

LODI CITY SWIM CLUB

Miller's Hot Dog Swim Meet



Sunday, April 13, 2015

SANCTION: Held under USA Swimming and Sierra Nevada Swimming Sanction Number: 46-15

In accordance with USA Swimming Rule ("USA-S Rule") **202.4.8**, "In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

LOCATION: Tokay High School, 1111 W. Century Blvd, Lodi, Ca. 95240 (corner of Century Blvd. & Ham Lane). From Highway 99- Exit at Kettleman Lane (Hwy 12), take Kettleman Lane West 2 miles to Ham Lane, left on Ham Lane, 2 blocks. From I-5 - Exit Highway 12 east to Ham Lane, right on Ham Lane, 2 blocks. Pool located directly east of tennis courts.

FACILITIES: A 16 lane, outdoor heated 25 yard by 50 meter pool. Eight (8) Short Course Yard lanes will be used for competition. Separate warm-up lanes will be available. The competition course has been certified in accordance with USA-S Rule **104.2.2C(4)**. The copy of such certification is on file with USA Swimming. In accordance with USA-S Rule **202.4.9.C**, the competition course has a pool depth of 12' at 3' 3.5" and 12' at 16' 5" at the start end and 12' at 3' 3.5" and 12' at 16' 5" at the turn end. In accordance with USA-S Rule **202.4.9C**, the warm up course has a pool depth of 3'.5" at 3' 3.5" and 3'6" at 16' 5" at the start end and 3'.6" at 3' 3.5" and 3.6" at 16' 5" at the turn end.

TIMES: The meet will begin at 9:00 a.m. Warm-ups will begin no earlier than 7:30 a.m. and no later than 8:00 a.m.

WARM-UP RULES: The following rules apply to the warm-up period, and to warm-up/warm-down during the meet.

- Marshals shall be on the deck during the entire warm up period.
- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3 point entry), except for starts, which are limited to specified lanes.
- Up to 2 lanes can be used for push/pace and up to 2 lanes for starts/one-way sprints.
- Specified center lanes are for circle swimming (2 lengths of the pool) beginning at the start end of the pool.
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroker is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are forbidden at any time.

LODI CITY SWIM CLUB

Miller's Hot Dog Swim Meet

The Meet Referee, or the Marshal and the Meet Referee may remove a swimmer, coach, and/or team from the deck for violations of these rules. In facilities that have a warm-up and/or warm-down area, Marshals shall provide supervision of the area(s) at all times.

RULES: Current USA-S and Sierra Nevada Swimming rules will govern the meet, including warm-ups. The meet will be deck seeded. All events are timed finals. Events will be swum fastest to slowest. Additionally, fly-over starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to remain in the water and close to the edge of the pool at the conclusion of their heat until the following heat has started. Swimmers will then have 15 seconds to exit the pool.

SAFE SPORT: In accordance with USA Swimming Rule **202.4.9.H**, "The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms." Sierra Nevada Swimming and the Lodi City Swim Club would like to further state that, the use of audio or visual recording devices, including a cell phone, and photography of any form (video, digital, cell phone, iPad, SLR camera etc.) is not permitted behind the starting end of the pool at any time.

In accordance with USA-S Rule **202.4.9.I**: "Except where the venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is prohibited." Prohibited areas include, but are not limited to, team and spectator sections, as well as warm-up and competition pool decks. Glass containers are not permitted on the pool deck. Use of propane heaters is prohibited.

ELIGIBILITY: Priority registration will be given to the following teams; LODI, RAM, Tiger, Ellis, Oak, BTA, CRA, TCA, UCD, RA. If the meet is not capped by midnight September 7, 2015 entry will be allowed for all teams to enter. All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmer memberships prior to the meet and, if valid, these swimmers will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet. If a swimmer does not have a USA-S registered coach at the meet, report to the Deck Referee for lane and coach assignment. All coaches may be required to present their 2014 USA-S Coach Membership card to the Meet Referee.

In accordance with USA-S Rule **202.4.9.D**, "Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

CHECK-IN: Swimmers must check-in for the FIRST FOUR events each day by 8:30 a.m. Swimmers in later events must check-in at least 30 minutes before the estimated start of their event.

ENTRY FEES: Individual events \$4.00. Splash fee \$8.00. Swimmers may swim 5 events. No Refunds!

LODI CITY SWIM CLUB

Miller's Hot Dog Swim Meet

ENTRY LIMITS: It is up to the Meet Director and Meet Referee to ensure that no sessions with swimmers 12 & Under last longer than 4 hours under USA-S Rule **205.3.1.F** Should such sessions on any day be estimated to last longer than 4 hours, swimmers may be required to scratch down until that requirement is met. The meet will be capped at 350 swimmers.

ENTRIES: Two (2) Options

Option 1: Postal Mail Entries:

Entries must be on a S.A.M.M.S. consolidated card or facsimile (please use a copy of the enclosed Sample). This must be completely filled out, including best short course time. "No Time" entries are accepted if the swimmer has never swum an event before. Entries must be postmarked by Monday, September 7, 2015. Mailed entries, with postmarks prior to the due date, will not be accepted if received after the cap has been exceeded. Online entries are the best way to ensure you are entered in the meet. No telephone confirmations will be made. Teams may also enter using a Hy-tek file of events; please contact John Griffin, (209) 712-4382, johnlodiaquatics@sbcglobal.net. Mail or hand-deliver your entries and applicable entry fees (see below) to:

Meet Director/ Hot Dog Meet
John Griffin
783 Palm Ave. Lodi, 95240

Option 2: Online Meet Entries:

Enter at <http://ome.swimconnection.com/meets>, entry deadline is Thursday, September 10, 2015 at 11:59 PM. Online entry requires payment by credit card using their secure website. The cost of using Online Meet Entry is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the meet entry fees. Online Meet Entry fees are paid to Swim Connection, LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

DECK ENTRIES: Deck entries will only be accepted prior to the start of the session if the Meet Director and Meet Referee determine that sessions with swimmers 12 & Under can be completed within four hours. Deck entries will be swum for time only. For inquiries about deck entries, email the Meet Director.

SCRATCH DOWN: The Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. In this case, swimmers will be given a coupon for the value of the entry fee that can be redeemed for cash or used at the snack bar.

COACHES: All coaches must have evidence of their 2015 USA Swimming Certification on hand. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck. Programs will only be given to coaches whose cards are visible. Those Coaches without evidence of certification who wish to remain at the competition must sit in the spectator area.

LODI CITY SWIM CLUB

Miller's Hot Dog Swim Meet

OFFICIALS: Meet Referee: Jeffrey Jones
Head Starter: Donna Evans
Admin Official: Bill Rose
Meet Directors: Jane Woznick, (209) 327-6232, woz4@att.net
Coach: John Griffin, (209) 712-4382, johnlodiaquatics@sbcglobal.net

OFFICIALS: All working officials are expected to display their active 2015 membership cards at the meet. Any official or trainee unable to present evidence of certification will not be allowed to officiate. Dress for officials is white polo shirts and navy blue pants/shorts/skirts and white walking shoes. Official briefing sessions will be held 30 minutes prior to the beginning of the meet.

MINIMUM OFFICIALS RULE: Each team shall, by the entry deadline, provide to the meet director or designee a list of officials who have agreed to represent that team during the meet, in accordance with the table below. One half-hour before the scheduled start of each session, the meet referee shall conduct an inventory of officials, and shall compare the number of entries against the number of officials present representing each team. Those teams who have not provided sufficient officials shall have all their swimmers treated as "time only" swimmers in all respects for that session. If there are not sufficient officials to conduct the meet at the planned number of lanes, the number of seeded lanes shall be reduced to meet the number of officials present.

Number of swimmers entered in meet per team	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

RESTRICTIONS: Smoking is not allowed on any Lodi Unified School District facility. Anyone desiring to smoke must go off campus to do so. Consumption of alcoholic beverages is also prohibited in areas adjacent to the pool (on the deck, in bleachers, dressing rooms and swimmer rest areas. Glass containers are not permitted on the pool deck. Use of propane heaters is prohibited

AWARDS: "A" pins will be awarded to swimmers attaining "A" times for the first time. Heat awards will be provided to the heat winner of each race.

COMPUTER: This meet will be conducted using the Hy-Tek Meet Manager software. The results of this meet will be posted at the Swim Connection Web site and USA Swimming Web Site.

ADMISSION: Free, One-day program available for a reasonable fee. There will be a snack bar at the meet. Working officials/coaches will be served lunch and refreshments.

LODI CITY SWIM CLUB

Miller's Hot Dog Swim Meet

G	B	GROUP	EVENT
1	2	13&UP	100 FREE
3	4	12&UN	100 FREE
5	6	10&UN	50 FREE
7	8	8&UN	25 FREE
9	10	13&UP	100 BREASTSTROKE
11	12	12&UN	100 BREASTSTROKE
13	14	10&UN	50 BREASTSTROKE
15	16	8&UN	25 BREASTSTROKE
17	18	13&UP	200 I.M.
19	20	11-12	100 I.M.
21	22	9-10	100 I.M.
23	24	8&UN	100 I.M.
25	26	13&UP	100 BACKSTROKE
27	28	12&Un	100 BACKSTROKE
29	30	10&UN	50 BACKSTROKE
31	32	8&UN	25 BACKSTROKE
33	34	13&UP	100 BUTTERFLY
35	36	12&UN	100 BUTTERFLY
37	38	10&UN	50 BUTTERFLY
39	40	8&UN	25 BUTTERFLY

SUMMARY OF EVENTS BY AGE GROUP

8 & UN	10 & UN	9-10	12 & UN	11-12	13 & UP
25 FREE	50 FREE	100 I.M.	100 FREE	100 I.M.	100 FREE
25 BREAST	50 BREAST		100 BREAST		100 BREAST
100 I.M.	50 BACK		100 BACK		200 I.M.
25 BACK	50 FLY		100 FLY		100 BACK
25 FLY					100 FLY

**Miller Hot Dog Meet
Hosted by Lodi Swim Club
September 13, 2015
Consolidated Entry Form**

Name: Last, First, Middle

Club Abbr.

UNATT TEAM ABBR

CLUB NAME

AGE

DATE OF BIRTH

SEX

LSC – SN OR PC

M F

USA #

EVENT #

Distance/Stroke

Entry Time

Circle One

of entries _____ **x \$4.00 = \$** _____

Participation Fee **\$8.00**

Total **\$** _____

Swimmer's Address

Home Phone

Cell Phone

Coach

Email