

2015-16 Pacific Swimming Junior Olympics Time Standards
Official Qualifying Standards – SHORT COURSE YARDS & LONG COURSE METERS

	10/Under		11-12		13-14		15-16		17-18	
	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM	SCY	LCM
GIRLS										
50 FR	30.59	34.89	28.19	31.99	26.99	30.89	26.59	30.39	26.29	30.19
100 FR	1:08.19	1:17.49	1:00.49	1:09.89	58.69	1:06.79	57.49	1:05.49	56.99	1:05.39
200 FR	2:29.09	2:50.09	2:12.39	2:30.99	2:06.49	2:23.89	2:03.89	2:21.09	2:02.49	2:20.39
400/500 FR	6:31.39	5:50.69	5:52.59	5:15.39	5:38.29	5:01.79	5:29.69	4:55.99	5:28.09	4:54.89
800/1000 FR			12:09.49	11:03.59	11:37.29	10:20.99	11:22.69	10:10.59	11:18.69	10:07.59
1500/1650 FR			20:33.39	21:09.79	19:21.69	19:48.09	19:58.69	19:36.29	18:58.69	19:26.39
50 BK	36.19	41.49	31.89	36.89						
100 BK	1:17.89	1:30.29	1:09.29	1:19.39	1:04.29	1:13.99	1:02.69	1:12.79	1:01.89	1:12.19
200 BK			2:27.39	2:50.59	2:18.29	2:38.69	2:15.29	2:35.49	2:13.59	2:34.79
50 BR	40.09	45.89	35.89	40.39						
100 BR	1:27.99	1:41.49	1:18.09	1:29.69	1:13.49	1:24.49	1:12.49	1:23.09	1:10.59	1:21.79
200 BR			2:49.09	3:12.69	2:39.39	3:02.89	2:35.99	2:57.99	2:33.49	2:56.39
50 FL	34.79	39.39	30.59	34.29						
100 FL	1:20.19	1:31.09	1:08.99	1:17.99	1:03.89	1:12.39	1:02.59	1:10.79	1:01.59	1:10.29
200 FL			2:29.79	2:51.79	2:21.69	2:38.79	2:16.99	2:35.59	2:15.19	2:34.89
100 IM	1:17.69		1:10.09							
200 IM	2:46.49	3:08.89	2:29.89	2:51.19	2:22.29	2:43.89	2:18.69	2:39.49	2:17.39	2:38.59
400 IM			5:19.19	6:04.59	5:02.69	5:45.39	4:54.49	5:35.09	4:52.29	5:34.39
BOYS										
50 FR	30.19	34.29	27.19	31.09	24.89	28.29	23.79	26.79	23.29	26.79
100 FR	1:07.19	1:16.89	59.29	1:07.49	54.49	1:02.59	51.99	59.59	50.99	58.69
200 FR	2:24.99	2:44.69	2:09.19	2:26.99	1:58.69	2:16.09	1:53.59	2:10.79	1:51.69	2:09.09
400/500 FR	6:25.49	5:44.59	5:47.49	5:08.49	5:19.99	4:50.09	5:07.79	4:36.69	5:02.49	4:33.19
800/1000 FR			11:57.89	10:54.19	11:01.39	10:03.19	10:38.29	9:35.69	10:33.39	9:29.49
1500/1650 FR			20:18.79	20:51.99	18:27.59	19:05.89	17:53.29	18:19.89	17:37.89	18:04.79
50 BK	35.99	41.29	31.59	36.29						
100 BK	1:16.59	1:27.69	1:07.49	1:18.49	1:00.39	1:09.89	57.29	1:06.79	55.69	1:05.79
200 BK			2:23.99	2:46.59	2:10.09	2:30.29	2:04.49	2:22.69	2:01.09	2:22.09
50 BR	39.99	45.99	35.19	40.09						
100 BR	1:26.29	1:40.19	1:15.79	1:27.59	1:07.89	1:17.89	1:05.09	1:15.59	1:03.59	1:13.89
200 BR			2:42.39	3:08.89	2:28.29	2:52.09	2:21.99	2:42.89	2:17.29	2:39.09
50 FL	34.39	38.89	30.19	34.09						
100 FL	1:19.89	1:30.59	1:07.09	1:16.39	59.29	1:07.49	56.49	1:04.29	55.29	1:02.69
200 FL			2:26.29	2:46.39	2:11.69	2:29.99	2:05.89	2:22.89	2:03.39	2:19.89
100 IM	1:16.99		1:08.09							
200 IM	2:46.19	3:08.29	2:26.99	2:48.09	2:12.99	2:33.69	2:06.79	2:26.39	2:03.69	2:23.89
400 IM			5:12.19	5:56.09	4:43.39	5:26.19	4:32.19	5:10.99	4:25.69	5:06.29

2015-2016 Pacific Swimming Junior Olympics Time Standards
Official Qualifying Standards – SHORT COURSE METERS

	10/Under		11-12		13-14		15-16		17-18	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
50 FR	33.79	33.29	31.19	29.99	29.79	27.59	29.29	26.29	29.09	25.69
100 FR	1:15.39	1:14.19	1:06.79	1:05.49	1:04.79	1:00.19	1:03.49	57.39	1:02.99	56.39
200 FR	2:44.69	2:40.19	2:26.29	2:22.69	2:19.69	2:11.19	2:16.89	2:05.49	2:15.39	2:03.49
400/500 FR	5:42.49	5:37.39	5:08.59	5:04.09	4:55.99	4:39.99	4:48.49	4:29.39	4:47.09	4:24.79
800/1000 FR			10:38.49	10:28.29	10:10.29	9:38.89	9:57.49	9:18.59	9:53.89	9:14.39
1500/1650 FR			20:26.19	20:11.69	19:14.89	18:21.09	18:52.09	17:47.09	18:52.09	17:31.69
50 BK	39.99	39.79	35.19	34.89						
100 BK	1:26.09	1:24.59	1:16.59	1:14.59	1:11.09	1:06.79	1:09.19	1:03.29	1:08.39	1:01.49
200 BK			2:42.89	2:39.09	2:32.79	2:23.79	2:29.59	2:17.59	2:27.59	2:13.79
50 BR	44.29	44.19	39.69	38.89						
100 BR	1:37.29	1:35.39	1:26.29	1:23.69	1:21.19	1:14.99	1:20.09	1:11.89	1:17.99	1:10.19
200 BR			3:06.79	2:59.39	2:56.09	2:43.79	2:52.39	2:36.89	2:49.59	2:31.69
50 FL	38.39	38.09	33.79	33.39						
100 FL	1:28.69	1:28.29	1:16.29	1:14.19	1:10.59	1:05.59	1:09.09	1:02.39	1:07.99	1:01.09
200 FL			2:45.59	2:41.69	2:36.49	2:25.59	2:31.39	2:19.09	2:29.39	2:16.29
100 IM	1:25.89	1:25.09	1:17.39	1:15.19						
200 IM	3:03.89	3:03.59	2:45.69	2:42.39	2:37.19	2:26.89	2:33.29	2:20.09	2:31.89	2:16.69
400 IM			5:52.69	5:44.99	5:34.49	5:13.09	5:25.39	5:00.79	5:22.99	4:53.59