

**JUDGING: Place one per chair for judges at all home meets**

Judging of diving shall be in accordance with AAU rules in all cases except as noted below.  
Judges will score each dive as they see it and at their discretion.

**Arms-up on any feet first entry dive will be awarded a maximum of 4 ½ points,  
The exception to this rule is the front jump. See Number 7, item 6**

1. **Lineups** may be used as a dive, for maximum of 2 points.
2. Any forward dive **without a hurdle**, including the front jump, will receive a maximum score of four (4) points.
3. Divers **helped by a coach** will receive a maximum of two (2) points.
4. **Eggrolls** will be permitted and will be awarded a maximum score of 2. Judges discretion regarding the amount of rotation will be exercised. This dive may be judged failed just like any other dive. The eggroll, where applicable, will have the same DD as a front 1 somersault tuck. (1.4dd).
5. Front dive **1/2 twist** or back dive **1/2 twist** will be called failed or not failed by the referee as normal. Referees will be cautioned to give the benefit of the doubt to the diver.

**BACK DIVE ½ TWIST: FEET MOVE FIRST MAX 2- HIPS TWIST MAX 3 FALLING BACK DIVE –TWIST MAX 4**

6. All jumps will have a maximum degree of difficulty of 1.0 no matter where they are used in the list. Divers performing front and back jumps are to hold their arms motionless and straight overhead in line with their body. The body line should be straight during flight and no movement should occur. Jumps should be judged accordingly. A diver using a jump in their dive list **MUST** change the degree of difficulty to 1.0.
7. A **BALK** occurs after the time that a diver assumes a stationary, stable, and balanced position on the diving board. A dive shall be considered set at this point. Movement after the set point that does not initiate the dive will be considered a balk. This is a judgment call that will be made by the meet referee. Midlakes is a novice league leniency should be used before calling a balk. Remembering the importance of the diver's safety, it may be crucial for the diver to regain their balance. If a diver ascends the board and dismounts that shall not be called a balk.  
**No balks will be called for all 8 & Under and 10 & Under** at any Midlakes meet.
8. Coaches and/or diver may change the individual dive **position on the board, however**, the degree of difficulty will not go up if the new dive has a greater degree of difficulty. The degree of difficulty will go down if the new dive has a lesser degree of difficulty.
9. **No failed dives will be called for any 8 & Under** at any Midlakes meet.

## **Hurdles & Line-ups Clarification for Judging Purposes**

### **1. Lineups may be used as a dive, for maximum of 2 points**

A line-up is when the diver bends forward at the end of the diving board places arms at ears and falls into the water in a straight line - A line-up is a skill not a dive. Same thing for a back dive.

### **2. Any forward dive without a three step hurdle, including the front jump, will receive a maximum score of four (4) points.**

Standing front dives - The diver stands tall, pushes up on their toes and holds that dive position into the water... toes pointed. Perfect 4!

A one step hurdle is a skill in Midlakes. It should not be scored the same as with a three step full hurdle. It is skill development and correct teaching. It should score no more than a 4 if allowed for Midlakes competition.

Standing Hurdle - Three steps, stop and lifted knee is considered a standing hurdle.