

NORTHERN CALIFORNIA SWIMMING CHAMPIONSHIP Information



April 8TH & 9TH, 2016

Location: Roseville Aquatics Complex

Meet Introduction

Woodcreek High School is hosting the Northern California Championship swim meet again this year at the Roseville Aquatics Complex in Roseville California. This will be a Trials/Finals swim meet promoting great competition between Northern California teams to see who comes out on top. The meet will provide top-notch competition in a fast pool providing the swimmers the opportunity to swim fast and gain the experience of swimming at a Trials/Finals swim meet. We offer you the opportunity to come to a well-run meet at a great facility; offering all that come a great time and fast swimming.

Meet Information

- Time standards for every event. (last page of the announcement)
- Cost = \$5 per individual event. \$5 per relay.
- Make Checks Payable to Woodcreek Aquatics Club (AKA WAC) – Payment is due before the meet starts. Bring checks with you or mail to;
Woodcreek Aquatics Club
5098 Foothills Blvd. #3-434
Roseville, CA 95747
- Top 24 swimmers and top 16 relays in trials qualify for finals providing swimmers with the opportunity for more swims and the experience of swimming in finals. Only A and B finals will be scored as noted below.
- Top 3 Team Awards for Women and Men
 - Individual Events
 - A Final – Scoring Heat
 - B Final – Scoring Heat
 - C Final – Exhibition Only
 - Relays
 - A Final – Scoring Heat
 - B Final – Scoring Heat

Information on Entry's

- Trials on Friday and Finals on Saturday.
- USA Swimming Observed Event (Swimmers can request to have their times submitted to the USA Swimming Database)
- USA Swimming Meet Starters and Officials.
- All CIF High School Section rules on Disqualifications will apply in this meet.
- Team awards for 1st place in the Women and Men Divisions
- One set of Standards, no FS divisions. All One Open Division split by Gender.
- Swimmers may enter three relays and one individual event OR two relays and two individual events. There is no limit on the number of swimmers a team enters in each Individual event.
- All schools may enter 2 relays per relay event into the meet.
- **All entry's are due by Midnight Tuesday April 5th**
- Send Entries to Mark Brown at; mark.brown.15@gmail.com or use SwimNuts.(hsSwimz.com) Mark will send out the HyTek file and directions for SwimNuts the last week of March.

Schedule of Events

- Friday – Trials
 - Warm ups at 10:30am
 - Scratch due by 11:15am
 - Meet starts at 12:00am
 - After Trials, please scratch before leaving, if not intending to swim Finals.

- Saturday – Finals – Top 24 Individuals and Top 16 Relays per event make finals
 - Warm ups at 8:30am
 - Scratch due by 9:15am
 - Meet starts at 10:00am

2016 Events, Event #s, and Qualifying Times

Women		Event Description	Men	
Event #	Qual Time		Qual Time	Event #
1	2:14.00	200 MEDLEY RELAY	1:57.00	2
3	2:10.00	200 FREESTYLE	2:04.00	4
5	2:30.00	200 IND. MEDLEY	2:22.00	6
7	28.00	50 FREESTYLE	25.00	8
9	1:10.00	100 BUTTERFLY	1:03.00	10
11	1:01.00	100 FREESTYLE	56.00	12
13	6:05.00	500 FREESTYLE	5:35.00	14
15	1:56.00	200 FREE RELAY	1:45.00	16
17	1:11.00	100 BACKSTROKE	1:05.00	18
19	1:19.00	100 BREASTSTROKE	1:13.00	20
21	4:23.00	400 FREE RELAY	4:00.00	22

Scoring																
PLACE	A1	A2	A3	A4	A5	A6	A7	A8	B1	B2	B3	B4	B5	B6	B7	B8
IND	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
RELAY	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2