ABUELA'S SWIM

A Swim for ALS

Abuela's Swim Pledge Sheet for:_____

Event Date – November 7, 2009 • Quince Orchard Swim Club • Gaithersburg, Maryland

My goal is to swim _____ meters. Please see your coach for guidelines.

Purpose: To raise funds for ALS Research through the MDA, Inc. • Collect all Donations in form of cash or checks payable to MDA (Muscular Dystrophy Association).

Sponsor Name	Address	Phone	E-Mail Address	Sponsorship Amount	Payment Form	Paid: Y/N