylor, Andie	16 KING	NS	41.82	40.86	33.52
17 Keeling-Garcia, McKe	14 KING	2:37.49	--- Vetterlein, Nikki	16 KING	DQ	18 Vetterlein, Nikki	16 KING	4:53.18
32.40	41.48	47.79	27.76	32.74	43.25	29.19	34.12	35.98
--- Vetterlein, Nikki	16 KING	DQ	--- Taylor, Andie	16 KING	NS	45.29	46.42	33.71
27.76	32.74	43.25	--- Pak, Jennifer	15 UN-KI	NS	19 Hartman, Victoria	17 UNAT	4:53.83
--- Taylor, Andie	16 KING	NS	--- Doran, Christine	16 HEAT	NS	32.13	37.41	36.91
--- Pak, Jennifer	15 UN-KI	NS				42.08	42.66	33.45
--- Doran, Christine	16 HEAT	NS				20 Erickson, Kelly	15 KING	4:56.14
						29.47	34.15	39.10

**Girls 400 Yard IM**

Name	Age	Team	Finals Time	Name	Age	Team	Prelim Time	Name	Age	Team	Prelim Time
<b>Finals</b>				<b>Preliminaries</b>							
1 Kukors, Ariana	18 UN-KI	4:10.27	1 Kukors, Ariana	18 UN-KI	4:15.18	19 Hartman, Victoria	17 UNAT	4:53.83			
2 Karpeeva, Svetlana	22 KING	4:24.18	28.43	32.80	31.89	32.13	37.41	36.91			
3 Jennings, Leona	17 KING	4:25.12	35.39	35.77	30.60	42.08	42.66	33.45			
4 Marchand, Lindsey	17 KING	4:27.23	2 Taylor, Andie	16 KING	4:22.66	20 Erickson, Kelly	15 KING	4:56.14			
5 Kukors, Mattie	16 KING	4:28.91	28.73	31.59	33.48	29.47	34.15	39.10			
6 Karpeeva, Elena	19 KING	4:29.47	38.19	38.01	30.65	43.52	43.64	34.92			
28.73	31.59	33.48	3 Marchand, Lindsey	17 KING	4:26.27	21 Bassen, Rachelle	17 KING	4:57.37			
38.19	38.01	30.65	28.15	31.92	34.12	30.50	35.92	38.62			
		36.35	38.09	38.67	30.85	44.44	44.07	33.04			
7 Prothero, Marley	17 KING	4:35.26	4 Jennings, Leona	17 KING	4:27.29	22 Tran, Paula	14 HEAT	4:58.73			
29.04	32.12	32.84	29.04	32.12	32.84	31.28	34.66	37.65			
39.44	39.45	31.09	39.44	39.45	31.09	45.36	45.32	33.58			
8 Heller, Anna	17 HEAT	4:39.85	5 Karpeeva, Svetlana	22 KING	4:31.43	23 Rysemus, Katy	15 KING	4:59.31			
32.13	37.41	36.91	29.65	34.32	35.28	30.80	35.90	39.50			
42.08	42.66	33.45	37.34	36.55	31.74	42.86	43.30	33.24			
9 Bailey, Chelsea	15 KING	4:40.51	6 Kukors, Mattie	16 KING	4:32.75	24 Andideh, Shideh	16 UNAT	5:02.21			
29.50	34.19	36.55	29.04	32.81	34.72	31.89	36.14	39.51			
40.83	42.31	34.04	40.76	40.31	30.73	42.88	43.30	35.25			
10 Davis, Alyssa	13 KING	4:40.74	7 Karpeeva, Elena	19 KING	4:33.92	25 Maclurg, Amanda	15 KING	5:06.55			
29.65	34.32	35.28	30.32	34.19	36.08	33.38	38.39	40.39			
37.34	36.55	31.74	37.75	37.41	33.22	44.47	44.24	32.87			
11 Crowder, Kelsey	14 KING	4:41.68	8 Prothero, Marley	17 KING	4:35.14	26 Hartman, Lexie	15 UNAT	5:08.05			
30.27	34.48	37.52	29.87	33.54	36.51	33.86	39.60	38.95			
42.04	43.14	31.91	37.93	39.04	31.57	43.76	42.79	36.01			
12 McCann, Christina	17 KING	4:44.52	9 Davis, Alyssa	13 KING	4:41.55	--- Cate, Beth	16 KING	DQ			
30.50	35.92	38.62	30.69	34.29	36.10	28.87	32.96	36.49			
44.44	44.07	33.04	40.44	40.93	32.56	40.20	40.57	31.63			
13 Nguyen, Christina	17 HEAT	4:45.66	10 Heller, Anna	17 HEAT	4:43.20	--- Soria, Jessica Anne	15 KING	NS			
29.87	33.54	36.51	30.05	34.66	35.55	--- Kim, Rachel	13 KING	NS			
37.93	39.04	31.57	41.39	41.08	33.06	9.83					

**KING Heat Meet - 11/11/2007**  
**Mt. Rainier High School Pool; Des Moines, WA, Sanction #: #0711-SP04**  
**Hosted by King Aquatic Club**  
**Results**

**Boys 100 Yard Free**

Name	Age	Team	Finals Time
<b>Finals</b>			
1 Ringquist, Austin	15	HEAT	48.66
23.63	25.03		
2 Cunningham, Tommy	17	KING	48.74
23.60	25.14		
3 Arneson, Nicholas	17	KING	50.11
24.08	26.03		
4 Pronk, Derek	17	KING	50.49
24.50	25.99		
5 Jude, Matt	15	KING	50.63
6 Hoff, Alexander	16	KING	50.79
24.67	26.12		
7 Fulmer, John	13	KING	51.42
25.09	26.33		
8 Benster, Tyler	16	KING	51.54
24.90	26.64		
9 Tao, Alex	16	UN-KI	51.72
25.19	26.53		
10 UM, Cole	14	KING	52.39
25.64	26.75		
11 Young, Aaron	13	HEAT	53.71
25.71	28.00		
12 Tran, Anhton	15	HEAT	54.06
25.80	28.26		
13 Giesbers, Gregory	17	KING	54.13
26.42	27.71		
14 Keeling-Garcia, Tanne	13	KING	54.92
26.58	28.34		
15 Gaspay, Jordan	14	KING	58.02
27.95	30.07		
--- McDonald, Connor	14	HEAT	NS
--- Leaird, Andrew	15	KING	NS
<b>Boys 100 Yard Free</b>			
Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Cunningham, Tommy	17	KING	48.70
23.69	25.01		
2 Ringquist, Austin	15	HEAT	49.49
23.97	25.52		
3 Arneson, Nicholas	17	KING	49.72
23.88	25.84		
4 Pronk, Derek	17	KING	50.86
24.57	26.29		
5 Hoff, Alexander	16	KING	51.00
24.54	26.46		
6 Benster, Tyler	16	KING	51.02
24.66	26.36		
7 Fulmer, John	13	KING	51.31
24.80	26.51		
8 McDonald, Connor	14	HEAT	52.03
24.82	27.21		

9 Tao, Alex	16	UN-KI	52.79
25.68	27.11		
10 UM, Cole	14	KING	53.34
25.86	27.48		
11 Tran, Anhton	15	HEAT	53.67
25.40	28.27		
12 Young, Aaron	13	HEAT	54.16
37.99	16.17		
13 Keeling-Garcia, Tanne	13	KING	54.57
26.22	28.35		
14 Giesbers, Gregory	17	KING	55.82
27.49	28.33		
15 Leaird, Andrew	15	KING	56.07
26.77	29.30		
16 Gaspay, Jordan	14	KING	57.81
28.00	29.81		
17 Jude, Matt	15	KING	1:00.00
--- Andrews, Keith	17	HEAT	NS
--- Scarbrough, Cole	18	UN-KI	NS

**Boys 200 Yard Free**

Name	Age	Team	Finals Time
1 Ringquist, Austin	15	HEAT	1:48.24
25.29	27.03	28.05	27.87
2 Arneson, Nicholas	17	KING	1:48.88
24.38	27.45	28.57	28.48
3 Cunningham, Tommy	17	KING	1:49.67
25.87	28.63	28.26	26.91
4 Fulmer, John	13	KING	1:50.40
25.96	28.25	28.27	27.92
5 Jude, Matt	15	KING	1:51.14
25.78	28.01	28.93	28.42
6 Wanot, Bart	14	KING	1:51.28
24.62	28.10	29.62	28.94
7 Clare, Shane	15	KING	1:52.00
25.99	28.25	29.24	28.52
8 McDonald, Connor	14	HEAT	1:54.82
25.73	28.38	30.20	30.51
9 Mendez-Beck, Tomas	15	HEAT	1:56.43
27.21	29.22	30.05	29.95
10 Tran, Anhton	15	HEAT	1:58.52
27.62	30.17	30.64	30.09
11 Young, Aaron	13	HEAT	1:59.50
26.98	29.59	31.65	31.28
12 Gaspay, Jordan	14	KING	2:03.78
28.67	31.41	32.41	31.29
13 Giesbers, Gregory	17	KING	2:06.58
29.46	32.41	32.35	32.36
--- Scarbrough, Cole	18	UN-KI	NS
--- Andrews, Keith	17	HEAT	NS
--- Wanot, John	17	KING	NS

**Boys 500 Yard Free**

Name	Age	Team	Finals Time
1 Jude, Matt	15	KING	4:55.68
26.90	29.77	30.59	30.67
30.36	29.89	30.04	30.01
29.53	27.92		
2 Byers, Kevin	17	KING	4:55.95
26.52	30.01	30.67	30.74
30.77	30.18	30.74	30.15
29.11	27.06		
3 Cann, D'Voreaux	15	KING	4:56.92
26.46	30.52	30.97	30.84
30.98	29.76	30.20	30.97
28.95	27.27		
4 Munsch, Kevin	17	KING	4:57.35
28.19	29.69	29.32	29.86
30.45	30.56	30.37	30.84
29.16	28.91		
5 Clare, Shane	15	KING	5:01.02
26.85	30.32	30.41	30.94
30.86	30.62	30.23	30.56
30.25	29.98		
6 McDonald, Connor	14	HEAT	5:01.90
27.58	29.56	30.17	30.56
30.74	30.29	30.69	31.07
30.66	30.58		
7 Mendez-Beck, Tomas	15	HEAT	5:03.83
27.61	29.43	29.89	30.97
31.33	31.10	30.94	31.25
31.03	30.28		
8 Fulmer, John	13	KING	5:07.68
27.60	30.19	30.97	31.14
31.84	31.43	31.29	31.73
31.37	30.12		
9 Tran, Anhton	15	HEAT	5:19.98
27.95	31.20	32.49	32.46
32.77	32.80	32.56	33.00
33.13	31.62		
10 Keeling-Garcia, Tanne	13	KING	5:20.64
28.39	31.71	32.16	32.84
32.55	32.88	32.96	33.25
32.53	31.37		
11 McDonald, Mac	15	HEAT	5:23.35
28.85	31.63	32.25	32.69
32.50	33.04	33.36	33.06
33.09	32.88		
<b>Boys 100 Yard Back</b>			
Name	Age	Team	Finals Time
1 Ringquist, Austin	15	HEAT	52.14
25.90	26.24		
2 Byers, Kevin	17	KING	54.78
26.54	28.24		
3 McDonald, Connor	14	HEAT	55.86
27.05	28.81		

**KING Heat Meet - 11/11/2007**  
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**Results**

**(Boys 100 Yard Back)**

4	Gunderson, Will	15	HEAT	55.92
	27.43	28.49		
5	Hoff, Alexander	16	KING	56.29
	27.74	28.55		
6	Young, Aaron	13	HEAT	56.53
7	Cunningham, Tommy	17	KING	57.06
8	Jude, Matt	15	KING	58.18
9	McDonald, Mac	15	HEAT	58.28
10	Keeling-Garcia, Tanne	13	KING	1:02.12
	30.41	31.71		
11	Gaspay, Jordan	14	KING	1:02.20
	30.69	31.51		
12	Lam, Bryan	15	KING	1:05.85
	31.94	33.91		
---	Andrews, Keith	17	HEAT	NS
---	Scarbrough, Cole	18	UN-KI	NS

**Boys 200 Yard Back**

	Name	Age	Team	Finals Time
1	Ringquist, Austin	15	HEAT	1:52.91
	26.93	27.99	28.92	29.07
2	McDonald, Connor	14	HEAT	1:57.02
	28.06	29.35	29.67	29.94
3	Wanot, Bart	14	KING	1:59.63
	28.35	30.64	31.13	29.51
4	Hoff, Alexander	16	KING	2:00.82
	27.81	30.38	31.77	30.86
5	Byers, Kevin	17	KING	2:02.44
	28.59	30.93	31.54	31.38
6	Gunderson, Will	15	HEAT	2:04.56
	29.04	31.77	32.27	31.48
7	Benster, Tyler	16	KING	2:04.79
	28.89	30.72	32.86	32.32
8	Cann, D'Voreaux	15	KING	2:04.90
	29.43	32.06	32.40	31.01
9	Arneson, Nicholas	17	KING	2:07.07
	29.16	31.64	33.26	33.01
10	Young, Aaron	13	HEAT	2:07.46
	29.49	32.28	32.96	32.73
11	Tao, Alex	16	UN-KI	2:08.76
	30.86	32.37	33.16	32.37
12	McDonald, Mac	15	HEAT	2:12.12
	30.29	32.93	34.43	34.47
13	Gaspay, Jordan	14	KING	2:16.51
	32.64	34.26	34.91	34.70
14	Lam, Bryan	15	KING	2:19.10
	33.02	34.77	35.64	35.67
15	Bailey, Matthew	14	KING	2:23.01
	34.27	36.36	36.29	36.09
---	Cunningham, Tommy	17	KING	NS
---	Scarbrough, Cole	18	UN-KI	NS
---	Andrews, Keith	17	HEAT	SCR

**Boys 100 Yard Breast**

	Name	Age	Team	Finals Time
1	Munsch, Kevin	17	KING	59.33
	28.33	31.00		
2	McMacken, Zack	17	KING	1:05.50
	30.20	35.30		
3	UM, Cole	14	KING	1:05.64
	31.28	34.36		
4	Gaspay, Jordan	14	KING	1:08.42
	32.89	35.53		
5	Bailey, Matthew	14	KING	1:09.54
	33.52	36.02		
6	Rawson, Steven	17	HEAT	1:09.61
	33.14	36.47		
7	Ryan, Logan	16	KING	1:10.42
	33.13	37.29		
8	Lam, Bryan	15	KING	1:12.24
	34.64	37.60		

**Boys 200 Yard Breast**

	Name	Age	Team	Finals Time
1	Munsch, Kevin	17	KING	2:09.93
	30.06	33.54	33.15	33.18
2	UM, Cole	14	KING	2:21.56
	32.14	35.79	36.96	36.67
3	Bailey, Matthew	14	KING	2:27.11
	33.82	37.22	38.39	37.68
4	Pronk, Derek	17	KING	2:28.23
	33.11	37.43	39.46	38.23
5	Clare, Shane	15	KING	2:28.61
	33.80	38.45	38.44	37.92
6	Rawson, Steven	17	HEAT	2:31.68
	34.17	38.38	39.55	39.58
7	Lam, Bryan	15	KING	2:34.08
	35.39	39.27	39.80	39.62
8	Ryan, Logan	16	KING	2:38.16
	36.10	40.76	41.16	40.14
9	Tao, Alex	16	UN-KI	2:40.69
	37.41	41.05	41.20	41.03
---	Wanot, John	17	KING	NS
---	McMacken, Zack	17	KING	NS

**Boys 100 Yard Fly**

	Name	Age	Team	Finals Time
1	Cann, D'Voreaux	15	KING	54.42
	25.30	29.12		
2	Gunderson, Will	15	HEAT	55.29
	26.13	29.16		
*3	Rawson, Steven	17	HEAT	56.73
	26.78	29.95		
*3	Mendez-Beck, Tomas	15	HEAT	56.73
	26.76	29.97		
5	Clare, Shane	15	KING	56.78
	26.81	29.97		

6	Arneson, Nicholas	17	KING	56.85
	26.49	30.36		
7	Young, Aaron	13	HEAT	56.99
	26.76	30.23		
8	Benster, Tyler	16	KING	57.86
	27.54	30.32		
9	Tran, Anhton	15	HEAT	1:01.42
	28.50	32.92		
10	Leaird, Andrew	15	KING	1:02.95
	29.36	33.59		
11	Tao, Alex	16	UN-KI	1:03.01
	29.95	33.06		
12	Giesbers, Gregory	17	KING	1:03.15
	28.23	34.92		
---	Andrews, Keith	17	HEAT	NS

**Boys 200 Yard Fly**

	Name	Age	Team	Finals Time
1	Cann, D'Voreaux	15	KING	1:58.77
	27.62	30.61	30.32	30.22
2	Gunderson, Will	15	HEAT	2:03.93
	27.71	31.39	32.00	32.83
3	Rawson, Steven	17	HEAT	2:05.37
	27.62	31.56	32.66	33.53
4	Young, Aaron	13	HEAT	2:13.44
	28.44	33.72	35.28	36.00
5	Mendez-Beck, Tomas	15	HEAT	2:15.62
	29.12	33.83	35.82	36.85
6	Pronk, Derek	17	KING	2:16.65
	29.30	34.53	36.30	36.52
7	Keeling-Garcia, Tanne	13	KING	2:18.89
	29.32	34.96	37.58	37.03
8	McDonald, Mac	15	HEAT	2:21.51
	29.88	35.42	37.91	38.30
9	Tran, Anhton	15	HEAT	2:23.32
	32.32	36.48	37.00	37.52
---	UM, Cole	14	KING	NS

**Boys 200 Yard IM**

	Name	Age	Team	Finals Time
1	Ringquist, Austin	15	HEAT	1:58.74
	26.60	29.19	35.57	27.38
2	Gunderson, Will	15	HEAT	2:04.36
	26.40	31.30	36.33	30.33
3	McDonald, Mac	15	HEAT	2:12.74
	29.18	33.16	41.40	29.00
4	Rawson, Steven	17	HEAT	2:14.09
	27.52	36.16	39.54	30.87
5	McMacken, Zack	17	KING	2:14.60
	29.64	36.33	38.47	30.16
6	Tao, Alex	16	UN-KI	2:15.44
	31.18	32.95	41.76	29.55
7	Bailey, Matthew	14	KING	2:18.23
	32.08	35.70	39.83	30.62
8	Ryan, Logan	16	KING	2:27.21
	31.98	40.47	41.12	33.64

**KING Heat Meet - 11/11/2007**  
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**Results**

**(Boys 200 Yard IM)**

---	Mendez-Beck, Tomas	15	HEAT	NS
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**Boys 400 Yard IM**

Name	Age	Team	Finals Time	
<b>Finals</b>				
1 Munsch, Kevin	17	KING	4:09.52	
2 Hoff, Alexander	16	KING	4:14.64	
3 Byers, Kevin	17	KING	4:18.19	
4 Clare, Shane	15	KING	4:21.25	
5 Gunderson, Will	15	HEAT	4:22.08	
6 Fulmer, John	13	KING	4:23.39	
7 Cann, D'Voreaux	15	KING	4:24.82	
8 Pronk, Derek	17	KING	4:27.52	
9 UM, Cole	14	KING	4:33.41	
10 Keeling-Garcia, Tanne	13	KING	4:34.79	
11 McDonald, Connor	14	HEAT	4:34.83	
12 Mendez-Beck, Tomas	15	HEAT	4:35.25	
13 McDonald, Mac	15	HEAT	4:37.04	
14 Benster, Tyler	16	KING	4:39.00	
15 Bailey, Matthew	14	KING	4:43.70	
16 Lam, Bryan	15	KING	4:51.97	
---	McMacken, Zack	17	KING	NS

**Boys 400 Yard IM**

Name	Age	Team	Prelim Time
<b>Preliminaries</b>			
1 Munsch, Kevin	17	KING	4:14.33
	26.49	29.86	33.14
	33.53	35.32	31.86
			30.37
2 Byers, Kevin	17	KING	4:16.46
	27.63	31.06	33.85
	37.32	37.18	29.25
			28.13
3 Clare, Shane	15	KING	4:17.70
	27.70	31.35	33.35
	37.89	37.52	29.30
			28.54
4 Hoff, Alexander	16	KING	4:20.46
	27.83	32.00	33.10
	37.33	38.01	30.69
			29.59
5 Cann, D'Voreaux	15	KING	4:25.03
	27.03	30.62	34.71
	41.28	39.39	29.86
			28.97
6 Gunderson, Will	15	HEAT	4:26.39
	26.65	31.34	34.50
	38.58	39.43	31.90
			30.38
7 Fulmer, John	13	KING	4:28.50
	27.95	31.96	34.01
	40.72	41.30	29.90
			28.87
8 Mendez-Beck, Tomas	15	HEAT	4:30.27
	28.43	32.45	34.07
	39.19	40.32	30.91
			31.10
9 McDonald, Connor	14	HEAT	4:32.10
	28.11	32.64	32.45
	42.11	42.90	30.76
			30.58

10 McDonald, Mac	15	HEAT	4:32.81	
	28.47	32.86	34.13	
	39.52	39.60	32.61	
			31.83	
11 Benster, Tyler	16	KING	4:32.88	
	28.93	33.35	33.22	
	42.79	42.49	30.01	
			29.61	
12 UM, Cole	14	KING	4:37.09	
	28.85	32.53	37.97	
	38.97	39.21	32.12	
			30.72	
13 Pronk, Derek	17	KING	4:37.40	
	29.40	34.73	34.50	
	41.10	41.08	31.99	
			31.13	
14 Keeling-Garcia, Tanne	13	KING	4:39.40	
	28.24	32.00	36.74	
	41.04	41.29	31.81	
			31.64	
15 McMacken, Zack	17	KING	4:44.12	
	9.93	55.91	37.78	
	39.12	40.46	32.53	
			30.32	
16 Bailey, Matthew	14	KING	4:44.79	
	31.99	36.52	37.12	
	40.61	39.66	32.21	
			30.54	
17 Lam, Bryan	15	KING	4:54.91	
	31.95	39.17	37.59	
	42.17	42.40	32.56	
			31.66	
---	Tran, Anhton	15	HEAT	DQ
	29.21	34.15	36.42	
	41.08	42.81	31.62	
			32.55	